

THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



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NEWSLETTER for Palm Sunday 2026

Exposition of the Blessed Sacrament:
Sat 10:30am - 11:30am at Poplar
1st Fridays - 6pm - 7pm at Poplar

Stations of the Cross
During Lent 2nd, 3rd & 4th Fridays – 6.30pm at Limehouse

Baptisms
By appointment. Usually at 12 noon on Saturdays.

Parish Office Opening
Tue - Fri 10.00am - 2.30pm



Confessions:
Sat 10:30am - 11:15am at Poplar
Sat 5.15pm - 5.45pm at Poplar
1st Fridays 6.00pm - 6.45pm at Poplar or by appointment

Marriages
Couples **must** meet with Fr Andrew **6 months** before the intended wedding, even when the wedding is taking place elsewhere.

Sat 28th Mar	Palm Sunday (Vigil)	6.00pm	Poplar	The People of the Parish
Sun 29th Mar	Palm Sunday	9.45am 12noon	Poplar* Limehouse	The People of the Parish Mary & Fred Stageman *Ann.*
Mon 30th Mar	Monday of Holy Week		No Mass	No Mass
Tue 31st Mar	Tuesday of Holy Week	10.00am	Poplar	Susan Abarca Salazar *RIP*
Wed 1st Apr	Wednesday of Holy Week	10.00am	Poplar	Nap, Eza, Jose & Joey Bolano *RIP*
Thu 2nd Apr	Maundy Thursday Mass of the Lord's Supper	7.30pm 7.30pm	Poplar Limehouse	Jo Duhig *Ann.* The People of the Parish
Fri 3rd Apr	Good Friday	3.00pm 3.00pm	Poplar Limehouse	Solemn Commemoration of the Lord's Passion
Sat 4th Apr	Easter Vigil	7.30pm 7.30pm	Poplar Limehouse	The People of the Parish The People of the Parish
Sun 5th Apr	Easter Sunday	10.00am 12noon	Poplar Limehouse	The People of the Parish The People of the Parish

*= Teas and Coffees in the Guild Room after the 10am Mass

PLEASE PRAY FOR

Bernard Harris, Sylvia Poni, Lilly Moran, Sylvia Richardson, Brenda Terry, Bob Baker, Sr Teresa White, Mahmuda, Annie McKie, Doreen Maciejewski and Lily Bleach who have died. And for Mary Sauntry, Lucia Calixte, Anne O'Connell, Jacqui Newson, Herbert Parillon, Emilio Campanella, Joan Russell, Robert Hageman, Camil Agius, Nita da Fide, Sarah Dodd, Anthony Gafa, Bernadette McSweeney and Sylma Simon who are ill.

BAPTISM PREPARATION COURSES

The next course will be on **Saturday 18th April at 11.00am** in the Guild Room at Poplar.

FIRST HOLY COMMUNION COURSE

The next meeting for children and parents will be at 5.00pm on Saturday 18th April in the Guild Room. Please let Sr Christine know in advance if you and your child will be unable to attend.

RCIA

All members of the RCIA group are encouraged to attend the Triduum liturgies and, of course, we very much look forward to the baptisms and confirmations at the Easter Vigil. Group meetings will resume after Easter. Please pray for Dominic, Harriet, Nur, Lydia, Travis, Yumi and Victoria as they prepare to receive the sacraments of initiation at the Easter Vigil and at Pentecost.

THE ANNUAL DIOCESAN LENTEN APPEAL

Each Lent, every parish in the diocese is asked to help to raise funds for the Diocesan Lenten Appeal which supports many people in need. To donate, please visit www.rcdow.org.uk/LentenAppeal or use the envelopes available in Church. Thank you to everyone who has already generously donated.

EAST END YOUNG ADULTS GROUP

Meets every Tuesday from 7pm in the Canon Wright Room (entrance in Pekin Street), all are welcome. Contact Michael for more information on ikorabs@gmail.com

THE SANCTUARY LAMP AT POPLAR

The sanctuary lamp at Poplar burns this week for the intentions of Eustacio Lizarondo.

NEIGHBOURS IN POPLAR

CALAIS We have been asked to bring tents to the Refugee Centres next time we visit, possibly May 13th. Two-person tents would be ideal.

GOOD FRIDAY Standing Together for Peace at 1pm outside Iceland Shop in Chrisp St. Market. All welcome!

FOOD BANK Wednesday April 1st Fruit and Vegetables free outside All Saints Church in Newby Place at 12noon. St. Matthias Food Bank will remain closed on April 2nd.

FR ANDREW WRITES

This Sunday is the beginning of Holy Week, which is such a special time in the life of our parish and the whole Church and indeed in the life every Christian. We begin by forming a procession with palm branches on this Palm Sunday and then playing our part in the reading of the account of the Passion. It is as if we are invited to join a drama, but not as spectators, not as the audience, rather as actors, as active participants. And that is the key to Holy Week, which is a drama in which we are all invited to play an active part. After today, the drama has three acts: Holy Thursday, Good Friday and then Easter. Like any drama, it only really makes sense if we take part in all three of the acts. So I would really encourage you all to come along to Church on Holy Thursday, Good Friday and Easter (either the Easter Vigil on Saturday night or Easter Sunday morning or indeed both). And bring your friends and neighbours along too!