

## NEWSLETTER

4TH SUNDAY  
IN ORDINARY  
TIME**Saint Joseph Will Increase our Patience**

We, too, will experience trials in life, which will test our love and our patience. We may not like it but our patience is going to be tried. Not a day will go by where we will be given the opportunity to gain patience. God allows such trials in order for us to grow in virtue.

An area in our life where we can exercise the virtue of patience is by being merciful to others, especially when we know their faults. St Joseph lived with two perfect people, nevertheless, he must have encountered unpleasant and difficult people: employers, tax-collectors, co-workers, politicians; we too have had the experience of unpleasant people in our life. When we are confronted by such situations, we need to imitate the patience of St Joseph. Let us ask God for the grace to love our neighbour. So, we could be kind, peaceful, and merciful.

At the workplace, let us offer forgiveness for offenses. On the motorway, let us be courteous and patient. With members of our family and friends who can be difficult, let us be pleasant and merciful. Remember when we exercise patience and mercy it always brings about good. The person who is lovingly patient and merciful is always victorious, in this life and in the next!

He[St Joseph] was always imperturbable, even in adversities. Let us model ourselves after this sublime example and let us learn to remain peaceful and tranquil in all of life's circumstances. St Joseph Marelllo

*Fr. Christopher*

This weekend, on Sunday, we join together to celebrate Racial Justice, Equality and Diversity at a time where it is more important than ever. The effects of the Coronavirus pandemic and the powerful message on fraternity and equality by Pope Francis in Fratelli Tutti speaks of the need to actively oppose racism and pursue racial justice with renewed vigour. The theme is "A Time to Act". Racial issues and inequalities were identified nationally and internationally in 2020 generating awareness, emotion and outrage. In light of this Racial Justice Sunday 2021 is particularly significant and action is needed to further the cause of racial justice.

It is not enough to simply denounce racism. This is a time to act. In the words of the Holy Father: "This is a moment to dream big, to rethink our priorities—what we value, what we want, what we seek—and to commit to act in our daily life on what we have dreamed of. God asks us to dare to create something new."

**Pray the Rosary**

Our Holy Father, Pope Francis has requested us all to pray the Rosary for peace in the world and an end to the pandemic. To pray it individually or as a family. Thanks.

*Fr. Christopher*

**MASS INTENTIONS****January 30th, 2020**

6pm - Pro Populo

**January 21st, 2020**

9am—Sick & Housebound

11am— Deceased Priests of Westminster Dioces

For weekday mass intentions please, see the notice board on the left hand side of the main door of the church.

Confession  
only by appointment.

**ADORATION**

**Every Friday from 9.45  
until 1pm.**

**Everyone is invited**

**Spiritual  
Communion**

Jesus!

My God and my All  
my soul longs for thee.

My heart yearns to  
receive thee in

Holy Communion, come, O  
Lord.

Bread of heaven and food of  
angels to nourish my soul  
heal my body and to rejoice  
my heart  
come most lovable friend of  
my soul,

to inflame me with such love  
that I may never again be  
ever separated from thee.

**Readings for this & next Sunday**

1st Reading; Deuteronomy 18:15-20,  
Psalm 94; 1-2, 6-9 responsive v 9  
2nd Reading - 1 Corinthians 7: 32-35  
Gospel – Mark 1;21-28

1st Reading; Job 7:1-4, 6-7  
Psalm 146; 1-6, responsive v 3  
2nd Reading - 1 Corinthians 9: 16-19, 22-23  
Gospel – Mark 1;29-39

## Saint Joseph Adorer of Christ

Priests, monks, and nuns are privileged to experience something of what it would have been like to be St Joseph. Every monastery or convent has a tabernacle housing the divine presence; all tabernacles are basically a replica of Mary's bodily temple. It doesn't matter if the tabernacle is veiled or if the doors are closed: Jesus is still there. It was the same in the Holy House of Nazareth. God lived in Mary at all times, and St Joseph was perpetually in the presence of Jesus.

*The mark of the Christian is the willingness to look for the divine in the flesh of a babe in a crib, the continuing Christ under the appearance of bread on an altar.* Venerable Fulton Sheen

Mary, God's tabernacle, is replicated in every tabernacle in a Catholic church. What is often missing in front of these tabernacles, however, are souls who resemble St. Joseph—souls who adore Jesus present and hidden in the tabernacle. The Church needs more people like St Joseph.

*We must beg for good adorers; the Blessed Sacrament needs them to replace St Joseph and to imitate his life of adoration.* St Peter Julian Eymard

To be like St. Joseph, we too, need to adore Christ. We can go to the nearest Catholic church where Jesus is present. Body, Blood, Soul, and Divinity, in the Blessed Sacrament. The Eucharist is Jesus Christ. The Blessed Sacrament is the source and summit of the Christian faith and St Joseph wants to lead us to a deeper relationship with Jesus in the Eucharist.

St John Paul II, on a papal visit in 1997, visited the Shrine of St Joseph in Kalisz, Poland. He told all those gathered that, before each of his Masses, he prayed this prayer to St Joseph.

*O happy man, St Joseph, whose privilege it was not only to see and hear that God whom many a king has longed to see, yet saw not, longed to hear, yet heard not (cf. Mt 13:17), but also to carry him in your arms and kiss him, to clothe him and watch over him.*

*O God, who has conferred upon us a royal priesthood, we pray to you to give us grace to minister at your holy altars with hearts as clean and lives as blameless as that blessed Joseph who was found to hold in his arms and, with all reverence, carry your only begotten Son, born of the Virgin. Enable us this day to receive worthily the sacred Body and Blood of your Son, and equip us to win an everlasting reward in the world to come. Amen.*

Let us spend in the presence of Jesus in the Blessed Sacrament. Currently, every Friday here at the church we have Adoration, come and spend a few minutes in front of the Blessed Sacrament and pray. Jesus is present and He wishes for us to be another St Joseph for Jesus and Mary.

*When you visit the Most Blessed Sacrament, approach Jesus with love of the Blessed Virgin, St Joseph, and St John.* St Joseph Sebastian Pelczar.

*O Blessed Joseph, I adore with you the first words that came from the mouth of the Incarnate Word. I prostrate myself with you to kiss with reverence the first footprints left by his adorable feet. O infinite God, You became weak in order to give us strength; You desired to speak like other children in order to teach us the language of heaven! O blessed Joseph, inspire in me with your feelings for Jesus, and obtain for me the grace to love God like you. Amen* Blessed Bartolo Longo

[taken from Consecration to St. Joseph, by Donald H. Calloway, MIC] I have adapted it here.

*Fr. Christopher*

### **BAPTISMS can happen now on a Saturday morning or afternoon.**

Parents must attend a 2-session Baptism Formation Program (during pregnancy or after birth) – **Next baptismal course will be on 17 February 2021 at 7pm on Zoom**. Please, drop an email to the office to reserve your space. Later we will need your email address to invite you to join the session.

### **Providing digital support for housebound elderly during COVID 19**

St. Edmunds are delighted to offer isolated residents digital and telephone support. As the coronavirus continues, loneliness affects more people. Life can feel overwhelming. Reaching out to others may feel like a challenge at times, and knowing where to look for advice is sometimes hard.

Knowing where you can get help to cope with loneliness can be a lifeline such as where you can find help accessing essentials like prescriptions and food. Our signposting can offer advice about where to turn for financial help with money, rent and bills.

For more information on this service, please contact Dymphna Dale - Trained Befriender

on 07539 078 072 or email [Dymphasdesigns@aol.com](mailto:Dymphasdesigns@aol.com)

### **Made New by Christ's New Teaching**

We can hope for a truly renewed society only if people are renewed by the spirit of the Gospel. Wherever they may live or work, they will then live out their faith as they carry out their daily duties.

Lord, we realise that we have many faults.

But we also rejoice in the certainty

that when we fully live your Word

our imperfections are removed.

We are freed and renewed in every moment,

like a butterfly emerging from its cocoon.

Living your Word means to be another,

to act the part of Another who lives within us.

It means finding out true freedom

by being liberated from ourselves, our faults,

and our ego...

If we would nourish ourselves more frequently on the eternal words of God-words of wisdom which have overcome the world-we would experience a bath of healing water. We would emerge happier and more fulfilled, because of the mark of immortality printed in our souls...Jesus brings heaven to us on earth, and he speaks about what he has seen and heard...His words are *eternal*. A life spent intelligently is the one which translates the Gospel message into daily life, and whose supreme ideal is to incarnate the words of heaven.

*Servant of God Chira Lubich*

### **Those who might be in Need**

If you are aware of anyone who might be in need at this difficult time, do let the parish office know, by giving their details after having consulted with them. We can assist with food vouchers and one of our neighbours are willing to help with groceries. Do let us know if anyone might need help.

Thank you, Fr Christopher

**GARDEN PROJECT;** we want to launch a garden project in our parish. Our garden needs a complex approach. Each year we ask volunteers to come to help to clean it. But while cleaning it we dump a huge amount of organic matter out. If we could shred and to compost it instead of throwing away, we could reuse what is growing in the garden and put it back into the soil as compost. At the moment we do not own a garden shredder. We would very much like to buy one this season with a few other necessary garden tools. We can later share the shredder with our parishioners who have their own gardens. If you like the ecological approach to gardening and want to support us: please, donate in an envelope that you can find on the table in our porch: with GARDEN PROJECT on top of it or by your online banking with Garden as a reference..

We have collected : **£60 so far**. Thank you very much, Katherine

**VOLUNTEERS NEEDED TO CLEAN THE CHURCH.** If you can spare an hour or two monthly to help us to keep the church clean, please, contact the office to discuss details. Thank you.

### **Diocese of Westminster Roman Catholic Parish of St Edmund of Abingdon, Millwall 297 Westferry Road, Millwall. E14 3RS**

Telephone: 020-7987-4114; Email: millwall@rcdow.org.uk; <https://parish.rcdow.org.uk/millwall/>

**LAST WEEK'S COLLECTIONS:**      loose: £71.00      envelopes: £153.00      total: **£224.00**  
Standing orders in December **£3043.00**

As a charity we rely on your donations only. As you have not been allowed to come to the church, we only were receiving donations set up as standing orders. We will be grateful for your financial support when you are back.

Your new sets of gift aided envelopes are available for collection before/after any mass or from the office.

Alternatively you could sent your donation by bank. Parish account is on Parish Web.

**Thank you for your Generosity**

WRCDT Charity No: 233699

