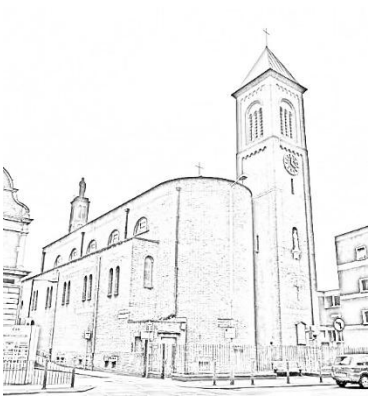


THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



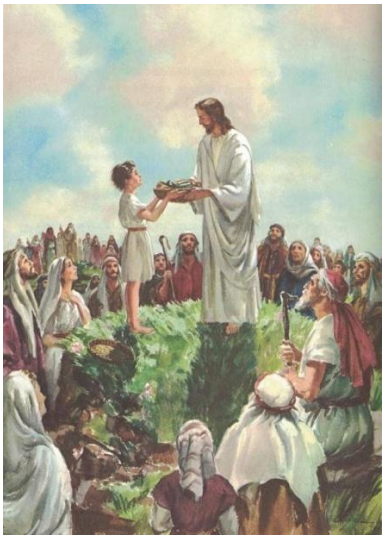
Parish Priest: Fr Andrew Bowden
Parish Administrator: Alessandro Vaglio
Clergy House, 9 Pekin Street, London E14 6EZ
Sister Christine Frost FCJ: nip65@msn.com
T: 020 7987 4523 E: Poplar@rcdow.org.uk | Limehouse@rcdow.org.uk
W: https://parish.rcdow.org.uk/poplar | https://parish.rcdow.org.uk/limehouse

NEWSLETTER for the 18th Sunday in Ordinary Time 2026

Exposition of the Blessed Sacrament:
Sat 10:30am - 11:30am at Poplar
1st Fridays - 6pm - 7pm at Poplar
(except during August)

Baptisms
By appointment. Usually at 12 noon on Saturdays.

Parish Office Opening
Tue - Fri 10.00am - 2.30pm



Confessions during August:
Sat 5.00pm - 5.45pm at Poplar
or by appointment

Marriages
Couples **must** meet with Fr Andrew **6 months** before the intended wedding, even when the wedding is taking place elsewhere.

Sat 1st Aug	18th Sunday (Vigil)	6.00pm	Poplar	Sharon Raymond *Intentions*
Sun 2nd Aug	18th Sunday in Ordinary Time	10.00am 12noon	Poplar * Limehouse	Norma Giller *RIP* The People of the Parish
Mon 3rd Aug	Feria Week 18			**No Mass**
Tue 4th Aug	St John Vianney			**No Mass**
Wed 5th Aug	Dedication of St Mary Major	10.00am	Poplar	Private Intention
Thu 6th Aug	The Transfiguration			**No Mass**
Fri 7th Aug	Feria Week 18	10.00am	Poplar	Priest's Intention
Sat 8th Aug	St Dominic 19th Sunday (Vigil)	 6.00pm	 Poplar	**No 10am Mass** The People of the Parish
Sun 9th Aug	19th Sunday in Ordinary Time	10.00am 12noon	Poplar * Limehouse	Susan Fernandes *Intentions* The People of the Parish

*= Teas and Coffees in the Guild Room after the 10am Mass

MASS THIS SUNDAY – 18th Sunday in Ordinary Time (Year A)

First reading Isaiah 55:1-3

Thus says the Lord: 'Come, everyone who thirsts, come to the waters; and he who has no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Listen diligently to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; hear, that your soul may live; and I will make with you an everlasting covenant, my steadfast, sure love for David.'

Response to the Psalm You open your hand and fulfil us, O Lord.

The Lord is kind and full of compassion,
slow to anger, abounding in mercy.
How good is the Lord to all,
compassionate to all his creatures.

The eyes of all look to you,
and you give them their food in due season.
You open your hand and satisfy
the desire of every living thing.

The Lord is just in all his ways,
and holy in all his deeds.
The Lord is close to all who call him,
who call on him in truth.

Second reading Romans 8:35, 37-39

Brothers and Sisters: Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Gospel Acclamation Matthew 4:4b

Alleluia, alleluia. One does not live by bread alone, but by every word that comes forth from the mouth of God. Alleluia.

Gospel Matthew 14:13-21

At that time: When Jesus heard of the death of John the Baptist, he withdrew in a boat to a desolate place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore he saw a great crowd, and he had compassion on them and healed their sick. Now when it was evening, the disciples came to him and said, 'This is a desolate place, and the day is now over; send the crowds away to go into the villages and buy food for themselves.' But Jesus said, 'They need not go away; you give them something to eat.' They said to him, 'We have only five loaves here and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass, and taking the five loaves and the two fish, he looked up to heaven and said a blessing. Then he broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children.

Next Sunday is the 19th Sunday in Ordinary Time (Year A)