

Our Lady Help of Christians

4 Lady Margaret Road, London, NW5 2XT

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Website: https://parish.rcdow.org.uk/kentishtown/
The parish is part of Westminster Roman Catholic Diocesan Trust (WRCDT)



32ND SUNDAY IN ORDINARY TIME **8TH NOVEMBER 2026**

PARISH TEAM

Parish Priest
Fr Allan Alvarado Gil
allanalvarado@rcdow.org.uk

Parish Secretary
Liliana Bragadin
kentishtown@rcdow.org.uk

Parish office open:

Mon - Thu
10:00am - 12:00md

Safeguarding Officer
Claire Betts
kentishtownsg@safeguardrcdow.org.uk

Morning Prayer:
Tue - Fri: 10:00 am

Exposition:
Fri: 10:45am - 11:15 am

Masses Times:
Tue - Fri: 10:15 am

Masses during the week are celebrated in the daily Chapel

Saturday: 6:00 pm
Sunday: 9:00 am (Sung Mass)
11:00 am (Family Mass with Children's Liturgy)

Church opening hours:

Tuesdays to Fridays
9:30 am to 4.00 pm

LAST WEEK COLLECTION
£ 344.79

STANDING ORDERS OCTOBER
£ 3833.36

CONTACTLESS INCOME OCTOBER
£ 0

Thank you!

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Registered Charity No: 233699

Here is the bridegroom! Come out to meet him.
(Mt 25:1-13)

Meditation: Are you missing out on what's most important in life? Being unprepared can lead to unnecessary trouble and even disaster! What good is a life-jacket left on the shore when the boat is sinking? Jesus' story of ten single ladies waiting for a wedding procession in the middle of the night seems strange to most westerners today. But Jesus' audience knew all too well how easily this could happen to them.

Don't miss the most important engagement of all
Wedding customs in ancient Palestine required extra vigilance and preparation for everyone involved. (Some near eastern villages still follow this custom.) The bride and groom did not go away for their honeymoon, but celebrated for a whole week with their family and friends. It was the custom for the groom, in company with his friends, to come at his discretion and get his bride and bring her to their new home. They would take the longest route possible so that many villagers along the way could join in the wedding procession. Once they arrived and closed the doors, no one else could be admitted. If the groom decided to come and bring his bride at night, then lights were required by necessity to guide the travellers through the dark and narrow streets. No one was allowed on the village streets at night without a lamp!

The consequences of being unprepared to meet the Lord
Jesus warns us that there are consequences for being unprepared. There are certain things you cannot obtain at the last moment. For example, students cannot prepare for their exams when the day of testing is already upon them.

When the Lord Jesus comes to lead you to his heavenly banquet will you be ready to hear his voice and follow? Our eternal welfare depends on our hearing, and many have trained themselves to not hear. We will not be prepared to meet the Lord, face to face, when he calls us on the day of judgment, unless we listen to him today. The Lord invites us to feast at his heavenly banquet table. Are you ready?

Fr Allan



Congratulations, Davide, on another milestone towards the Permanent Deaconate.

On Saturday 24th of October 2026 at 12:00 md, Bishop Paul McAleenan celebrated a mass for 6 candidates for the Permanent Deaconate, among them our brother Davide Renna (last person on the left)

After the propaedeutic year, which is an introductory year to discernment of his vocation to become a permanent deacon.

Davide Renna has been formally admitted to the permanent deaconate, and now Davide will enter in a 3-to-4-year program in theology, scripture, liturgy and pastoral studies.

Our Lady Help of Christians parish will accompany your journey with our prayers.

DIOCESE ACTIVITIES

SICK & RETIRED COLLECTION

The Sick & Retired Priests' Fund collection is next week

The second collection next week will be for the sick and retired priests of our Diocese. Most priests offer their resignation at 75, but many continue to serve in our schools, hospitals, hospices and parishes. Caring for our brother priests in their senior years, or at a time of illness, is a part of the mission of our diocese. By supporting the Sick & Retired Priests' Fund, you can help cover essential costs and give them peace of mind that in the event of an emergency, their needs will be met.

You will find a donation envelope at the back of the church today. Please take one home, and bring it back next weekend with your donation. You can make a one-off donation or you can set up a regular gift and become a **Patron** by completing section 4 on the envelope form. You can also donate online at **rcdow.org.uk/SRP** – or scan the QR code on the poster with a phone camera to give online. Please continue to pray for the wellbeing of all of our clergy: active, retired and ill. Thank you.

PARISH ACTIVITIES

TEAS AFTER MASSES

TEAS after masses in the Don Bosco Hall:

After 9am Mass every Sunday.

After 11am Mass once a fortnight

CHILDREN'S LITURGY

This takes place during the Liturgy of the Word at the 11am Mass.

CHRISTIAN MEDITATION SESSIONS

Every Thursday at 4pm in the Day Chapel (Session lasts about 30 minutes).

FREE HOT LUNCH SERVICE

SanKTus offers a free hot lunch service to all-comers on Sunday afternoon at 2pm and a sandwich service on Wednesdays. Prospective volunteers to help with any part of this activity are invited to get in touch with Richard Mallon at sanktus.welfare@gmail.com

REPOSITORY

The repository is open on Sundays from 10:30-12:00.

CONTACTLESS

Our Machine is not working, please donate by scanning the QR code with your phone.

MASS INTENTIONS

Date	Time	Intention
Sat 7th	6:00 pm	Yiu Ming Chow (RIP)
Sun 8th	9:00 am	For the People of the Parish
	11:00 am	Joe Kissane (RIP)
Tue 10th	10:00 am	Book of Remembrance
Wed 11th	10:00 am	
Thu 12th	10:00 am	Book of Remembrance - School Mass (Yr 5)
Fri 13th	10:00 am	
Sat 14th	6:00 pm	

MONTH OF THE HOLY SOULS

November is the month traditionally dedicate to the Holy Souls. It is part of our Catholic culture and faith to have Masses offered for the dead. The Mass is the greatest prayer that we offer to God when the very Act of Redemption, Christ's death and resurrection, are made present again on the altar and bread and wine become the reality of our Lord's body, blood, soul and divinity.

Having Mass offered is a way of showing our love both for the living and the dead. The death of a family member or friend does not end our relationship with them and we can help them gain heaven through the offering of the Mass and our prayers.

Envelopes with a list where to write the names of your beloved will be left at the back of the church for you to take. Please remember to include a donation for the offering of Mass. As mentioned before, the donation given is supposed to keep a priest for the day which includes his meals etc. The diocese have stipulated that this should be at least £10.

OLHC GOSPEL CHOIR

After a successful performance at the Castlehaven celebrations, we are making plans for performances at Christmas.

Please feel free to join us in every Tuesday at **6.45 pm**, in the hall on Falkland Road.

WILLS & LEGACIES

Have you consider making a legacy gift in your Will in favour of Our Lady Help of Christians?
To find out more about the difference a legacy gift can make, please take a leaflet or visit https://rcdow.org.uk/donate/gift-in-wills/

SUNDAY MASS READINGS

Scan the QR code with your Phone