

WESTMINSTER DIOCESE PILGRIMAGE TO LOURDES 2022
22nd - 29th July 2022

Plans for the Westminster Diocesan Pilgrimage to Lourdes from 22nd to 29th July 2022 are well under way and it is important to know who intends to travel with Westminster Diocese and in what capacity. For this reason, an Expression of Interest Form is available for completion either in paper copy (from the parish office) or online via: <https://forms.rcdow.org.uk/lourdes-pilgrimage-2022-expression-of-interest/> on the Westminster Diocese Pilgrimages webpage.

Given the fraught difficulties that independent travel might unexpectedly incur, it is suggested, and by some, even recommended under the current climate, that all Westminster participants opt to travel together as one body of pilgrims to Lourdes, possibly with the same travel operator and, that every traveller possess the appropriate travel insurance product e.g. with Tangney Tours (01732 88 6666). This type of policy offers cover for the potential eventualities which may occur with travelling abroad, and more especially if a Covid-19 related medical incident or other were to occur.

For those who wish to travel to Lourdes with the diocese, the organisers of the Westminster Pilgrimage to Lourdes would very much appreciate it if you could kindly complete the Expression of Interest Form – either online or by paper copy – and return it as soon as you can.

Please remember to tick 'Yes' or 'No', and to read and sign the Privacy Statement before returning the form, and note, the completion of the Expression of Interest Form does not constitute a commitment to make a booking. [NB: If you are a registered practising Doctor or Nurse please make this known on your form and also on your booking form should you choose to travel with the Diocese of Westminster on Pilgrimage.]

ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY
Westminster Cathedral, Saturday 14th May 2022 at 3pm

The Cardinal is inviting to this Mass all couples in the Diocese, who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) Wedding Anniversary of Catholic Marriage in 2022. If you are celebrating an anniversary, please send the following details to the Parish Office (perivale@rcdow.org.uk): husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

LITURGY TIMES THIS WEEK

Masses will be offered for the following intentions:

Saturday	5	Mass	6.30pm	Christian Harris and Shannen Baker (on their wedding)
Sunday	6	Masses at	9.30am	In thanksgiving for all favours received
			11.30am	People of the Parish
Monday	7	Mass	10.00am	Sean Gilhooley RIP
Tuesday	8	Mass	10.00am	Martial D'Colyse RIP
Wednesday	9	No Masses		
Thursday	10	Mass	10.00am	-
Friday	11	Funeral Mass	10.00am	-
Saturday	12	Mass	6.30pm	James Hughes RIP (Anniv) Agnes Keaveny RIP (Anniv) Nora Keigher RIP
1st SUNDAY of LENT				
Sunday	13	Masses	9.30am	-
			11.30am	Julian Hains RIP



Exposition of the Blessed Sacrament & Confession - Saturday 12th March

Fr Agustin will be away next weekend therefore, there will be no Holy Hour nor Confession on Saturday.

Please pray for: John McCarthy, Mary Dykes, Clare Ashton, Jo Dearlove, Malgorzata Myrkowa, Terril Park, George and Gabriel Brum, Chris Keeffe, David Newbert, Teresa Oatway, Stanley Cummins, Avit Castillo, Avelina Pelaez Siddiqi, Marlene Lock, Maria Wales, Suzanne Acton, Carl Bryan,
for those who have died recently: Michael Lavin, Rita, Talbutt, Ann Marie Coughlan, Michael Delaney, Julian Hains, Sandra Warner, Remo Losi, Timothy Mulcahy, Margaret Ratray, Blanca Crisanti, Elsa Robertson, Teresa Gannon, Carlos Pereira, Anne Wilson,
and for those whose anniversaries occur about this time: Teresa Warner, Eugene Garcia, Margaret Power, Michael McDonagh, Daniel Byrne, Thomas Martin, John McGovern, Catherine Woods, Giovanni Sozzi, William De Noronha, Michelle Morais, Kathleen Stocker, Nora O'Neill, Maria Felisa Wood, Jose Fernandes, Julia Caulfield, Mavis Hamid, Patrick Dee, Josef Sautschak, Pat Galvin and Imre 'Jim' Horvath.



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Follow us on: [Instagram@ST.JOHN FISHER PERIVALE](#)

YouTube Channel: [St John Fisher RC Church Perivale - YouTube](#)

1st SUNDAY OF LENT - YEAR C

Deuteronomy 26:4-10 Romans 10:8-13 Luke 4:1-13

6th March 2022

Parish Mass Book p.153

CARDINAL'S LENTEN APPEAL 2022

HEAT or EAT?

Help those facing this choice.

This year, we celebrate 10 years of Caritas Westminster, the social action agency of the Diocese, working with parishes to restore hope, and enable people to lead a life of dignity. Funds raised in this year's Cardinal's Lenten Appeal will be shared between parishes and Caritas Westminster.

The effects of the pandemic are making daily life harder for all. Price rises mean many families face an impossible choice: HEAT or EAT?

The Church is responding, with thousands of people putting their faith into action by serving those in need. Cardinal Nichols has expressed his gratitude to everyone who supports the Appeal, with whatever they can afford. Just as a mosaic is made up of many different coloured pieces, each one unique, each person's contribution to this mosaic of hope will bring light into the lives of people across our Diocese.

Please take a donation envelope available in the lobby and return it during Lent. Alternatively, you can use the QR code that is on the envelope or posters in the lobby to make your donation online.

**We are very conscious that the impact of Covid-19 is still being felt by everyone
and we greatly appreciate your generosity at this time.**

CAFOD FAST DAY

Friday 11th March

Amie's daughter Lombeh was so tiny that doctors thought she was unlikely to survive. But Amie never gave up. A small act of love from kind strangers who pointed Amie to Sister Anthonia's clinic made a life-saving difference. Amie took Lombeh for check-ups at the clinic every day. With the help of local experts like Sister Anthonia and Amie's dedication and hope, Lombeh recovered and has grown into a healthy young girl. Amie is also teaching the food-making techniques she learnt from the Sisters to other new mothers in her community.

With your help, CAFOD can reach even more new mums like Amie with expert training in sustainable farming, advice on nutrition and healthcare. With your donations, CAFOD can reach communities around the world and help them to grow and reach their full potential.

Please pick up a donation envelope available in the lobby and return it next week. Alternatively, you can scan the QR code on the envelopes or the posters and donate online.

Thank you for your generosity at this time.

CAFOD's Walk Against Hunger Lent challenge

There are 200 million children in the world whose lives are at risk from malnutrition. This Lent, challenge yourself to walk 200km, and help give hunger its marching orders. Do 5k a day, your way, for 40 days, get sponsored and you'll conquer your 200km target in time for Easter – and help people around the world to live free from hunger. To find out more or take part, go to cafod.org.uk/walk.

NEXT WEEKEND WE WELCOME THE SPIRITANS TO OUR PARISH

Next weekend we welcome to our parish **Fr Oliver Ugwu**, a Holy Ghost Father from the Spiritans. Fr Oliver will be celebrating each of the weekend Masses while Fr Agustin is away.

THE SPIRITANS

Today's Spiritans - Priests, Brothers, and lay Associates, owe their origin to a young French nobleman, Claude Poullart des Places, who founded the Congregation of the Holy Spirit, in Paris, in 1703. Born in 1679 to a noble family from Rennes in Northwest France, Claude de Places gave up a potential career as a lawyer and, with a profound concern for the poor, he decided to become a priest.

While studying for the priesthood he opened a hostel for poor seminarians, who with him dedicated themselves to the Holy Spirit on Pentecost Sunday 1703.

They bonded themselves as an 'association of friends' with a 'one heart and soul' (Cor Unum et Anima Una) solidarity, and pledged to be a special breed of 'tomorrow's labourers' ready to take on any work, however unrewarding, for which the Church was having difficulties in finding ministers. They were proud to call themselves 'Spiritans'. Two years after his ordination Claude died of pleurisy at the age of 30 in 1709. But the foundation flourished for more than a century until the impact of the French Revolution began to stifle it.

Francis Mary Paul Libermann would later rejuvenate the struggling Congregation of the Holy Ghost when he was elected its superior general in 1848. Francis Libermann was born in 1802, the son of a Jewish rabbi in Alsace. He converted to Catholicism after a long period of agnosticism and went on to study for the priesthood.

He suffered from epilepsy, a medical condition that for long hindered his progress to the priesthood. He did not give up. He had the dream of establishing a society for the care and education of freed slaves. He was ordained in 1841 and the same year opened the novitiate of the new society, "the Society of the Holy Heart of Mary". In 1848 he led his society to merge with the faltering Spiritans. The new new society was called the "Congregation of the Holy Spirit, under the Protection of the Immaculate Heart of Mary", with Libermann as its Superior General.

"We are a Roman Catholic Religious Congregation founded in 1703. Over 300 years on, over 3000 professed and lay Spiritans, drawn from all continents, today carry out their mission of evangelization in more than 60 countries throughout the world"

Our mission is the evangelisation of the "poor" (Lk 4:18). Therefore we, Spiritans, go especially:

- ◆ to peoples, groups and individuals who have not yet heard the message of the Gospel or who have scarcely heard it.
- ◆ to those whose needs are the greatest, and to the oppressed.
- ◆ we willingly accept tasks for which the Church has difficulty in finding workers.
- ◆

The Spiritan option for the poor involves a solidarity which brings us to share in the world of the marginalized. "When we opt for the poor, we opt not for poverty as such, but for people who are unjustly poor."

**During each Mass, Fr Oliver will be making a Mission Appeal.
We ask that you kindly make a donation as you leave Mass next weekend.**

GETTING MARRIED?

For those planning to get married this year, please note that the diocese requires at least six months notice to allow adequate preparation and time to gather all the documentation required. This is particularly relevant for couples who are planning to marry in a Catholic Church abroad. If you are planning a wedding, please speak to Fr. Agustin as soon as possible.

MARRIAGE COURSE 2022

March 2022

There will be a Marriage Course here at St. John Fisher Church in March. The Joy-Filled Marriage programme will consist of just 4 sessions this year. Each session from 7.30pm - 9.00pm

**March: Thursdays 10th, 17th and 24th
 Saturday 26th for the last session**

Please contact the parish by Tuesday if you would like a place on the Marriage course.

DATES FOR THE DIARY

Friday 11th	Stations of the Cross (led by the CAFOD team)	7.00pm	Church
Saturday 12th	First Holy Communion programme (Saturday group) - Lesson 2	5.00pm	Parish Room
Monday 14th	First Holy Communion programme (Monday groups) - Lesson 2	3.30pm	School
Tuesday 15th	Confirmation Course - Session 2	7.00pm	Church
Friday 18th	Stations of the Cross (led by the Post-Confirmation group)	7.00pm	Church
Friday 25th	Stations of the Cross	7.00pm	Church

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FR AGUSTIN - SURGERY HOURS

If you would like to see Fr Agustin in person next week, Father will be available on:

Tuesday 8th	6.30pm - 8.00pm
Friday 11th	11.00am - 1.00pm

Please contact the parish office if you would like to book an appointment.

PREPARING FOR LENT

During Lent we prepare ourselves for the Great Three Days: Maundy Thursday, Good Friday and Holy Saturday (14th-16th April). Below are some suggestions for how we can prepare:

- **Use the prayer and reflection resources available**
Copies of the 'My Day by Day' booklet, with daily reflections and prayers, are available in the church lobby (£1 per copy)
If you are unable to come to the church and would like to receive a copy at home, please ask a friend to pick one up for you or contact the parish office.
- **Come to Mass during the week**
Our weekday Masses are at 10.00am on Monday, Tuesday, Thursday and Friday.
- **Spend time in prayer and reflection with the Blessed Sacrament**
The Blessed Sacrament is exposed every Monday after the 10.00am Mass and on Saturdays between 5.00pm-6.00pm
- **Follow the Stations of the Cross in the church**
Every Friday during Lent at 7.00pm, starting on Friday 4th March, come to the Stations of the Cross here in the church. Each week a different group of parishioners will lead the stations.

Keep Lent and Lent shall keep you!

TEAS & COFFEES

Volunteers Needed

Having a tea/coffee after Mass is a great way to socialise and get to know other parishioners within the community. We would like to resume teas & coffees after the Sunday 9.30am Mass but, in order to do so, need volunteers to help set up the parish room before Mass, serve and then clear away afterwards.

If you can spare some time on Sunday morning to help with teas and coffees, please contact the parish office and let Ana know. Once we have sufficient volunteers we can set up a rota and resume teas and coffees.

CHILDREN'S LITURGY

During the 11.30am Mass / Volunteers Needed

The Children's Liturgy group is for children aged 3-8, (who have not yet made their First Holy Communion). During each group session the children will participate in about 30 minutes of prayer, readings and activities, specially tailored to their age group. The children then return to the church for the Offertory procession and then, towards the end of Mass, one of them will be invited to explain to the congregation what they have learned during the liturgy. Our aim is to make the children's experience of church a meaningful one, helping them to grow in the faith of the Catholic Church and develop as active members of our Parish Community.

If you would like your child to attend Children's Liturgy on Sundays during the 11.30am Mass, please speak to Fr. Agustin or Ana so that we can gauge the level of interest.

**In order to have a Children's Liturgy group we need volunteers who can help plan and deliver the sessions. Training and resources will be provided and previous experience is not essential, but we need volunteers who are strong practicing Catholics and who will be committed to helping with these sessions.
If you are interested in finding out more, please speak to Fr Agustin or Ana.**