**Live Streaming** of Mass at Holy Cross Church, is available via

[**https://www.churchservices.tv/parsonsgreen**](https://www.churchservices.tv/parsonsgreen)

and also the parish website

[**http://www.holycrosschurchparsonsgreen.org.uk**](http://www.holycrosschurchparsonsgreen.org.uk/)

for the:

**6.30pm** Vigil Mass on Saturday

**11.15am** Mass on Sunday

**9.30am** Masses on Monday, Tuesday, Thursday and Friday**.**

This means that parishioners and many others will be able to participate at Mass from a distance during the lockdown period.

During the Mass, you are encouraged to make an act of Spiritual Communion at Holy Communion time.

Obviously, this does not replace the actual physical reception of the Holy Eucharist, but can be a moment of intense personal prayer.

*‘My Jesus, I believe that you are truly present in the most Blessed Sacrament. I love You above all things and desire to receive You into my soul. Since I cannot now receive You sacramentally, come spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. I fervently ask, never let me be parted from You. Amen.’*

Church opening times for Private Prayer during Lockdown

**Sunday** – from 10am to 11am, and between 12 Noon and 1pm

**Monday, Tuesday, Thursday, Friday and** **Saturday** – between 10am and 12 Noon

*Please note: Church will be closed all day on Wednesday*