

Our Lady Help of Christians

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The parish is part of Westminster Roman Catholic Diocesan Trust (WRCDT)



30TH SUNDAY IN ORDINARY TIME **25TH OCTOBER 2026**

PARISH TEAM

Parish Priest
Fr Allan Alvarado Gil
allanalvarado@rcdow.org.uk

Parish Secretary
Liliana Bragadin
kentishtown@rcdow.org.uk

Parish office open:

Mon - Thu
10:00am - 12:00md

Safeguarding Officer
Claire Betts
kentishtownsg@safeguardrcdow.org.uk

Morning Prayer:
Tue - Fri: 10:00 am

Exposition:
Fri: 10:45am - 11:15 am

Masses Times:
Tue - Fri: 10:15 am

Masses during the week are celebrated in the daily Chapel

Saturday: 6:00 pm
Sunday: 9:00 am (Sung Mass)
11:00 am (Family Mass with Children's Liturgy)

Church opening hours:

Tuesdays to Fridays
9:30 am to 4.00 pm

LAST WEEK COLLECTION
£ 506.69

STANDING ORDERS SEPTEMBER
£ 4,471.93

CONTACTLESS INCOME SEPTEMBER
£ 0

Thank you!

This Parish is part of Westminster Roman Catholic Diocesan Trust (WRCDT)
Registered Charity No: 233699

You shall love the Lord your God and your neighbour as yourself.
(Mt 22:34-40)

Meditation: What is the purpose of God's law and commandments? The Pharisees prided themselves in the knowledge of the law of Moses and the ritual requirements of the law. They made it a life-time practice to study the 613 precepts of the Torah - the books of the Old Testament containing the Law of Moses - along with the numerous rabbinic commentaries on the law. The religious authorities tested Jesus to see if he correctly understood the law as they did. Jesus startled them with his profound simplicity and mastery of the law of God and its purpose.

God's love rules all
Jesus summarized the whole of the law in two great commandments found in Deuteronomy 6:5 - "You shall love the Lord your God with all your heart, and with all your soul, and with all your might" - and Leviticus 19:18 - "you shall love your neighbour as yourself". God's love directs all that he does - His love is holy, just, and pure because it seeks only what is good, beneficial, and life-giving - rather than what is destructive, evil, or deadly. That is why he commands us to love - to accept and to give only what is good, lovely, just, and pure and to reject whatever is contrary.

God puts us first in his thoughts
God is love and everything he does flows from his love for us (1 John 3:1, 4:7-8, 16). God puts us first in his thoughts and concerns - do we put him first in our thoughts? God loved us first (1 John 4:19) and our love for him is a response to his exceeding goodness and kindness towards us. The love of God comes first and the love of neighbour is firmly grounded in the love of God. The more we know of God's love, truth, and goodness, the more we love what he loves and reject whatever is hateful and contrary to his will. God commands us to love him first above all else - his love orients and directs our thoughts, intentions, and actions to what is wholly good and pleasing to him. He wants us to love him personally, wholeheartedly, and without any reservation or compromise.

The nature of love - giving to others for their sake
What is the nature of love? Love is the gift of giving oneself for the good of others - it is wholly other oriented and directed to the welfare and benefit of others. Love which is rooted in pleasing myself is self-centred and possessive - it is a selfish love that takes from others rather than gives to others. It is a stunted and disordered love which leads to many hurtful and sinful desires - such as jealousy, greed, envy, and lust. The root of all sin is disordered love and pride which is fundamentally putting myself above God and my neighbour - it is loving and serving self rather than God and neighbour. True love, which is wholly directed and oriented to what is good rather than evil, is rooted in God's truth and righteousness (moral goodness).

How God loves us
God loves us wholly, completely, and perfectly for our sake - there is no limit, no holding back, no compromising on his part. His love is not subject to changing moods or circumstances. When God gives, he gives generously, abundantly, freely, and without setting conditions to the gift of his love. His love does not waver, but is firm, consistent, and constant. He loves us in our weakness - in our fallen and sinful condition. That is why the Father sent his only begotten Son, the Lord Jesus Christ, to redeem us from slavery to sin and its disordered cravings, desires, passions, and addictions. God the Father always seeks us out to draw us to his throne of mercy and help. God the Father corrects and disciplines us in love to free us from the error of our wrong ways of thinking and choosing what is harmful and evil rather than choosing what is good and wholesome for us. Do you freely accept God's love and do you willingly choose to obey his commandments?

Fr Allan

PARISH ACTIVITIES

TEAS AFTER MASSES

TEAS after masses in the Don Bosco Hall:

After 9am Mass every Sunday.

After 11am Mass once a fortnight

CHILDREN'S LITURGY

This takes place during the Liturgy of the Word at the 11am Mass.

CHRISTIAN MEDITATION SESSIONS

Every Thursday at 4pm in the Day Chapel (Session lasts about 30 minutes).

OVER 60's BINGO CLUB

The over 60's Bingo Club, run by SanKTus, takes place on Tuesdays morning at 10 am. All parishioners and friends in our local community are most welcome to join us and there is the chance of winning a cash prize!

The programme is as follows:

Refreshments – 10.40am,

Bingo 11.00 – 12.00 pm,

Two Course Meal -12noon –1pm.

There is a charge of £5 to cover all activities.

FREE HOT LUNCH SERVICE

SanKTus also offers a free hot lunch service to all-comers on Sunday afternoon at 2pm and a sandwich service on Wednesdays. Prospective volunteers to help with any part of this activity are invited to get in touch with Richard Mallon at sanktus.welfare@gmail.com

CATECHISM CLASSES 2027

First Holy Communion

Child is on year 3 or above. The enrolment for First Holy Communion is open, the application forms are available from the priest after all Sunday Masses on each weekend in October, starting next weekend. Deadline to return forms: Sunday 1st November.

RCIA 2027

Adult over 18 years old seeking to be baptised or you are missing a sacrament such as, communion or confirmation the RCIA (Rite of Christian Initiation of Adults) is for you. Please get the application form from the priest at the end of weekend Masses, starting next weekend. Deadline to return forms: Sunday

CONTACTLESS



Our Machine is not working, please donate by scanning the QR code with your phone.

MASS INTENTIONS

Date	Time	Intention
Sat 24th	6:00 pm	Joe Kissane (RIP)
Sun 25th	9:00 am	For the People of the Parish
	11:00 am	Marie McKenna (RIP)
Tue 27th	10:00 am	Joan Wilkinson (RIP)
Wed 28th	10:00 am	Bridget Burke (RIP)
Thu 29th	10:00 am	William Neenan (RIP)
Fri 30th	10:00 am	
Sat 31st	6:00 pm	

MONDAY 2 NOVEMBER

On **Monday 2 November**, feast of the Holy Souls, there will be mass on at **7 pm** . Please come as numerous as possible.

MONTH OF THE HOLY SOULS

November is the month traditionally dedicate to the Holy Souls. It is part of our Catholic culture and faith to have Masses offered for the dead. The Mass is the greatest prayer that we offer to God when the very Act of Redemption, Christ's death and resurrection, are made present again on the altar and bread and wine become the reality of our Lord's body, blood, soul and divinity.

Having Mass offered is a way of showing our love both for the living and the dead. The death of a family member or friend does not end our relationship with them and we can help them gain heaven through the offering of the Mass and our prayers.

Envelopes with a list where to write the names of your beloved will be left at the back of the church for you to take. Please remember to include a donation for the offering of Mass. As mentioned before, the donation given is supposed to keep a priest for the day which includes his meals etc. The diocese have stipulated that this should be at least £10.

OLHC GOSPEL CHOIR

After a successful performance at the Castlehaven celebrations, we are making plans for performances at Christmas.

Please feel free to join us in every Tuesday at **6.45 pm**, in the hall on Falkland Road.

SUNDAY MASS READINGS



Scan the QR code with your Phone