OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH
Parish Office: 2 Tynemouth Street, Fulham, SW6 2QT
TEL: 020 7736 4864
WEB: https://parish.rcdow.org.uk/stephendaleroad

Parish Priest: Fr Bernard Akoeso bernardakoeso@rcdow.org.uk
Parish Administrator: Susan Keogh stephendaleroad@rcdow.org.uk
Catechetical Coordinator: Jackie Charles stephendaleroadcat@rcdow.org.uk
Office Hours: Mon, Tues, Wed: 10am-5pm

PARISH NOTICES

✠ **FR BERNARD'S HOLIDAY:** Fr Bernard will be away until 10th September. During his absence there will be **no weekday Masses**, **no Saturday evening Mass** and **Sunday Mass will be at 11am.** Normal Mass times will resume from 12th September.

✠ **H&F HEALTHY HOMES: For residents struggling with damp, mould or rising energy bills:**

- Free home energy visits and behavioural change
- Free simple energy-saving measures and installations
- Support with energy debt
- Help accessing grants and benefits that can make a significant difference to household comfort and energy bills

Please visit the webpage H&F Healthy Homes | London Borough of Hammersmith & Fulham to apply for support. There is a poster in the porch too.

✠ **RELATIONSHIP ISSUES:** When we experience marital stress, we need help to move from isolation toward renewed communication, consolation, and hope. Please visit this website for support: https://rcdow.org.uk/news/when-love-needs-first-aid/

✠ **OPPOSE ASSISTED SUICIDE:** The Terminally Ill Adults (End of Life) Bill is back in the House of Commons and seeks to legalise assisted suicide. This would undermine the **sanctity** and **dignity** of human life. We are against this Bill in principle and it remains deeply flawed and dangerous in practice. **There will be a vote on Friday, 11 September 2026 - please contact your MP asap. This website has many useful resources:** Oppose Assisted Suicide - Catholic Bishops' Conference

✠ **MARRIAGE GUIDANCE:** here are podcasts from CBCEW marking the 80th anniversary of Marriage Care with some useful insights on ways of nurturing and feeding marriage.
https://www.cbcew.org.uk/chair-marriage-care-on-the-ingredients-for-a-strong-relationship/
Marriage: the grace of the present moment
https://rcdow.org.uk/news/marriage-the-grace-of-the-present-moment/

✠ **APPOINTMENTS WITH FR BERNARD:** Fr Bernard is only available to meet with parishioners on **Wednesdays** from 11am**.**

✠ **BAPTISM:** Before your child can be Baptised parents must make an appointment to meet with Fr Bernard, at least one of whom should be a Baptised, practicing Catholic. Under Canon Law there must be a reasonable expectation that Catholic parents requesting Baptism of their child should be practicing their faith. Fr Bernard requires the Baptism certificates of the parents and the Baptism **and** Confirmation certificates of each Godparent. Please contact the office to make an appointment with Fr Bernard.

✠ **PARISH GROUPS:** Everyone, parishioners and non-parishioners, are welcome to join these groups:

THE EVERGREEN CLUB: meet on Mondays 1-3pm in the church hall for a chat over tea/coffee, biscuits and cake. It's a chance to meet new friends and is open to all ages.

MEDITATION: Have you ever wondered what meditation is about? If so, why not join our meditation at Our Lady's in Stephendale Road. We meet every Wednesday at 6.30-7.30pm for this ancient way of silent prayer (entrance is at the first door to the left of the church building in Tynemouth Street). Introduction and guidance will be given. Any questions ask Fr Bernard or email Pia: pia.huber@gmail.com

✠ **PRAYERS FOR THE SICK:** Please can you remember the sick of our parish in your prayers:
Connie Arowojolu; Patricia Bland; Manuel Da Costa; Bill Fleming; Cynthia James; Jacqueline Kelleher; Maureen Palmer; Alma Smith.

✠ **PLEASE GIFT AID YOUR CONTACTLESS DONATIONS:** When making your donation by card you will see the option to gift aid your donation on the screen, simply click yes. It is **essential** that you enter your **full name** and **full first line of your address and postcode**, it then remembers for future donations. For more info visit: https://parish.rcdow.org.uk/stephendaleroad/donate/other-ways-to-give/

✠ **NORMAL MASS TIMES:** (During summer holidays please see the table below)

Our Lady's: Wednesday: **10am** Saturday: **10am** (followed by Adoration and Confession); **7pm** Vigil Mass; Sunday: **10.30am**

Holy Cross: Tuesday, Thursday and Friday: **9.30am**; Saturday: **5.30pm** Vigil Mass;
Sunday: **9am** Family **12pm** Solemn (**Please check their website for Summer Mass times**)

DATE	TIME	CELEBRATION MASS	PAGE	PRIEST
23rd August	11am	21st Sunday in Ordinary Time	120	Canon John O'Leary
30th August	11am	22nd Sunday in Ordinary Time	122	Fr Roger Taylor
6th Sept	11am	23rd Sunday in Ordinary Time	125	Fr Joe Ryan

THE SANCTUARY LAMP
If you would like the Sanctuary Lamp lit before the Blessed Sacrament for a particular intention please send an email to the office. Each lamp burns for a week.
This week's special intention is for: Patricia Bland