Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

The Priest concludes the Eucharistic Prayer saying alone:
Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: Amen.

The Communion Rite
Stand
The Priest invites all to join in the Lord’s Prayer:
Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

The Priest continues alone:
Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, through our partaking in this mystery, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ. For the kingdom, the power and the glory are yours now and for ever.

The Priest says:
Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. Amen.

The Deacon, or the Priest, adds:
Let us offer each other the sign of peace.

The Priest shows the host to the people and says:
Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

The Priest or other minister says to each communicant:

Communion Antiphon
Bar 5:5;4:36 Jerusalem, arise and stand upon the heights, and behold the joy which comes to you from God.

After the distribution of Holy Communion a sacred silence may be observed or a psalm, hymn or canticle of praise may be sung.

Prayer after Communion
Stand
Replenished by the food of spiritual nourishment, we humbly beseech you, O Lord, that, through our partaking in this mystery, you may teach us to judge wisely the things of earth and hold firm to the things of heaven. Through Christ our Lord. Amen. Amen.

THE CONCLUDING RITES
Announcements may be made. Then:
Priest: The Lord be with you. All: And with your spirit.
May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

Then the Deacon, or the Priest, says:
Go forth, the Mass is ended. Or:
Go and announce the Gospel of the Lord. Or:
Go in peace, glorifying the Lord by your life. Or:
Go in peace.
Thanks be to God.

THE INTRODUCTORY RITES
Entrance Antiphon or a hymn. Stand

O people of Sion, behold, the Lord will come to save the nations, and the Lord will make the glory of his voice heard in the joy of your heart.

All make the Sign of the Cross as the Priest says:
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Greeting
The Priest greets the people, saying:
The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

Or:
Grace to you and peace from God our Father and the Lord Jesus Christ.

Or:
The Lord be with you. The people reply: And with your spirit.
The Mass of the day may be introduced.

Penitential Act
The Priest invites the faithful to repentance, followed, after a brief pause, by one of the Penitential Acts:
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do.
And, striking their breast, they say: through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Or:
Have mercy on us, O Lord. For we have sinned against you. Show us, O Lord, your mercy. And grant us your salvation.

Or:

THE LITURGY OF THE WORD
First Reading
A reading from the prophet Isaiah
40:1-5,9-11
‘Console my people, console them,’ says your God. ‘Speak to the heart of Jerusalem and call to her that her time of service is ended, that her sin is atoned for, that she has received from the hand of the Lord double punishment for all her crimes.’
A voice cries, ‘Prepare in the wilderness a way for the Lord. Make a straight highway for our God across the desert. Let every valley be filled in, every mountain and hill be laid low, let every cliff become a plain, and the ridges a valley; then the glory of the Lord shall be revealed and all mankind shall see it; for the mouth of the Lord has spoken.’
Go up on a high mountain, joyful messenger of Zion.
Shout with a loud voice, Joyful messenger of Jerusalem.
Shout without fear, say to the towns of Judah, ‘Here is your God.’
Here is the Lord coming with power, his arm subduing all things to him.
The prize of his victory is with him, his trophies all go before him.
He is like a shepherd feeding his flock, gathering lambs in his arms, holding them against his breast and leading to their rest the mother ewes.
The Lord will make us prosper and our earth shall yield its fruit.
Justice and peace have embraced.
The prize of his victory is with him, his arm subduing all things to him.
Mercy and faithfulness have met; here is the Lord coming with power, his glory will dwell in our land.
‘Here is your God.’
Say to the towns of Judah, ‘Shout without fear, joyful messenger of Jerusalem.
A voice cries in the wilderness:
Prepare a way for the Lord, make his paths straight, and all mankind shall see the salvation of God.
Alleluia!
Gospel
Mark 1:1-8
The beginning of the Good News about Jesus Christ, the Son of God. It is written in the book of the prophet Isaiah:
Look, I am going to send my messenger before you; he will prepare your way.
A voice cries in the wilderness: Prepare a way for the Lord, make his paths straight, and so it was that John the Baptist appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. All Judaea and all the people of Jerusalem made their way to him, and as the people were baptised by him in the river Jordan they confessed their sins. John wore a garment of camel-skin, and he lived on locusts and wild honey.
In the course of his preaching he said, ‘Some one is following me, someone who is more powerful than I am, and I am not fit to kneel down and undo the strap of his sandals. I have baptised you with water, but he will baptise you with the Holy Spirit.’
The Gospel of the Lord.
Praise to you, Lord Jesus Christ.
The Homily
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.
He came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.
Or:
The Apostles’ Creed
I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.
The Prayer of the Faithful
Response example: Lord, in your mercy. Hear our prayer.
After the concluding prayer all say: Amen. Sit

The Liturgy of the Eucharist
The offerings are brought to the altar. A hymn may be sung.
If the Priest says the two prayers of offering aloud the response both times is: Blessed be God for ever.
The Priest completes additional personal preparatory rites, and the people rise as he says:
Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.
The people reply:
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.
Prayer over the Offerings
Be pleased, O Lord, with our humble prayers and offerings, and, since we have no merits to plead our cause, come, we pray, to our rescue with the protection of your mercy. Through Christ our Lord. Amen.
The Eucharistic Prayer
The Lord be with you.
And with your spirit.
The Priest begins:
The Lord be with you.
The Priest replies:
The Eucharistic Prayer continues until the priest concludes with the people, singing or saying aloud:
Lord, in your mercy. The people reply:
Lift up your hearts. The Eucharistic Prayer continues until the priest concludes with the people, singing or saying aloud:
The Eucharistic Prayer concludes with the Preface and concludes with the people, singing or saying aloud:
Lord, in your mercy. The people reply:
Lift up your hearts. The Eucharistic Prayer concludes with the people, singing or saying aloud:
The Eucharistic Prayer concludes with the people, singing or saying aloud:
Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Kneel
The Eucharistic Prayer concludes until the priest says:
The mystery of faith.
And the people continue, acclaiming one of the following:
We proclaim your Death, O Lord, and profess your Resurrection until you come again.
Or:
When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.
Or: