



# SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow  
Archdiocese of Westminster

*This Parish is served by the Spiritans*

PARISH NEWSLETTER

94 Bath Road, Hounslow TW3 3EH

Tel: (020) 8570 1693

Email: [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk)

Web: [parish.rcdow.org.uk/hounslow](http://parish.rcdow.org.uk/hounslow)

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**1<sup>st</sup> Sunday of Lent**

**09<sup>th</sup> March 2025**

## CARDINAL'S LENTEN APPEAL 2025

The Church continues to respond, with thousands of people putting their faith into action by serving those in need. Your contributions will help fund vital projects across our Diocese, including Youth & Evangelisation, Social Action, Marriage & Family Life, and Catholic Education Initiatives. Cardinal Nichols has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. And for those who can't give financially, your time is a priceless commodity – please, for more information, see the posters on how you can volunteer in the diocese and help those in need. Please take a donation envelope today. You can also use the QR code to make your donation online. Thank you for your generosity.

## LOURDES PILGRIMAGE 25TH JULY - 1ST AUGUST 2025

Registration for the Westminster diocesan pilgrimage led by Cardinal Vincent Nicholas is now open via the online form at <https://pilgrimages.rcdow.org.uk> or by contacting the Pilgrimage Office on 020 7798 9173. Options to travel by plane or train are available and there are many volunteering opportunities for those wishing to serve. All applications to join this year's pilgrimage need to be submitted by **Wednesday 30th April**. Please see poster in the Church porch area.

## BISHOP JIM CURRY

Bishop Jim Curry will visit our parish on Sunday 16<sup>th</sup> March and celebrate 12noon Mass.

## STATIONS OF THE CROSS (LENT SEASON)

Every Friday in the church after the 9am Mass, led by a lay faithful, and 7pm Mass, led by a Priest. In addition, Stations of the Cross, led by a lay faithful, takes place every Saturday after the 9am Mass.

***Three pillars of our Lenten observations: Fasting, Prayer & Alms Giving.***

**PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)**

**Parish Priest:** Fr Damian-Mary Moneke, CSSp.  
[damianmoneke@rcdow.org.uk](mailto:damianmoneke@rcdow.org.uk) (Day off: Mon)

**Assistant Priest:** Fr Ignatius Nguyen Quy Quan, CSSp  
[quyquannghuyen@rcdow.org.uk](mailto:quyquannghuyen@rcdow.org.uk) (Day off: Wed)

**2nd Assistant Priest & Chaplain at Heathrow**

**Airport:** Fr Jude Kurumeh, CSSp.  
[judekurumeh@rcdow.org.uk](mailto:judekurumeh@rcdow.org.uk) (Day off: Thurs)

**PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT**

**Parish Administrator: Priya Joseph**  
[priyajoseph@rcdow.org.uk](mailto:priyajoseph@rcdow.org.uk)

**Parish Catechist:** Lionel Pereira  
[hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk)

**Youth Worker:** Ivan Čížmárik  
[ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk)

**Parish Centre Manager:** Señorita Evans  
[senoritaevans@rcdow.org.uk](mailto:senoritaevans@rcdow.org.uk) – (07542 531 956)

(BOOKINGS TAKEN BY PHONE MON, THURS, FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

**Parish Safeguarding Representatives:**  
[hounslowsg@safeguardrcdow.org.uk](mailto:hounslowsg@safeguardrcdow.org.uk) (Lorna – Admin)  
[hounslowsg1@safeguardrcdow.org.uk](mailto:hounslowsg1@safeguardrcdow.org.uk) (Chinyere)

### SUNDAY MASSES

Sat Vigil 6.15pm  
7:30am, 9am,  
10.30am,  
12noon  
6pm

### WEEKDAY MASSES

Mon – Sat 9am  
Mon – Thu  
6pm  
Fri 7pm

### CONFESSIONS

Friday 6pm –  
6:30pm  
Saturday  
9:30am –  
10:15am &  
4:30pm –  
5:15pm

### PARISH ROSARY

Mon – Sat at  
8:15am

### THE ANGELUS

Before every  
evening Mass

## **MISSION STATEMENT**

**Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.**

## **PARISH NOTICES**

### **ANNUAL MASS OF THANKSGIVING FOR MATRIMONY AT WESTMINSTER CATHEDRAL ON SATURDAY 17TH MAY 2025 AT 2:30PM**

The Cardinal invites couples in the Diocese celebrating in 2025 their **5th, 10th, 25th, 30th, 40th, 50th, and 60th (and any year over 60)** wedding anniversary of Catholic marriage. Please email [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk) these details: husband and wife's names, wedding date, number of years married, postal address, email (or phone number, if no email). **Closing date will be Monday 31<sup>st</sup> of March.**

### **ST JOHN PASSION**

As part of our Lenten devotions, Westminster Cathedral Choir will perform again Johann Sebastian Bach's retelling of St John Passion. The event will take place on Thursday 14<sup>th</sup> March 2024 at 7.30pm at Westminster Cathedral. Discounted tickets are available at the following link, using the password below. <https://www.ticketmaster.co.uk/event/1F006179F7594403?did=30off>. Click **Enter Offer Code** and type the code: **SJP30**.

### **WELCOME FR JUDE**

We welcome back Fr Jude from his annual leave.

### **JOIN CAFOD'S BIG LENT WALK IN THE JUBILEE YEAR**

You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope.

Sign up here: <https://walk.cafod.org.uk/>. There will be a collection during next weekend Masses.

### **PARISH CHURCH REDECORATION AND CHANGE OF PARISH CHURCH SOUND SYSTEM**

The total quote for the two projects is **£79,320.00 (including VAT)** from two contractors. We kindly appeal to parishioners and friends to collect the BLUE ENVELOPE as you leave the church, enclose your donation and return it to us. Alternatively, write a cheque to the parish, use QR code (Page 3) to donate online, make bank transfer or use contactless machines in the church. Please tick the box for the CHURCH PROJECT. If you are a UK tax payer, kindly complete the **Gift Aid Declaration Section**. It will enable the parish to get additional money from Her Majesty Revenue Office. We rely on the support of everyone for the completion of the Parish Church and change of the sound system. Thank you very much for your anticipated support. God bless you. Since the announcement, we have received so far total donation of **£7,156.91**. Thank you for your generosity. We thank those who have donated so far.

### **PARISH YOUTH GROUP MEETING - Sunday, March 9th at 12:00 noon (after 10:30 Mass) in the Parish Centre**

Calling all parish **youth ages 11-17!** You are invited to attend the Parish Youth Group Meeting. There's something for everyone: community-building opportunities, service projects, social events, and more. Bring your friends! Everyone is welcome. (Contact: [ivancizmarik@rcdow.org.uk](mailto:ivancizmarik@rcdow.org.uk))

### **UCM LENTEN LUNCH**

**A LENTEN LUNCH in the Parish Centre, on Saturday 29<sup>th</sup> March 2025 from 12noon in the Parish Centre.** For further details, please refer to the poster in the Church porch area. The proceeds will go for the redecoration of SSMM church.

## **REGULAR NOTICES**

### **MARRIAGE PAPERWORK PROCESS**

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush.

Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

### MASS ATTENDANCE CARDS AND STICKERS

The Mass Attendance Card (**Blue colour**) (Sept 2024-Jun 2025) is for children in Year 5 and below only.

This Card will be requested by the Priest before signing of the *Certificate of Catholic Practise (CCP) for Catholic Schools*. Stickers will be given when you **ENTER THE CHURCH BEFORE MASS BEGINS.**

Please ensure your card has a recent PHOTO of your child and their FULL NAME.

- All parents are reminded that a sticker will only be issued if the child is present for the Mass.
- Stickers will not be given if the card is not presented. We will stop issuing stickers once the First Reading starts.

### HOW TO REGISTER IN THIS PARISH

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk), providing your full name and date of birth.

### PARISH MASS LIVE STREAMING

Every Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the link <https://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg> and channel name: @SSMichaelandMartinRCChurchHoun. Kindly note: The Camera will be broadcasting only the Sanctuary.

### CATECHETICAL PROGRAMMES

**WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:** Type [parish.rcdow.org/Hounslow](http://parish.rcdow.org/Hounslow) in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email

the Parish Catechist Lionel Pereira on [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk).

### BAPTISM PREPARATION COURSE

In our parish is held once every two months. Parents are advised to register for the preparation course even before the delivery. Use the online form available on the Baptism page of the Parish website to sign up. Please read the Baptism webpage for requirements & other details.

### CARITAS ST JOSEPH'S

Caritas St Joseph's will conduct a course to train adults on catechising children with special educational needs using 'Symbols of Faith'. The course will be held on Monday, March 10th at 6pm in the Parish Centre from 6pm to 8.30pm. It is open to priests, catechists, parents, volunteers or anyone involved with children with special needs in our deanery parishes and is free to attend. To book your place please contact the parish catechist on [hounslowcat@rcdow.org.uk](mailto:hounslowcat@rcdow.org.uk) or Paul Christian on [paulchristian@rcdow.org.uk](mailto:paulchristian@rcdow.org.uk) See poster in the church porch.

#### Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on [hounslow@rcdow.org.uk](mailto:hounslow@rcdow.org.uk)

#### Online Giving/ Standing Order

To make your donation online, please visit: <https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

#### Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**

Sort Code: **40-05-20**

Account Number: **11095463**

Reference: **Surname and First Initial**

#### QR Code

Scan on the QR code below to donate



*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

**NO FLOWERS IN THE CHURCH DURING LENTEN SEASON PLEASE. THANK YOU**

## TEXTS FOR THIS SUNDAY'S MASS

### **1<sup>st</sup> Sunday of Lent**

**Deuteronomy 26:4-10** – The confession of faith of the chosen people

**Psalms Response** – *Be with me, O Lord, in my distress*

**Romans 10:8-13** – The confession of faith of believers in Christ

**Luke 4:1-13** - 'Jesus was led by the Spirit in the wilderness and tempted by the devil'

## NEXT SUNDAY'S MASS

### **2<sup>nd</sup> Sunday of Lent**

**Genesis 15:5-12,17-18** – God enters into a covenant with Abram, the man of faith

**Psalms Response** – *The Lord is my light and my salvation*

**Philippians 3:17-4:1** – Christ will configure us to his glorious body.

**Luke 9:28b-36** – 'As Jesus was praying, the appearance of his face was altered'.

## WEEKLY OFFERTORY COLLECTION

**01<sup>st</sup>/02<sup>nd</sup> Mar 2025**

Loose: £4,330.19

Envelopes: £1,966.70

**TOTAL: £6,296.89**

Thank you very much for your generosity. May God continue to bless you as you support our parish.

***NB: On average, it costs £50,000+ monthly to run our parish.***

## IN YOUR PRAYERS – REMEMBER

**OUR SICK:** Sarah Asher, Sybil Knox, Joaquim De Souza, Fr Derek McGuire, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Terry Lynch, Igor Sitarska and Don Lynch.

**DECEASED:** Carlos D'Silva, Mary Maher, Emma Noronha, Michael Duncan Duff, Denzil Burns, Clara Nazareth, Rosita Teresa De Silva, Baby Angel Cardozo, Baby Perpetual Cardozo, Manuel Cardozo, Goldwyn Dias, Sean Feeney, Rosaria Castro.

## PARISH/PRAYER GROUP MEETINGS

### SINHALESE CHAPLAINCY MASS

Sunday 09th March at 4pm

### GOAN CHAPLAINCY MASS

Sunday, 16<sup>th</sup> March at 4pm

### SYRO-MALABAR CHAPLAINCY MASS

Sunday 06<sup>th</sup> April at 3pm

### ST ANTHONY NOVENAS

Every Tuesday 7pm in the Church.

### NOVENA TO OUR LADY OF PERPETUAL HELP

On Wednesday at 5pm in the Church

### CHURCH CLEANING

Thursdays after 9am Mass. Thank you

### DEVOTION TO THE SACRED HEART OF JESUS &

### IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

### DIVINE MERCY DEVOTION

First Friday of each month at 3pm

### EUCCHARISTIC ADORATION

Every 2nd Thursday of the month after evening Mass.

### FIRST FRIDAYS EXPOSITION

The Blessed Sacrament will be exposed on every first Friday of the month for adoration and silent prayers after the morning Mass and end at 5pm.

### ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd Saturday after the Foodbank at 12pm in the Parish Centre.

### GHANAIAN COMMUNITY- MEETING DAY

1st Sunday of every month after the 12.00 noon Mass in the Parish Centre.

### LIVING WORD CATHOLIC CHARISMATIC

### RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

### PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.