

THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



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NEWSLETTER for 11th Sunday in Ordinary Time 2026

Exposition of the Blessed Sacrament:
Sat 10:30am - 11:30am at Poplar
1st Fridays - 6pm - 7pm at Poplar

Baptisms
By appointment. Usually at 12 noon on Saturdays.

Parish Office Opening
Tue - Fri 10.00am - 2.30pm



Confessions:
Sat 10:30am - 11:15am at Poplar
Sat 5.15pm - 5.45pm at Poplar
1st Fridays 6.00pm - 6.45pm at Poplar or by appointment

Marriages
Couples **must** meet with Fr Andrew **6 months** before the intended wedding, even when the wedding is taking place elsewhere.

Sat 13th June	11th Sunday (Vigil)	6.00pm	Poplar	The People of the Parish
Sun 14th June	11th Sunday in Ordinary Time	10.00am 12noon	Poplar * Limehouse	Anne O'Connell *RIP* Mary & Fred Stageman *Ints*
Mon 15th June	Feria Week 11			**No Mass**
Tue 16th June	Feria Week 11			**No Mass**
Wed 17th June	Feria Week 11			**No Mass**
Thu 18th June	Feria Week 11	10.00am	Poplar	Priest's Intention
Fri 19th June	St Romuald, Abbot	10.00am	Poplar	Private Intention
Sat 20th June	St Alban, martyr 12th Sunday (Vigil)	10.00am 6.00pm	Poplar Poplar	Peace The People of the Parish
Sun 21st June	12th Sunday in Ordinary Time	10.00am 12noon	Poplar * Limehouse	Tom Lyddon *Ann* Telma Stephen *RIP*

*= Teas and Coffees in the Guild Room after the 10am Mass
† = Multi-Faith Prayer Room in the Churchill Place Shopping Centre between Joe the Juice and Barclays

PLEASE PRAY FOR

Patricia Johnston (Pat Ryan), Theo Louison, Trevor Delves, Camil Agius, Eileen Morrison, Michael Hall, Joanne O'Neill, Ella Fulgence, Anne O'Connell, Susan Duhig, and Ryan Pill who have died. And Pat Johnson, Mary Sauntry, Lucia Calixte, Jacqui Newson, Herbert Parillon, Emilio Campanella, Joan Russell, Robert Hageman, Nita da Fide, Sarah Dodd, Anthony Gafa, Bernadette McSweeney and Sylma Simon who are ill.

BAPTISM PREPARATION COURSES

The next course will be on **Saturday 11th July at 11.00am** in the Guild Room at Poplar.

DAY FOR LIFE

Next weekend we will have a second special collection for Day for Life, a Sunday dedicated to celebrating and upholding the dignity and value of human life.

MULTI-CULTURAL SOCIAL EVENING

At 7pm (after the 6pm Vigil Mass) on Saturday 4th July in the Guild Room at Poplar there will be a Multi-cultural social evening. We are so fortunate to have parishioners from every corner of the globe, so come along and celebrate our diversity, bring food, flags, dresses, music and have some fun!

FORTHCOMING FUNERALS

The funeral of Patricia Johnston (Pat Ryan) will take place at 10.30 on Tuesday 23rd June at the East London Crematorium Chapel, Hermit Road, Canning Town.

The funeral of Theo Louison will take place at 11.30am on Thursday 25th June at Poplar.

LIMEHOUSE FAITH GROUP

Join us on Thursday 18th June at 7.30pm, for episode 8 of "Metanoia": 'Jesus' Power Over the Evil One'. There is an evil one who desires to destroy us and although we do not need to be obsessed with the evil one, we need to be aware that he exists. The evil one is active in three areas; the world, the flesh, and the devil. Every time we resist temptation and respond to grace, we participate in Christ's saving victory over evil. This response to grace is conversion, which is God acting in us. All welcome, no need to have attended previous sessions. For information and to join, please contact Limehousefaithgroup@outlook.com

EAST END YOUNG ADULTS GROUP

Meets every Tuesday from 7.00pm in the Canon Wright Room (entrance in Pekin Street), all are welcome. Next meeting **Tuesday 16th June**. Contact Michael for more information on ikorabs@gmail.com

THE SANCTUARY LAMPS

The Sanctuary Lamp at Poplar burns this week in memory of Christine Hinton.
The Sanctuary Lamp at Limehouse burns this week in memory of Mary & Fred Stageman.

NEIGHBOURS IN POPLAR

CALAIS We are now collecting for our next visit, our donation box is at the back of church. We are especially looking for medical things.

WANTED! Two local Charities are in urgent need each of a Treasurer Trustee, this is not an onerous job, perhaps six meetings per year, email nip65@msn.com if interested.

JOB FAIR Wednesday July 8th in St. Matthias Community Centre 11am to 2pm.

WINDRUSH Afro-Caribbean Celebration in St. Matthias Sunday 21st 4pm to7pm.

FR ANDREW WRITES

On Friday we celebrated the Solemnity of the Sacred Heart of Jesus. There were apparently rumours at the time of the reform of the liturgical calendar following the liturgical reforms of the Second Vatican Council that the Feast of the Sacred Heart was going to be abolished. I suspect that some would have been in favour of this on the grounds that it wasn't thought to be a very ancient devotion and was, in the opinion of some people, all a bit sentimental. Happily, as it turned out, although some liturgical experts did have it in for the feast, Pope St Paul VI intervened personally and rather than being abolished, it was upgraded to a Solemnity.

On the front of the newsletter this week I have put a version of the picture of the Sacred Heart which is the same as the one on my ordination card, which I chose because it speaks to me. It is true that some of the images of the Sacred Heart can be a bit kitsch and some even a bit gory. I can remember that my Grandma had a picture on her wall, and I don't know whether it was supposed to look that way or had just discoloured from age, but Jesus looked decidedly green in it. What I like about the image on the front of this newsletter is that Jesus seems clearly to be offering his heart to us, a heart which is clearly on fire with love. In that image Jesus doesn't look sickly, he looks normal but he is very deliberately offering his love to the viewer.

We take it for granted that the heart is a symbol of love, which is an odd thing once you stop and think about. Of course, love doesn't reside in any bodily organ at all, it is something spiritual and, most importantly, it is an act of the will. Love is about choosing the good of another and committing our self to that course. Love is about choice and action and sustained action at that. Love is not a sentiment or a feeling and therefore there is nothing remotely sentimental about the Sacred Heart of Jesus. We know that his act of the will to love us was expressed concretely by his action of giving up his life for us. And so it is that he offers his heart or gives it up for us in that picture.

Love is put into action or else it is really false, empty words or meaningless sentiment. Jesus has put his love for us into action and invites us to receive his burning heart that our hearts might set afire and our love put into action. I think that we too often worry in our prayers and spiritual life and indeed in our relationships that we don't feel enough. What the Sacred Heart of Jesus says to us is precisely that it is what we actually do that really matters. Small acts of love, little things done, not because any one will notice, even when we don't really 'feel' it, are all the more powerful because that is truly love in action.

May God bless you all

Fr Andrew

RECENT FINANCIAL NEWS

POPLAR COLLECTION LAST WEEKEND

Envelopes: £180.50	Loose: £899.19	Contactless: £324.00	Total: £1,403.69
Standing Orders & Online	March: £513.34	April: £628.35	May: £513.34

LIMEHOUSE COLLECTION LAST WEEKEND

Envelopes: £33.00	Loose: £177.87	Contactless: £125.00	Total: £335.87
Standing Orders & Online	March: £1,507.00	April: £1,180.00	May: £1,507.00

Sincere thanks for your continued generosity!

MASS THIS SUNDAY – 11th Sunday in Ordinary Time (Year A)

First reading Exodus 19:2-6a

In those days: The people of Israel came into the wilderness of Sinai, and they encamped in the wilderness. There Israel encamped before the mountain, while Moses went up to God. The Lord called to him out of the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the people of Israel: "You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine; and you shall be to me a kingdom of priests and a holy nation." '

Response to the Psalm We are his people, the sheep of his flock.

Cry out with joy to the Lord, all the earth.
Serve the Lord with gladness.
Come before him, singing for joy.

Know that he, the Lord, is God.
He made us; we belong to him.
We are his people, the sheep of his flock.

Indeed, how good is the Lord,
eternal his merciful love.
He is faithful from age to age.

Second reading Romans 5:6-11

Brothers and Sisters: While we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person — though perhaps for a good person one would dare even to die — but God shows his love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gospel Acclamation Mark 1:15

Alleluia, alleluia. The kingdom of God is at hand; repent and believe in the gospel. Alleluia.

Gospel Matthew 9:36-10:8

At that time: When Jesus saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest.' And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every affliction. The names of the twelve Apostles are these: first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; Philip and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot, and Judas Iscariot, who betrayed him. These twelve Jesus sent out, instructing them, 'Go nowhere among the Gentiles and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And proclaim as you go, saying, "The kingdom of heaven is at hand." Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying; give without pay.'

Next Sunday is the Twelfth Sunday in Ordinary Time (Year A)