

**PARISH OF ST CHARLES BORROMEO**  
**8 OGLE STREET, LONDON W1W 6HS**



**P. Priest:** Fr Oscar Ardila / Sr Pauline Forde  
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**Neocatechumenate:** Michael Anderson 07956281186  
**Confessions:** Tues to Fri at 12 noon before Mass  
**Masses:** Tues to Fri 12:30pm  
Thu 6pm  
Sat 8:15pm & Sun 9am & 11am

**FOURTH (MOTHERING) SUNDAY OF LENT 2026**



“ ‘Do you believe in the Son of Man? ... You are looking at him.’ ‘Lord, I believe.’ ”  
 John 9:35-38

**FEED ON THE WORD**

Searching the Scriptures, finding life!  
 Followed by Exposition, Vespers and Benediction.  
**Sunday 15 March 4:30 to 6:30pm**  
 Everyone is welcome!

*“I fear nothing, because of the promises of Heaven; for I have cast myself into the hands of Almighty God, who reigns everywhere.”* St Patrick

**Mass Schedule**

Sat 14 <sup>th</sup> March	8:15pm The Neocatechumenate Pro Populo
Sun 15 <sup>th</sup> March FOURTH SUNDAY OF LENT	9am Pat McDonagh 11am Alex & Oli & Veronica Choy
Mon 16 <sup>th</sup> March	NO MASS
Tue 17 <sup>th</sup> March St Patrick	12:30pm Betty Lynch RIP
Wed 18 <sup>th</sup> March	12:30pm Giovanna Bricca healing
Thu 19 <sup>th</sup> March St Joseph	12:30pm Deceased members of the Hampshire family 6pm Brigid Haggerty
Fri 20 <sup>th</sup> March	12:30pm Deceased members of the Ritchie family

**LENTEN APPEAL 2026** Thank you for contributing to **The Lenten Appeal** for Education, Youth and Evangelisation, Marriage and Family Life and Social Action across our Diocese. You can still donate using the QR code or visiting [www.rcdow.org.uk/LentenAppeal](http://www.rcdow.org.uk/LentenAppeal). Alternatively, there is a slot marked “Lenten Appeal” at the safe in the porch where you can post envelopes or donations. Thank you for helping our diocesan family to continue with this vital work.



Thank you for your donations to **The Little Sisters of the Poor**. We collected £320 which will help the sisters to continue to care for the elderly poor.

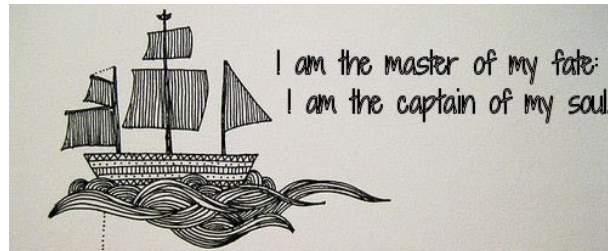
Your donation of non-perishable, in date food for the **Foodbank** is gratefully welcome.

Join our WhatsApp group to see the hymns we sing at our Sunday Masses..



**During Lent:** **Morning Prayer:** Monday to Friday 6:30 to 7:20am in the Crypt  
**Wednesday Word:** 10:30 to 11:30am on Wednesdays  
**Adoration of the Blessed Sacrament:** 11:30 am to 12:20pm Tuesday & Thursday.  
**Stations of the Cross:** Friday after Mass

# You Are Free



*Beloved,*

... The wise priest said to me, "You are free".

I had been mourning because I did not have enough time to pray. "You are free." That was his answer. "You can really choose whether you have breakfast or not. What are your priorities as to how you spend your time".

This is almost always true and often taken for granted but every time we vent our anger, indulge our laziness, our judgements, self-pity, resentment or any other sinful passion, we are making a choice.

True, our wills are wounded. We often fail to do what we would like to do and end up doing the very thing we would rather not do, as St Paul says in Romans 7. We are enslaved by fear, as Hebrews 2:14 says. But even the most helpless of wills is partly free. The powerless is always free to surrender his life into the hands of the Almighty.

This is why faith is indispensable if one wants to be free to do things one finds impossible to do on one's own strength.

A famous poet said, "*I am the master of my fate. I am the captain of my soul.*" This is true. Yet it is also true that "*you are dust and unto dust you shall return.*"

One alone is the master that can turn dust into glory; the captain that can lead the soul to Life. Wise souls freely choose to surrender their fate into the hands of this master and to invite Him to be the captain of their souls.

Their ship is then equipped with sails propelled by the wind of the Spirit; the captain issues infallible directions; the master can be trusted at all times. But you remain always the helmsman that turns the wheel. If you want, the Lord heals and elevates your freedom. He never takes it away. It is in your power to sink the ship or lead it to a safe harbour. The fact that unfailing help is always offered augments your responsibility. It does not take it away. On this depend your merit or your fault, your dignity and the epic dimensions of the task entrusted to your care: you are free.

*To Oscar,*