

THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



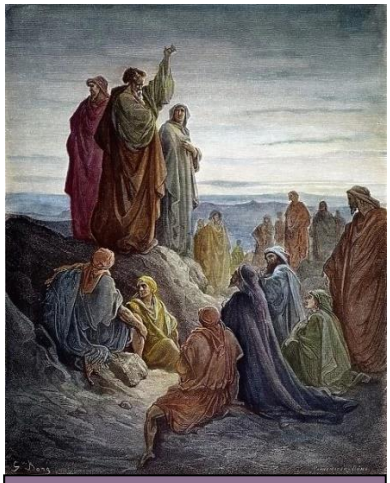
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NEWSLETTER for the 26th Sunday in Ordinary Time 2024

Exposition of the Blessed Sacrament:
Saturday 10:30am - 11:30am
at Poplar
First Fridays 6.00pm - 7.00pm
at Poplar

Baptisms
By appointment. Usually at 1.00pm on Saturdays.

Parish Office
Tue - Fri 10.00am - 2.30pm



The Apostles Preaching, wood engraving after Gustav Dore

Confessions:
Saturday 10:30am - 11:15am
at Poplar
Saturday 5.15pm - 5.45pm
at Poplar
1st Fridays 6.00pm - 6.45pm
at Poplar
or by appointment

Marriages
Six months' notice is normally required.

Sat 28th Sep	26th Sunday in Ordinary Time (Vigil)	6.00pm	Poplar	Mark & Edna Hill *(Int.)*
Sun 29th Sep	26th Sunday in Ordinary Time	10.00am 12noon	Poplar * Limehouse	Nicole Duviane *(Int.)* Gil Cortez *(Ann.)*
Mon 30th Sep	Funeral of Joan Aiken	10:30am	Limehouse	Joan Aiken RIP
Tue 1st Oct	St Therese	10.00am 12.30pm	Poplar Canary Wharf†	No Mass No Mass
Wed 2nd Oct	Holy Guardian Angels	10.00am	Poplar	Goveas Family *(Int.)*
Thu 3rd Oct	Feria Week 26	10.00am	Poplar	Joan Aiken *(RIP)*
Fri 4th Oct	St Francis of Assisi	10.00am	Poplar	Private Intention
Sat 5th Oct	Saturday Memoria of BVM	10.00am	Poplar	Peace

*= Teas and Coffees in the Guild Room each week after the 10am Sunday mass, all are welcome.

† = In the multi-faith prayer room in the Churchill Place Shopping Centre opposite the post office.

PLEASE PRAY FOR

Francis Charles, Zane Sullivan, Joan Aiken, Michael Hamilton, Eddie Cashman, who have died recently. Please also pray for, Rita Lovelace, Bernadette McSweeney, Doreen Maciejewski, Susan Mansfield, Sylma Simon, Frances Samuels, Polly-Blossom Veitch-Beackon, Gillian Wallace and Mary Jeffries who are all ill and for who died recently.

FORTHCOMING FUNERALS

Joan Aiken – **Monday 30th September at 10.30am at Limehouse.**

FIRST HOLY COMMUNION PROGRAMME

Applications for the programme have now closed. Parents and children who have enrolled are asked to attend the **10am Mass at Poplar on Sunday 6th October** at which the children will be formally welcomed.

CONFIRMATION PROGRAMME

Applications for the programme have now closed and our young people are thinking about the Christian Action projects which they would like to work on. As they will all be coming to mass every Sunday and getting more involved in the life our communities, you'll all be seeing more of them. Do pray for them and encourage them.

COMING INTO THE CHURCH OR RETURNING TO CHURCH

The first meeting for this year's RCIA programme will be at 7pm on **Tuesday 8th October** in the Guild Room. If you haven't done so already, please fill in an application form, available at the back of the church and **return it as soon as possible.**

SPECIAL MASS FOR THE HOUSEBOUND, SICK AND ELDERLY

On **Saturday 12th October at 11am** at St Mary & St Joseph, Poplar we will have a special mass with the anointing of the sick for the housebound, sick and elderly from both our parishes. Lunch will be provided in the Guild Room afterwards. Please let either Sr Christine or the Parish Office know if you or someone you know need transport or if you are willing to help with transport yourself.

CAFOD FAMILY FAST DAY

This coming **Friday 4th October** is CAFOD Family Fast Day, when we are invited to go without some food in solidarity and prayer for those who are forced to go without food regularly. This is a simple way to express our unity as the human family. On Friday evening at 6pm in the Guild Room at Poplar there will be a simple supper of soup and bread as a way of coming together in this act of solidarity. We are then invited to donate whatever money we might save, plus anything that we can give to the work of CAFOD, and so next Sunday there will be a special collection for CAFOD. Please pick up an envelope if you wish to gift aid your donation.

FRIDAY ADORATION

Because of the CAFOD supper, there will be no Adoration this coming Friday evening (which is the first Friday) but we will have it the following **Friday 11th October** instead.

NEIGHBOURS IN POPLAR

We have 5 tickets for the **Science Fair Exposition in Excel on Monday 14th October**. We are promoting this as a way of exciting our young people into the possibility of a Career in the new Life Science Laboratory being developed in Canary Wharf (the largest of its kind in Europe). We want to see some of our local people secure employment in this project!

Saturday October 5th COMMUNITY Consultation day in the Workhouse Centre, Poplar High St from 12noon to 4pm. Stalls welcome, information will follow. Please come and help us find ways to improve Community in Tower Hamlets, but in particular in Poplar. What can we do in this era of non-communication to build more care into our Estates, Schools, Streets or wherever we live??? Please come and have your say. Find out what is happening

RECENT FINANCIAL NEWS			
POPLAR OFFERTORY LAST SUNDAY			
Envelopes: £122.45	Loose: £362.02	Contactless: £229.00	Total: £713.47
STANDING ORDERS & ONLINE July: £738.34 August: £1'244.24			
LIMEHOUSE OFFERTORY LAST SUNDAY			
Envelopes: £35.00	Loose: £130.38	Contactless: £131.00	Total: £296.38
STANDING ORDERS & ONLINE July: £1,507.00 August: £1,507.00			
Sincere thanks for your continued generosity!			

FR ANDREW WRITES

Believe it or not, we are at the end of September already! Tuesday is the 1st October and October is the month of the Holy Rosary which is a great time for either taking up the Rosary again or trying it out for the first time. Sometimes I think people are a bit intimidated by the idea because either they don't know how to pray it or they think they might be doing it wrong. So the first thing that I would like to say is: 'don't worry.' Have a go anyway. The idea is simple. The rosary is made up of a series of decades and each decade consists of one Our Father, Ten Hail Marys and a Glory be to the Father… You can say just one decade or work your way all around the rosary beads and say five decades. There are four sets of mysteries which are like themes that you can think about while you pray the Hail Marys. There are five joyful mysteries, five glorious mysteries, five sorrowful mysteries and five luminous mysteries as set out below.

Joyful Mysteries	Glorious Mysteries	Sorrowful Mysteries	Luminous Mysteries
The Annunciation	The Resurrection	The Agony in the Garden	The Baptism of Jesus
The Visitation	The Ascension	The Scourging at the Pillar	Wedding at Cana
The Birth of Jesus	The Coming of the Holy Spirit	Jesus is Crowned with Thorns	Preaching the Kingdom
The Presentation	The Assumption	Jesus carries his cross	The Transfiguration
The Finding in the Temple	Mary Crowned Queen of Heaven	The crucifixion	The Institution of the Eucharist

Because of the repetitive nature of the Rosary, it can be a great way of giving us peace in a hectic life but it is also a wonderful way of asking for Our Lady's prayers. I find that when prayer is difficult or unappealing, having a clear intention to pray for is a great motivation and focus. Can I suggest an intention that all of us could take on and try to pray the Rosary for during October - the plight of migrants and the displaced around the world. This Friday is CAFOD family fast day, when we are asked not just to fast and raise money (see the note about the Family Fast Day soup supper on Friday and the Special Collection next Sunday) but also to pray for those suffering from poverty which is often linked to the displacement of people. This Sunday is also the World Day of prayer for Migrants and Refugees. So how about a challenge – try to pray the Rosary during October for Migrants and Refugees.

God bless you all

Fr Andrew

Items for the Newsletter should be given to Fr Andrew or Alessandro at the parish office by Wednesday evening for inclusion the following weekend.

MASS THIS SUNDAY – 26th Sunday in Ordinary Time (Year B)

First reading Numbers 11:25-29

The Lord came down in the Cloud. He spoke with Moses, but took some of the spirit that was on him and put it on the seventy elders. When the spirit came on them they prophesied, but not again. Two men had stayed back in the camp; one was called Eldad and the other Medad. The spirit came down on them; though they had not gone to the Tent, their names were enrolled among the rest. These began to prophesy in the camp. The young man ran to tell this to Moses, 'Look,' he said, 'Eldad and Medad are prophesying in the camp.' Then said Joshua the son of Nun, who had served Moses from his youth, 'My Lord Moses, stop them!' Moses answered him, 'Are you jealous on my account? If only the whole people of the Lord were prophets, and the Lord gave his Spirit to them all!'

Response to the Psalm The precepts of the Lord gladden the heart.

Second reading James 5:1-6

An answer for the rich. Start crying, weep for the miseries that are coming to you. Your wealth is all rotting, your clothes are all eaten up by moths. All your gold and your silver are corroding away, and the same corrosion will be your own sentence, and eat into your body. It was a burning fire that you stored up as your treasure for the last days. Labourers mowed your fields, and you cheated them – listen to the wages that you kept back, calling out; realise that the cries of the reapers have reached the ears of the Lord of hosts. On earth you have had a life of comfort and luxury; in the time of slaughter you went on eating to your heart's content. It was you who condemned the innocent and killed them; they offered you no resistance.

Gospel Acclamation Jn17:17

Alleluia, alleluia! Your word is truth, O Lord: consecrate us in the truth. Alleluia!

Gospel Mark 9:38-43,45,47-48

John said to Jesus, 'Master, we saw a man who is not one of us casting out devils in your name; and because he was not one of us we tried to stop him.' But Jesus said, 'You must not stop him: no one who works a miracle in my name is likely to speak evil of me. Anyone who is not against us is for us. 'If anyone gives you a cup of water to drink just because you belong to Christ, then I tell you solemnly, he will most certainly not lose his reward. 'But anyone who is an obstacle to bring down one of these little ones who have faith, would be better thrown into the sea with a great millstone round his neck. And if your hand should cause you to sin, cut it off; it is better for you to enter into life crippled, than to have two hands and go to hell, into the fire that cannot be put out. And if your foot should cause you to sin, cut it off; it is better for you to enter into life lame, than to have two feet and be thrown into hell. And if your eye should cause you to sin, tear it out; it is better for you to enter into the kingdom of God with one eye, than to have two eyes and be thrown into hell where their worm does not die nor their fire go out.'

Hymns for Sunday 10am at Poplar		**Hymns for Sunday 12noon at Limehouse**	
Entrance	849 Freely, freely	Entrance	820 Seek ye first
Offertory	892 The cry of the poor	Offertory	643 Gifts of bread and wine
Communion	871 Lord, you have come to the seashore	Communion	929 O Lord hear my prayer
Recessional	858 God has chosen me	Recessional	849 Freely, freely

Next Sunday is the 27th Sunday in Ordinary Time (Year B)