

Prayers Honouring Mary

Act of Consecration to Mary

O my Queen, o my mother, I love you and give myself to you. I give to you this day my eyes, my ears, my mouth, my heart, my whole self. Since I am yours, keep me and guard me as your child forever. **Amen.**

Salve Regina

Hail, Holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

The Salve Regina is one of the Marian Anthems sung at Night Prayer.

Magnificat

My soul glorifies the Lord,
My spirit rejoices in God my Saviour.
He looks on his servant in her lowliness;
Henceforth all generations will call me blessed.
The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.
He puts forth his arm in strength
And scatters the proud hearted.
He casts the mighty from their thrones
And raises the lowly.
He fills the starving with good things,
Sends the rich away empty.
He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end. **Amen.**

Mary's song of praise was first sung to her cousin Elizabeth (Luke 1:46-55). It is sung daily at Evening Prayer.

Memorare

Remember, most loving Virgin Mary, never was it heard
that anyone who turned to you for help was left unaided.
Inspired by this confidence, though burdened by my sins,
I run to your protection for you are my mother.
Mother of the Word of God, do not despise my words of pleading
but be merciful and hear my prayer. **Amen.**

A 16th century version of a longer 15th century prayer.

The Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V. And the Word was made flesh.

R. And dwelt among us.

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray; Pour forth, we beseech thee, O Lord, thy grace into our hearts;
that we, to whom the Incarnation of Christ, thy Son,
was made known by the message of an angel,
may by his Passion and Cross be brought to the glory of his Resurrection.
Through the same Christ, our Lord. Amen.

The Angelus is traditionally said three times a day: 6am, 12 noon, 6pm.

Prayers listed here have been sourced from Liturgy Office of England and Wales:
<https://www.liturgyoffice.org.uk/Prayer/Traditional/Prayers.shtml>