



SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

PARISH NEWSLETTER

94 Bath Road, Hounslow TW3 3EH

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[/ssmmhounslow](https://www.facebook.com/ssmmhounslow) [@ssmmhounslow](https://www.instagram.com/ssmmhounslow)

15th Sunday in Ordinary Time

14th July 2024

Instructions on Receiving Holy Communion with Proper Reverence (2)

CHILDREN

Make sure you hold your hands up high so the Priest can reach your hands. Parents, please instruct your children accordingly.

CONSUMING THE BODY OF CHRIST

Once you have received the Sacred Host (after the Priest has moved his hand), consume the Host immediately and directly in front of the Priest and then reverently move on --do not step aside and bless yourself, genuflect, etc.

TONGUE OR HAND?

There is nothing intrinsically more reverent about reception on the tongue or less reverent about receiving in hand. Reverence or irreverence are generally determined by other factors: the spiritual attitude of the recipient, the demeanor of the one giving communion, the adequacy of Eucharistic understanding, and how the Eucharist is treated both within and outside Mass *...to be continued!*

ST MARK'S END OF YEAR MASSES

On Friday, **19th July** St Mark's Catholic School will celebrate End of Year Masses at 9.15am and 11.05am. Parish morning Mass will be at **8:00am on that day.**

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)

Parish Priest: Fr Damian-Mary Moneke, CSSp.
damianmoneke@rcdow.org.uk (*Day off: Mon*)

1st Assistant Priest: Fr Ignatius Nguyen Quy Quan, CSSp

guyquannguyen@rcdow.org.uk (*Day off: Wed*)

2nd Assistant Priest & Chaplain at Heathrow

Airport: Fr Terkura Igbe, CSSp.

terkuraigbe@rcdow.org.uk (*annual leave*)

PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT

Parish Administrator: Priya Joseph

priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira
hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik
ivancizmarik@rcdow.org.uk

Parish Centre Manager: Señorita Evans
senoritaevans@rcdow.org.uk – (07542 531 956)
(BOOKINGS TAKEN BY PHONE MON, THURS, FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Parish Safeguarding Representatives:
hounslowsg@safeguardrcdow.org.uk (Lorna – Admin)
hounslowsg1@safeguardrcdow.org.uk (Chinyere)

SUNDAY MASSES

Sat Vigil 6.15pm
7:30am, 9am,
10.30am,
12noon
6pm

WEEKDAY MASSES

Mon – Sat 9am
Mon -- Thu 6pm
Fri 7pm

CONFESSIONS

Friday 6pm –
6:30pm
Saturday 9:30am –
10:15am & 4:30pm
– 5:15pm

PARISH ROSARY

Mon – Sat at
8:15am

HOLY HOUR & BENEDICTION

Saturday 4.30-
5.30pm

THE ANGELUS

Before every evening
Mass

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.

PARISH NOTICES

NEW CANDLE STAND

The parish is upgrading our votive candle stands. A new stand has been placed in Mother Mary chapel. The remaining ones will be supplied in the coming weeks. The new ones are more Health and Safety compliant.

HEALTH AND SAFETY TRAINING (USHERS)

There will compulsory be Health and Safety training on Thursday 25th July 6:30pm – 8:30pm and Saturday 14th September 10am – 12noon for ALL the ushers. The training will take place in the Church. All ushers are encouraged to attend this training which will be provided by the Diocese Health and Safety team.

DIOCESAN PILGRIMAGE TO WALSINGHAM

The annual Diocesan pilgrimage to Walsingham will take place on Saturday 21st September 2024, led by Cardinal Vincent and the Auxiliary Bishops of the Archdiocese. For Registrations, please email hounslow@rcdow.org.uk. We need your **FULL NAME(S), CONTACT DETAILS AND NUMBER OF SEAT(S) REQUIRED**. The fee is £27 per person. To avoid any disappointment, please **ENSURE** the details mentioned are complete. Bookings will close on Monday 16th September 2024.

UPCOMING FEAST

Tuesday 16th July – OUR LADY OF MOUNT CARMEL. Masses at 9am & 6pm. There will be parish rosary at 5:30pm followed by 6pm Mass.

2024 SEA SUNDAY

This celebration of the Sea Sunday comes up this weekend. It is a Sunday set aside for supporting seafarers and fishers worldwide. There are envelopes at the entrance of the Church. Please kindly return the envelopes this weekend.

MASS ATTENDANCE CARDS AND STICKERS

Please note there will be **NO** distribution of Mass attendance cards and stickers during the month of July and August. The process will resume from 07th/08th September along with new cards this year. Parents are strongly advised to keep the previous attendance cards. Further instructions will be published in due course.

EURO CUP FINAL 2024

Watch the Euro Cup Final 2024 in the Parish Centre. Sunday, 14 July at 8pm. All young adults 18-35 years old are invited to come along! Contact person: ivancizmarik@rcdow.org.uk

PARISH VOLUNTEER MASS

The next Parish volunteer Mass will be on Thursday 01st August at 7pm. Refreshments that will be provided by the Parish. If any group would like to help to serve the refreshments immediately after Mass, please email the parish office hounslow@rcdow.org.uk.

GIGGLES NURSERY VACANCY

A Manual Handler to Set up and clear away the nursery furniture and equipment Mondays 7am - 8am, Friday 4pm-5.30pm. Nursery will be required you to provide a right to work & two suitable references enquiries: email giggleshounslow@googlemail.com

REGULAR NOTICES

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is

available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office hounslow@rcdow.org.uk, providing your full name and date of birth.

PARISH MASS LIVE STREAMING

We would like to inform parishioners and volunteers that every Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the link - <https://www.youtube.com/channel/UCOQzCJ9b0grzoLwx49cpdpg> and channel name: [@SSMichaelandMartinRCChurchHoun](https://www.youtube.com/channel/UCOQzCJ9b0grzoLwx49cpdpg). Kindly note: The Camera will be broadcasting only the Sanctuary.

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type parish.rcdow.org/Hounslow in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk. Please reserve phone calls for urgent matters.

REGISTRATION FOR 2024-25 SACRAMENTAL PREPARATION PROGRAMMES

- began on Monday 17th June 2024. Online registration forms for Walk With Me, First Holy Communion & Confirmation are available on the parish website. Registration will remain open until Sun 28th July, or until all available places are filled, whichever comes first.

VOLUNTEER CATECHISTS & ASSISTANTS

The places available for each Sacramental preparation programme is dependent on the number of volunteer catechists available. One DBS-checked adult catechist is needed for every eight children to meet the child safeguarding regulations. Parents are encouraged to volunteer as catechists so

that we can accept all applicants. If you wish to serve in the Lord's vineyard, are willing to give of your precious time, want to learn more about your faith and share it with others, then please send an email to hounslowcat@rcdow.org.uk. Prior experience is not necessary, training will be provided.

THANKSGIVING MASSES FOR CONFIRMATION & HOLY COMMUNION 2023-24

Thanksgiving Mass for our First Holy Communicants will be held on Sunday, 14th July at 2:00pm. Please continue to pray for the 122 young people who received Confirmation and the 142 children who received their First Holy Communion and their families.

BAPTISM PREPARATION COURSE - Parents of infants and those seeking Baptism may register for the course using the online form available on the Baptism page of the Parish website. The next course will be run in July 2024. Read the Baptism webpage for requirements & other details.

Online Giving/ Standing Order

To make your donation online, please visit:
<https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**
Sort Code: **40-05-20**
Account Number: **11095463**
Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate

*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*



TEXTS FOR THIS SUNDAY'S MASS

15th Sunday in Ordinary Time

Amos 7:12-15 – 'Go, shepherd, and prophesy to my people Israel'

Psalm Response – *Let us see, O Lord, your mercy, and give us your saving help*

Ephesians 1:3-14 – God chose us in Christ before the world was made

Mark 6:7-13 – 'Take nothing with you'

NEXT SUNDAY'S MASS

16th Sunday in Ordinary Time

Jeremiah 23:1-6 – I will gather together the remnant of my flock and raise up shepherds for them

Psalm Response – *The Lord is my shepherd: there is nothing I shall want.*

Ephesians 2:13-18 – Christ Jesus is the peace between us

Mark 6:30-34 – They were like sheep without a shepherd

PARISH GROUP MEETINGS

SINHALESE CHAPLAINCY MASS

Sunday 14th July at 4pm

GOAN CHAPLAINCY MASS

Sunday, 21st July at 4pm

SYRO-MALABAR CHAPLAINCY MASS

Sunday 04th August at 3pm

ST ANTHONY NOVENAS

Every Tuesday at 7pm.

NOVENA TO OUR LADY OF PERPETUAL HELP

Wednesday at 5pm

CHURCH CLEANING

Thursdays after 9am Mass. Thank you

DEVOTION TO THE SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY

Thursday at 5pm

DIVINE MERCY DEVOTION

First Friday of each month at 3pm

WEEKLY OFFERTORY COLLECTION

06th/07th July 2024

Loose: £4,258.31

Envelopes: £1,237.45

TOTAL: £5,495.76

Thank you very much for your generosity. May God continue to bless you as you support our parish

IN YOUR PRAYERS – REMEMBER

OUR SICK: Fr Derek McGuire, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Andrew Logadasan, Steve, Sandra, Carson Javier Dabasia, Amy & Denzil Burns, Terry Lynch, Igor Sitarska and Don Lynch.

DECEASED: Goldwyn Dias, Sean Feeney, Rosaria Castro, Remy Vaz, Marie Lynch, Baby Nyssa, Roque Antonio Wellington Vaz, Emmanuel Dankyi, Maria Viegas, Gina Coreixas (Mazzaschi), Lewis Barallon, Malcolm Rose and John Lynch.

FIRST FRIDAYS EXPOSITION

The Blessed Sacrament will be exposed on every first Friday of the month for adoration and silent prayers after the morning Mass and end at 5pm.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd Saturday after the Foodbank at 12pm in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.