



# SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow  
Archdiocese of Westminster

*This Parish is served by the Spiritans*

PARISH NEWSLETTER

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## EASTER SUNDAY

## 31st March 2024

### THE PROOF OF THE RESURRECTION

Easter is an earthquake, an explosion. It is the belief that Jesus of Nazareth, a first Century Jew, who spoke and acted in the person of God, and was brutally murdered at the prime of his life, was alive again through the power of the Holy Spirit. Yes, that's hard to believe, even for his disciples. With someone they had expected to liberate Israel dying like a common criminal on the cross, it was simply a failed project.

They may also have recalled Jesus' telling cry of hopelessness on the cross: "My God, My God, why have you forsaken me?" Hence, when they heard that the tomb was empty, their immediate response was not that of "Halleluiah!" He is risen! But, from their hiding, they thought the worst had happened; not only had their Savior died, but now someone had taken his body.

What then could explain their sudden and inexplicable faith other than that he had truly risen? It was faith so tenacious as to withstand even the trials of martyrdom. Indeed, the most powerful historical proof of the resurrection is the 'resurrected' disciples. Dull, defeated people became fearless, adventuresome leaders. Cowards became courageous; the timid became bold.

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#### SUNDAY MASSES

Sat Vigil 6.15pm  
7:30am, 9am,  
10.30am,  
12noon  
6pm

#### WEEKDAY MASSES

Mon – Sat 9am  
Mon -- Thu 6pm  
Fri 7pm

#### CONFESSIONS

Please refer to the  
Easter schedule

#### PARISH ROSARY

Mon – Sat at  
8:15am

#### HOLY HOUR & BENEDICTION

Please refer to  
the Easter  
schedule

#### THE ANGELUS PRAYER

Before every evening  
Mass

### PARISH OFFICE WILL RESUME ON TUESDAY 2<sup>ND</sup> APRIL

**Parish Priest:** Fr Damian-Mary Moneke, CSSp.  
[damianmoneke@rcdow.org.uk](mailto:damianmoneke@rcdow.org.uk) (Day off: Mon)

**1st Assistant Priest:** Fr Ignatius Nguyen Quy Quan,  
CSSp  
[quyquannguyen@rcdow.org.uk](mailto:quyquannguyen@rcdow.org.uk) (Day off: Wed)

**2nd Assistant Priest & Chaplain at Heathrow**

**Airport:** Fr Terkura Igbe, CSSp.

[terkuraigbe@rcdow.org.uk](mailto:terkuraigbe@rcdow.org.uk) (Day off: Thurs)

**PLEASE EMAIL OR CALL THE  
PRIEST DIRECTLY FOR AN  
APPOINTMENT**

**Parish Administrator:** Priya Joseph  
[priyajoseph@rcdow.org.uk](mailto:priyajoseph@rcdow.org.uk)

**Parish Catechist:** Lionel Pereira  
[hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk)

**Youth Worker:** Ivan Čižmárik  
[ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk)

**Parish Centre Manager:** Señorita Evans  
[senoritaevans@rcdow.org.uk](mailto:senoritaevans@rcdow.org.uk) – (07542 531 956)  
(BOOKINGS TAKEN BY PHONE MON, THURS,  
FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

**Parish Safeguarding Representatives:**  
[hounslowsg@safeguardrcdow.org.uk](mailto:hounslowsg@safeguardrcdow.org.uk) (Lorna – Admin)  
[hounslowsg1@safeguardrcdow.org.uk](mailto:hounslowsg1@safeguardrcdow.org.uk) (Chinyere)

By historical account too, St Paul, writing only 25 years after the event, lists all the people who saw Jesus after the resurrection, the majority of whom were still alive (1 Cor. 15:8). Instructively however, to the women who went to the tomb on Easter morning and found it empty, the angel asked in subtle rebuke: "Why do you seek the living among the dead?"

One should therefore not waste one's time seeking in dead arguments the resurrection of the one who is alive and at work in the Church and in the world. The grace of the Risen Lord has sustained the Church for two thousand years through her persecutions, sufferings, heresies, divisions, corruptions, scandals, disappointments, and reforms.

This grace can remove sadness from our hearts, doubts from our minds and complacency from our souls, replacing these with joy, renewed faith and a new zeal. This grace is being poured out on us today and through this season. All we need to do is to open ourselves to receive it and stake claim to the power of the Risen Lord in our lives.

*Fr Ugo Ikwuka, CSSp*

## **WORDS OF GRATITUDE**

My beloved sisters and brothers, as we come to the end of our Lenten journey and enter into the joy of Easter, we thank the Almighty God for His grace, blessings, guidance and love which have made all things possible. Special thanks to my brother priests who have always assisted in providing the vision, direction and encouragement necessary for the pastoral work in our Parish, their dedication and commitment to the spiritual growth of our Parish is truly commendable. We recognise and appreciate the selfless service of the Parish Administrator, Priya Joseph, Bookkeeper, Juste, Catechist Lionel Pereira and the numerous Volunteer Catechists, Youth Coordinator – Ivan Cizmarik, Parish Finance Committee, Parish Centre

Manager, Safeguarding team, Extraordinary Ministers of the Eucharist, Lectors/Readers, Ushers/Stewards, Altar Servers, Projector Slides Team, S.C.S (Sports and Cultural Society) Team, Church and Presbytery Cleaners, Flower Decorators, Money Counters, Sacristans, Repository Manager and Assistants, (UCM), Prayer Groups, Ethnic Chaplaincies. Our appreciation also goes to Parish Choir groups' choristers who helped us participate actively in the re-enactment of our salvation mystery by their special liturgical hymns and melodious voices. Our gratitude extends to all those individuals who worked tirelessly behind the scenes; your works do not go unnoticed and the Good Lord who rewards every good work will surely reward you abundantly.

To our beloved parishioners, your presence, active participation, generous moral and financial support which made the events of the Holy Week truly worthwhile and possible, are highly appreciated. May God continue to bless you all abundantly nonstop. May the risen Christ, dispel all forms of darkness and illumine our hearts and lives with the light of Victory, Amen.

*Parish Priest*

## **PARISH NOTICES**

### **THANK YOU TO FR UGO**

Thank you to Fr Ugo for his stay with us at Hounslow Parish. We thank him for his support and guidance throughout. We wish him a safe journey back.

### **THANK YOU TO GHANAIAN COMMUNITY**

Thank you to the Ghanaian Community for cleaning & polishing the Ciboria & Stacking Ciboria & brass Liturgical objects.

### **THE ANNUNCIATION OF THE LORD**

The Solemnity of the Annunciation is transferred this year from 25th March to 8th April.

### **LOURDES PILGRIMAGE 19TH- 26TH JULY 2024**

Registration for the Westminster diocesan pilgrimage led by Cardinal Vincent Nicholas is now open via the application form on <https://rcdow.org.uk/pilgrimages/lourdes/> or by contacting the Pilgrimage Office on 020 7798 9173. Options to travel by plane, train or coach are available and there are many volunteering opportunities for those wishing to serve. **All applications to join this year's pilgrimage need to be submitted by Tuesday 30th April.**

## MASS ATTENDANCE CARDS AND STICKERS

Please note stickers will **NOT** be issued during Palm Sunday and Easter Sunday Masses. We will resume issuing the stickers from the 6<sup>th</sup>/7<sup>th</sup> April weekend Masses.

## PARISH MASS LIVE STREAMING

We would like to inform parishioners and volunteers that every Sunday 12noon Mass will be live streamed. Stations of the Cross every Friday at 7.30pm will be live streamed, including special occasion Masses. Please find the link - <https://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg> and channel name: [@SSMichaelandMartinRCChurchHoun.](https://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg) Kindly note: The Camera will be broadcasting only the Sanctuary.

## BIBLE STUDY COURSE – WISDOM: GOD'S VISION FOR LIFE WILL START ON WEDNESDAY 17TH APRIL.

The eight-week session course will be held on Wednesdays in the Parish Centre. Parishioners can attend the sessions after 9 am or 6 pm Mass. Participants of Wisdom will receive the journal that cost £24.99. If you wish to participate without purchasing the journal, it is possible. For more information or to register, contact Ivan via email: [ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk). All are welcome!

## IMPORTANT REMINDER – THE TOILETS

The Church toilets are open only during Mass times when we have volunteers to assist with their use. While the toilet at the main entrance of the Church is for both males and females, **the toilet by the side of Our Lady's Chapel, inside the church is for females only.** Please avail yourself of other public toilets when our toilets are closed.

## CATECHETICAL PROGRAMMES

### WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type [parish.rcdow.org/Hounslow](https://parish.rcdow.org/Hounslow) in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk). Please reserve phone calls for urgent matters.

### BAPTISM PREPARATION COURSE

Parents of infants and those seeking Baptism may register for the course using the online form available on the Baptism page of the Parish website. The next course will run in May 2024.

### VOLUNTEER CATECHISTS & ASSISTANTS

Our parish requires more volunteer catechists and assistants to aid in the Sacramental preparation of our children. If you wish to serve our parish, are willing to contribute your time, want to learn more about your faith and share it with others, then please send an email to [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk) Prior experience is helpful, but not necessary.

#### Online Giving/ Standing Order

To make your donation online, please visit:  
<https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

#### Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**  
Sort Code: **40-05-20**  
Account Number: **11095463**  
Reference: **Surname and First Initial**

#### QR Code

Scan on the QR code below to donate

*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at NO cost to you.*



## TEXTS FOR THIS SUNDAY'S MASS

### **EASTER SUNDAY**

**Acts 10:34,37-43** – 'We have eaten and drunk with him after his resurrection

**Psalm Response** – *This day was made by the Lord: we rejoice and are glad.*

**Colossians 3:1-4**– Look for the things that are in heaven, where Christ is

**John 20:1-9** – He must rise from the dead

## NEXT SUNDAY'S MASS

### **DIVINE MERCY SUNDAY**

**Acts 4:32-35** – The whole group of believers was united, heart and soul

**Psalm Response** – *Give thanks to the Lord for he is good, for his love has no end*

**1 John 5:1-6** – Whoever believes that Jesus is the Christ has already overcome the world

**John 20:19-31** – Eight days later, Jesus came again and stood among them

## PARISH GROUP MEETINGS

### SYRO-MALABAR CHAPLAINCY MASS

Sunday 7th April at 3pm

### SINHALESE CHAPLAINCY MASS

Sunday 14<sup>th</sup> April at 4pm

### GOAN CHAPLAINCY MASS

Sunday, 21<sup>st</sup> April at 4pm

### ST ANTHONY NOVENAS

Tuesday at 7pm in Church. Novena will resume on the 2<sup>nd</sup> of April.

### NOVENA TO OUR LADY OF PERPETUAL HELP

Wednesday at 5pm. Please note Novena will not be said on the 03rd April. Novena will resume on the 10th of April.

### CHURCH CLEANING

Thursdays after 9am Mass. Thank you

### DEVOTION TO THE SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY

Thursdays from 5pm

## WEEKLY OFFERTORY COLLECTION

**23<sup>rd</sup>/24th March 2024**

Envelopes: £1,684.79

Loose: £7,096.16

**TOTAL: £8,780.95**

**Thank you very much for your generosity. May God continue to bless you as you support our parish**

## IN YOUR PRAYERS – REMEMBER

**OUR SICK:** Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Andrew Logadasan, Steve, Sandra, Carson Javier Dabasia, Amy & Denzil Burns, Terry Lynch, Igor Sitarska, and Don Lynch.

**DECEASED:** Goldwyn Dias, Sean Feeney, Rosaria Castro, Remy Vaz, Marie Lynch, Baby Nyssa, Roque Antonio Wellington Vaz, Emmanuel Dankyi, Maria Viegas, Gina Coreixas (Mazzaschi), Lewis Barallon, Malcolm Rose and John Lynch.

## DIVINE MERCY DEVOTION

First Friday of each month at 3pm

## ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd & 4th Saturday at 10am in the Parish Centre.

## LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

## PRAYER FOR THE SICK AND HOUSEBOUND

**Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.**