



# Spirituality Group



Welcome to St. Bart's Spirituality Group where we seek to help our community get closer to God in our daily lives.

## Activities and Events

- **The Feast of the Immaculate Conception and marking the end of The Year of Joseph**  
Wednesday, 8 December, 7 – 7.45 p.m., St. Bart's. A short, candle-lit service with hymns. Just come!
- **Lectio Divina**  
Early 2022 – to be held here at St. Bart's – dates to be confirmed. A series of small gatherings for prayer and quiet reflection on readings from scripture. Contact Margaret (See below) to register interest.

## Private Prayer Resources

We have put together some helpful resources to support you in prayer at home.

- **Pray As You Go** ( <https://pray-as-you-go.org/> ) Short daily prayer and more whenever you need it. Ignatian inspiration, Jesuit prayer on the go.
- **Alone** ( [Support | Alone Together](#) ) Resources offered by people from monastic traditions and other traditions to help you deal with the COVID-19 reality, isolation, and loneliness.
- **ibreviary** ( <https://www.ibreviary.com/m2/breviario.php> ) Traditional Catholic prayer of the Breviary and all the texts of the Liturgy.
- **Universalis** ( <https://universalis.com/about.htm> ) The psalms and readings for each hour of today, every day.

## Catholic News

The following provide interesting and topical Catholic news, articles, and spiritual material to support and develop our Catholic faith.

- **The Catholic Herald** ( <https://catholicherald.co.uk/> ) newspaper is now a magazine online.
- **The Tablet** ( <https://www.thetablet.co.uk/> ) Weekly in print and digitally.
- **Independent Catholic News** ( <https://www.indcatholicnews.com/> ) Online Catholic news from lay journalists.

We hope that this information is helpful to you, please do get in touch with us for further information and, also, if you wish to become part of our team!

Peter (Lead), Eamon, Jackie, Katherine, and Margaret

St Bart's Spirituality Group - contact us through the parish office on 01727 850066 or by email at [stalbanssouth@rcdow.org.uk](mailto:stalbanssouth@rcdow.org.uk)

- St Bart's website <https://parish.rcdow.org.uk/stalbanssouth/>
- St. Bart's Facebook <https://www.facebook.com/StBartsRCChurch/>