

THE CATHOLIC PARISHES OF ST MARY & ST JOSEPH, POPLAR AND OUR LADY IMMACULATE & ST FREDERICK, LIMEHOUSE



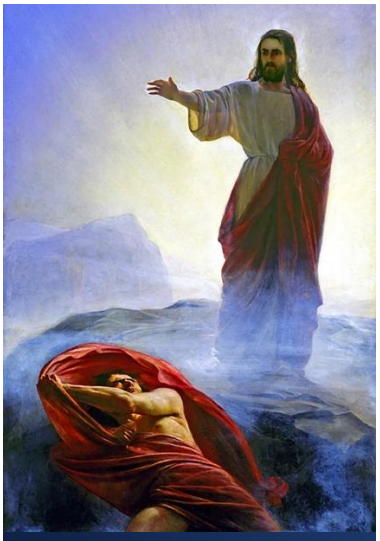
Parish Priest: Fr Andrew Bowden
Parish Administrator: Alessandro Vaglio
Clergy House, 9 Pekin Street, London E14 6EZ
Sister Christine Frost FCJ: nip65@msn.com
T: 020 7987 4523 E: Poplar@rcdow.org.uk | Limehouse@rcdow.org.uk
W: https://parish.rcdow.org.uk/poplar | https://parish.rcdow.org.uk/limehouse

NEWSLETTER for the 22nd Sunday in Ordinary Time 2026

Exposition of the Blessed Sacrament:
Sat 10:30am - 11:30am at Poplar
1st Fridays - 6pm - 7pm at Poplar

Baptisms
By appointment. Usually at 12 noon on Saturdays.

Parish Office Opening
Tue - Fri 10.00am - 2.30pm



Jesus casting away Satan,
Carl Heinrich Bloch

Confessions
Sat 10:30am-11.15am at Poplar
Sat 5.15pm - 5.45pm at Poplar
1st Fridays 6.00pm-6.45pm at Poplar
or by appointment

Marriages
Couples **must** meet with Fr Andrew **6 months** before the intended wedding, even when the wedding is taking place elsewhere.

Sat 29th Aug	22nd Sunday (Vigil)	6.00pm	Poplar	Norma Giller *RIP*
Sun 30th Aug	22nd Sunday in Ordinary Time	10.00am 12noon	Poplar Limehouse	Baby Franklin *RIP* People of the Parish
Mon 31st Aug	St Aidan			**No Mass**
Tue 1st Sep	Feria Week 22	10.00am 12.30pm	Poplar Canary Wharf †	Carmine Fiorento *RIP* Private Intention
Wed 2nd Sep	Feria Week 22	10.00am	Poplar	KH *ints*
Thu 3rd Sep	St Gregory the Great	10.00am	Poplar	Private Intention
Fri 4th Sep	St Cuthbert	10.00am	Poplar	Our Lady & St Joseph's School
Sat 5th Sep	St Teresa of Calcutta 22nd Sunday (Vigil)	10.00am 6.00pm	Poplar Poplar	Peace People of the Parish
Sun 6th Sep	22nd Sunday in Ordinary Time	10.00am 12noon	Poplar Limehouse	Ihor Hirnyak *RIP* People of the Parish

† = Multi Faith Prayer Room in the Churchill Place Shopping Centre between Joe the Juice and Barclays

PLEASE PRAY FOR

Sheila Terry, Norma Giller, Ihor Hirnyak, Pat Ryan, Trevor Delves, Charlie Agius, Theo Louison and John Hall who have died. And Robert Hageman, Jane Dooley, Jacqui Newson, Kai Aizoodin, Joan Russell, Nita da Fide, Bernadette McSweeney, Zakhyrah Eugene, Herbert Parillon, Sylma Simon, Norma Geller, Mary Sauntry, Lucia Calixte, Emilio Campanella and Anthony Gafa who are ill.

FIRST FRIDAY ADORATION

Since we are back to the normal timetable this week and this coming Friday is the 1st Friday, there will be Exposition of the Blessed Sacrament beginning at 6pm with Confessions shortly after that until Benediction just before 7pm.

BAPTISM PREPARATION COURSES

The next course will be at **11.00am on Saturday 19th September** in the Guild Room at Poplar.

FIRST HOLY COMMUNION COURSE

Applications for this year's First Holy Communion course are now open. Please use the forms available at the back of Church. The course is open to children who are in year 3 at school. If your child is older please speak to Fr Andrew. All children and their parent's or guardian must attend Mass every Sunday even if this has not been your practice to date and must commit to attending each of the meetings of the programme. Applications close at the end of September.

CONFIRMATION PROGRAMME

Applications for this year's Confirmation Programme are now open. Please use the forms available at the back of Church. This course is open to young people in year 10 or above who are not yet 18 years old. Young people must attend Mass every Sunday and must commit to attending each of the meetings and events of the programme. Furthermore, young people will be required to begin some voluntary work in the parish or wider community as part of the programme. Applications close at the end of September.

COURSE FOR ADULTS BECOMING CATHOLIC

This course is known at the RCIA. Applications are now open for this year's RCIA programme. Please use the forms available at the back of Church. This programme is open to those who are over 18 years and who are either not baptised or baptised in another Christian denomination, or who have fallen away from the practice of the faith and are not confirmed and who wish to become a Catholic or to re-engage with the practice of their Catholic faith. Applicants must attend Mass every Sunday and must commit to attending each of the meetings and events of the programme. Applications close at the end of September.

LIMEHOUSE CHURCH OPENING

The church is open for private prayer every Friday 8am-8.30am. If you would like to volunteer to help keep our church open during the week, please speak to Fr Andrew.

EAST END YOUNG ADULTS GROUP

Meets every Tuesday from 7.00pm in the Canon Wright Room (entrance in Pekin Street), all are welcome. Next meeting **Tuesday 1st September**. Contact Michael for more information on ikorabs@gmail.com

MONTEIRO CHORAL MUSIC

A new release by our wonderful organist at Limehouse and his singers. This is a collection of some of the music that we have heard at Limehouse, the Limehouse Mass (which was sung at Fr Andrew's induction Mass), Away in a Manger (which was sung at the Carol Service last year) and the Seven Last Words (which was sung on Good Friday this year). Available on all major platforms, including Spotify, just search Monteiro Choral Music. See the cards available at the back of church.

ANDY & TERESA 50TH WEDDING ANNIVERSARY

To celebrate this very special milestone, Andy and Teresa Lewis will renew their marriage vows during a special celebration Mass at **St Mary & St Joseph's, Poplar at 3pm on Saturday 12th September**. All are welcome.

NEIGHBOURS IN POPLAR

We will be visiting three Charities in Calais on **Wednesday 16th September**. It is a great opportunity to see for oneself how Refugees and Asylum Seekers are being treated. All you need is your passport.

Lansbury Festival Tea Dance in St. Matthias Community Centre on **Wednesday 23rd September**. Tickets will be available next weekend.

Talk on" Poplar and the Blitz " on **Saturday 17th October at 2pm at St Matthias Community Centre**. In WW2, Londoners were subjected night after night to heavy bombing during the Blitz. How did they handle this experience and deal with the grief of losing homes and loved ones? With a specific focus on the East End of London, Danny Wells will explore the impact of the bombing on these communities.

OPEN HOUSE

Open House Festival is a London-wide festival that opens up and celebrates the city's built environment. Every year, buildings and other sites across all 33 London boroughs open to the public, so that Londoners can explore them for free. The 2026 festival will take place **12th – 20th September** and will be the 35th edition. This year as last year, St Mary & St Joseph's, Poplar will take part in the scheme thanks to José who has organised this. Do spread the word. As well as presenting an opportunity for people who are interested in architecture to enjoy our impressive building, this is a great way of opening our doors and inviting people into our Church.

DIOCESAN PILGRIMAGE TO WALSINGHAM

The annual Diocesan Pilgrimage to Walsingham takes place this year on **Saturday 19th September**. If anyone would like to go, St Patrick's parish in Wapping have organised a coach. Here is a link for booking a place https://rcwappingwalsingham2026.eventbrite.co.uk In order to join the coach you will need to be at St Patrick's by 8am.

FR ANDREW WRITES

It's that time of year again when everyone is returning from holidays, back to school, back to work and back to normal. Even the weather seems to be getting back to normal. I would like to thank everyone for your patience over the summer with the changes to the normal parish timetable which enabled me to have a bit of a rest. As of this coming Tuesday we return to the normal schedule. In particular, both the Tuesday 10.00am Mass at Poplar and the Tuesday Canary Wharf Mass at 12.30pm begin again this week, the Saturday morning Mass followed by Exposition of the Blessed Sacrament, Confessions and Benediction resumes next Saturday 5th September. Also this Friday 4th September is the first Friday of the month so we will have Adoration at 6pm at Poplar with the opportunity for Confession. The children at Our Lady & St Joseph's Primary School return to classes this week and we will mark the start of a new academic year with a Mass for the whole school at 10.00am on Friday 4th September at St Mary & St Joseph's Poplar.

May God bless you all

Fr Andrew

RECENT FINANCIAL NEWS

POPLAR COLLECTION LAST WEEKEND

Envelopes: £115.20	Loose: £202.13	Contactless: £299.00	Total: £616.33
Standing Orders & Online	May: £513.34	June: £543.34	July: £2,915.14

LIMEHOUSE COLLECTION LAST WEEKEND

Envelopes: £32.00	Loose: £133.42	Contactless: £142.57	Total: £307.99
Standing Orders & Online	May: £1,507.00	June: 1,507.00	July: £2,250.00

Sincere thanks for your continued generosity!

MASS THIS SUNDAY – The 22nd Sunday in Ordinary Time (Year A)

First reading Jeremiah 20:7-9

O Lord, you have deceived me, and I was deceived; you are stronger than I, and you have prevailed. I have become a laughing-stock all the day; everyone mocks me. For whenever I speak, I cry out, I shout, 'Violence and destruction!' For the word of the Lord has become for me a reproach and derision all day long. If I say, 'I will not mention him, or speak any more in his name', there is in my heart as it were a burning fire shut up in my bones, and I am weary with holding it in, and I cannot.

Response to the Psalm For you my soul is thirsting, O Lord, my God.

O God, you are my God; at dawn I seek you;
for you my soul is thirsting.
For you my flesh is pining, like a dry, weary land without water.

I have come before you in the sanctuary,
to behold your strength and your glory.
Your loving mercy is better than life;
my lips will speak your praise.

I will bless you all my life; in your name I will lift up my hands.
My soul shall be filled as with a banquet;
with joyful lips, my mouth shall praise you.

For you have been my strength;
in the shadow of your wings I rejoice.
My soul clings fast to you; your right hand upholds me.

Second reading Romans 12:1-2

I appeal to you, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Gospel Acclamation Cf. Ephesians 1:17-18

Alleluia, alleluia. May the Father of our Lord Jesus Christ, enlighten the eyes of our hearts, so that we may know the hope to which he has called us. Alleluia

Gospel Matthew 16:13-20

At that time: Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'Far be it from you, Lord! This shall never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man.' Then Jesus told his disciples, 'If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake will find it. For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul? For the Son of Man is going to come with his angels in the glory of his Father, and then he will repay each person according to what he has done.'

Next Sunday is the 23rd Sunday in Ordinary Time (Year A)