

## Supporting the nutritional and educational programme for children and mothers in Nariokotome in Turkana, Kenya

New Ways education programme in Turkana seeks to support children all the way from nursery to further education. Education is recognised in the developed world as the single most influential factor that benefits the economic and social wellbeing of a country and its people. This is also the case in Turkana. We believe access to education at all levels is key to the empowerment and eventual independence of the communities we support. This includes nursery schools; mother and child classes; health and hygiene education; and diet including providing students with meals to improve their wellbeing but also knowledge about nutrition in the wider community.

This project is linked to both the Nariokotome Mother and Child Centres and Agricultural activities in Nariokotome run by our partner organisation. The main purpose is to improve the nutrition, health and education of the children in the area of Nariokotome. This is achieved by supplementing nutritional, agricultural and educational skills to children and their mothers.

The 357 children attending the 6 Mother and Child Centres in the area of Nariokotome will significantly improve their living standards as a result. This is especially the case for the children and their mothers but also their wider families.

There are currently 110 children attending the St Peter's Mother and Child Centre in Nariokotome. There are 67 girls and 43 boys between the ages of 3 to 6 years attending these nursery schools.



The activities and objectives to successfully deliver the aims of the project at St Peter's are:

- Provision of two daily meals to 110 children, providing a balanced diet, and reducing acute child under-nutrition.
- Provide a good learning environment for the children, improving their ability to read and write, use of English, and a rise of educational standards.

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Company Registration No. 2888488 Charity Registration No. 1035688

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- Improving the sanitation and hygiene of the community, especially the children and their mothers.
- Promote agriculture in the Mother and Child Centres, providing vegetables and fruit for the children and their mothers, and encouraging agriculture in the wider community to improve nutrition and offer alternatives to solely relying on cattle for nutrition.
- Empower the mothers of the children who attend the Centres by teaching them agriculture and soap making to provide income generation opportunities.



The St Peter's Mother and Child Centre have a great impact and benefits for the 110 children who attend the nursery schools as well as their mothers, and the wider community. The support received from St Vincent's is critical to this success.

Providing a good balanced diet to the children aged between 3 and 6 years, ensuring that they are not hungry, makes it much more likely that they are then able to develop and benefit from education, while improving their health. The agriculture initiatives and economic opportunities ensure the benefits extend to the mothers of the children and the wider community.

Overall it costs £15 per child a month to attend our nurseries. A contribution of £86 will feed a child two meals a day at St Peter's Mother and Child Centre for a year. £40 will pay the salary of a teacher for a week. For more information, please watch our amazing video on YouTube [https://youtu.be/MD-W5wKfhNI/si=rlxYdx\\_2Bdkag-ct](https://youtu.be/MD-W5wKfhNI/si=rlxYdx_2Bdkag-ct). Contact [angela@newways.org.uk](mailto:angela@newways.org.uk) if you would like to support the project monthly. Many thanks



To make a difference to the lives of these children please use this QR code

Or use this link <https://www.justgiving.com/campaign/stvincents2025>