



S MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

PARISH NEWSLETTER

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5th Sunday in Ordinary Time

08th February 2026

DRAINAGE SYSTEM IN THE PARISH CENTRE

Due to the unforeseen circumstances beyond their control, the Cascadia Water has rescheduled the date they will commence the repair of the drainage system in front of the car park and Parish Centre. They have rescheduled the works to commence on the 23rd of February till the 27th February. In case of any further changes, we will keep you informed. We thank you for your patience and understanding.

THE INSTALLATION OF OUR NEW ARCHBISHOP

The installation Mass of Archbishop Richard Moth will take place on Saturday the 14th February at 12noon at the Westminster Cathedral. The Mass will be live streamed, please find link attached. www.westminstercathedral.org.uk.

ADORATION OF THE BLESSED SACRAMENT

Eucharistic adoration, teaching on the Eucharist, Prayer, Praise and Worship on Thursday 12th January after evening Mass.

ASH WEDNESDAY MASS TIMINGS

LENT – 18th February Ash Wednesday, this starts our preparation for the celebration of EASTER. Masses will be at **7.30am, 9am, 10:30am, 12noon, 6pm and 7.30pm with the distribution of ashes**. There will be limited parking for Ash Wednesday (18th February): Please be mindful that we expect many cars, and we have limited parking space on Ash Wednesday.

PARISH CENTRE MANAGER

The Parish Centre manager (Senorita) is currently on medical leave, and so unavailable to reply to her emails/calls. For any bookings for the Parish Centre, please email the Parish office, hounslow@rcdow.org.uk with the details of the booking. Please ensure the details of the booking are mentioned e.g.: Date, time and reason for booking.

SUNDAY MASSES

Sat Vigil 6.15pm
7:30am, 9am,
10.30am,
12noon
6pm

WEEKDAY MASSES

Mon – Sat 9am
Mon -- Thu
6pm
Fri 7pm

CONFESSIONS

Friday 6pm –
6:30pm
Saturday
9:30am –
10:15am &
4:30pm –
5:15pm

PARISH ROSARY

Mon – Sat at
8:15am

THE ANGELUS

Before every
evening Mass

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM (FRIDAY THE OFFICE IS CLOSED)

Parish Priest: Fr Damian-Mary Moneke, CSSp.
damianmoneke@rcdow.org.uk (Day off: Mon)

Assistant Priest: Fr Ignatius Nguyen Quy Quan, CSSp
guyquannguyen@rcdow.org.uk (Day off: Wed)

2nd Assistant Priest & Chaplain at Heathrow

Airport: Fr Paul Ibekwe, CSSp.

paulibekwe@rcdow.org.uk (Day off: Thurs)

Parish Administrator: Priya Joseph

priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira

hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik

ivancizmarik@rcdow.org.uk

Parish Safeguarding Representatives:

hounslowsg@safeguardrcdow.org.uk (Lorna – Admin)

hounslowsg1@safeguardrcdow.org.uk (Chinyere)

**PLEASE EMAIL OR CALL THE PRIEST
DIRECTLY FOR AN APPOINTMENT**

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.



We congratulate all those who are celebrating their birthdays & wedding anniversaries this month. We also welcome all our new parishioners.



PARISH NOTICES

RACIAL JUSTICE COLLECTION – THANK YOU

We have raised a total of £853.24 from the 2nd collection that took place last weekend. Thank you for your generosity and kindness.

CATHOLIC PRACTICE CERTIFICATE (CCP) SIGNING

Parents are advised to come to the Parish office, between 10am-12noon, either on **Tuesdays** or **Thursdays** for signing of the CCP. Please ensure you have your Mass attendance card from the previous year. If you are new to the parish, bring a letter from your PREVIOUS parish confirming your attendance. No appointments required!

PARISH LENTEN RETREAT

Our Parish Lenten retreat will hold on Saturday the 28th of February at 4pm in the Church.

NOVENA TO OUR LADY OF PERPETUAL HELP

On 18th February 2026 (Ash Wednesday) novena is cancelled. Also, no Novena's will be held from 25th March 2026 until 08th April 2026. On 15th April 2026, novenas resume as normal.

STATIONS OF THE CROSS (LENT SEASON)

Every Friday in the church after the 9am Mass, led by a lay faithful, and after 7pm Mass, led by a Priest. In addition, Stations of the Cross, led by a lay faithful, takes place every Saturday after the 9am Mass.

ST VINCENT DE PAUL SOCIETY

The SVP Parish Foodbank is available on the following schedule:

When: Every 2nd Saturday of the month

Time: 10:30am to 12pm

Location: Church Car Park / Parish Centre

All safety guidelines are adhered to (Note: If you want to donate food then you can either do that during the above time slot or **before/after weekday/weekend masses in the Church.** Contact the number below for more information) SVP Contact: Jwela on 07824 067524 or email SVPHounslow@gmail.com

CAKE SALE – YOUTH JUSTICE & SERVICE PROJECT

The Youth Council and Justice & Service Ambassadors will be holding a cake sale with tea next Sunday 15th February after the 10:30am and 12:00noon Masses. All funds raised will support their Justice and Service project, focused on the beautification of our parish. Thank you for your support.

WORLD YOUTH DAY 2027 – SEOUL

The Diocese of Westminster is preparing a pilgrimage to World Youth Day 2027 in Seoul. Due to limited places, each parish may nominate one young person to represent the parish. Our parish will support and fund the pilgrimage of the nominated participant. Young people who will be 18 or over by July 2027 are invited to express their interest, especially those involved in the life of the parish. Expressions of interest close this Tuesday 10 February.

For more information and to express your interest, please use the following link or QR code: <https://forms.office.com/e/MfNnHjiPgF>

REGULAR NOTICES

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are NOT offered EVERY MONTH. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, CSSp (contact details are available on page 1).

MASS ATTENDANCE CARDS AND STICKERS

Parents are reminded to take note of this development, and to remember that **they are responsible** for bringing their children to the church for weekend Masses, and on time as well. This Card will be requested by the Priest before signing of the

Certificate of Catholic Practise (CCP) for Catholic Schools. Stickers will be given when you

ENTER THE CHURCH BEFORE MASS BEGINS.

- Please ensure your card has a recent **PHOTO** of your child and their **FULL NAME**.
- All parents are reminded that a sticker will only be issued if the child is present for the Mass.
- Stickers will not be given if the card is not presented. We will stop issuing stickers once the First Reading starts.

HOW TO REGISTER IN THIS PARISH

The first thing to do is to complete the **PARISH REGISTRATION FORM (GREEN FORM)** which is available in the parish office and also in the porch area of the church. Thereafter, you are requested to slip the completed parish registration form into the **MAILBOX in the Presbytery door**. Please allow at least two weeks for the Parish Registration forms to be processed. To obtain your family ID number, please send an email to the parish office **hounslow@rcdow.org.uk**, providing your full name and date of birth.

PARISH MASS LIVE STREAMING

Every Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the link <https://www.youtube.com/channel/UCOQzCj9b0grzoLwx49cpdpg> and channel name: [@SSMichaelandMartinRCChurchHoun](https://www.youtube.com/channel/UCOQzCj9b0grzoLwx49cpdpg). Kindly note: The Camera will be broadcasting only the Sanctuary.

ADMISSION IN A HOSPITAL

If you are admitted to any hospital (or a family member), and desires to receive Holy Communion or Sacrament of Anointing, kindly inform the staff there to call a Priest on duty for you. You have to notify them by telling them that you are a Roman Catholic. There is a Priest on duty every day in any hospital. For those going to West Middlesex Hospital, all the parishes in Hounslow Deanery take turns to respond to hospital calls on daily basis.

St Michael and St Martin Church Hounslow covers West Middlesex Hospital every Thursday from 6am to Friday 6am. However, should any sick parishioners require a priest, please do not hesitate to contact us at any time.

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES: Type

parish.rcdow.org/Hounslow in your browser. Then navigate to **PARISH WEBSITE** → **PARISH LIFE** → **SACRAMENTAL PREPARATION**; it has general information on the various programmes. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk.

BAPTISM PREPARATION COURSE

in our parish is held once every two months. Parents are advised to register for the preparation course even before the delivery. Use the online form available on the Baptism page of the Parish website to sign up. Please read the Baptism webpage for requirements & other details.

Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on **hounslow@rcdow.org.uk**

Online Giving/ Standing Order

To make your donation online, please visit: **<https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/>**

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**
Sort Code: **40-05-20**
Account Number: **11095463**
Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate



*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

PRAYER FOR THE SICK AND HOUSEBOUND

God our Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for sick brothers and sisters. May all who suffer pain, illness, or disease realize that they have been chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. We ask this through Christ our Lord. Amen.

Sts Michael and Martin, Pray for us.

TEXTS FOR THIS SUNDAY'S MASS

5th Sunday in OT

Isaiah 58:6-10 – 'Your light shall break forth like the dawn.'

Responsorial Psalm – *A light rises in the darkness for the upright.*

1 Corinthians 2:1-5 – 'I proclaimed to you the mystery of Christ crucified.'

Matthew 5:13-16 – 'You are the light of the world.'

NEXT SUNDAY'S MASS

6th Sunday in OT

Sirach 15:15-20 – 'He has not commanded anyone to be ungodly.'

Responsorial Psalm – *Blessed are those who walk in the law of Lord!*

1 Corinthians 2:6-10 – 'A wisdom God decreed before the ages for our glory.'

Matthew 5:20-22a, 27-28, 33-34a, 37 – 'It was said to those of old; but I say to you.'

WEEKLY OFFERTORY COLLECTION

31st Jan/01st Feb 2026

Loose: £4,087.03

Envelopes: £1,234.50

TOTAL: £5,321.53

Thank you very much for your generosity. May God continue to bless you as you support our parish

NB: On average, it costs £50,000+ monthly to run our parish.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Sarah Asher, Joaquim De Souza, Fr Derek McGuire, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Igor Sitarska and Don Lynch.

DECEASED: Leo Machado, Bella Felix, Cynthia Souza, Clifton Dominic Colaco, Elcina Alpesh Makwana, Tadeusz Z Wolanski, Heather Philomena Marklew, António José Visitação da Cruz Barreto, Fr Bernard Scholes, Sybil Knox, Carlos D'Silva, Mary Maher, Emma Noronha.

PARISH/PRAYER GROUP MEETINGS

SYRO-MALABAR CHAPLAINCY MASS

1st Sunday of the month at 3pm

SINHALESE CHAPLAINCY MASS

2nd Sunday of the month at 4pm

GOAN CHAPLAINCY MASS

3rd Sunday of the month at 4pm

MASS OF THE SICK

Last Tuesday of the month at 12noon.

ST ANTHONY NOVENAS

Tuesday at 7pm in the Church.

NOVENA TO OUR LADY OF PERPETUAL HELP

Please see announcement on page 2.

DEVOTION TO THE SACRED HEART OF JESUS &

IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

DIVINE MERCY DEVOTION

First Friday of each month at 3pm

EUCHARISTIC ADORATION

Every 2nd Thursday of the month after evening Mass.

FIRST FRIDAYS EXPOSITION

The Blessed Sacrament will be exposed on every first Friday of the month for adoration and silent prayers after the morning Mass and end at 5pm.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd Saturday after the Foodbank at 12pm in the Parish Centre.

GHANAIAN COMMUNITY- MEETING DAY

1st Sunday of every month after the 12.00 noon Mass in the Parish Centre.

UCM MEETINGS

2nd Tuesday of the month after 9am Mass and 4th Tuesday of the month after 6pm Mass in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.