



# St. Vincent de Paul (Osterley) Newsletter

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This parish is part of the Westminster Roman Catholic Diocese Trustee  
Registered Charity No. 233699



**21<sup>st</sup> February 2021 1<sup>st</sup> Sunday of Lent** Yr B Vol. 1



**Genesis 9:8-15. God's covenant with Noah after he had saved him from the waters of the flood.** After the great Flood, God made a promise never to bring such destruction on the world again. We still live under that generous and gracious promise.

**PSALM 24:** Your ways, Lord, are faithfulness and love for those who keep your covenant.

**1 Peter 3:18-22. That water is a type of the baptism which saves you now.** As the waters of the Flood wiped out the evil of the world, and carried Noah and his family to safety, so the waters of baptism wash us clean from sin and bear us to salvation.

**ACCLAMATION BEFORE THE GOSPEL (during Lent):**  
*Praise to you O Christ, King of Eternal Glory.*

**Mark 1:12-15. Jesus was tempted by Satan, and the angels looked after him.**

Jesus calls us to repentance, but not without himself having endured temptation for forty days in the wilderness.

**Fr. Robin Burgess has prepared a homily for today, which is available on the parish website in the section entitled 'Homilies/Pastoral letters 2021'**

**FACE COVERINGS ARE MANDATORY IN THE CHURCH FOR THE DURATION OF YOUR VISIT. PLEASE ENSURE THAT YOUR NOSE AND MOUTH ARE COVERED.**

**THE CHURCH IS OPEN FOR PRIVATE PRAYER ON TUESDAY & THURSDAY FROM 11AM-NOON, AND SATURDAY FROM 9-10AM.**

**THE OFFICE IS CURRENTLY CLOSED TO THE PUBLIC TO LIMIT INTERACTION. ENQUIRIES CAN BE MADE BY TELEPHONE OR E-MAIL**

Dear Parishioners,

Together we begin what the church calls the "Joyful Season of Lent".

This year we are already fasting from many of the activities we enjoy. Perhaps we could consciously call this season to mind each time we are frustrated by the pandemic restrictions and offer it as part of our Lenten Fast.

Many people are already helping neighbours. We also have to bear charitably with each other during lockdown. Think of these as Lenten Good Works.

This year we can also support Cafod's Fast Day collection and the Cardinal's Appeal which does great work in our diocese. If you have saved money

not going out this past year perhaps you can support these worthy causes.

I am especially fond of prayers which fit in to our day naturally, such as a Morning Offering, Grace before Meals, the Angelus and Bedtime prayers. Perhaps you would like to try some of these during Lent. We also have an online Lenten Retreat on Sunday afternoons, Stations of the Cross on Tuesday Evenings and Saturday Mornings and of course daily and Sunday masses (all in a Covid secure environment).

This Lent as you Fast, Give Alms (Good Works) and Pray, be gentle with yourselves. Fr. Mark

**PARISH LENTEN RETREAT:** Parishioners are invited to a Lenten Retreat over 6 Sundays in Lent, from 4-5.15 p.m. beginning on 21/2/21. Full details are at the end of this newsletter and on the website in the section entitled Lent.

**STATIONS OF THE CROSS DURING LENT:**  
Tuesday evening after mass 7.30-8.00 p.m.  
Saturday morning before mass 9.30-10.00 a.m.

**CARDINAL'S LENTEN APPEAL:** This Lent, please support the Cardinal's Lenten Appeal and help provide food for children and families in our communities who are facing hunger. You could also support work to help our brothers and sisters come through the global pandemic stronger and better able to cope.

**You can collect a donation envelope as you leave the Church today. You may also donate in the wall safe at St. Anthony's chapel near the exit.**

**CAFOD FAMILY FAST DAY is on Friday 26 February:**

Lent is an opportunity to support our brothers and sisters who don't have enough to eat. On Friday you can give up a meal, or eat a simple meal in solidarity.

**Please collect a Fast Day envelope as you leave the church this week and give generously.**

There will be collected next Sunday.

**CAFOD LENT APPEAL:** Abdella lives in an extremely remote and mountainous part of Ethiopia. It takes him ten hours a day to collect water. He says his life is being wasted as he has no time for anything else. Please give today to reach vulnerable communities around the world with water and to provide other vital support. Please donate online at [www.cafod.org.uk/give](http://www.cafod.org.uk/give) or by using one of our envelopes.

You can also easily give via text.

Text LENT 5 to 70460 to give £5  
Text LENT 10 to 70460 to give £10  
Text LENT 20 to 70460 to give £20

Or Telephone: 0303 303 3030 to donate by phone.

*\*Texts cost £10 plus one standard rate message and you'll be opting in to hear more about our work and fundraising via telephone and SMS. If you'd like to give £10 but do not wish to receive marketing communications, text LENTNOINFO to 70460.*

*For more information, please see our Privacy Policy: [cafod.org.uk/Legal-information/Privacy-notice](http://cafod.org.uk/Legal-information/Privacy-notice)*

**JUSTICE & PEACE:**

Can you go the extra mile this lent and help Abdella and others like him?

This Lent CAFOD's focus is providing sources of clean safe water. Can you walk 10,000 steps and raise money to help CAFOD? You could join the Big Walk Sat 26<sup>th</sup> Feb – Fast Day or choose your own time. If walking isn't your thing, try jogging – or be a sponsor. More details can be found at the CAFOD website where you can sign up.

Do email the parish office if you are joining the Big Walk and let us know of your progress and final amount raised. Perhaps as a parish we can unite in achieving a positive result for those in desperate need. For more information visit:

[https://walk.cafod.org.uk/?gclid=EA1aIQobChMI1e3mb7S7gIViZ7tCh0zqQUPEAAAYASAAEgIV9\\_D\\_BwE](https://walk.cafod.org.uk/?gclid=EA1aIQobChMI1e3mb7S7gIViZ7tCh0zqQUPEAAAYASAAEgIV9_D_BwE)

**CAFOD ONLINE: Stations of the Cross beginning and every Friday during Lent - 11am.**

Walk through the Stations of the Cross online in a prayerful journey of transformation in solidarity with people living in poverty around the world. Join us as we meditate on Christ's journey to the cross, following themes of justice, poverty, mercy, friendship and hope.

[https://www.bigmarker.com/series/lent/series\\_su\\_mmit](https://www.bigmarker.com/series/lent/series_su_mmit)

**LENT EXTRA:** To prepare, we have copies of Lent Extra for sale in the lobby as you enter the church. and include interesting articles, 47 daily reflections, and prayers. Payment (£2.25) can be made in the Repository wall safe.

MASS TIMES & INTENTIONS 21-28 February 2021		
SUNDAY 21	9.00am	Francis Fernandez RIP
	11.30am	Lawson Hickman RIP (RD)
	6.00pm	Katherine Joseph RIP
Tues 23	7.00pm	Tony Coutinho RIP (Birthday Anniv)
Thu 25	7.00pm	Dr. Simon Zikri RIP
Sat 27	10.00am	John O'Shea RIP (RD)
SUNDAY 28	9.00am	Nora Carroll RIP (14 <sup>th</sup> Anniv)
	11.30am	Zbigniew Hermaszewski RIP (2 <sup>nd</sup> Anniv)
	6.00pm	Sabina Raman RIP

**OFFERTORY: Thank you for your generosity last week**

Loose Plate: Tba Envs: Tba Standing Orders: £1574.18

**Total: Tba**

**CURRENT LOCKDOWN:**

Osterley Parish remains open in a Covid secure way, providing a safe environment to worship. Employed cleaners and volunteers ensure that the church is sanitized and cleaned after every service and sessions of private prayer. Full details are on the website.

The removal of the Sunday obligation has meant that nobody should feel guilty if they do not attend Mass. This is especially applicable to the more vulnerable.

Please pray at home for the end of the spread of the virus and the distribution of the vaccine. We ask the intercession of St. Joseph, the protector of the Holy Family and the Church.

**ONLINE MASS BOOKING REQUIREMENTS:**

\* If you have booked a mass that you do not wish to attend, kindly text 078 9989 5483 to inform us and enable others to attend instead. This is especially requested where several places are being reserved and not going to be used.

\* Please say you wish to cancel or reduce the number of places, and provide the mass time.

\* Provide the original and reduced number of places (if reducing the booking) and the name used for the booking.

\*To increase a booking simply book another place if there is a space available.

\* If you develop symptoms of COVID-19, stay at home and self-isolate. If you have a positive test result but do not have symptoms, stay at home and

self-isolate as soon as you receive the results. Your household needs to isolate too.  
<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

#### **MASS REQUESTS:**

Mass intentions can be requested via e-mail, by ringing the parish office, or using a donation and gift aid envelope from the lobby.

Please leave a message and phone number if no response.

Offerings for masses can be made by cheque or cash deposited in the lobby drop safe, or by BACS transfer.

Minimum Diocesan recommendation is £10.

HSBC: Account No. 41095889 Sort Code: 40 05 20. Please reference e.g. Mass/date of Mass.

When masses are combined one offering will be given to the priest and the other to St. Anthony's fund for the poor.

**DONATIONS TO THE PARISH:** If parishioners wish to donate to the parish when they visit the church, please do so using the drop safe in the lobby. The parish appreciates that the ability of parishioners to contribute to our collections may have been adversely affected by the current pandemic. Please just give what you can. The safe can also be used for planned giving envelopes.

**PLANNED GIVING BOXES:** To request a box of envelopes please contact the Parish Bookkeeper Steve McEvoy. Email him at [osterleybk@rcdow.org.uk](mailto:osterleybk@rcdow.org.uk) T. 079 3278 3647

#### **READERS & EUCHARISTIC MINISTERS:**

Readers: Please inform the Priest or sacristan you have arrived at mass to read.

Eucharistic Ministers: Sign in on the noticeboard before mass if you can minister. One minister is currently required at each mass.

**Please sanitize your hands before and after signing in.**

#### **CERTIFICATE OF CATHOLIC PRACTICE:**

If you require a Certificate of Catholic Practice, email: [osterleyccp1@rcdow.org.uk](mailto:osterleyccp1@rcdow.org.uk)

This parish operates a system of Mass Attendance Cards. This is only applicable for parents who wish to send their children to a Catholic primary or secondary school. Attendance at 75% of masses at which stickers are given out will be deemed to comply with the conditions for receiving a Certificate of Catholic practice.

Mass attendance stickers were suspended from 15<sup>TH</sup> March 2020. Parents can apply to Catholic schools without a Certificate of Catholic practice but will usually be considered after those who possess one. Parents/Guardians should begin collating forms two years before the closing date for their child's application to Nursery, Reception, Secondary and 6<sup>th</sup> Form.

#### **PARISH OFFICE:**

The office is currently closed to the public to limit interaction. Enquiries can be made by telephone or you can e-mail [osterley@rcdow.org.uk](mailto:osterley@rcdow.org.uk)

**PARISH ADMINISTRATOR:** Mrs. L. Faria

**PLANNED GIVING CO-ORDINATOR:** Mr. Steve McEvoy

**PARISH BOOKKEEPER:** Mr. Steve McEvoy

E-mail: [osterleybk@rcdow.org.uk](mailto:osterleybk@rcdow.org.uk)

**300 CLUB:** Enquiries to Parish Office.

#### **ADMIN**

•**PARISH WEBSITE ADDRESS FOR ONLINE NEWSLETTER:**

<https://parish.rcdow.org.uk/osterley/>

•**PARISH REGISTRATION:** Please take a Welcome Pack from the lobby when. Completed Registration and Planned Giving forms should be posted through the door of the Parish house or dropped into the lobby safe. Thank you.

•**MARRIAGES:** 6 months' notice required. Please ring the office to arrange an initial discussion with Fr. Mark.

•**BAPTISM:** When restrictions are lifted, contact the office to arrange a baptism date and attend a course. Please complete a form (available in the lobby or online) and submit to the Parish Office.

#### **CONTACTS**

•**SAFEGUARDING REP:** Mrs. A. Trigger. Tel. 07764482186

Email: [osterleysg@safeguardrcdow.org.uk](mailto:osterleysg@safeguardrcdow.org.uk)

•**WEST MIDDX HOSPITAL RC CHAPLAIN:** Tel. 020 8321 544

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**Sunday 21 February 2021**

*Liturgical Colour: Violet.*

**Readings at Mass**

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**First reading: Genesis 9:8-15**

**'There shall be no flood to destroy the earth again'**

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

**Responsorial Psalm**  
**Psalm 24(25):4-6,7b-9**

*Your ways, Lord, are faithfulness and love for those who keep your covenant.*

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:  
for you are God my saviour.

*Your ways, Lord, are faithfulness and love for those who keep your covenant.*

Remember your mercy, Lord,  
and the love you have shown from of old.

In your love remember me,  
because of your goodness, O Lord.

*Your ways, Lord, are faithfulness and love for those who keep your covenant.*

The Lord is good and upright.

He shows the path to those who stray,  
He guides the humble in the right path,  
He teaches his way to the poor.

*Your ways, Lord, are faithfulness and love for those who keep your covenant.*

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**Second reading: 1 Peter 3:18-22**

**The water on which the Ark  
floated is a type of the  
baptism which saves you  
now**

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and

Dominations and Powers his subjects.

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**Gospel: Mark 1:12-15**

**Jesus was tempted by Satan,  
and the angels looked after  
him**

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom

of God is close at hand. Repent, and believe the Good News.'

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**ACT OF SPIRITUAL COMMUNION**

My Jesus, I believe that Thou art present in the Blessed Sacrament. I love Thee above all things and I desire Thee in my soul. Since I cannot now receive Thee sacramentally, come at least **spiritually** into my heart. ... I adore Thee in the Sacrament of Thy love, the ineffable **Eucharist**.

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**Our 2021 Lenten Journey**  
**Six Sunday's in Lent 4pm-5.15pm**

You are invited to attend a series of 6 Sunday Lenten reflections by zoom. You may attend one or more, or all 6 as your spiritual preparation for the season of Lent. The format will be a short talk by a guest priest/speaker, a short time to respond and reflect with opportunity to share in small groups. The session will end with a prayer. The meeting will take place online.

Feb 21- Week 1 *Lent begins- Setting out with the word*  
Fr Derek McGuire

Feb 28 -Week 2 *Lent as Renewal*  
Fr Robin Burgess

March 7 -Week 3 *Lent as Resting*  
Dr Suni Perera

March 14-Week 4 *Lent and honouring our Mothers*  
Ms Angela Docherty CEO-  
New Ways

March 21- Week 5 *Lent: The Source of our Hope*  
Fr Robin Burgess

March 28-Week 6 *Preparing for the Triduum: They did not understand these things at first*  
Fr Derek McGuire

**Lenten Reflections Zoom Link:**

<https://us02web.zoom.us/j/81044973865?pwd=VjBTVkovQXlaZlFUZTdiTzFLQ3U4QT09> Meeting ID: 810 4497 3865

Passcode: 007178

**GENERAL GUIDELINES FOR PARTICIPATING IN THE SMALL GROUPS**

1. Please do all you can to join us for the start of the call. It will help us all create a safe, welcoming holding environment for everyone. This includes having your video on, and having a settled and safe space to be still and engage in the session
2. Please extend a gracious welcome to others, and to yourself. It can be simultaneously life-giving and challenging, in one way or another, to be part of a group.
3. Our wish is that there's genuine freedom. Nobody is required to speak or say anything in particular about themselves. Every invitation to speak and participate is just that: an invitation. Passing or staying quiet is perfectly acceptable.
4. Please give your fullest, kindest, warmest attention to the person speaking. Just listen, knowing that they don't need advising, fixing, or saving. Many times, it's our being together with full attention that is most helpful.