PARISH NEWSLETTER

SS MICHAEL AND MARTIN

Roman Catholic Parish of Hounslow
Archdiocese of Westminster

This Parish is served by the Spiritans

94 Bath Road, Hounslow TW3 3EH
Tel: (020) 8570 1693
Email: hounslow@rcdow.org.uk
Web: parish.rcdow.org.uk/hounslow
/ssmmhounslow @ssmmhounslow

30th Sunday in Ordinary Time — 25th October 2026

WE UNITE WITH ANGELS AND SAINTS TO ADORE JESUS IN THE EUCHARIST

Another insight from Revelation 4:8-11 is an example of appropriate posture before the living God. Many times, in Sacred Scripture when people encounter an angel, their immediate instinct is to throw themselves on the ground, prostrating before the angelic messenger. But the angels usually counter with a correction of some sort, clarifying that they are not God, merely messengers of God. Now if this is the reaction of human beings in the presence of an angel, how much more reverent should we be in the presence of the true God and true Man, Jesus in the Blessed Sacrament!

Bowing, genuflecting, standing and kneeling, which are standard postures at various points in the Mass are also appropriate in our Eucharistic adoration. We can see in a number of biblical passages that this expression of reverence for God, which symbolizes submission to His will, has been practiced by God's people since ancient times, even in the Old Testament era: "O come, let us worship and bow down, /let us kneel before the LORD, our Maker! / For He is our God" (Ps 95:6-7). "I bow down toward Thy holy temple / and give thanks to Thy name for Thy stead-fast love and thy faithfulness" (Ps 138:2). "For thus says the LORD, To Me every knee shall bow" (Is 45:18, 23; see also Rom 14:11; Phil 2:10-11). Therefore, is totally inappropriate to chat, make calls or use the mobile phones during the Mass and Eucharistic adoration.

MANDATORY SAFEGUARDING TRAINING FOR ALL PARISH VOLUNTEERS IN-PERSON OR ONLINE SESSION

As required by the Archdiocese there will be a **mandatory** Safeguarding training for all parish Volunteers, for those who are unable to complete the safeguarding training online, there will be an in-person training o**n Saturday 31st October at 10:30am - 12:00 noon here in the Church.** Attendance is required for all volunteers and leaders who are yet to complete the online training.

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SUNDAY MASSES
Sat Vigil 6.15pm
7:30am, 9am, 10.30am,
12noon
6pm

CHILDREN'S MASS
Last Sunday of the month at 2pm

WEEKDAY MASSES
Mon – Sat 9am
Mon -- Thu 6pm
Fri 7pm

CONFESSIONS
Friday 6pm – 6:30pm
Saturday 9:30am – 10:15am &
4:30pm – 5:15pm

PARISH ROSARY
Mon – Sat at 8:15am

ANGELUS
Before every evening Mass

PARISH OFFICE HOURS: MONDAY – THURSDAY 9:30AM – 1PM *(FRIDAY THE OFFICE IS CLOSED)*

***Parish Priest*:** Fr Damian-Mary Moneke, CSSp.
damianmoneke@rcdow.org.uk ***(Day off: Mon)***

Assistant Priest: Fr Ignatius Nguyen Quy Quan, CSSp
quyquannguyen@rcdow.org.uk ***(Day off: Wed)***

2nd Assistant Priest & Chaplain at Heathrow Airport: Fr Paul Ibekwe, CSSp.
paulibekwe@rcdow.org.uk ***(Day off: Thurs)***

PLEASE EMAIL OR CALL THE PRIEST DIRECTLY FOR AN APPOINTMENT

Parish Administrator: Priya Joseph
priyajoseph@rcdow.org.uk

Parish Catechist: Lionel Pereira
hounslowcat@rcdow.org.uk

Youth Worker: Ivan Čižmárik
ivancizmarik@rcdow.org.uk

Parish Centre Manager – Senorita Evans
senoritaevans@rcdow.org.uk – (07542 531 956)
(BOOKINGS TAKEN BY PHONE MON, THURS, FRI 7.00-8.30AM TUES/WED 4.00-5.00PM, OR BY EMAIL)

Parish Safeguarding Representatives:
hounslowsg@safeguardrcdow.org.uk **(Lorna – Admin)**
hounslowsg1@safeguardrcdow.org.uk **(Chinyere)**

MISSION STATEMENT

Building a united and peaceful family of Jesus Christ's disciples, where everyone is welcome, respected, have a sense of belonging, grow spiritually, feel free to participate and feel the need to contribute.

We congratulate all those who are celebrating their birthdays & wedding anniversaries this month. We also welcome all our new parishioners.

Please make every effort to attend. For online Training, please use this link: https://rcdow.org.uk/safeguarding/safeguarding-training/ **Please send the certificate to the Parish office.**

PARISH NOTICES

ALL SOULS DAY MASSES

Please see the below timings for All Souls day Masses which is on Monday 2nd November:
7:30am, 9am, 10:30am, 12noon, 6pm and 7:30pm

PARISH GROUP LEADERS MEETING

There will be a meeting with all the parish group leaders on **Wednesday 4th November at 7pm** in the Church chaired by the Parish Priest. Please make every effort to attend.

WORLD MISSION SUNDAY COLLECTION – THANK YOU

We have raised a total of £1,266.47 for the collection for the World Mission Sunday that took place during last weekend Masses.

NEXT INCLUSIVE MASS:

You are warmly invited to join us for our next special Inclusive Mass at SS Michael and Martin Church, Hounslow on **Sunday 22nd Nov at 2pm.** This mass is open to everyone, with a particular welcome for children and adults with intellectual or physical disabilities and special needs, their families and friends. After the service, please join us for tea, coffee and refreshments in the parish centre. This mass is organised with the support of the SVP (Saint Vincent de Paul Society), SCS and Caritas St Joseph's Team. For more information, please contact the SVP directly: Phone: 07824 067524 (or email svphounslow@gmail.com).

FATHERS' GROUP – SUNDAY, 1ST NOVEMBER, AFTER THE 6:00PM MASS

All fathers in the parish are warmly invited to our next Fathers' Group gathering in the **Parish Centre, after the 6:00pm Mass on Sunday 1st November.** Join us for a relaxed evening of fellowship, conversation and prayer as we continue to build a supportive community of fathers in our parish. Whether you attended our first gathering or are joining us for the first time, you are most welcome.
The Fathers' Group meets on the first Sunday of every month after the 6:00pm Mass in the Parish Centre.

NOVENA TO ST MARTIN OF TOURS, OUR CO-PATRON SAINT

Join us for a nine-day Novena to St Martin of Tours from **Monday 2nd November to Tuesday 10th November 2026**, leading up to his Feast Day on Wednesday 11th November.

The Novena will take place after the evening Masses at the following times:

- **Monday 2 November – Thursday 5 November: 6:45 pm**
- **Friday 6 November: 7:45 pm**
- **Saturday 7 November: 7:30 pm**
- **Sunday 8 November: 7:15 pm**
- **Monday 9 November – Tuesday 10 November: 6:45 pm**

Feast Mass will be celebrated on the 11th November 9am and 6pm. Please join us in the Parish Centre for refreshments and fellowship following the 6:00pm Mass.

ST VINCENT DE PAUL SOCIETY

The SVP Parish Foodbank is available on the following schedule:
When: Every 2nd Saturday of the month
Time: 10:30am to 12pm
Location: Church Car Park / Parish Centre

All safety guidelines are adhered to (Note: If you want to donate food then you can either do that during the above time slot or **before/after weekday/weekend masses in the Church**. Contact the number below for more information) SVP Contact: Jwela on 07824 067524 or email **SVPHounslow@gmail.com**

NOVEMBER COFFEE MORNING

There will be coffee morning on the Sunday 01st November after the 9am and 10.30am Masses in the

Parish Centre and will be hosted by the Lectors. Open to all, new parishioners most welcome.

PARISH WHATSAPP CHANNEL

Parishioners are encouraged to follow the official parish WhatsApp channel to receive latest updates about the parish activities. Please use the link below to follow or scan the QR code below:https://whatsapp.com/channel/0029VbDCQz1G8l5CGQGej20U

REGULAR NOTICES

MARRIAGE PAPERWORK PROCESS

You must give 6 MONTHS' NOTICE of MARRIAGE – whether it is happening HERE or ABROAD. PLEASE DO NOT LEAVE IT TO THE LAST MINUTE. Couples or individuals should speak to a Priest VERY EARLY IN THE PROCESS – so there is no last-minute rush. Marriage Preparation Courses are offered EVERY last Saturday of the month at 10:30am. All couples who want to do their marriage paperwork in the parish **should contact** Fr Damian-Mary Moneke, Fr Ignatius & Fr Paul, CSSp (contact details are available on page 1).

ADMISSION IN A HOSPITAL

If you are admitted to any hospital (or a family member), and desires to receive Holy Communion or Sacrament of Anointing, kindly inform the staff there to call a Priest on duty for you. You have to notify them by telling them that you are a Roman Catholic. There is a Priest on duty every day in any hospital. For those going to West Middlesex Hospital, all the parishes in Hounslow Deanery take turns to respond to hospital calls on daily basis. **St Michael and St Martin Church Hounslow covers West Middlesex Hospital every Thursday from 6am to Friday 6am.** However, should any sick parishioners require a priest, please do not hesitate to contact us at any time.

PARISH MASS LIVE STREAMING

Every Saturday 6:15pm & Sunday 12noon Mass will be live streamed, including special occasion Masses. Please find the linkhttps://www.youtube.com/channel/UCOQzcJ9b0grzoLwx49cpdpg and channel name: @SSMichaelandMartinRCChurchHoun. Kindly note: The Camera will be broadcasting only the Sanctuary.

CATECHETICAL PROGRAMMES

WHERE TO FIND INFORMATION ON PARISH SACRAMENTAL PROGRAMMES:

Type ***parish.rcdow.org/Hounslow*** in your browser. Then navigate to PARISH WEBSITE→ PARISH LIFE → SACRAMENTAL PREPARATION; it has general information on the various programs. The next place to check is the Parish Newsletter. If the information you seek is not found on either of these then email the Parish Catechist Lionel Pereira on hounslowcat@rcdow.org.uk.

Leave a legacy

Please consider including our parish in your will or leaving a legacy for the parish. For further details please email us on **hounslow@rcdow.org.uk**

Online Giving/ Standing Order

To make your donation online, please visit: **https://parish.rcdow.org.uk/hounslow/donate/other-ways-to-give/**

Bank Transfer

To make a one-off donation please use the parish bank account details:

Account Name: **WRCDT Hounslow**
Sort Code: **40-05-20**
Account Number: **11095463**
Reference: **Surname and First Initial**

QR Code

Scan on the QR code below to donate

*If you are a UK taxpayer, please Gift Aid your donation. The government will top up your gift by 25 percent, meaning a £20 offering becomes £25, at **NO** cost to you.*

PRAYER FOR THE SICK AND HOUSEBOUND

God our Father, your Son accepted our sufferings to teach us the virtue of patience in human illness. Hear the prayers we offer for sick brothers and sisters. May all who suffer pain, illness, or disease realize that they have been chosen to be saints and know that they are joined to Christ in his suffering for the salvation of the world. We ask this through Christ our Lord. Amen.

Sts Michael and Martin, Pray for us.

TEXTS FOR THIS SUNDAY'S MASS

30th Sunday in Ordinary Time

Exodus 22:21-27 – 'If you mistreat any widow or fatherless child, my wrath will burn against you.'

Responsorial Psalm – *I love you, Lord, my strength.*

1 Thessalonians 1:5c-10 – 'You turned away from idols to serve God and to wait for his Son.'

Matthew 22:34-40 – 'You shall love the Lord your God and your neighbour as yourself.'

NEXT SUNDAY'S MASS

ALL SAINTS

Revelation 7:2-4, 9-14 – 'Behold, a great multitude that no one could number, from every nation, from tribes and peoples and languages.'

Responsorial Psalm – *Such are the people who seek your face, O Lord.*

1 John 3:1-3 – 'We shall see God as he is.'

Matthew 5:1-12a – 'Blessed are the poor in spirit.'

WEEKLY OFFERTORY COLLECTION

17th/18th Oct 2026

Loose: £4,065.03

Envelopes: £1,452.84

TOTAL: £5,517.87

Thank you very much for your generosity. May God continue to bless you as you support our parish

NB: On average, it costs £50,000+ monthly to run our parish.

IN YOUR PRAYERS – REMEMBER

OUR SICK: Sarah Asher, Joaquim De Souza, Jennita Aluan, Nizelle Soares, Peter Newton, Hubert Teles, Amy Burns, Steve, Sandra, Carson Javier Dabasia, Igor Sitarska and Don Lynch.

DECEASED: Laurence J O'Toole, Felix Noronha, Zoltan Balogh, Leo Machado, Bella Felix, Cynthia Souza, Clifton Domnic Colaco, Elcina Alpesh Makwana, Tadeusz Z Wolanski, Heather Philomena Marklew, António José Visitação da Cruz Barreto, Fr Bernard Scholes.

PARISH/PRAYER GROUP MEETINGS

SYRO-MALABAR CHAPLAINCY MASS

1st Sunday of the month at 3pm

SINHALESE CHAPLAINCY MASS

2nd Sunday of the month 4pm

GOAN CHAPLAINCY MASS

3rd Sunday of the month at 4pm

MASS OF THE SICK

Last Tuesday of the month at 12noon.

ST ANTHONY NOVENAS

Tuesday 7pm in the Church. **Note for October: Rosary starts at 6:50 PM followed by novena.**

NOVENA TO OUR LADY OF PERPETUAL HELP

Wednesday at 9:30am in the Church.

DEVOTION TO THE SACRED HEART OF JESUS & IMMACULATE HEART OF MARY

Every Thursday 5pm in the Church

DIVINE MERCY DEVOTION

First Friday of each month at 3pm

EUCHARISTIC ADORATION

Every 2nd Thursday of the month after evening Mass.

FRIDAY PRAYER GROUP

7pm – 9am in the Parish Centre (small hall).

FIRST FRIDAYS EXPOSITION

The Blessed Sacrament will be exposed on every first Friday of the month for adoration and silent prayers after the morning Mass and end at 5pm.

ST VINCENT DE PAUL SOCIETY (SVP) MEETINGS

Weekend: 2nd Saturday after the Foodbank at 12pm in the Parish Centre.

GHANAIAN COMMUNITY- MEETING DAY

1st Sunday of every month after the 12.00 noon Mass in the Parish Centre.

UCM MEETINGS

2nd Tuesday of the month after 9am Mass and 4th Tuesday of the month after 6pm Mass in the Parish Centre.

LIVING WORD CATHOLIC CHARISMATIC RENEWAL PRAYER GROUP

Invites parishioners to our weekly prayer meeting/fellowship every Friday evening in the Parish Centre. Time: 7pm - 9pm. All are welcome. Email us at livingwordccr@gmail.com; contact Sam (447450355567), Graham (+447908287917) for other enquiries.