

## NEWSLETTER

6TH SUNDAY  
EASTER**MASS INTENTIONS****May 16, 2020**

6pm - Agnes Mary Last RIP

**May 17, 2020**

11am— People of the Parish

For weekday mass intentions please, see the notice board on the left hand side of the main door of the church.

*The church remains closed but masses continue to be offered behind the closed door.*

*Parish Office remains open. Please, contact us in case of any problem caused by the lockdown. We got a team of healthy people ready to help.*

**Keep my Commandments**

In our Gospel account, Jesus speaks about the Holy Spirit, he refers to the Holy Spirit as the Spirit of Truth. The Spirit reveals to me who I am- a child of God and God lives in me. It means that I hold the spark of the Divine! This raises the question If I hold this truth, have I asked of myself how do I feel and how should it affect my relationships since everyone has this spark and then ask how does it affect my relationship with God? In my prayer do I bring it to Jesus?

Honestly, in my early years, such concerns never crossed my mind. It's now looking back at my life that I begin to ask and reflect on such matters, and I can say in our secularised society, we do feel a sense of loss, but the Holy Spirit inspires and guides us into new and creative means of communicating the Good News. I don't need to depend on my own resources instead turn to God who has promised to help me, by sending the Holy Spirit. I must learn to be open to the Spirit. I do this by quietening myself down and allow God to teach me to see the world around me differently; Now I don't act alone instead I am accompanied by God's Holy Spirit.

Jesus speaks about being alive even after his death. I find He is alive for me in the love of others. love is evident in action and any activity can be tiring. Now I don't have to rely on my own resources but instead turn to God who has promised to help me, by sending the Holy Spirit. In this time of quiet, I train my heart to see the ways of God. I no longer act on my own but now I am accompanied by God's Holy Spirit.

*Fr. Christopher*

**Mary Agnes Last; Born 08-01-1948; Dies 11-05-2020**

Agnes or Aggie as she was affectionately known sadly passed away last Monday. She had a short battle with cancer.

Her's was a good life in the truest interpretation of that word. Aggie was kind, loving, generous, loyal, compassionate and magnanimous in nature. Her legacy will live on in the hearts and minds of everyone who knew and came in contact with her.

If we all join that external association to which we aspire, we won't be surprised in the least if there's a certain gentle woman welcoming us.

Agnes was preceded in death by her loving husband Stephen, her parents, sister Margaret and mother in law Ethel

To Martin, Stephen, Colin, Danielle, their partners, grandchildren, Agnes's sister Annie, her many brothers, their families, Al her brother in law and her extended family, we extend our deepest sympathies

The funeral takes place Friday 22nd May, family only in attendance. The funeral procession will stop outside Agnes home 137 Mellish Street for 10 minutes at 1pm.

**Spiritual Communion**

Jesus!

My God and my All  
my soul longs for thee.

My heart yearns to  
receive thee in  
Holy Communion, come, O Lord.

Bread of heaven and food of  
angels to nourish my soul  
heal my body and to rejoice my  
heart

come most lovable friend of my  
soul,

to inflame me with such love  
that I may never again be ever  
separated from thee. Amen

**Readings for this & next Sunday**

1st Reading; Acts 8: 5-8, 14-17  
Psalm 65: 1-7, 16, 20, response v 1  
2nd Reading - 1 Peter 3; 15-18  
Gospel – John 14; 15-21

1st Reading; Acts 1: 1-11  
Psalm 46: 2-3, 6-9, response v 6  
2nd Reading - Ephesians 1; 17-23  
Gospel – Mathew 28; 19-20

### ***Why We Keep the Commandments***

A Christian is a disciple of the Lord who keeps his commandments, and if not..Jesus has said openly: He cannot be my disciple.

A Christian seeks God's will, the happiness of others, and ...the Church's presence in today's world. A Christian loves the cross of Christ and carries it in his or her life. A Christian is a living Credo, continuing Jesus' work here on earth, and making the song of hope resound in the midst of the world's trials.

Whatever difficulties may arise, the Christian remains God's heir. For love of Christ, a Christian accepts hatred if it comes...

The Holy Spirit dwells in and enlightens a Christian. A Christian who is continually renewed makes Jesus' revolution of love alive in his or her life. With the Church, a Christian lives the Passion of Christ in union with Mary, in the midst of critics, opposition, and that suffering which is destructive.

In a word, a Christian is a faithful reproduction of the life of Christ who causes all who see him or her to say, 'There is Christ!'

*Venerable Francis Xavier Nguen Van Thuan*

### **Why Pray the Rosary?**

***THE BATTLE OF PRAYER.*** Unfortunately, we may not always fully enter into the mysteries of Christ, because we don't persevere in praying the Rosary. We forget that that, as the *Catechism of the Catholic Church* teaches, prayer can be a real battle. Sometimes the attacks in this battle are dryness in praying the Rosary. Well, we should keep praying it. Sometimes, as we get ready to pray the Rosary, we suddenly feel an aversion, fatigue comes over us, and our minds think of a million other things that have to be done. We should keep praying it. Sometimes, it's true, we do have pressing duties that are more important to attend to than praying the Rosary. But sometimes the things we "have" to do can be a temptation and poor excuse not to pray the Rosary. For instance, how much time do we waste on needless e-mail, social networking websites, television, and phone calls? Can't we cut out just 20 minutes from such time-wasting activity to pray the Rosary? Why is it so hard sometimes to break away and pray? Again, it's because prayer is a battle. Satan doesn't want us to enter into the power of the mysteries of the life of Christ. He wants us to stay complacent, lukewarm, and lazy. He wants us to be satisfied with mediocrity.

The mysteries of the life of Christ are powerful, and we can receive their power through praying the Rosary – but for this to happen, we need to pray it well. Here is what I am getting at: The battle of prayer does not always end when we make the Sign of the Cross and begin to pray the Rosary. The battle can continue, and too often when we pray the Rosary, we don't keep up the fight. We give into distractions. We do not ponder the mysteries. We let our minds wander. Of course, the distractions in prayer are common. But are we vigilant in at least trying to stay focused? Or are we just thinking about getting the Rosary over with so we can get back to "the more important things"? No, the Rosary is incredibly important, and we should strive to pray it even better. One way to help us pray it better is by reading John Paul's letter on the Rosary, which I mentioned earlier. Reading it will help renew our fervour for this grace-filled form of prayer. But before you go find his letter online, I'd like to end this section by saying a bit more about mysteries of the life of Jesus, which are the heart of the Rosary. *To be continued next week.*

### **Thank you.**

**I wish to take this opportunity to thank Dymphna and her volunteers and all those who volunteered from the parish Polish Community for cleaning the area near the school fence and the front of the Church. For mowing the 'so-called' Lawn ( which is the wilderness) the whole compound looks tidy, which is pleasing to the eye. To Dymphna and All the volunteers for giving up your precious time to help to clean the compound, thank you and God bless you all, Fr Christopher**