



SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

PARISH NEWSLETTER

94 Bath Road, Hounslow TW3 3EH

Tel: (020) 8570 1693

Email: hounslow@rcdow.org.uk

Web: parish.rcdow.org.uk/hounslow

[□/ssmmhounslow](https://www.facebook.com/ssmmhounslow) [□@ssmmhounslow](https://www.instagram.com/ssmmhounslow)

THE MOST HOLY BODY AND BLOOD OF CHRIST 22nd June 2025

THE EUCHARIST OUR ETERNAL TREASURE

The Holy Eucharist is the Source and Summit of our Christian life (Catechism of the Catholic Church 1324). This means that Christian spirituality flows from the Eucharist (the source) and so, Christian actions should be directed towards it (the summit). All the other sacraments are connected to the Eucharist. The Eucharist is the “Terminus a quo et Terminus ad quem”- the Alpha and the Omega, the Beginning and the End, the First and the Last of everything, Revelation 22:13. Jesus is truly and substantially present in the Eucharist. It is the true body and blood of Jesus Christ. Jesus Christ wished, before his departure from this world, to leave us the greatest eternal treasure which he could give of his love, by leaving us himself in the Holy Eucharist. Whilst others leave material treasures as a mark of their affection, Jesus has left us himself entirely in Eucharist – the Sacrament of love.

He gave you all, says St Chrysostom, reproving our ingratitude; he left nothing for himself. St. Thomas teaches, that in the Eucharist, God has given us all that He is, and all that He has. Oh! how ardently does Jesus Christ desire to come to our souls in the Holy Communion! This vehement desire he expressed at the time of the institution of this Sacrament, when he said to his apostles: “I have ardently longed to eat this Passover with you before I suffer” Luke 22: 15. St Lawrence Justinian says, that these words proceeded from the enamoured heart of Jesus Christ, who, by such tender expressions, wished to show us the ardent love with which he loved us. Beloved brothers and sisters, as we celebrate this Solemnity of Corpus Christi, let us know that the Christ, who others are seeking and admiring, we have Him present in the Eucharist, in his two natures as true God and true Man – in his divinity and humanity. We ask the Eucharistic Jesus to increase our faith in the Blessed Sacrament; and to increase our devotion and love to the Blessed Sacrament. Happy Feast to You all!

SUNDAY MASSES

Sat Vigil 6.15pm
7:30am, 9am,
10.30am,
12noon
6pm

WEEKDAY MASSES

Mon – Sat 9am
Mon -- Thu
6pm
Fri 7pm

CONFESSIONS

Friday 6pm –
6:30pm
Saturday
9:30am –
10:15am &
4:30pm –
5:15pm

PARISH ROSARY

Mon – Sat at
8:15am

THE ANGELUS

Before every
evening Mass

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)

Parish Priest: Fr Damian-Mary Moneke, CSSp.
damianmoneke@rcdow.org.uk (Day off: Monday)

Parish Catechist: Lionel Pereira
hounslowcat@rcdow.org.uk

st Assistant Priest: Fr Ignatius Nguyen Quy Quan,
CSSp

Youth Worker: Ivan Čižmárik
ivancizmarik@rcdow.org.uk

quyquannghuyen@rcdow.org.uk (Day off: Wed)

Parish Centre Manager: Señorita Evans
senoritaevans@rcdow.org.uk – (07542 531 956)

2nd Assistant Priest & Chaplain at Heathrow

(BOOKINGS TAKEN BY PHONE MON, THURS,
FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Airport: Fr Paul Ibekwe, CSSp.

paulibekwe@rcdow.org.uk (Day off: Thurs)

Parish Safeguarding Representatives:

**PLEASE EMAIL OR CALL THE PRIEST DIRECTLY
FOR AN APPOINTMENT**

hounslowsg@safeguardrcdow.org.uk (Lorna – Admin)

Parish Administrator: Priya Joseph

hounslowsg1@safeguardrcdow.org.uk (Chinyere)

priyajoseph@rcdow.org.uk

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.

PARISH NOTICES

THE CHURCH REDECORATION

We have begun the church redecoration on Monday 16th June. Through the duration of the work our Church doors will open for morning Mass at 8:30am & reopen for evening Mass at 5:00pm. The church will be closed immediately after morning and evening Masses (excluding weekends).

Please note that the Parish Centre will not be available for any bookings during weekends throughout the duration of the redecoration.

PARISH CENTRE SETUP

Due to the ongoing works in the Church, we will be using the Parish Centre during the weekend Masses to accommodate space for Parishioners. We request anyone who are willing to help us setup the Parish Centre with chairs every Friday evening after 7pm Mass and help us put away the chairs after Sunday 6pm Mass. Your help is greatly appreciated

DAY FOR LIFE – THANK YOU

We raised a total of £920.09 from last weekend's collection. Thank you for your generosity.

MASS ATTENDANCE CARDS & STICKERS

Please note there will be **NO** distribution of Mass attendance cards and stickers during the month of July and August. The process will resume from 06th/07th September along with new cards this year. Parents are strongly advised to keep the previous attendance cards. Further instructions will be published in due course.

HEALTH AND SAFETY TRAINING

The Health and Safety trainings date remaining is on Wednesday 25th June 7pm. New members are welcome.

PETER'S PENCE COLLECTION

There will be collection for Peter's Pence during next weekend's Masses.

YOUTH GATHERING — Special Guest Speaker Fr. Daniel Daley, Saturday, 28 June 2025 at 14:00 at Ss Michael & Martin Parish Centre.

Theme: Discerning My Vocation

Join us for an inspiring afternoon with Fr. Daniel. If you're aged 13 to 17, come along to explore your journey of discernment and discover where God might be calling you. Everyone welcome! Please register using the following link: <https://forms.office.com/e/G3PDdBd75E>

YOUTH SUMMER (EMMAUS) FESTIVAL: Register Your Interest – (Ages 13–17), 2nd-3rd Aug 2025.

Join us for a joyful weekend of faith, friendship, and celebration at Westminster Youth Ministry Retreat Centre, Pinner. Enjoy inspiring speakers, workshops, Eucharistic Adoration, campfires, and praise and worship led by One Hope Project—all with camping in true World Youth Day style. Cardinal Vincent Nichols will celebrate Mass on Sunday.

You can attend for the full weekend or just for one day. **Ss Michael and Martin Parish is organising a youth group to go together—come and be part of it!**

For more information and to register your interest, please visit:

<https://forms.office.com/e/UXJGvKQ0HE>

PARISH CHURCH REDECORATION AND CHANGE OF PARISH CHURCH SOUND SYSTEM

The total quote for the two projects is **£79,320.00 (including VAT)** from two contractors. We kindly appeal to parishioners and friends to collect the **BLUE ENVELOPE** as you leave the church, enclose your donation and return it to us. Alternatively, write a cheque to the parish, use QR code (Page 3) to donate online, make bank transfer or use contactless machines in the church. Please tick the box for the **CHURCH PROJECT**. If you are a UK tax payer, kindly complete the **Gift Aid Declaration Section**. It will enable the parish to get additional money from His Majesty Revenue Office. We rely on the support of everyone for the completion of the Parish Church and change of the sound system. Thank you very much for your anticipated support. Since the announcement, we have received so far total donation of **£17,264.84**. Thank you for your generosity. We thank those who have donated so far. God bless you.

MASS OF THE SICK

Due to the drying and redecoration of the Parish Church, for Health and Safety purposes our monthly Mass of the sick will be livestreamed. Our sick brothers and sisters need not to attend in person but are encouraged to follow via our livestreaming facility. Should they need anointing of the sick at home, please contact any of the Parish clergy. The usual in person attendance will resume after the redecoration of the Church.

REGULAR NOTICES

HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office hounslow@rcdow.org.uk, providing your full name and date of birth.

PARISH MASS LIVE STREAMING

Every Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the link <https://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg> and channel name: [@SSMichaelandMartinRCChurchHoun](https://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg). Kindly note: The Camera will be broadcasting only the Sanctuary

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES: Type parish.rcdow.org/Hounslow in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk.

BAPTISM PREPARATION COURSE

In our parish is held once every two months. Parents are advised to register for the preparation course even before the delivery. Use the online form available on the Baptism page of the Parish website to sign up. Please read the Baptism webpage for requirements & other details.

VOLUNTEER CATECHISTS & ASSISTANTS

Your parish needs more volunteer catechists and assistants to aid in the Sacramental preparation of our children. **DUE TO CHILD SAFEGUARDING REGULATIONS, WE NEED ONE ADULT FOR EVERY 8 CHILDREN.** Not having enough catechists, places a limit on the number of children we can accept for the Sacramental preparation programmes each year. If you wish to serve God and your parish, are willing to contribute your time, want to learn more about your faith and share it with others; then please send an email to hounslowcat@rcdow.org.uk Prior experience is not necessary.

REGISTRATION FOR 2025-26 SACRAMENTAL PREPARATION PROGRAMMES

Registration for 2025-26 Sacramental preparation programmes began on Monday 16th June 2025. Registration forms for Walk With Me, First Holy Communion & Confirmation will be made available on the parish website on that date. Registration will remain open until Sun 27th July, or until all available places are filled, whichever comes first. Parents are encouraged to volunteer as catechists so that we can accept all applicants.

Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on hounslow@rcdow.org.uk

Online Giving/ Standing Order

To make your donation online, please visit: <https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**

Sort Code: **40-05-20**

Account Number: **11095463**

Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate



*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

TEXTS FOR THIS SUNDAY'S MASS

THE MOST HOLY BODY AND BLOOD OF CHRIST

Genesis 14:18-20 – 'He offered bread and wine.'

Psalm Response – *You are a priest for ever, according to the order of Melchizedek.*

1 Corinthians 11:23-26 – 'For as often as you eat and drink, you proclaim the Lord's death.'

Luke 9:11b-17 – 'All ate and were satisfied.'

NEXT SUNDAY'S MASS

SAINTS PETER AND PAUL, APOSTLES

Acts 12:1-11 – 'Now I am sure that the Lord has rescued me from the hand of Herod.'

Psalm Response – *From all my terrors the Lord set me free.*

2 Timothy 4:6-8, 17-18 – 'There is laid up for me the crown of righteousness.'

Matthew 16:13-19 – 'You are Peter, and I will give you the keys of the kingdom of heaven.'

WEEKLY OFFERTORY COLLECTION

14th/15th June 2025

Loose: £4,205.82

Envelopes: £1,551.61

TOTAL: £5,757.43

Thank you very much for your generosity. May God continue to bless you as you support our parish.

NB: On average, it costs £50,000+ monthly to run our parish.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Sarah Asher, Joaquim De Souza, Fr Derek McGuire, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Terry Lynch, Igor Sitarska and Don Lynch.

DECEASED: Tadeusz Z Wolanski, Heather Philomena Marklew,

António José Visitação da Cruz Barreto, Fr Bernard Scholes, Sybil Knox, Carlos D'Silva, Mary Maher, Emma Noronha, Michael Duncan Duff, Denzil Burns, Clara Nazareth.

PARISH/PRAYER GROUP MEETINGS

SYRO-MALABAR CHAPLAINCY MASS

Sunday 06th July at 3pm

SINHALESE CHAPLAINCY MASS

Sunday 13th July at 4pm

GOAN CHAPLAINCY MASS

Sunday, 20th July at 4pm

MASS OF THE SICK

Last Tuesday of the month at 12noon. Please refer to the announcement on page 3.

ST ANTHONY NOVENAS

St Anthony's novena will resume from 1st July in the Parish Centre/car park.

NOVENA TO OUR LADY OF PERPETUAL HELP

On Wednesday at 5pm in the Church

DEVOTION TO THE SACRED HEART OF JESUS & IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

DIVINE MERCY DEVOTION

Please refer to the announcement on page 2

EUCCHARISTIC ADORATION

Please refer to the announcement on page 2

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Please refer to the announcement on page 2

GHANAIAN COMMUNITY- MEETING DAY

Please refer to the announcement on page 2

UCM MEETINGS

2nd Tuesday of the month after 9am Mass and 4th Tuesday of the month after 6pm Mass in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.