



PRECIOUS WOUNDS BULLETIN

The Five Precious Wounds Catholic Church,
Brentfield Road, Stonebridge, London NW10 8ER

Mass Times: Saturdays 6 pm;
Sundays 10 am & 12:00 noon.
Monday, Tuesday, Wednesday, Friday 10am.
Holy Hour: Fridays after Mass
Confessions: Fridays after Mass from 10:40 am
to 11:20 am, Saturday 5:15pm - 5:45pm
Office open: Monday, Wednesday and Friday,
10.30am – 2.30pm
Website:
<https://parish.rcdow.org.uk/stonebridge>
Telephone 020 89653313
email stonebridge@rcdow.org.uk

Clergy: Father Tony Thomas
(tonythomas@rcdow.org.uk) and
Deacon Andrew Safo-Poku
School: Our Lady of Lourdes Primary School
www.lourdes.brent.sch.uk
Nigerian Friends meet Monthly on the 2nd Sunday of
the month at 1 pm
Ghanaian Association meet Monthly on the last
Sunday of the month at 1 pm
Filipino Association: Mass on the First Sunday of the
month at 3 pm
NeoCatechumenal Way: Wednesday evenings at
8.00pm and Saturday evenings at 8pm in the hall

5th Sunday in Ordinary Time (5th February 2023)

TODAY'S MASS READINGS

Entrance Antiphon: Ps 94: 6-7
O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

First reading: Isaiah 58:7-10
Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and do not turn from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like
noon.

Responsorial Psalm:
Psalm 111(112):4-9

The good man is a light in the darkness for
the upright.

He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour.

The good man is a light in the darkness for the upright.

The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord.

The good man is a light in the darkness for the upright.

With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory.

The good man is a light in the darkness for the upright.

Second reading: 1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not

depend on human philosophy but on the power of God.

Gospel Acclamation: Jn8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;
anyone who follows me will have the light of life.

Alleluia!

Gospel: Matthew 5:13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

Communion Antiphon: Cf. Ps 106: 8-9

Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

GOSPEL REFLECTION

In Matthew's Gospel these eight blessings stand at the head of the Sermon on the Mount, pointing out eight ways in which we can welcome God into our lives. They

are ways of living out God's blessing. The first and the last knit them all together with the phrase 'theirs is the kingdom of heaven'. In his Gospel, Luke also begins his Sermon on the Plain with four such blessings - only his blessings focus more on those who are materially poor and in need, whereas Matthew's concentrate on the spiritual attitudes required of the Christian, 'poor in spirit, hunger and thirst for justice'.

Jesus came to proclaim the kingship of his Father, and these are ways of living it. For each beatitude, do you know someone who exemplifies the attitude? Which is your own favourite? For most of them there are gospel incidents in which Jesus illustrates how to live out the beatitude, like the entry into Jerusalem on a donkey as the gentle king, or the love he shows in his welcome to sinners, or his bringing peace to those tortured by disease or contempt, or his purity of heart in his single-minded pre-occupation with his Father's will, or finally his acceptance of persecution for what he knew to be right.



Which of these qualities would you like to have more of?

Which quality will bring you closest to Jesus?

NEWS FROM AROUND THE PARISH

This week's Mass intentions

Saturday 6.00pm - Mary and Brian Shanahan - RIP Anniversary

Sunday 10.00am - Pelagia Fernandez- Thanksgiving and Mary Keaton - RIP Anniversary

Sunday 12 Noon - Nelson Sambrano - RIP

Tuesday 10.00am - Jose Marcial Atienza Junior - Thanksgiving

Wednesday 10.00am - Paul Marshall-RIP Annivers

Thursday 10.00am -Celia Del Rosario - RIP

Friday 10.00am - Regina Atienza - Birthday - Thanksgiving

Saturday 6.00pm - Tim Sheehan - RIP

Sunday 10.00am - Carlos Villanueva Masbad - RIP

Sunday 12 Noon - Medina Retz - Thanksgiving

Last week's collection

Planned giving £367.10 Loose plate £400.58. Our parish relies entirely on your donations to pay our bills, so thank you for making a difference! Many are now switching to making a standing order with their banks to make their weekly contributions. For more information, please visit our website

<https://parish.rcdow.org.uk/stonebridge/donate/> and follow the link to making a donation.

Adoration of the Blessed Sacrament

There is now an extra period of Adoration each week, between 5.00pm and 5.45pm on Saturdays. This is in addition to the Adoration which takes place after the 10.00am Mass on Fridays. All are welcome to come and worship Jesus present on our altar.

Open House There will be no Open House this week. The next Open House, to see Fr Tony

briefly without an appointment, will be on Tuesday 14th February between 5pm and 6pm in the presbytery.

Lenten scripture study – advance notice

During Lent, we will be running the scripture study, No Greater Love. Here's what others have said about this course:

"No Greater Love is a biblical pilgrimage that reveals Christ's amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ's life. You will walk step-by-step with Jesus from the Garden of Gethsemane to the Mount of Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ's suffering and death. Experience a deeper understanding and appreciation of God's immeasurable and unconditional love as you draw closer to Jesus than you ever have before".

No Greater Love will run for 5 weeks from Friday 3rd March at 6pm, before Station of the Cross at 7pm.

The Alpha Course in Stonebridge

Fr Tony writes: As some of you know, I didn't grow up as a practising Christian, but came to faith when I took an Alpha Course 20 years ago. Alpha changed my life! It runs over several weeks and is a space where anyone – believers or non-believers alike – can come together to chat about faith, life and God in a friendly, open and informal setting.

Recently at Five Precious Wounds we began a trial Alpha Course with a small number of parishioners. In due course, all being well, I would love to run an Alpha to which the whole

parish will be invited. Please do pray for God's blessing on this new initiative; that, through it, parishioners may have a deeper experience of the Father's love and a renewed friendship with Jesus Christ.

Pedrupillai Joseph Lawrence RIP

The funeral of the late P. Joseph Lawrence will take place on 14th February 2023 at 11.30am. Please pray for the repose of his soul. May he rest in peace.

Baptism preparation classes

Parents wishing to have their children baptised should attend a class on one of the following dates: 7th February, 18th April, 6th June. Classes begin at 7.30pm and take place in the hall. Please let Fr Tony know if you would like to attend (tonythomas@rcdow.org.uk).

The Church calls Baptism '...the basis of the whole Christian life [and] the gateway to life in the Spirit' (CCC 1212). As a sign of the importance of this sacrament, parents who wish to have their children baptised should be attending Mass on a weekly basis.

First Holy Communion classes: The First Holy Communion classes will continue today 5th February, and thereafter 12th February, at 10.45am.

Attendance at Mass is important at any time, but especially as we prepare our youngsters for their First Holy Communion. This year, we are asking parents of First Holy Communion children to sign a register of attendance at Sunday Mass. This will be available at the back of church during the 6.00pm (Saturday) and 10.00am and 12.00pm (Sunday) Masses. Please do sign this register; your presence at Mass with your child will be a great support to them at this important stage in their faith journey.

Confirmation 2023

Our Confirmation preparation will take place in April and May, with the Sacrament of Confirmation being celebrated by Bishop John Sherrington in June. Please take an application form from the back of church and bring it to the enrolment meeting which will take place after the 12pm Mass on Sunday 12th March.

Second collection – White Flower Appeal

There will be second collection this weekend on behalf of the SPUC White Flower appeal. SPUC wants a world where abortion is unthinkable, and is raising awareness of the widespread problem of abortion coercion. According to an independent poll, 87% of GPs are concerned that the Government's "pills by post" scheme leaves women vulnerable to coerced abortion. SPUC is calling on the Prime Minister to condemn this abhorrent tragedy. A speaker from the charity will speak for a short while at the end of Masses. Please support this appeal as generously as you can.

World Day of the Sick 2023, Mass for the Sick

Saturday 11th February 2023 is the 31st World Day of the Sick, the Memoria of Our Lady of Lourdes. There will be a Mass for the Sick at the Cathedral at 2.30pm, celebrated by the Cardinal, during which Anointing of the Sick will be offered.

Those who are interested to attend can give their names to the parish office.

Thinking about becoming a Catholic?

If you are a non-Catholic thinking about exploring the Catholic faith - or if you are an adult who was baptised but never confirmed - then please consider joining our RCIA (Rite of Christian Initiation for Adults) programme. The RCIA is an introduction to Catholic Christianity which can lead to the reception of the

sacraments of Baptism and/or Confirmation. There is an RCIA programme currently ongoing, and Fr Tony is hoping to start another in the autumn - please speak to him if you are interested.

Sick or housebound Please keep in your prayers our parishioners who are sick or housebound: Pete Julien, Amar Atienza, Betty O'Reilly (Elizabeth), Eileen Dowd, Marcella Frawley. *Please give the names of any sick or housebound you would like mentioned in the newsletter to Fr Tony or Violet, our administrator.*

Mass intentions

Arranging to have a Mass celebrated for someone's intentions, or for the repose of their soul, is a great act of faith and love. If you would like to book a Mass intention, please do so by phoning the parish during office hours (see above), by visiting the repository on Sunday mornings, or by taking a Mass intention envelope and putting it through the door or the presbytery.

Contactless Giving

DONA is a new Diocesan scheme to make your weekly giving to the parish (and any one-off giving) much easier. It is a debit/credit card contactless payment system. We have introduced DONA in the parish. You'll see the machine on the left as you enter the main body of the church. Please do use it as you wish, especially if you choose to carry no cash. You can choose to gift-aid your donations if you are a UK taxpayer. Please note that DONA will also be

available to make card payments in the repository.

Monthly devotions

First Saturday Devotion – Rosary Group: first Saturday of each month at 4.00pm in the parish hall.

Divine Mercy Devotion: third Saturday of each month at 3.00pm in the parish hall.

Tea and coffee after Mass

Please join us in the hall for refreshments after the 12.00pm Mass on Sundays and after all weekday Masses.

Altar servers

We are once again able to recruit new and old servers for Mass. If you would like your child to serve at the Mass, please give your child's details to Deacon Andrew after Mass. We expect a high standard from our servers. Children must wear black shoes and are expected to arrive 30 minutes before Mass begins to go through training each Sunday.



Diocese Of Westminster Pilgrimage To Lourdes

from Friday 21st to Friday 28th July 2022. Book online or contact our office. More information on the noticeboard. website <https://rcdow.org.uk/pilgrimages/lourdes/>

CHILDREN'S CORNER



This wordsearch is inspired by today's Gospel.
How many hidden words can you find?

A	M	A	R	T	A	H	R	A	M
S	I	T	E	E	F	A	L	B	A
R	S	E	Y	A	H	A	E	L	B
E	Y	U	A	T	Z	T	N	M	Y
T	R	O	R	A	H	E	O	S	T
S	A	A	P	A	R	T	T	R	E
I	M	A	N	Y	Z	U	S	U	B
S	U	Y	R	A	E	A	D	U	J
R	A	Z	A	L	A	Z	L	O	T
T	N	E	M	T	N	I	O	E	R

LAZARUS
BETHANY
SISTERS
MARTHA
MARY
OINTMENT
FEET
BROTHER
JUDAEA
TOMB
STONE
PRAYER



QUOTE OF THE WEEK



**"God acts with His good servant, who puts
his hope in Him and remains unshaken in
times of distress"**

*-St. Jerome Emilian,
whose feast day falls on 8th February*

THIS WEEK'S LITURGY

Sunday 5th February 2023

Isaiah 58:7-10 'Then will your light shine like the dawn'

1 Corinthians 2:1-5 'The only knowledge I claimed was of the crucified Christ'

Matthew 5:13-16 'Your light must shine in the sight of men'

Monday 6th February

Genesis 1:1-19 'God saw that it was good'

Mark 6:53-56 'All those who touched him were cured'

Tuesday 7th February

Genesis 1:20-2:4 'Let us make man in our own image'

Mark 7:1-13 'You get round the commandment of God to preserve your own tradition'

Wednesday 8th February - St Jerome Emilian; St Josephine Bakhita

Genesis 2:4-9,15-17 'The Lord God fashioned man out of dust'

Mark 7:14-23 'It is what comes out of a man that makes him unclean'



Thursday 9th February

Genesis 2:18-25 'Man and wife become one body'

Mark: 7:24-30 'The astuteness of the Syro-Phoenician woman'

Friday 10th February - Saint Scholastica, Virgin

Genesis 3:1-8 'The fall of man'

Mark 7:31-37 'He makes the deaf hear and the dumb speak'

Saturday 11th February

Genesis 3:9-24 'The expulsion from the Garden of Eden'

Mark 8:1-10 'The feeding of the four thousand'