



OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH

Parish Office: 2 Tynemouth Street, Fulham, SW6 2QT

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WEB: <https://parish.rcdow.org.uk/stephendaleroad>

Parish Priest: Fr Bernard Akoeso bernardakoeso@rcdow.org.uk

Parish Administrator: Susan Keogh stephendaleroad@rcdow.org.uk

Office Hours: Mon, Tues, Wed: 10am - 5pm

PARISH NOTICES

✘ **ASH WEDNESDAY:** Mass will be held here at 10am on Wednesday 5th March. Evening Mass at 7pm will be in Holy Cross, Parsons Green.

✘ **SAFEGUARDING REPRESENTATIVE:** If you would like to be considered as our new Safeguarding Officer please contact the office or speak to Jackie Charles. There is a poster in the church with more details.

✘ **IT SKILLS:** Do you have experience with IT? Could you help us with installing a new WiFi booster? Please contact Susan in the office.

✘ **CARDINAL'S LENTEN APPEAL 2025:** This Holy Year invites us to be 'Pilgrims of Hope'. We invite you to consider supporting work being done in the Diocese of Westminster to bring hope into many lives. Your contributions will help fund vital projects across our Diocese, including Youth & Evangelisation, Social Action, Marriage & Family Life, and Catholic Education Initiatives. His Eminence, Cardinal Nichols, extends his heartfelt thanks to all who give what they can to this meaningful cause. Donation envelopes are available today, and you can also contribute online using the QR code. Thank you for your kindness and support.

✘ **JUBILEE VOLUNTEERING FAIR:** Saturday 8th March, 3pm - 5pm in Cathedral Hall, Ambrosden Avenue, SW1P 1QW. To celebrate the Jubilee of Volunteering Caritas Westminster are inviting you to a Volunteering Fair. To find out more please visit <https://caritaswestminster.org.uk/event/jubilee-volunteering-fair/> or email cvs@rcdow.org.uk Make Jubilee 2025 a rewarding year through volunteering!

✘ **JUBILEE YEAR:** A great theme of the Year is that of Pilgrimage and Walking Pilgrimages in particular. The Diocese have devised the **Westminster Way**, a gentle (ish) walk of about 5 miles from Tower Hill to the Cathedral, passing through Moorfields, Charterhouse, Ely Place, Maiden Lane and Westminster. There are good resources to use available on the Diocesan Website: <https://rcdow.org.uk/jubilee-2025/>

✘ **MEDJUGORJE APOSTOLATE RETREAT:** Fr Marinko Šakota OFM, the former parish priest of St James, Medjugorje to lead the Medjugorje Apostolate Annual Retreat, which will take place from Friday 7th March to Sunday 9th March 2025 at the Kairos Centre, Roehampton, London. The retreat is residential but **there are places for day participants**. For more information and to book please contact Paul Spencer at pilgrimsofmary@hotmail.com or on 07710567183 before 31/1/25.

✘ **LOURDES PILGRIMAGE:** Led by Cardinal Vincent Nichols the pilgrimage is from 25th July - 1st August. Contact Elizabeth Uwalaka at: 0207 798 9173 lourdes@rcdow.org.uk rcdow.org.uk/pilgrimages/lourdes

✘ **THANKSGIVING MASS FOR MATRIMONY:** Annual Mass of Thanksgiving for Matrimony at Westminster Cathedral on Saturday 17th May 2025 at 2:30pm.

The Cardinal invites couples in the Diocese celebrating in 2025 their **5th, 10th, 25th, 30th, 40th, 50th, and 60th (and any year over 60)** wedding anniversary of Catholic marriage. Please give your parish these details: husband and wife's names, wedding date, number of years married, postal address, email (or phone number, if no email). Details of attendees are then sent by the parish to family@rcdow.org.uk

✘ **MASS FOR BEREAVED PARENTS:** Westminster Cathedral on Saturday, 5th April, at 2:00 PM.

✘ **A DAY WITH MARY:** A Day With Mary is taking place at Westminster Cathedral on Saturday 1 March 2025 (9.45am to 5.00pm). Further information is available at: <https://www adaywithmary.org/> or <https://eventcatholic.com/>

✘ **CONFIRMATION CLASSES:** Applications for Confirmation 2025 are now open. The forms are available on the table at the back of church. All candidates must be in Year 10 or above. Applications must be submitted on or before the 2nd March. Classes will begin at 6.30pm on Tuesday 18th March at Holy Cross Church Parsons Green. Any questions please contact Jackie Charles: stephendaleroadcat@rcdow.org.uk

✘ **FIRST HOLY COMMUNION CLASS:** All classes will begin at 9.45am in the hall. Please be punctual and collect your children at 10.40am.

✘ **CONTACTLESS MACHINE:** The contactless machine by the candle stand isn't available because the socket isn't working so it's not charging. Please be patient as the problem with some of the sockets on that side of the church is longstanding but in the meantime kindly use the other machine.

✘ **PARISH GROUPS:** All parishioners and non-parishioners are welcome to join these groups:

THE EVERGREEN CLUB: They meet on Mondays 1-3pm in the hall for a chat over tea, coffee and cake. There is a weekly raffle, games, monthly bingo and guest speakers. It's a chance to meet new friends and is open to all ages. There's a weekly donation of £3 to cover costs.

MEDITATION: "Would you like to mark this lent a little more special? Have you always wondered what meditation is about? If so, why not join the Fulham meditation group at Our Lady's in Stephendale Road during lent. We meet every Wednesday at 6.30-7.30pm for this ancient way of silent prayer (entrance is at the first door to the left of the church building in Tynemouth Street). Introduction and guidance will be given. Any questions, ask Fr Bernard or email Pia (pia.huber@gmail.com)."

✘ **PRAYERS FOR THE SICK:** Please can you remember the sick of our parish in your prayers: Connie Arowojolu; Baby Gloria; Jacqueline Kelleher; Patrick Murphy; Maureen Palmer; Alma Smith.

✘ **PARISH CONTACTS:**

Jackie Charles: First Holy Communion and Confirmation: stephendaleroadcat@rcdow.org.uk

Liz Cetin: Baptism Preparation Classes: cetinliz@yahoo.com

✘ **PLEASE GIFT AID YOUR CONTACTLESS DONATIONS:** When making your donation by card there is the option to gift aid your donation on the screen, simply click yes and once you have entered your details you do not have to do it again for future donations. Please ensure that we have the full first line of your address. For more info visit: <https://parish.rcdow.org.uk/stephendaleroad/donate/other-ways-to-give/>

✘ **MASS TIMES:**

Weekend Masses: Saturday 7pm Sunday 10.45am

Weekday Masses: Wednesday 10am Saturday 10am followed by Exposition and Confession

| DATE | TIME | CELEBRATION MASS | PAGE |
|------------------------|-----------------|--------------------------------|------|
| 2 nd March | 7pm and 10.45am | Eighth Sunday in Ordinary Time | 144 |
| 5 th March | 10am | Ash Wednesday | 149 |
| 9 th March | 7pm and 10.45am | First Sunday of Lent | 153 |
| 16 th March | 7pm and 10.45am | Second Sunday of Lent | 156 |
| 23 rd March | 7pm and 10.45am | Third Sunday of Lent | 160 |
| 30 th March | 7pm and 10.45am | Fourth Sunday of Lent | 168 |

THE SANCTUARY LAMP

If you would like the Sanctuary Lamp lit before the Blessed Sacrament for a particular intention please send an email to the office. Each lamp burns for a week.

This week's special intention is for: Maureen Palmer

