



SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

PARISH NEWSLETTER

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16TH SUNDAY IN ORDINARY TIME

20th July 2025

THE CHURCH REDECORATION

As the Church redecoration continues, please note throughout the duration of the work, our Church doors will open for morning Mass at 8:30am & reopen for evening Mass at 5:00pm. The church will be closed immediately after morning and evening Masses (excluding weekends). Please note that the Parish Centre will not be available for any bookings during weekends throughout the duration of the redecoration.

Please note the walls are freshly painted, to avoid stains on your clothes, please do not lean on the walls.

ALTAR SERVERS TRAINING

The upcoming training for Altar Servers will commence on the **6th of September, continuing on the 13th and the 20th September, with all sessions starting promptly at 10:30 AM in the Church.** Application forms will be distributed over three weeks, starting on the **2nd of August and concluding on Sunday, the 17th August, in the Church.** Children interested in becoming Altar Servers can collect these forms and the Parish volunteer policy, fill them out, and return them with parental consent for the live-streamed Mass.

Please remember to place the completed application in an envelope, seal it carefully, and include copies of the documents for Baptism and FHC certificates. Applications should be submitted by placing them in the mailbox of the parish office addressed to Fr. Ignatius, with the deadline before 3:00 PM, on Wednesday, the 20th of August. **Without these documents and consent, the application will be considered invalid.** Thank you for your cooperation and interest in serving as an Altar Server.

ALTAR SERVERS' MASS

Altar Servers' Mass All Altar Servers and their families are invited to the Diocesan Mass for Altar Servers at Westminster Cathedral, 2:30 on Saturday 4th October, celebrated by Bishop James Curry. Servers are to arrive by 1:45pm and vest in Cathedral Hall accessed via Ambrosden Avenue. Please see poster in the Church porch area, for further details.

SUNDAY MASSES

Sat Vigil 6.15pm
7:30am, 9am,
10.30am,
12noon
6pm

WEEKDAY MASSES

Mon – Sat 9am
Mon – Thu
6pm
Fri 7pm

CONFESSIONS

Friday 6pm –
6:30pm
Saturday
9:30am –
10:15am &
4:30pm –
5:15pm

PARISH ROSARY

Mon – Sat at
8:15am

THE ANGELUS

Before every
evening Mass

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)

Parish Priest: Fr Damian-Mary Moneke, CSSp.

damianmoneke@rcdow.org.uk (Day off: Monday)

1st Assistant Priest: Fr Ignatius Nguyen Quy Quan, CSSp

quyquanguyen@rcdow.org.uk (Day off: Wed)

2nd Assistant Priest & Chaplain at Heathrow

Airport: Fr Paul Ibekwe, CSSp.

paulibekwe@rcdow.org.uk (Day off: Thurs)

PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT

Parish Administrator: Priya Joseph

priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira

hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik

ivancizmarik@rcdow.org.uk

Parish Centre Manager: Señorita Evans

senoritaevans@rcdow.org.uk – (07542 531 956)

(BOOKINGS TAKEN BY PHONE MON, THURS,
FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Parish Safeguarding Representatives:

hounslowsg@safeguardrcdow.org.uk (Lorna – Admin)

hounslowsg1@safeguardrcdow.org.uk (Chinyere)

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.

PARISH NOTICES

2025 SEA SUNDAY COLLECTION – THANK YOU

We raised a total of £782.53, from the collection that took place last weekend. Thank you for your generosity.

INVITATION FOR GRANDPARENTS & THE ELDERLY

In celebration of **World Day for Grandparents and the Elderly on Sunday 27th July**, and inspired by this year's theme, **"Blessed are those who have not lost hope"** (Sirach 14:2), we invite you to share a short message for our young people. Please write a few words about what has helped you hold on to hope in life, and any advice you'd like to offer to **inspire and encourage our youth**. As you leave the church after Mass, please **take a message card from the box near the main centre doors**. Then, **return your completed card at any Sunday Mass on 20th July**, placing it in the **"Messages of Hope"** box in the same location. Your messages will be displayed in church on **27th July**, as we celebrate and honor the wisdom and witness of our older parishioners, offering hope to the younger generation. If you need help writing your message, please contact Ivan, E: ivancizmarik@rcdow.org.uk

WALK WALK IN THE LIGHT

Walking is simple, free and one of the easiest ways to get more active, build stamina, become healthier and its good for your mental Health. The S.C.S team are organising "Stepathon" for anyone who is interested walking 10k steps every day for 31 days (1st Aug to 31st Aug). Don't worry if you don't reach 10,000 steps each day — or even 7,500, for that matter. Instead, focus on what these goals represent: namely, moving your body regularly for physical and mental health. You can be active at your own pace, anywhere you are and it will be fun as part of the wider community. To know more or to take part please contact the team of Sports and Cultural

Society (SCS) ssmmscs@gmail.com (entry is free and deadline to enter is 8pm 28th July 2025).

MASS OF THE SICK

Due to the drying and redecoration of the Parish Church, for Health and Safety purposes our monthly Mass of the sick will be livestreamed. Our sick brothers and sisters need not to attend in person but are encouraged to follow via our livestreaming facility. Should they need anointing of the sick at home, please contact any of the Parish clergy. The usual in person attendance will resume after the redecoration of the Church.

PARISH CHURCH REDECORATION AND CHANGE OF PARISH CHURCH SOUND SYSTEM

The total quote for the two projects is **£79,320.00 (including VAT)** from two contractors. We kindly appeal to parishioners and friends to collect the **BLUE ENVELOPE** as you leave the church, enclose your donation and return it to us. Alternatively, write a cheque to the parish, use QR code (Page 3) to donate online, make bank transfer or use contactless machines in the church. Please tick the box for the **CHURCH PROJECT**. If you are a UK tax payer, kindly complete the **Gift Aid Declaration Section**. It will enable the parish to get additional money from His Majesty Revenue Office. We rely on the support of everyone for the completion of the Parish Church and change of the sound system. Thank you very much for your anticipated support. Since the announcement, we have received so far total donation of **£20,081.64**. Thank you for your generosity. We thank those who have donated so far. God bless you.

REGULAR NOTICES

HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office hounslow@rcdow.org.uk, providing your full name and date of birth.

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

PARISH MASS LIVE STREAMING

Every Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the link <https://www.youtube.com/channel/UCOQzcJ9b0grzOLwx49cpdpg> and channel name: [@SSMichaelandMartinRCChurchHoun](https://www.youtube.com/channel/UCOQzcJ9b0grzOLwx49cpdpg). Kindly note: The Camera will be broadcasting only the Sanctuary.

IMPORTANT REMINDER – THE TOILETS

The Church toilets are open only during Mass times when we have volunteers to assist with their use. While the toilet at the main entrance of the Church is for both males and females, **the toilet by the side of Our Lady's Chapel, inside the church is for females only**. Please avail yourself of other public toilets when our toilets are closed.

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES: Type parish.rcdow.org/Hounslow in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk.

BAPTISM PREPARATION COURSE

In our parish is held once every two months. Parents are advised to register for the preparation course even before the delivery. Use the online form available on the Baptism page of the Parish website to sign up. Please read the Baptism webpage for requirements & other details.

VOLUNTEER CATECHISTS & ASSISTANTS

Your parish needs more volunteer catechists and assistants to aid in the Sacramental preparation of our children. DUE TO CHILD SAFEGUARDING

REGULATIONS, WE NEED ONE ADULT FOR EVERY 8 CHILDREN. Not having enough catechists, places a limit on the number of children we can accept for the Sacramental preparation programmes each year. If you wish to serve God and your parish, are willing to contribute your time, want to learn more about your faith and share it with others; then please send an email to hounslowcat@rcdow.org.uk Prior experience is not necessary.

REGISTRATION FOR 2025-26 SACRAMENTAL PREPARATION PROGRAMMES

Registration for 2025-26 Sacramental preparation programmes began on Monday 16th June 2025. Registration forms for Walk With Me, First Holy Communion & Confirmation will be made available on the parish website on that date. Registration will remain open until Sun 27th July, or until all available places are filled, whichever comes first. Parents are encouraged to volunteer as catechists so that we can accept all applicants.

Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on hounslow@rcdow.org.uk

Online Giving/ Standing Order

To make your donation online, please visit: <https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**
Sort Code: **40-05-20**
Account Number: **11095463**
Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate



*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

TEXTS FOR THIS SUNDAY'S MASS

16th Sunday in Ordinary Time

Genesis 18:1-10a – 'O Lord, do not pass by your servant.'

Psalms Response – *O Lord, who shall dwell on your holy mountain?*

Colossians 1:24-28 – 'The mystery hidden for ages but now revealed to his saints.'

Luke 10:38-42 – 'Martha welcomed him. Mary has chosen the good portion.'

NEXT SUNDAY'S MASS

17th Sunday in Ordinary Time

Genesis 18:20-32 – 'Oh let not the Lord be angry, and I will speak.'

Psalms Response – *On the day I called, you answered me, O Lord.*

Colossians 2:12-14 – 'God made you alive together with him, having forgiven all trespasses.'

Luke 11:1-13 – 'Ask, and it will be given to you.'

PARISH/PRAYER GROUP MEETINGS

GOAN CHAPLAINCY MASS

Sunday, 20th July at 4pm

SYRO-MALABAR CHAPLAINCY MASS

Sunday 03rd August at 3pm

SINHALESE CHAPLAINCY MASS

Sunday 10th August at 4pm

MASS OF THE SICK

Last Tuesday of the month at 12noon. Please refer to the announcement on page 2.

ST ANTHONY NOVENAS

St Anthony's novena every Tuesday in the Parish Centre/car park.

NOVENA TO OUR LADY OF PERPETUAL HELP

On Wednesday at 5pm in the Church

DEVOTION TO THE SACRED HEART OF JESUS & IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

DIVINE MERCY DEVOTION

Please refer to the announcement on page 1

EUCCHARISTIC ADORATION

Please refer to the announcement on page 1

WEEKLY OFFERTORY COLLECTION

12th/13th July 2025

Loose: £4,280.36

Envelopes: £1,329.50

TOTAL: £5,609.86

Thank you very much for your generosity. May God continue to bless you as you support our parish.

NB: On average, it costs £50,000+ monthly to run our parish.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Sarah Asher, Joaquim De Souza, Fr Derek McGuire, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Terry Lynch, Igor Sitarska and Don Lynch.

DECEASED: Elcina Alpesh Makwana, Tadeusz Z Wolanski, Heather Philomena Marklew, António José Visitação da Cruz Barreto, Fr Bernard Scholes, Sybil Knox, Carlos D'Silva, Mary Maher, Emma Noronha, Michael Duncan Duff, Denzil Burns.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Please refer to the announcement on page 1

GHANAIAN COMMUNITY- MEETING DAY

Please refer to the announcement on page 1

UCM MEETINGS

2nd Tuesday of the month after 9am Mass and 4th Tuesday of the month after 6pm Mass in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.

PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.