

# NEWSLETTER

**14 SUNDAY  
IN ORDINARY  
TIME**

## Meek and Humble of Heart

Learn from me, for I am meek and humble of heart, and you will find rest for your souls. Our Lord is pleased to sum up in these two words, humility of heart and meekness, the whole Christian life and the whole of perfection. There is a very profound reason for this: humanity is the root of all Christian virtues and meekness is its flower. The practice of these two virtues, united to a fervent daily Communion will make charity, together with the gifts of the Holy Spirit and union with God, increase in us more every day. The sacrament of love-the most excellent of all-is the sacrament of the most intimate union: it contains Jesus Christ in person, while the other sacraments contain only his supernatural power and are ordered to the Eucharist as to their end. Communion is, therefore, the most perfect act of the interior life, and if we prepare ourselves for it with humility, zeal, and meekness, we shall find there the most efficacious means for union with God. While our body receives the body of Christ, our soul is united to his soul, our intelligence to his light, our heart to the ever burning sun of his love. Our Lord unites himself to us to assimilate us to himself, to make of us other Christs.

Every Communion that is not sacrilegious and sterile increases the degree of charity in us. Who then can measure the effects of daily Communion? If in Holy Communion we learn meekness and humility from the divine Master, together with zeal for the glory of God and the salvation of souls, we will find refreshment for our souls according to Jesus' promise. We will find an orderly peace and tranquillity, we will realise a harmony of soul which, when fully subject to God will receive his vivifying influence, there will be a harmony of body and soul, of the senses and the spirit. We will find peace and will be able to give it to others..

Lord give us the zeal with which your Sacred Heart burns; give us also a profound humility that makes us always adhere to you more while we become detached from ourselves; give us the meekness that will make souls accept what we say to them for the glory of your Father and for their own salvation Grant us a more intimate union with your Sacred Heart present in the Eucharist, and guide us towards that wholly divine configuration that will make us your brothers and sisters for eternity.

*Fr. Reginald Garrigou-Lagrange.*

## ST EDMUND PRIMARY SCHOOL 1873-2023

This year 2023 marks the 150<sup>th</sup> Anniversary of St Edmund's

We as a parish thank all those who have gone before us, by their efforts have made it all possible, in reaching this mile stone.

We thank the Head Teaches and staff who have worked tirelessly to prepare the young people for Secondary School and beyond. We thank too the priests who have served here in this parish and who have given their support to the staff and the school. Do continue to remember St Edmund Primary School in your prayers and we wish the school every success for the future.

Dear Friends,

A gentle reminder to those with young children attending 6 pm & 9am Masses. We have a sound system in our hall that enables you to listen to mass, should your child play up in the church. Thanks for your understanding.

## MASS INTENTIONS

### July 8th, 2023

6pm - Pro Populo

### July 9th, 2023

9am— Ints of Fr Christopher

11 am - Sandra Lashmar  
(B'day anniv)

For weekday mass intentions please, see the notice board on the left hand side of the main door of the church.

Confession on Saturday between  
5.15-5.45 pm  
or by appointment.

During next week  
we will have two  
morning masses:  
on Wednesday  
& Friday  
at 9.15 am

## Readings for this & next Sunday

1st Reading— Zechariah

9; 9-10

Psalm 144;1-2, 8-11, 13-14

response v 1

2nd Reading -

Romans 8:9, 11-13

Gospel – Matthew 11; 25-30

1st Reading— Isaiah

55: 10-11

Psalm 64; 10-14,

Response Luke 8;8

2nd Reading - Romans 8;18-23

Gospel – Matthew 13; 1-23

## India into Thy Hands

Please friends pray for the Christians in India, who are facing daily harassment and burning down of places of worship. Due to warped notion that India is Hindutva

Their object : Hindustan not India

Hinduism in Hindustan

Delete the word 'Secular' in the Constitution

Introduce an Anti-Conversion Bill with death sentence

To destroy Churches completely from Hindustan

To recruit 3Lakhs RSS Volunteers

To Target North East again & in Election

To convert Christianity to Hinduism at Maghalaya, Manipur, Mizoram & Nagaland

Zero Tolerance against Christians.

Please pray for India and for the Christians, offer a rosary for them. Thank you and God bless,

Fr Christopher

**Stella Maris** This weekend we remember seafarers around the world, whose life at sea can be challenging. They are often far from their families and loved ones for long periods of time, working long hours, and facing the threats of accidents, piracy and harsh weather conditions. When they come into port in a foreign land, they know one. Amid such challenges, Stella Maris provides hope and support to seafarers. The chaplains and volunteers offer friendship, and listening to their concerns. They assist them to contact their families back home, take them to Mass, or arrange for a priest to go on board, and even provide transport to local shops, and help to resolve problems of missing pay or substandard conditions. Just as Jesus offers rest to those who are burdened and weary. Stella Maris offers refuge and support to seafarers who are facing the challenges of life at sea. The chaplains and volunteers are the hands and feet of Jesus in this world, bringing comfort to seafarers. Please remember them in your prayers and give what you can to our second collection at all Masses. Thank you for your generosity. God bless.

**SEA  
SUNDAY  
2023**

## Give the gift of friendship today

Seafarers and fishers can lead hard and dangerous lives, surrounded by the ceaseless noise of machinery and relentless work. The need for rest is vital.

Your gifts can help them find respite and get the support they need.

**£20**

£20 could help a chaplain take a crew to a seafarers centre, or into town for a much needed break. Please donate now at [www.stellamaris.org.uk](http://www.stellamaris.org.uk)



Please donate online at [www.stellamaris.org.uk](http://www.stellamaris.org.uk)  
Or text **SEA** to **70460** to donate **£5**



STELLA MARIS



Dear Friends, I wish to thank Diane Winship and all the members of the parish Social Committee, for organising the our annual BBQ last Sunday 2<sup>nd</sup> July 23.  
A lot of effort went into the planning and preparing, not an easy task without the help of volunteers. Those that attended had a wonderful time. Thank you to all of you and God bless.





**Diocese of Westminster**  
**Roman Catholic Parish of St Edmund of Abingdon, Millwall**  
297 Westferry Road, Millwall. E14 3RS

Telephone: 020-7987-4114; Email: millwall@rcdow.org.uk; <https://parish.rcdow.org.uk/millwall/>



**Fr Christopher Silva**

*Parish Priest,*

**Mrs Katherine Woznicka**

*Parish Administrator*

**The office may be contacted by phone:**

**Monday to Friday 9am-2pm**

**Closed on Bank Holidays**

**Mrs Diane Winship**

Safeguarding Representative

**LAST WEEK'S COLLECTIONS:**

loose: £318.02 envelopes: £193.00 contactless collection last weekend: £490.00 total: **£1001.02**

Standing orders in February - **£5706.00**; , in March - **£3820**, in April **£4002**, in May - **£2533**

As a charity we rely on your donations only. As you have not been allowed to come to the church , we only were receiving donations set up as standing orders. We will be grateful for your financial support when you are back.

Your new sets of gift aided envelopes are available for collection before/after any mass or from the office.

Alternatively you could sent your donation by bank. Parish account is on Parish Web.

***Thank you for your Generosity***

WRCDT Charity No: 233699

**Altar Servers**

Those of our young people who made their First Holy Communion on 20<sup>th</sup> May 23; You are now eligible to become an Altar Server.

If interested, Give your details into the parish office, and we will arrange training for you. This would take place after the 11am Mass on Sunday.

Thank you, *Fr Christopher*

**Attention all parents who wish to baptise a child.**

Parents are asked to come to see Fr Christopher first. Next, they must attend a Baptism Formation Program (during pregnancy or after birth) – The date of the **next baptismal courses will be announced soon**. Please, drop an email to the office millwall@rcdow.org.uk if you are interested, Later we will need your email address to invite you to join the session on Zoom. Before you do the course you need to come to the office to buy a baptism pack (£10).

**BAPTISMS can happen now on Saturday morning or during any Mass (if number of guests are limited).**

Dear Friends, In light of the recent Audit carried out here at St Edmunds. We are looking for Volunteers who would be willing to count the collection immediately after the 11am Mass.

If interested please give your details via email to the parish office. You will be given training and you would be on a Rota.