

THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



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NEWSLETTER for The Most Holy Trinity 2026

Exposition of the Blessed Sacrament:
Sat 10:30am - 11:30am at Poplar
1st Fridays - 6pm - 7pm at Poplar

Baptisms
By appointment. Usually at 12 noon on Saturdays.

Parish Office Opening
Tue - Fri 10.00am - 2.30pm



Confessions:
Sat 10:30am - 11:15am at Poplar
Sat 5.15pm - 5.45pm at Poplar
1st Fridays 6.00pm - 6.45pm at Poplar or by appointment

Marriages
Couples **must** meet with Fr Andrew **6 months** before the intended wedding, even when the wedding is taking place elsewhere.

Sat 30th May	The Most Holy Trinity (Vigil)	6.00pm	Poplar	The People of the Parish
Sun 31st May	The Most Holy Trinity	10.00am 12noon	Poplar * Limehouse	Doreen Maciejewski *RIP* John Guidotti *RIP*
Mon 1st June	St Justin Martyr			**No Mass**
Tue 2nd June	Feria Week 9	10.00am 12.30pm	Poplar Canary Wharf †	Malgorzata & Wladyskau *wed ann* Aaron Stephen *B'day Ann*
Wed 3rd June	St Charles Lwanga & comps	10.00am	Poplar	Rita Porter *RIP*
Thu 4th June	Feria Week 9	10.00am	Poplar	Private Intention
Fri 5th June	St Boniface	10.00am	Poplar	Paul Ly Trong Song *RIP*
Sat 6th June	**First Holy Communions** Corpus Christi (Vigil)	**11.00am** 6.00pm	Poplar Poplar	**First Holy Communions** Sharon Kamara, Terry & Mary Jeffries *RIP*
Sun 7th June	Corpus Christi	10.00am 12noon	Poplar * Limehouse	John Easby *B'day* William Henry Philips *B'day ann*

*= Teas and Coffees in the Guild Room after the 10am Mass

† = Multi-Faith Prayer Room in the Churchill Place Shopping Centre between Joe the Juice and Barclays

PLEASE PRAY FOR

Camil Agius, Eileen Morrison, Michael Hall, Joanne O'Neill, Ella Fulgence, Anne O'Connell, Susan Duhig, and Ryan Pill who have died. And for Trevor Delves,Theo Louison, Pat Johnson, Mary Sauntry, Lucia Calixte, Jacqui Newson, Herbert Parillon, Emilio Campanella, Joan Russell, Robert Hageman, Nita da Fide, Sarah Dodd, Anthony Gafa, Bernadette McSweeney and Sylma Simon who are ill.

BAPTISM PREPARATION COURSES

The next course will be on **Saturday 13th June at 11.00am** in the Guild Room at Poplar.

FIRST HOLY COMMUNIONS

There will be a rehearsal for all children and parents at **6pm this Friday 5th June in the church at Poplar**. The First Holy Communion Mass itself will take place on **Saturday 6th June at 11.00am at Poplar**. It is very important that all children and parents come to the rehearsal which will help the Mass to go smoothly so that the children enjoy it as much as possible. For the First Holy Communion Mass itself please arrive in plenty of time. The church will be open from 10.00am on Saturday morning.

FIRST FRIDAY ADORATION AND CONFESSIONS AT POPLAR

This month will be at **the later time of 7pm** because of the First Holy Communion rehearsal at 6pm.

POPLAR PARISH MEETING

There will be a parish meeting at **7pm on Thursday 11th June in the Guild Room at Poplar** to share ideas and plan for some of our Summer and Autumn events. Please do come along if you have thoughts or ideas and especially if you have time and energy to help to organise things. All are welcome.

MULTI-CULTURAL SOCIAL EVENING

At 7pm (after the 6pm Vigil Mass) on Saturday 4th July in the Guild Room at Poplar there will be a Multi-cultural social evening. We are so fortunate to have parishioners from every corner of the globe, so come along and celebrate our diversity, bring food, flags, dress, music, have some fun.

CORPUS CHRISTI PROCESSIONS

On the Feast of Corpus Christi **Sunday 7th June**, we will have a procession with the Blessed Sacrament after both Sunday Masses (Poplar and Limehouse). The First Holy Communion children are especially encouraged to come to mass (in either church) and in their special outfits to lead our processions.

LIMEHOUSE FAITH GROUP

Join us on **Thursday 4th June at 7.30pm**, for episode 6 of "Metanoia": 'Hunger and Thirst'. Man is created with a sense of incompleteness, with an eternal longing. This longing sometimes masks itself as desire or loneliness, but ultimately all of these pangs man experiences reveal a deep longing and hunger for God. Jesus fills emptiness and satisfies hunger. In the scriptures he reveals himself as the bread from heaven. Only Jesus fills the hunger of the human person. All welcome, no need to have attended previous sessions. For information and to join, please contact Limehousefaithgroup@outlook.com

EAST END YOUNG ADULTS GROUP

Meets every Tuesday from 7.00pm in the Canon Wright Room (entrance in Pekin Street), all are welcome. Next meeting **Tuesday 26th May**. Contact Michael for more information on ikorabs@gmail.com

THE SANCTUARY LAMPS

The Sanctuary Lamp at Poplar burns this week burns for the intentions of the Murcia Ariza family. The Sanctuary Lamp at Limehouse this week burns in memory of John Guidotti.

NEIGHBOURS IN POPLAR

CALAIS We are now collecting for our next visit, our donation box is at the back of church. We are especially looking for medical things. for further information contact nip65@msf.com

SUNDAY 31st MAY Neighbours in Poplar will be celebrating their 65,000th dinner delivery.

FR ANDREW WRITES

I'm sorry that I can't be with you this weekend and I promise that haven't just escaped in order to avoid having to preach on this Sunday's Feast of the Most Holy Trinity. In fact, I am away in Poland this weekend marrying Adam and Monica from our Parish in Limehouse and do you know that's actually very appropriate. Last weekend on the Feast of Pentecost, I spoke about how the Holy Spirit is able to move us, inspire us and help us when we get in motion by using those gifts that make us uniquely human and that make us images and likenesses of God, namely our mind and our will. And in this context, I spoke about knowing and choosing. Another way of looking at what makes us images of God is to focus on loving which is most important conscious choice that we can make. In his new encyclical letter on Safeguarding the Human Person in the Time of Artificial Intelligence (entitled *Magnifica Humanitas*), Pope Leo says this "The Church's Social Doctrine brings us to the very heart of our faith: the mystery of the living God, revealed in Jesus Christ, who, as a communion of Persons — Father, Son and Holy Spirit — is love itself in relationship, expressed in the mutual gift of self and in sharing with the world." The Holy Father goes on to make the point that being made in the image and likeness of God means to reflect this communion of persons which is God. He says; "At the heart of the Christian understanding of the human person lies the great biblical affirmation that men and women are created in the image and likeness of the Triune God. Created for relationship, every human person is planned and willed by God to enter into communion with him, with others and with creation." So the communion of married love is one way in which we can really be images of God, especially where that love is open to others, nurturing children and embracing others within the love of a family home and so contributing to the community, building a civilization of love.

So the doctrine of the Holy Trinity is not at all a vague or difficult, it is something that we can understand by reflecting on our own experience of selfless love in building marriages, friendships, families, communities and societies based on the dignity of each and every person as a unique reflection of God. In fact, I would go further and say that if we want to really know who God is as a communion of persons, Father, Son and Holy Spirit – the Holy Trinity – we must strive to build communion among ourselves. With this in mind we can see how this weekend's feast follows on very naturally from last weekend's celebration of Pentecost.

In the rest of his encyclical letter, Pope Leo explores the potential and risks of artificial intelligence for a human race whose true vocation is to image God by building communion, by building a civilization of love. You can download Magnifica Humanitas using this link: https://www.cbcew.org.uk/wp-content/uploads/sites/3/2026/05/Magnifica-Humanitas-EN.pdf

May God bless you all

Fr Andrew

RECENT FINANCIAL NEWS

POPLAR COLLECTION LAST WEEKEND

Envelopes: £142.51	Loose: £329.94	Contactless: £467.00	Total: £939.45
Standing Orders & Online	February: £478.34	March: £513.34	April: £628.35

LIMEHOUSE COLLECTION LAST WEEKEND

Envelopes: £32.00	Loose: £214.12	Contactless: £144.00	Total: £390.12
Standing Orders & Online	February: £880.00	March: £1,507.00	April: £1,180.00

Sincere thanks for your continued generosity!

MASS THIS SUNDAY – The Most Holy Trinity (Year A)

First reading Exodus 34:4b-6, 8-9

In those days: Moses rose early in the morning and went up on Mount Sinai, as the Lord had commanded him, and took in his hand two tablets of stone. The Lord descended in the cloud and stood with him there, and proclaimed the name of the Lord. The Lord passed before him and proclaimed, 'The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness.' And Moses quickly bowed his head towards the earth and worshipped. And he said, 'If now I have found favour in your sight, O Lord, please let the Lord go in the midst of us, for it is a stiff-necked people, and pardon our iniquity and our sin, and take us for your inheritance.'

Response to the Psalm To be praised and highly exalted for ever!

Blessed are you, O Lord, the God of our ancestors. R/	*Blessed are you in the temple of your holy glory, R/*	*Blessed are you who look into the depths, seated upon the cherubim, R/*
Blessed is your glorious and holy name, R/	*Blessed are you on the throne of your kingdom, R/*	*Blessed are you in the firmament of heaven. R/*

Second reading 2 Corinthians 13:11-14

Brothers and Sisters: Rejoice. Aim for restoration, comfort one another, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

Gospel Acclamation Cf. Revelation 1:8

Alleluia, alleluia. Glory be to the Father, and to the Son, and to the Holy Spirit,
the God who is and who was and who is to come. Alleluia.

Gospel John 3:16-18

For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.

Next Sunday is the Solemnity of Corpus Christi (Year A)