PARISH NEWSLETTER

SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

94 Bath Road, Hounslow TW3 3EH
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28th Sunday in Ordinary Time — 11th October 2026

THE HOLY EUCHARIST

The Holy Eucharist, i.e., the Sacrifice of the Mass, is construed by the Catholic Church as the source and summit of the Christian life. "The Eucharist is 'the source and summit of the Christian life.' 'The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch." (CCC 1324).

Jesus' Ultimate Sacrifice is made sacramentally present and offered anew at every Holy Mass according to the order of Melchizedek, i.e., under the forms of bread and wine (Gen. 14:18-20; Heb. 5:7-10; Matt. 26:26-29; Luke 22:19-20; see CCC 1333; 1355; 1544). Consequently, the words of the Lord's Prayer— "Thy kingdom come, thy will be done, on earth as it is in heaven"—are nowhere more profoundly fulfilled than in the Mass, because heaven and earth are united in a most perfect way that further fosters the Redemption of humankind! For this very reason, we have the obligation to attend Mass at least on Sundays and on holy days of obligation.

NOTICE OF PARISH FIRE EVACUATION DRILL

Alongside nurturing the spiritual growth of our parish community, the Church has a responsibility to protect life, maintain a safe place of worship and comply with UK fire-safety legislation and the guidance of the Diocese of Westminster. A planned fire evacuation drill will therefore take place on **Sunday 25 October 2026, immediately after the 12 noon Mass.** Following the final blessing, please remain in place and listen carefully to the Fire Drill Master. Fire Marshals will direct each section through its allocated exit. Please remain calm, walk without rushing, leave buggies behind and keep children with their parent, guardian or carer.

Thank you for your patience, cooperation and support in advance.

SUNDAY MASSES
Sat Vigil 6.15pm
7:30am, 9am, 10.30am,
12noon
6pm

CHILDREN'S MASS
Last Sunday of the month at 2pm

WEEKDAY MASSES
Mon – Sat 9am
Mon -- Thu 6pm
Fri 7pm

CONFESSIONS
Friday 6pm – 6:30pm
Saturday 9:30am – 10:15am &
4:30pm – 5:15pm

PARISH ROSARY
Mon – Sat at 8:15am

ANGELUS
Before every evening Mass

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM *(FRIDAY THE OFFICE IS CLOSED)*

***Parish Priest*:** Fr Damian-Mary Moneke, CSSp.
damianmoneke@rcdow.org.uk ***(Day off: Mon)***

Assistant Priest: Fr Ignatius Nguyen Quy Quan, CSSp
quyquannguyen@rcdow.org.uk ***(Day off: Wed)***

2nd Assistant Priest & Chaplain at Heathrow Airport: Fr Paul Ibekwe, CSSp.
paulibekwe@rcdow.org.uk ***(Day off: Thurs)***

PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT

Parish Administrator: Priya Joseph
priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira
hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik
ivancizmarik@rcdow.org.uk

Parish Centre Manager – Senorita Evans
senoritaevans@rcdow.org.uk – (07542 531 956)
(BOOKINGS TAKEN BY PHONE MON, THURS, FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Parish Safeguarding Representatives:
hounslowsg@safeguardrcdow.org.uk **(Lorna – Admin)**
hounslowsg1@safeguardrcdow.org.uk **(Chinyere)**

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.

We congratulate all those who are celebrating their birthdays & wedding anniversaries this month.
We also welcome all our new parishioners.

PARISH NOTICES

ADORATION OF THE BLESSED SACRAMENT

Eucharistic adoration, teaching on the Eucharist, Prayer, Praise and Worship on Thursday 15th October after evening Mass.

CAFOD *FAMILY* FAST DAY APPEAL THIS HARVEST – THANK YOU

We raised a total of £3,717.60 from the collection that took place last weekend for CAFOD. Thank you for putting your faith into action this Family Fast Day. To find out more about the work that your generosity at Fast Day makes possible visit: **cafod.org.uk/parishthankyou**

WORLD MISSION SUNDAY – SECOND COLLECTION

There will be a second collection during all the Masses on 17th/18th October for the World Mission Sunday. Thank you for your generosity.

MACMILLAN COFFEE MORNING

A big thank you to our parishioners for coming and supporting the Macmillan Coffee Morning which was hosted by UCM. We raised a total £372.54 on the day. God bless you.

PARISH VOLUNTEERS MASS

Parish Volunteers Mass will be on Wednesday 28th October at 7pm. Please join us in the Parish Centre after the Mass for tea/coffee.

CELEBRATING 40 YEARS OF THE CARDINAL HUME CENTRE

A special Mass to mark the 40th anniversary of the Cardinal Hume Centre will be celebrated at **Westminster Cathedral on Tuesday 13 October 2026 at 5.30pm.** Cardinal Vincent Nichols will preside, joined by Bishop James Curry and Dom Robert Igo, OSB. The Mass is open to the public, and parishioners from St Michael & St Martin Church are warmly invited to attend in thanksgiving for the life and legacy of Cardinal Basil Hume and the Centre's 40 years of service.

WORLD MENTAL HEALTH DAY 2026 COFFEE MORNING

The Holy Father dedicates his October prayer intention to mental health ministry, calling on the Church to listen without judging and to accompany those who suffer without excluding them. We are pleased to invite you to our World Mental Health Day Coffee Morning. Let's come together as a parish community to listen, support, and care for one another!

Join us on Sunday, October 11th, after the 9:00 AM and 10:30 AM Masses to enjoy a warm cup of tea or coffee alongside interactive mental health-focused games, simple grounding techniques and helpful talks and resources. If you are unable to attend but would still like to learn more about mental health, please feel free to contact one of our SVP Mental Health First Aiders by calling SVP on **07824 067524** or emailing **svphounslow@gmail.com.**

PARISH WHATSAPP CHANNEL

Parishioners are encouraged to follow the official parish WhatsApp channel to receive latest updates about the parish activities. Please use the link below to follow or scan the QR code below:https://whatsapp.com/channel/0029VbDCQz1G8l5CGQGej20U

SPIRITANS YOUTH CONCERT

Young people aged **16-35** are warmly invited to the **Spiritans Youth Concert on Saturday, 24 October 2026,** from 10.00 am to 5.30 pm **at St Mellitus Parish, Tollington Park.** The day will include music, worship, talks, food, community, and the celebration of the Eucharist. The theme is: "Take courage! I have overcome the world" (John 16:33). Free tickets are available, and our parish youth will be travelling together as a group. To

register, please use the registration link: **https://forms.cloud.microsoft/e/c10xBZmSn1 o r** scan the **QR code**.

REGULAR NOTICES

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are offered EVERY last Saturday of the month at 10:30am. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, Fr Ignatius & Fr Paul, CSSp (contact details are available on page 1).

ADMISSION IN A HOSPITAL

If you are admitted to any hospital (or a family member), and desires to receive Holy Communion or Sacrament of Anointing, kindly inform the staff there to call a Priest on duty for you. You have to notify them by telling them that you are a Roman Catholic. There is a Priest on duty every day in any hospital. For those going to West Middlesex Hospital, all the parishes in Hounslow Deanery take turns to respond to hospital calls on daily basis. **St Michael and St Martin Church Hounslow covers West Middlesex Hospital every Thursday from 6am to Friday 6am.** However, should any sick parishioners require a priest, please do not hesitate to contact us at any time.

PARISH MASS LIVE STREAMING

Every Saturday 6:15pm & Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the linkhttps://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg and channel name: @SSMichaelandMartinRCChurchHoun. Kindly note: The Camera will be broadcasting only the Sanctuary.

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type ***parish.rcdow.org/Hounslow*** in your browser. Then navigate to PARISH WEBSITE→ PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk.

Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on **hounslow@rcdow.org.uk**

Online Giving/ Standing Order

To make your donation online, please visit: **https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/**

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**
Sort Code: **40-05-20**
Account Number: **11095463**
Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate

*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

PRAYER FOR THE SICK AND HOUSEBOUND

God our Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for sick brothers and sisters. May all who suffer pain, illness, or disease realize that they have been chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. We ask this through Christ our Lord. Amen.

Sts Michael and Martin, Pray for us.

TEXTS FOR THIS SUNDAY'S MASS

28th Sunday in Ordinary Time

Isaiah 25:6-10a – 'The Lord will make a feast, and he will wipe away tears from all faces.'

Responsorial Psalm – *In the Lord's own house shall I dwell for length of days unending.*

Philippians 4:12-14,19-20: 'I can do all things through him who strengths me.'

Matthew 22:1-10 – 'Invite to the wedding feast as many as you find.'

NEXT SUNDAY'S MASS

29th Sunday in Ordinary Time

Isaiah 45:1,4-6 – 'I have grasped the right hand of Cyrus to subdue nations before him.'

Responsorial Psalm – *Ascribe to the Lord glory and power.*

1 Thessalonians 1:1-5b – 'Remembering your faith, love and hope.'

Matthew 22:15-21 – 'Render to Caesar the things that are Caesar's, and to God the things that are God's.

WEEKLY OFFERTORY COLLECTION

03rd/04th Oct 2026

Loose: £4,736.20

Envelopes: £1,375.34

TOTAL: £6,111.54

Thank you very much for your generosity. May God continue to bless you as you support our parish

NB: On average, it costs £50,000+ monthly to run our parish.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Sarah Asher, Joaquim De Souza, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Igor Sitarska and Don Lynch.

DECEASED: Laurence J O'Toole, Felix Noronha, Zoltan Balogh, Leo Machado, Bella Felix, Cynthia Souza, Clifton Domnic Colaco, Elcina Alpesh Makwana, Tadeusz Z Wolanski, Heather Philomena Marklew, António José Visitação da Cruz Barreto, Fr Bernard Scholes.

PARISH/PRAYER GROUP MEETINGS

SYRO-MALABAR CHAPLAINCY MASS

1st Sunday of the month at 3pm

SINHALESE CHAPLAINCY MASS

2nd Sunday of the month 4pm

GOAN CHAPLAINCY MASS

3rd Sunday of the month at 4pm

MASS OF THE SICK

Last Tuesday of the month at 12noon.

ST ANTHONY NOVENAS

Tuesday 7pm in the Church. **Note for October: Rosary starts at 6:50 PM followed by novena.**

NOVENA TO OUR LADY OF PERPETUAL HELP

Wednesday at 9:30am in the Church.

DEVOTION TO THE SACRED HEART OF JESUS & IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

DIVINE MERCY DEVOTION

First Friday of each month at 3pm

EUCHARISTIC ADORATION

Every 2nd Thursday of the month after evening Mass.

FRIDAY PRAYER GROUP

7pm – 9am in the Parish Centre (small hall).

FIRST FRIDAYS EXPOSITION

The Blessed Sacrament will be exposed on every first Friday of the month for adoration and silent prayers after the morning Mass and end at 5pm.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd Saturday after the Foodbank at 12pm in the Parish Centre.

GHANAIAN COMMUNITY- MEETING DAY

1st Sunday of every month after the 12.00 noon Mass in the Parish Centre.

UCM MEETINGS

2nd Tuesday of the month after 9am Mass and 4th Tuesday of the month after 6pm Mass in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.