



SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

PARISH NEWSLETTER

94 Bath Road, Hounslow TW3 3EH

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THE EXALTATION OF THE HOLY CROSS

14th September 2025

CHURCH PAVEMENT WORKS

The works for the pavements outside the Church will begin on Monday 15th September. The works will take place in sections, and it will begin immediately after the morning Mass until 4:30pm.

MASS ATTENDANCE CARDS AND STICKERS

Please collect the new cards when you come for weekend Masses.

This Card will be requested by the Priest before signing of the *Certificate of Catholic Practise (CCP) for Catholic Schools*. Stickers will be given when you **ENTER THE CHURCH BEFORE MASS BEGINS.**

- Please ensure your card has a recent **PHOTO** of your child and their **FULL NAME**.
- All parents are reminded that a sticker will only be issued if the child is **present** for the Mass.
- Stickers will not be given if the card is not presented. We will stop issuing stickers once the First Reading starts.

CERTIFICATE OF CATHOLIC PRACTICE SIGNING (CCP)

For CCP signing, please visit the parish office either on a Tuesday or Thursday between 10am & 12noon (**NO APPOINTMENT REQUIRED**). Please ensure you bring your previous Mass attendance cards or if you are new to the parish, a letter from your previous parish confirming your attendance.

CATHOLIC EDUCATION SERVICE – SECOND COLLECTION

There will be a second collection during all the Masses this weekend, for the Catholic Education Service. Thank you for your generosity.

PARISH CHOIR LEADERS MEETING

Parish choir leaders meeting will take place on Tuesday 16th September at 7:30pm in the parish office.

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)

Parish Priest: Fr Damian-Mary Moneke, CSSp.

damianmoneke@rcdow.org.uk (*Day off: Monday*)

1st Assistant Priest: Fr Ignatius Nguyen Quy Quan, CSSp

quyquannguyen@rcdow.org.uk (*Day off: Wed*)

2nd Assistant Priest & Chaplain at Heathrow

Airport: Fr Paul Ibekwe, CSSp.

paulibekwe@rcdow.org.uk (*Day off: Thurs*)

PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT

Parish Administrator: Priya Joseph

priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira

hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik

ivancizmarik@rcdow.org.uk

Parish Centre Manager: Señorita Evans

senoritaevans@rcdow.org.uk

(BOOKINGS TAKEN BY PHONE MON, THURS, FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Parish Safeguarding Representatives:

hounslowsg@safeguardrcdow.org.uk (Lorna – Admin)

hounslowsg1@safeguardrcdow.org.uk (Chinyere)

SUNDAY MASSES

Sat Vigil 6.15pm
7:30am, 9am,
10.30am,
12noon
6pm

WEEKDAY MASSES

Mon – Sat 9am
Mon – Thu 6pm
Fri 7pm

CONFESSIONS

Friday 6pm –
6:30pm
Saturday 9:30am –
10:15am &
4:30pm – 5:15pm

PARISH

ROSARY

Mon – Sat at
8:15am

THE ANGELUS

Before every
evening Mass

HOLY HOUR & BENEDICTION

Saturday 4.30-
5.30pm

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.



We congratulate all those who are celebrating their birthdays & wedding anniversaries this month. We also welcome all our new parishioners.



PARISH NOTICES

ALTAR SERVERS TRAINING

The training for Altar Servers will continue on **20th September**. All sessions will start promptly at 10:00 AM in the Church.

There will be two groups:

Group 1: 10:00 AM – 11:00 AM

- For servers whose **first name** starts with the letter **A, B, C, D, G, I, J, K, L, M**.

Group 2: 11:00 AM – 12:00 PM

- For servers whose **first name** starts with the letter **N, P, R, S, V, W, Z**.

Note: Attendance at all three sessions (6th, 13th, and 20th September) is required to qualify for serving in the Church. We thank you for your cooperation and look forward to seeing you.

MASS FOR THE SICK

There will be Mass for the sick every last Tuesday of the month at 12noon, starting from the month of February. There will be anointing of the sick during the Mass.

ANNUAL MASS HEADCOUNT

The yearly Mass Headcount will take place in the Church during all the weekend Masses from the 20th September until the 12th October, as directed by the Diocese. We thank the ushers in advance for helping us in this task.

UNION CATHOLIC MOTHERS (UCM) COFFEE MORNING

UCM group will be conducting Macmillan coffee morning on Friday, 26th morning after the 9.00 am Mass in the Parish Centre. They will be selling cupcakes, cakes and jams. All are welcome.

PARISH YOUTH GROUP MEETING

Calling all parish youth ages 11-17! You are invited to attend the Parish Youth Group Meeting. Come hang out with other young people and explore how YOU can get involved in the parish—and make it even better! There's something for everyone: community-building opportunities, service projects, social events, and more. Bring your friends! Everyone is welcome. (Contact Person: Ivan, E: ivancizmarik@rcdow.org.uk)

DIOCESAN PILGRIMAGE TO WALSINGHAM

The annual Diocesan pilgrimage to Walsingham will take place on Saturday 20th September 2025, led by Cardinal Vincent. For Registrations, please email hounslow@rcdow.org.uk. We need your **FULL NAME(S), CONTACT DETAILS AND NUMBER OF SEAT(S) REQUIRED**. The fee is £18 per person. To avoid any disappointment, please **ENSURE** the details mentioned are complete. Bookings will **close** on Monday 15th September 2025.

SPIRITANS YOUTH CONCERT

Saturday, October 25, 2025 | 10:00 – 17:30

The day will include worship, music, Eucharistic celebration, talks, food, and community. Free tickets and hoodies are available. The theme of the event is Christ is our Hope (Col 1:27). Join us at St. Mellitus Parish in Tollington Park. This event is for ages 16–35, and our parish youth will travel together as a group. Don't miss this exciting opportunity! Register now! For more information, see the newsletter, the poster at the porch, or contact Ivan, our parish youth worker.

Registration

link:

<https://forms.office.com/e/VjBTb9Ddmw>

REGULAR NOTICES

HOW TO REGISTER IN THIS PARISH?

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office hounslow@rcdow.org.uk, providing your full name and date of birth.

PARISH MASS LIVE STREAMING

Every Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the link

<https://www.youtube.com/channel/UCOQzCj9b0grzoLwx49cpdpg> and channel name:

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

ADMISSION IN A HOSPITAL

If you are admitted to any hospital (or a family member), and desires to receive Holy Communion or Sacrament of Anointing, kindly inform the staff there to call a Priest on duty for you. You have to notify them by telling them that you are a Roman Catholic. There is a Priest on duty every day in any hospital. For those going to West Middlesex Hospital, all the parishes in Hounslow Deanery take turns to respond to hospital calls on daily basis. **St Michael and St Martin Church Hounslow covers West Middlesex Hospital every Thursday from 6am to Friday 6am.** However, should any sick parishioners require a priest, please do not hesitate to contact us at any time.

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type parish.rcdow.org/Hounslow in your browser. Then navigate to PARISH WEBSITE → PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk.

BAPTISM PREPARATION COURSE

In our parish is held once every two months. Parents are advised to register for the preparation course

even before the delivery. Use the online form available on the Baptism page of the Parish website to sign up. Please read the Baptism webpage for requirements & other details.

VOLUNTEER CATECHISTS & ASSISTANTS

Your parish needs more volunteer catechists and assistants to aid in the Sacramental preparation of our children. DUE TO CHILD SAFEGUARDING REGULATIONS, WE NEED ONE ADULT FOR EVERY 8 CHILDREN. Not having enough catechists, places a limit on the number of children we can accept for the Sacramental preparation programmes each year. If you wish to serve God and your parish, are willing to contribute your time, want to learn more about your faith and share it with others; then please send an email to hounslowcat@rcdow.org.uk Prior experience is not necessary.

Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on hounslow@rcdow.org.uk

Online Giving/ Standing Order

To make your donation online, please visit: <https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**

Sort Code: **40-05-20**

Account Number: **11095463**

Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate



*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

PRAYER FOR THE SICK AND HOUSEBOUND

Father, we thank you for the gift of your Son in the Eucharist. We now place before you all the sick and housebound of our parish. As they share in this Eucharist with us, we pray that they may come to know the depth of your love for them and, the joy, the peace and healing of your presence. We make our prayer through Christ our Lord. Amen.

TEXTS FOR THIS SUNDAY'S MASS

THE EXALTATION OF THE HOLY CROSS

Numbers 21:4b-9 – 'If anyone were bitten by a serpent, he would look at the bronze serpent and live.'

Psalms Response – *Never forget the deeds of the Lord!*

Philippians 2:6-11 – 'He humbled himself, therefore God has highly exalted him.'

John 3:13-17 – 'The Son of Man must be lifted up.'

NEXT SUNDAY'S MASS

25th Sunday in Ordinary Time

Amos 8:4-7 – Against those who 'buy the poor for silver.'

Psalms Response – *Praise the Lord, who raises the poor*

1 Timothy 2:1-8 – 'Prayers should be made for all people to God, who desires all people to be saved.'

Luke 16:10 – 13 – 'You cannot serve God and money.'

PARISH/PRAYER GROUP MEETINGS

SINHALESE CHAPLAINCY MASS

Sunday 14th September at 4pm

GOAN CHAPLAINCY MASS

Sunday, 21st September at 4pm

SYRO-MALABAR CHAPLAINCY MASS

Sunday 05th October at 3pm

MASS OF THE SICK

Last Tuesday of the month at 12noon.

ST ANTHONY NOVENAS

Tuesday in the Church at 7pm

NOVENA TO OUR LADY OF PERPETUAL HELP

On Wednesday at 5pm in the Church

DEVOTION TO THE SACRED HEART OF JESUS &

IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

DIVINE MERCY DEVOTION

First Friday of each month at 3pm

EUCHARISTIC ADORATION

Every 2nd Thursday of the month after evening Mass.

WEEKLY OFFERTORY COLLECTION

06th/07th Sept 2025

Loose: £4,871.76

Envelopes: £1,513.50

TOTAL: £6,385.26

Thank you very much for your generosity. May God continue to bless you as you support our parish.

NB: On average, it costs £50,000+ monthly to run our parish.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Sarah Asher, Joaquim De Souza, Fr Derek McGuire, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Terry Lynch, Igor Sitarska and Don Lynch.

DECEASED: Elcina Alpesh Makwana, Tadeusz Z Wolanski, Heather Philomena Marklew, António José Visitação da Cruz Barreto, Fr Bernard Scholes, Sybil Knox, Carlos D'Silva, Mary Maher, Emma Noronha, Michael Duncan Duff, Denzil Burns.

FIRST FRIDAYS EXPOSITION

The Blessed Sacrament will be exposed on every first Friday of the month for adoration and silent prayers after the morning Mass and end at 5pm.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd Saturday after the Foodbank at 12pm in the Parish Centre.

GHANAIAN COMMUNITY- MEETING DAY

1st Sunday of every month after the 12.00 noon Mass in the Parish Centre.

UCM MEETINGS

2nd Tuesday of the month after 9am Mass and 4th Tuesday of the month after 6pm Mass in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.