A Week of Guided Prayer for our Three Parishes

April 21st to 26th 2024

Free Evening Workshops for All

Workshop Facilitator: Vron Smith, Jesuit Institute

Each workshop will last for a maximum of one hour and fifteen minutes. Each stands alone <u>and</u> also interweaves with the others. All workshops use a facilitative process – there will be small and large group discussion with some material to stimulate this in different ways. Each evening session will also include a time of guided prayer.

Monday 22nd April, 7.30 – 8.45pm

Exploring Prayer (St John Fisher Church, Shire Lane, Chorleywood)

In this year of preparation for the Jubilee Year, we are being encouraged to take time to deepen our understanding and experiences of prayer so that we might draw closer to God. Together we will explore what prayer is and some of the rich ways we might use to encounter God.

Tuesday 23rd April, 7.30 – 8.45pm

Deep listening / intentional speaking (St John the Evangelist Church Hall, Mill End)

Have you ever had those surprising conversations which go deeper, end up at unexpected destinations and leave you enriched in some way? How might we be more intentional about these kinds of conversations as we find ourselves alongside side others?   Together, we will unpack some of the features of this way of accompaniment that is part of being Church.

Wednesday 24th April, 7.30 – 8.45pm

Discernment (Our Lady Help of Christians Church Hall, Rickmansworth and on Zoom)

How can we know if something comes from the Holy Spirit? Discernment is a key part of our life of faith. Focusing on Ignatian tradition of Discernment of Spirits, we consider what discernment is and how we might further grow in using it in our everyday life.

> Topic: WGP Rickmansworth VS
> Time: Apr 24, 2024 07:30 PM London
> Join Zoom Meeting
> https://us02web.zoom.us/j/81857183802
>
> Meeting ID: 818 5718 3802

For further enquiries (including if you need a lift) please contact:

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