



**blts**

***bereavement and loss, training and support***

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**18th Annual Conference** **Wednesday 19<sup>th</sup> February 2014**

**Angela Samata**

**Chair – Survivors of  
Bereavement by  
Suicide**

***The Reality of Death by Suicide***



*Angela Samata first became aware of the Survivors of Bereavement by Suicide in 2003 after her partner took his own life. During her talk she will consider what is different or similar about bereavement by suicide. The taboos versus normalization/glamorization and how to respond to children's questions about how someone died. Angela will also tell us a little about the charity and support groups for families bereaved by suicide.*

**Sacred Heart Language College, High Road, Harrow, HA3 7AY**

**9.45 am - 4.00 pm** - (Please note: Arrivals from 9.15 am)

**Keynote Talk by Angela Samata**

*Eight parallel workshops during the Morning and Afternoon*

*All day refreshments free of charge*

*A hot Buffet Luncheon costs additional £8.00 per person.*

**CONFERENCE FEE: £52.00** per person

*For four or more from the same group please deduct £2.00 per person*

*Conference fee before the 31<sup>st</sup> December 2013 ~ £50.00 per person*

**PLEASE PHOTOCOPY THIS FORM AND CIRCULATE**

A conference for bereavement visitors, counsellors, healthcare professionals, community and family support workers, teachers, clergy and community leaders.

Bookstall -Poster Displays ~ Leaflet Swap Table  
Bereavement Networks Information - Other Information from Groups

## Keynote Speaker and Workshop Leaders

**Angela Samata:** She first became aware of the Survivors of Bereavement by Suicide in 2003 after her partner took his own life. With two sons, aged three and thirteen at the time, she gained a great deal of help and understanding from attending the Liverpool support group and instantly recognised the value of the work of the charity. After attending the support group for 2 years, Angela volunteered as a Helpline volunteer and also became leader of the Liverpool group. In 2006 Angela attended her first Trustees meeting to see if she could offer her skills as a press officer to the board. The offer was quickly accepted and she was voted onto the board.

In 2010 the then chair, Gill Irish, decided to step down and Angela was appointed as the chair, a position that she will hold until 2014. Along with her charity commitments, Angela works full time in the arts, and with a background in PR she also advises the Board on media and filming requests.

**Workshop 1**

**Jacky Clifford** is a Senior Accredited Counsellor and Registered Independent Counsellor (UKRC) with BACP. She is an experienced group and individual supervisor and a trainer and facilitator of courses for counsellors and supervisors. She has been in the profession for over 20 years and was a lecturer on a Certificate in Counselling and a Foundation Degree. She has experience of working within a Hospice environment and currently supervises counsellors working in this field. Jacky also supervises within a Drop in Centre at a Cancer Hospital. She has experience within the bereavement field of people impacted by suicide within the family or close friends.

**Workshop 2**

**Rosemary Lamaison** – is a Counsellor and Supervisor with over 20 years' experience and her work covers a broad spectrum and includes GP referrals, loss and change, relationship issues, survivors of domestic abuse, eating disorders, ex-Boarders, sexuality issues, anxiety and depression. Rosemary is also a Parent Specialist and has helped parents experiencing separation, bereavement, children who offend, as well as with everyday parenting issues in the family.

**Workshop 3**

**Jon Wilson Cooper Dip. I.G.C.** is a qualified Gestalt Psychotherapist with over 25 years' experience of therapeutic communities including work in the UK, USA and India. Jon has experience of working with people with long and enduring psychiatric problems, young offenders, people with learning difficulties and people who misuse drugs and alcohol. He is currently course leader on a Foundation Degree in Counselling course as well as being a freelance trainer, consultant and supervisor. Jon is a Director of The Albany Centre for personal and professional development in St Albans, Hertfordshire.

**Workshop 4**

**Janet Dowling** is a professional storyteller and trained psychiatric social worker who uses these approaches in her therapeutic work and for three years was the resident Therapeutic Storyteller at the Children's Trust in Tadworth, Surrey. She also works as a volunteer for Cruse Bereavement Care. She was awarded a Winston Churchill Memorial Trust Fellowship for storytelling with the dying and bereaved. She has delivered workshops in therapeutic storytelling in London, Vancouver, Kuwait City, Nazareth and Edinburgh as well as workshops at the National Cruse Bereavement Care Conference in 2007 and 2008, the Bereavement Research Forum in Nov 2008 and the Regional Cruse Conference in London 2010. Her article "The Power of Three: Storytelling in Bereavement" was published in *Bereavement Care* in May 2010.

**Workshop 5**

**Reverend Dermot O'Neill** has worked for over thirty years in pastoral ministry in parishes around greater London. As part of that ministry he encounters bereavement on a weekly basis. He has experience of dealing with grief resulting from suicide.

**Workshop 6**

**Liz Koole - Winston's Wish** - After doing a B.A. at Durham University and an M.Sc at Oxford University Liz worked with children and families for over 25 years, initially as a social worker specializing in work with children and families. For the past 9 years Liz has worked for Winston's Wish, where she presently manages the national team that provides support for children who have been bereaved as a result of murder, suicide or a military death. She has a particular interest in bereavement related bereavement in pre-school children, Family Therapy as an approach to working with bereaved children and the sociological aspects of death and bereavement.

**Workshop 7**

**Barbara Heath** has an MA in Counselling and Psychotherapy, a Diploma in Counselling and a Specialist Certificate in Trauma. She is a senior accredited member of the British Association for Counselling and Psychotherapy (BACP) and a United Kingdom Registered Independent Counsellor/Psychotherapist (UKRCP). Her specialist areas of work are trauma, addictions and family dynamics. She runs a private practice as a counsellor/psychotherapist and supervisor, is a professional trainer and a visiting lecturer in counselling at Harrow College.

**Workshop 8**

# APPLICATION FORM

Workshops: (Please enter 3 choices of workshop from page 4)  
(Please indicate if your lunch is vegetarian)

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	Lunch	Veg	♿	Yes/No	Yes/No	[ ]
1. Participant Name: .....	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	Yes/No	Yes/No	[ ]
2. Participant Name: .....	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	Yes/No	Yes/No	[ ]
3. Participant Name: .....	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	Yes/No	Yes/No	[ ]
4. Participant Name: .....	[ ]	[ ]	[ ]	[ ]	[ ]	[ ]	Yes/No	Yes/No	[ ]

♿ Please indicate if you require any special assistance

**If you book your place before 31<sup>st</sup> December 2012 the conference fee £50.00 pp.**

**For groups of four or more from the same group please deduct £2.50 pp. from the conference fee.**

Please indicate where the receipt is to be posted. **PLEASE PRINT**

Group/Org. Name .....

Group cheque payment made by: .....

Name:..... Address: .....

..... Post Code.....

Tel. No ..... Mobile No .....

Email Address .....

Please reserve [ ] places plus [ ] lunches @£8 pp.cheques payable to BLTS.

**TOTAL ENCLOSED£.....**

PAYMENT BY AUTOMATED CLEARING HOUSE PAYMENT  
(E.g. BACS for £ to UK based banks)

TARGET BANK SORT CODE: 30.93.92	Name : .....
ACCOUNT NAME: BLTS	Total Amount: £ .....
ACCOUNT NUMBER: 46185668	Date: .....
TARGET BANK NAME: LLOYDS TSB BANK PLC	
Please add your name/group as BAC's reference	
.....	

I / We have read and understood the *blts* cancellation policy.  
I / We agree not to discuss any information relating to case studies of clients covered at the conference with anyone outside the conference.

Signed (on behalf of group) ..... Date .....

*You can apply to be on two workshops - one in the morning after the keynote talk and one in the afternoon. Please enter your 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choice of workshops on the above form.*

*We aim to place you on your 1<sup>st</sup> and 2<sup>nd</sup> choice but ask you for a 3<sup>rd</sup> choice as a reserve*

**☑ Please send completed application form with payment cheques made payable to *blts***

**(or purchase order or official letter) to:**  
The Conference Co-ordinator, Jenny Cunniffe, *bereavement and loss, training and support*,  
76 Brampton Grove, Kenton, Harrow, HA3 8LF

**Morning Workshops 11.30am - 1.00 pm**

**Afternoon Workshops 2.00pm - 3.30pm**

1	<b>The reality of death by Suicide:</b> Angela will use this session for further discussion from her keynote talk and will include what is needed to start a support group for people bereaved by suicide based on the SOBS model.	Angela Samata
2	<b>Does a death by suicide influence the grief process in family and friends?</b> The group will be able to look at their experiences both personal and in their work with people bereft by suicide. It will consider what it feels like to be left behind.	Jacky Clifford
3	<b>Separation/Divorce:</b> This workshop will consider the impact of separation/divorce and losses on children and young people. It will also touch on the high number of young people who end up with a criminal record.	Rosemary Lamaison
4	<b>MASTERCLASS : The Narrative of Suicide</b> The story the individual wants to tell and what other people hear.	Jon Wilson Cooper
5	<b>Using Storytelling in Bereavement</b> - How do people come to terms with loss such as bereavement? In this workshop you will explore the gentle yet powerful approach of working with stories, traditional, personal and "made-up", to facilitate healing in loss.	Janet Dowling
6	<b>Exploring our understanding about suicide and religion</b> - This workshop will provide the opportunity to explore our understanding about suicide and religion and how the ritual of religion shapes our thoughts.	Rev.Dermot O'Neil
7	<b>Children bereaved through suicide.</b> This workshop will explore the effect of a death by suicide on children and creative ways to talk about what has happened, the person who has died and the difficult feelings that accompany it.	Liz Koole Winston's Wish
8	<b>The place of anger and guilt within bereavement.</b> Participants will have the opportunity to explore different types of bereavement and then consider how anger and guilt relate to these. Do anger and guilt present differently with different types of bereavement? How might you work with anger and guilt in bereaved people?	Barbara Heath

***Please read our Terms and Conditions:***

1. Complete the booking form in BLOCK CAPITALS please. Select 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> choice of workshops.
2. We will endeavour to place you on **your workshops of choice**, but early application is essential.
3. **All fees must be paid in full by 31<sup>st</sup> January 2014. Fees are not refundable within 28 days of the event.**
4. Fees will be refunded for cancellations more than 28 days before the event less a £20 administration charge.
5. Cancellations will not be accepted by telephone but must be made in writing. Delegate places are transferable.
6. *BLTS* reserves the right to substitute speakers of equal standing, or to reschedule the event should the need arise.
7. If time allows, delegates will receive notification to their correspondence address of any change to the printed schedule.
8. A map of the location with details of parking and travel will be sent with the receipt.