When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

Or:

Save us, Saviour of the world, for your Cross and Resurrection you have set us free.

The Priest concludes the Eucharistic Prayer saying alone:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour are yours, for ever and ever.

The people acclaim: Amen.

The Communion Rite

Stand

The Priest invites all to join in the Lord’s Prayer:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done; on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

The Priest continues alone:

Deliver us, Lord, we pray, from every evil. The power and the glory are yours and the love of God, eternally, and for ever and ever. Amen.

The Priest says:

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. Amen.

The power of the Lord be with you always.

And with your spirit.

The Deacon, or the Priest, adds:

Let us offer each other the sign of peace.

The people reply:

And with your spirit.

The Priests shows the host to the people and says:

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

The Priest or other minister says to each communicant:


Each communicant answers: Amen.

The CONCLUDING RITES

Announcements may be made.

Then:

Priest: The Lord be with you. All: And with your spirit.

May almighty God bless you, the Father, and the Son, and the Holy Spirit. Amen.

Then the Deacon, or the Priest, says:

Go forth, the Mass is ended. Or: Go and announce the Gospel of the Lord. Or: Go in peace, glorifying the Lord by your life. Or: Go in peace. Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn. Stand

Cf. Ps 85:3,5

Have mercy on me, O Lord, for I cry to you all the day long. O Lord, you are good and forgiving, full of mercy to all who call to you.

All make the Sign of the Cross as the Priest says: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Greeting

The Priest greets the people, saying: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

Or: Grace to you and peace from God our Father and the Lord Jesus Christ.

Or: The Lord be with you.

The people reply: And with your spirit.

The Mass of the day may be introduced.

Penitential Act

The Priest invites the faithful to repentance: The Lord is my shepherd, I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He guides me in the paths of righteousness for his name’s sake. In the name of the Father, and of the Son, and of the Holy Spirit. Amen. The Lord be with you. The people reply: And with your spirit. The Mass of the day may be introduced.

Penitential Act

The Priest invites the faithful to repentance followed, after a brief pause, by one of the Penitential Acts:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, and, striking their breast, they say: through my fault, through my fault, through my grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Or: Have mercy on us, O Lord. For we have sinned against you. Show us, O Lord, your mercy. And grant us your salvation.

Or: You were sent to heal the contrite of heart: Lord, have mercy. Or: Kyrie, eleison. Lord, have mercy. Or: Kyrie, eleison. You came to call sinners: Christ, have mercy. Or: Christe, eleison. Christ, have mercy. Or: Christe, eleison. You are seated at the right hand of the Father to intercede for us: Lord, have mercy. Or: Kyrie, eleison. Lord, have mercy. Or: Kyrie, eleison.

The absolution by the Priest follows.

The people reply:

Amen.

If the ‘Kyrie, eleison’ has not been said or sung, it is said or sung now.

The Gloria

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

God of might, giver of every good gift, put into our hearts the love of your name, so that, by deepening our sense of reverence, you may nurture in us what is good and, by your watchful care, keep safe what you have nurtured. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.
Gospel Acclamation
Alleluia, alleluia!
By his own choice the Father made us his children by the message of the truth, so that we should be a sort of first-fruits of all that he created. Alleluia!

Gospel
Mark 7:1-8, 14-15, 21-23
The Lord be with you. And with your spirit.
A reading from the holy Gospel according to Mark.
Glory to you, O Lord.
The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unwashed hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, ‘Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?’ He answered, ‘It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture: “This people honours me only with lip-service, while their hearts are far from me.” The worship they offer me is worthless, the doctrines they teach are only human regulations. You put aside the commandment of God to cling to human traditions.’ He called the people to him again and said, ‘Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men’s hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, inadequacy, envy, slander, pride, folly. All these evil things come from within and make a man unclean.’
The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

The Homily
The Nicene Creed
I believe in one God, the Father almighty, creator of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Or:
The Apostles’ Creed
I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.