

Our Lady Help of Christians

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The parish is part of Westminster Roman Catholic Diocesan Trust (WRCDT)



ALL SAINTS **1ST NOVEMBER**

PARISH TEAM

Parish Priest
Fr Allan Alvarado Gil
allanalvarado@rcdow.org.uk

Parish Secretary
Liliana Bragadin
kentishtown@rcdow.org.uk

Parish office open:

Mon - Thu
10:00am - 12:00md

Safeguarding Officer
Claire Betts
kentishtownsg@safeguardrcdow.org.uk

Morning Prayer:
Tue - Fri: 10:00 am

Exposition:
Fri: 10:45am - 11:15 am

Masses Times:
Tue - Fri: 10:15 am

Masses during the week are celebrated in the daily Chapel

Saturday: 6:00 pm
Sunday: 9:00 am (Sung Mass)
11:00 am (Family Mass with Children's Liturgy)

Church opening hours:

Tuesdays to Fridays
9:30 am to 4.00 pm

LAST WEEK COLLECTION
£ 371.88

STANDING ORDERS SEPTEMBER
£ 4,471.93

CONTACTLESS INCOME SEPTEMBER
£ 0

Thank you!

This Parish is part of Westminster Roman Catholic Diocesan Trust (WRCDT)
Registered Charity No: 233699



Blessed are the poor in spirit
(Mt 5:1-12a)

Meditation: What is the good life which God intends for us? And how is it related with the ultimate end or purpose of life? Is it not our desire and longing for true *happiness*, which is none other than the complete good, the sum of all goods, leaving nothing more to be desired? Jesus addresses this question in his sermon on the mount. The heart of Jesus' message is that we can live a very happy life. The call to holiness, to be saints who joyfully pursue God's will for their lives, can be found in these eight beatitudes. Jesus' beatitudes sum up our calling or vocation - to live a life of the beatitudes. The word *beatitude* literally means "happiness" or "blessedness".

God gives us everything that leads to true happiness

What is the significance of Jesus' beatitudes, and why are they so central to his teaching? The beatitudes respond to the natural desire for happiness that God has placed in every heart. They teach us the final end to which God calls us, namely the coming of God's kingdom (Matthew 4:17), the vision of God (Matthew 5:8; 1 John 2;1), entering into the joy of the Lord (Matthew 25:21-23) and into his rest (Hebrews 4:7-11). Jesus' beatitudes also confront us with decisive choices concerning the life we pursue here on earth and the use we make of the goods he puts at our disposal.

Jesus' tells us that God alone can satisfy the deepest need and longing of our heart. Teresa of Avila's (1515-1582) prayer book contained a bookmark on which she wrote: *Let nothing disturb you, let nothing frighten you. All things pass - God never changes. Patience achieves all it strives for. Whoever has God lacks nothing -God alone suffices.*
Is God enough for you? God offers us the greatest good possible - abundant life in Jesus Christ (John 10:10) and the promise of unending joy and happiness with God forever. Do you seek the *highest good*, the total good, which is above all else?

The beatitudes are a sign of contradiction to the world's way of happiness

The beatitudes which Jesus offers us are a sign of contradiction to the world's understanding of happiness and joy. How can one possibly find happiness in poverty, hunger, mourning, and persecution? Poverty of spirit finds ample room and joy in possessing God as the greatest treasure possible. Hunger of the spirit seeks nourishment and strength in God's word and Spirit. Sorrow and mourning over wasted life and sin leads to joyful freedom from the burden of guilt and spiritual oppression.

God reveals to the humble of heart the true source of abundant life and happiness. Jesus promises his disciples that the joys of heaven will more than compensate for the troubles and hardships they can expect in this world. Thomas Aquinas said: *"No one can live without joy. That is why a person deprived of spiritual joy goes after carnal pleasures."* Do you know the happiness of hungering and thirsting for God alone?

Fr Allan

PARISH ACTIVITIES

TEAS AFTER MASSES

TEAS after masses in the Don Bosco Hall:

After 9am Mass every Sunday.

After 11am Mass once a fortnight

CHILDREN'S LITURGY

This takes place during the Liturgy of the Word at the 11am Mass.

CHRISTIAN MEDITATION SESSIONS

Every Thursday at 4pm in the Day Chapel (Session lasts about 30 minutes).

OVER 60's BINGO CLUB

The over 60's Bingo Club, run by SanKTus, takes place on Tuesdays morning at 10 am. All parishioners and friends in our local community are most welcome to join us and there is the chance of winning a cash prize!
The programme is as follows:
Refreshments – 10.40am,
Bingo 11.00 – 12.00 pm,
Two Course Meal -12noon –1pm.
There is a charge of £5 to cover all activities.

WILLS & LEGACIES

Have you consider making a legacy gift in your Will in favour of Our Lady Help of Christians?
To find out more about the difference a legacy gift can make, please take a leaflet or visit https://rcdow.org.uk/donate/gift-in-wills/

CATECHISM CLASSES 2027

First Holy Communion

Child is on year 3 or above. The enrolment for First Holy Communion is open, the application forms are available from the priest after all Sunday Masses on each weekend in October, starting next weekend. Deadline to return forms: Sunday 1st November.

RCIA 2027

Adult over 18 years old seeking to be baptised or you are missing a sacrament such as, communion or confirmation the RCIA (Rite of Christian Initiation of Adults) is for you. Please get the application form from the priest at the end of weekend Masses, starting next weekend. Deadline to return forms: Sunday 1st November.

CONTACTLESS

Our Machine is not working, please donate by scanning the QR code with your phone.

MASS INTENTIONS

Date	Time	Intention
Sat 31st	**6:00 pm**	For the People of the Parish
Sun 1st	**9:00 am**	Mass offered for the Holy Souls
	11:00 am	James Nelson (RIP)
Mon 2nd	**7.00 pm**	**Holy Souls**
Tue 3rd	**10:00 am**	Book of Remembrance
Wed 4th	**10:00 am**	Anna O'Brien (RIP)
Thu 5th	**10:00 am**	Book of Remembrance - School Mass (Yr 6)
Fri 6th	**10:00 am**	Maria Tran (P.I.)
Sat 7th	**6:00 pm**	Yiu Ming Chow (RIP)

MONTH OF THE HOLY SOULS

November is the month traditionally dedicate to the Holy Souls. It is part of our Catholic culture and faith to have Masses offered for the dead. The Mass is the greatest prayer that we offer to God when the very Act of Redemption, Christ's death and resurrection, are made present again on the altar and bread and wine become the reality of our Lord's body, blood, soul and divinity.

Having Mass offered is a way of showing our love both for the living and the dead. The death of a family member or friend does not end our relationship with them and we can help them gain heaven through the offering of the Mass and our prayers.

Envelopes with a list where to write the names of your beloved will be left at the back of the church for you to take. Please remember to include a donation for the offering of Mass. As mentioned before, the donation given is supposed to keep a priest for the day which includes his meals etc. The diocese have stipulated that this should be at least £10.

OLHC GOSPEL CHOIR

After a successful performance at the Castlehaven celebrations, we are making plans for performances at Christmas.

Please feel free to join us in every Tuesday at **6.45 pm**, in the hall on Falkland Road.

SUNDAY MASS READINGS

Scan the QR code with your Phone