The Priest shows the host to the people and says:
Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed. 

The Communion Antiphon
Ps 30: 20
How great is the goodness, Lord, that you keep for those who fear you. After the distribution of Holy Communion a sacred silence may be observed or a psalm, hymn or canticle of praise may be sung.

Prayer after Communion
Renewed by this bread from the heavenly table, we beseech you, Lord, that, being the food of charity, it may confirm our hearts and stir us to serve you in our neighbour. Through Christ our Lord. Amen. 

THE CONCLUDING RITES
Announcements may be made. Then: Priest: The Lord be with you. All: And with your spirit. May almighty God bless you, the Father, and the Son, ♦ and the Holy Spirit. Amen. Then the Deacon, or the Priest, says: Go forth, the Mass is ended. Or: Go and announce the Gospel of the Lord. Or: Go in peace, glorifying the Lord by your life. Or: Go in peace. Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn

Stand

Cf. Ps 85: 3, 5
Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you. All make the Sign of the Cross as the Priest says: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Greeting
The Priest greets the people, saying: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Or: Grace to you and peace from God our Father and the Lord Jesus Christ. Or: The Lord be with you. Or: The people reply: And with your spirit. Or: The Mass of the day may be introduced.

Penitential Act
The Priest invites the faithful to repentance, followed, after a brief pause, by one of the Penitential Acts:
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, through my thoughts and in my words, in what I have done and in what I have failed to do, And, striking their breast, they say: through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God. Or: Have mercy on us, O Lord. For we have sinned against you. Show us, O Lord, your mercy. And grant us your salvation. Or: Have mercy on us, O Lord. You were sent to heal the contrite of heart: Lord, have mercy. Or: Kyrie, eleison. Lord, have mercy. Or: Kyrie, eleison. You came to call sinners: Christ, have mercy. Or: Christe, eleison. Christ, have mercy. Or: Christe, eleison. You are seated at the right hand of the Father to intercede for us: Lord, have mercy. Or: Kyrie, eleison. Lord, have mercy. Or: Kyrie, eleison. The absolution by the Priest follows. The people reply: Amen. If the ‘Kyrie, eleison’ has not been said or sung, it is said or sung now.

The Gloria
Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect
God of might, giver of every good gift, put into our hearts the love of your name, so that, by deepening our sense of reverence, you may nurture in us what is good and, by your watchful care, keep safe what we have nurtured. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.
Thanks be to God.

I could not bear it. The effort to restrain it wearied me, imprisoned in my bones. Then there seemed to be a fire burning in my heart, I will not speak in his name any more.'

For us men and for our salvation
For us men and for our salvation
For our sake he was crucified under Pontius Pilate,
For our sake he was crucified under Pontius Pilate,
his death was and was buried,
and was raised again on the third day in accordance with the Scriptures.
and rose again on the third day in accordance with the Scriptures.
and is seated at the right hand of the Father.
and is seated at the right hand of the Father.

I believe in one, holy, catholic and apostolic Church.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.
and the life of the world to come. Amen.

The Eucharistic Prayer
The Eucharistic Prayer
The Lord be with you.
The Lord be with you.
We lift them up to the Lord.
We lift them up to the Lord.
We offer you the sacrifice of praise and proclaim:
We offer you the sacrifice of praise and proclaim:

The Homily
The Homily
I believe in God,
I believe in God,
and I look forward to the resurrection of the dead.
and the life of the world to come.

The Nicene Creed
The Nicene Creed
I believe in one God,
I believe in one God,
the Father Almighty.

The Prayer of the Faithful
The Prayer of the Faithful
Let us give thanks to the Lord our God.
Let us give thanks to the Lord our God.

The Prayer of the Faithful
The Prayer of the Faithful
We proclaim your Death, O Lord, and profess your Resurrection
We proclaim your Death, O Lord, and profess your Resurrection

The Liturgy of the Word
The Liturgy of the Word
First Reading
A reading from the prophet Jeremiah 20:7-9
You have seduced me, Lord, and I have let myself be seduced;
you have overpowered me: you were the stronger.
I am a daily laughing-stock, everybody’s butt.
Each time I speak the word, I have to howl and proclaim: ‘Violence and ruin!’
The word of the Lord has meant for me insult, derision, all day long.
So I will bless you all my life.

Second Reading
A reading from the letter of St Paul to the Romans 12:1-2
Think of God’s mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

The Word of the Lord. Thanks be to God.

Psalm
Ps 62:2-6,8-9. R. v2
O God, you are my God, for you I long;
for you my soul is thirsting.
O God, you are my God, for you I long;
for you my soul is thirsting.

R) For you my soul is thirsting, O Lord my God.
R) For you my soul is thirsting, O Lord my God.
R) For you my soul is thirsting.
R) For you my soul is thirsting.
In your name I will lift up my hands.
In your name I will lift up my hands.
My body pines for you like a dry, weary land without water.
My body pines for you like a dry, weary land without water.

So I gaze on you in the sanctuary
to see your strength and your glory.
So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
For your love is better than life,
my lips will speak your praise.
my lips will speak your praise.
So I will bless you all my life,
your name I will lift up my hands.
So I will bless you all my life,
your name I will lift up my hands.
My soul shall be filled as with a banquet,
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.
my mouth shall praise you with joy.

The Apostles’ Creed
The Apostles’ Creed
I believe in one Lord Jesus Christ,
I believe in one Lord Jesus Christ,
the Father almighty,
the Father almighty,
Creator of heaven and earth,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
born of the Virgin Mary,
suffered under Pontius Pilate,
suffered under Pontius Pilate,
was crucified, died and was buried;
was crucified, died and was buried;
he descended into hell;
he descended into hell;
on the third day he rose again from the dead;
on the third day he rose again from the dead;
he ascended into heaven,
he ascended into heaven,
and is seated at the right hand of God
and is seated at the right hand of God
the Father almighty;
the Father almighty;
from there he will come to judge the living and the dead.
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
I believe in the Holy Spirit,
the holy catholic Church,
the holy catholic Church,
the communion of saints,
the communion of saints,
the forgiveness of sins,
the forgiveness of sins,
the resurrection of the body,
the resurrection of the body,
and life everlasting. Amen.
and life everlasting. Amen.

The Prayer of the Faithful
The Prayer of the Faithful
Response example: Lord, in your mercy.
Response example: Lord, in your mercy.
Hear our prayer.
Hear our prayer.

After the concluding prayer all say: Amen. Sit
After the concluding prayer all say: Amen. Sit

The Liturgy of the Eucharist
The Liturgy of the Eucharist
The offerings are brought to the altar.
The offerings are brought to the altar.
A hymn may be sung.
A hymn may be sung.
If the Priest says the two prayers of offering aloud the response both times is:
If the Priest says the two prayers of offering aloud the response both times is:
Blessed be God for ever.
Blessed be God for ever.
The Priest completes additional personal preparatory rites, and the people rise as he says:
The Priest completes additional personal preparatory rites, and the people rise as he says:
Pray, brethren (brothers and sisters),
Pray, brethren (brothers and sisters),
that my sacrifice and yours may be acceptable to God,
that my sacrifice and yours may be acceptable to God,
the almighty Father.
the almighty Father.
The people reply:
The people reply:
May the Lord accept the sacrifice
May the Lord accept the sacrifice
at your hands
at your hands
for the praise and glory of his name,
for the praise and glory of his name,
for our good
for our good
and the good of all his holy Church.
and the good of all his holy Church.

Prayer over the Offerings
Prayer over the Offerings
May this sacred offering, O Lord, confer on us always the blessing of salvation, that what it celebrates in mystery may accomplish in power.
May this sacred offering, O Lord, confer on us always the blessing of salvation, that what it celebrates in mystery may accomplish in power.
Through Christ our Lord.
Through Christ our Lord.
Amen.
Amen.

The Eucharistic Prayer
The Eucharistic Prayer
The Lord be with you.
The Lord be with you.
And with your spirit.
And with your spirit.
Lift up your hearts.
Lift up your hearts.
We lift them up to the Lord.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
Let us give thanks to the Lord our God.
It is right and just.
It is right and just.

The Priest continues with the Preface and concludes with the people, singing or saying aloud:
The Priest continues with the Preface and concludes with the people, singing or saying aloud:
Holy, Holy, Holy Lord God of hosts.
Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Heaven and earth are full of your glory.
Hosanna in the highest.
Hosanna in the highest.

The Eucharistic Prayer continues until the priest says:
The Eucharistic Prayer continues until the priest says:
The Priest continues with the Preface and concludes with the people, singing or saying aloud:
The Priest continues with the Preface and concludes with the people, singing or saying aloud:

The mystery of faith.
The mystery of faith.
The people continue, acclaiming one of the following:
The people continue, acclaiming one of the following:
We proclaim your Death, O Lord, and profess your Resurrection until you come again.
We proclaim your Death, O Lord, and profess your Resurrection until you come again.

Or:
Or:
When we eat this Bread and drink this Cup,
When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
we proclaim your Death, O Lord,
until you come again.
until you come again.

Or: