

THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



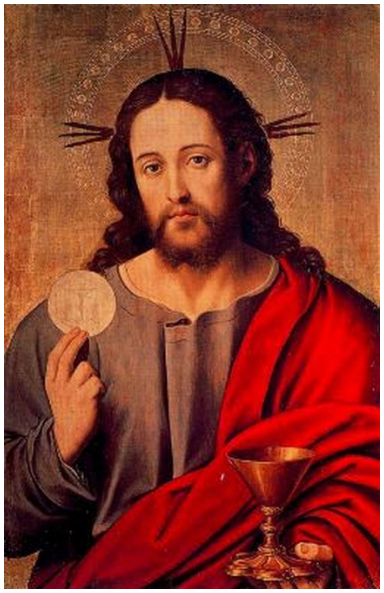
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NEWSLETTER for the 20th Sunday in Ordinary Time 2024

Exposition of the Blessed Sacrament:
Saturday 10:30am - 11:30am
at Poplar
First Fridays 6.00pm - 7.00pm
at Poplar

Baptisms
By appointment. Usually at 1pm on Saturdays.

Parish Office
Tue – Fri, 10.00am – 2.30pm



Confessions:
Saturday 10:30am - 11:15am
at Poplar
Saturday 5.15pm - 5.45pm
at Poplar
1st Fridays 6.00pm - 6.45pm
at Poplar
or by appointment

Marriages
Six months' notice is normally required.

Sat 17th Aug	20th Sunday in Ordinary Time (Vigil)	6.00pm	Poplar	Private Intention
Sun 18th Aug	20th Sunday in Ordinary Time	10.00am 12noon	Poplar Limehouse	The People of the Parish The People of the Parish
Mon 19th Aug	Feria Week 20			No Mass
Tue 20th Aug	St Bernard, Abbot, Doctor	10.00am 12.30pm	Poplar Canary Wharf*	Sr Breda Bresnihan (RIP) No Mass
Wed 21st Aug	St Pius X, Pope	10.00am	Poplar	Patrick Pauling (RIP 1st Ann)
Thu 22nd Aug	The Queenship of BVM	10.00am	Poplar	David Stacey (B'day anniv)
Fri 23rd Aug	St Rose of Lima	10.00am	Poplar	Sr Margarita Byron (RIP)
Sat 24th Aug	St Bartholomew	10.00am	Poplar	Peace

* = In the multi-faith prayer room in the Churchill Place Shopping Centre opposite the post office.

MASS THIS SUNDAY – 20th Sunday in Ordinary Time (Year B)

First reading Proverbs 9:1-6

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city's heights: 'Who is ignorant? Let him step this way.' To the fool she says, 'Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.'

Response to the Psalm Taste and see that the Lord is good.

Second reading Ephesians 5:15-20

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but you redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

Gospel Acclamation Jn6:56

Alleluia, alleluia!
He who eats my flesh and drinks my blood lives in me, and I live in him, says the Lord.
Alleluia!

Gospel John 6:51-58

Jesus said to the crowd: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

Hymns for Sunday 10am at Poplar		**Hymns for Sunday 12noon at Limehouse**	
Entrance	960 Guide Me O Thou Great Redeemer	Entrance	803 Love is his word
Offertory	643 Gifts of bread and wine	Offertory	643 Gifts of bread and wine
Communion	625 Bread for the World	Communion	633 Eat this bread
Recessional	629 I am the Bread of Life	Recessional	772 Lord Jesus Christ

Next Sunday is the 21st Sunday in Ordinary Time (Year B)