

FIVE PRECIOUS WOUNDS

CATHOLIC CHURCH



Parish Bulletin – 19th Sunday in Ordinary time – 13th August 2023

Welcome to everybody at Mass today and especially to anyone who is new or visiting. We ask God’s blessing on you and your loved ones this week.

THIS WEEK

Sunday 13th August	
Saturday 6pm	People of the Parish
10am	Lucy Cudroe - RIP Anniversary
12pm	Stella & Paul Cullen - RIP Anniversary
Monday 14th August	
No Mass	
Tuesday 15th August	
10am	Carol Alope - Birthday
Wednesday 16th August	
10am	Edward David Corcoran - RIP 10 th Birthday
Thursday 17th August	
10am	Josemarie David Marshall - Birthday
Friday 18th August	
10am	Anne O’Donovan - RIP Anniversary
Sunday 20th August	
Saturday 6pm	Ricardo Zapanta Sr - RIP Annv
10am	Nellie Josephine & Limbert Peter Perrier - RIP
12pm	Lorna Marie - RIP Anniversary

PARISH SCHEDULE

Sunday Mass:
6pm Saturday (Said Mass), 10.00am (Sung Mass), 12pm (Mass with hymns)

Weekday Mass:
Tuesday – Friday 10.00am

Holy Days of Obligation:
10.00am and 7.00pm

Eucharistic Adoration:
Friday 10.35-11.20am and Saturday 5.00-5.45pm

Confessions:
Friday 10.35-11.20am and Saturday 5.15-5.45pm

NeoCatechumenal Way:
Wednesday evenings at 8.00pm and Saturday evenings at 8pm in the hall

Nigerian Friends:
Monthly on the 2nd Sunday of the month at 1.00 pm

Ghanaian Association:
Monthly on the last Sunday of the month at 1 pm

Filipino Association:
Mass on the First Sunday of the month at 3 pm

First Saturday Devotion – Rosary Group:
First Saturday of each month at 4.00pm in the parish hall.

Divine Mercy Devotion:
Third Saturday of each month at 3.00pm in the parish hall.

GOSPEL REFLECTION

The Christian people are often depicted as a boat, with Peter at the helm. As in a boat, everyone has their part to play: kids to bring the excitement and the challenge, parents to take the responsibility, grandparents just to be there to comfort and reassure. Without Jesus the disciples were getting exhausted, frustrated and probably bad-tempered and quarrelling. When Jesus appears everything changes: first, terror and awed amazement, then Peter rushes to meet him – and loses confidence, only to be swiftly rescued. How does Jesus come to me? In the joys of family? In the unwelcome criticism of an angry neighbour who tells me the truth about myself? In the worries of a job or the agonies of a failed relationship? In the staggering beauty of creation? In physical pain? In all these situations we may discover God’s presence, and without that presence we cannot expect to cope. Jesus does not force himself upon us. He just jogs us, and says, ‘Here I am if you want me.’ He may disappear into the sea-mist again for a time, and we may sink into the water like mistrustful Peter. But it all ends with a welcome and a recognition that Jesus can help, even in a life-threatening situation.



Why is Peter such a good role-model for us?

TODAY'S MASS READINGS

FAITH APPS FOR YOUR PHONE

Here are some great apps to help you develop your faith, which you may be interested in exploring:

Bible in one year • Hallow • Amen • Laudate •
The Catholic App •
Universalis



Entrance Antiphon: Cf. Ps 73: 20, 19, 22, 23

Look to your covenant, O Lord,
and forget not the life of your poor
ones for ever.

Arise, O God, and defend your cause,
and forget not the cries of those who
seek you.

First reading: 1 Kings 19:9,11-13

When Elijah reached Horeb, the
mountain of God, he went into the
cave and spent the night in it. Then he
was told, 'Go out and stand on the
mountain before the Lord.' Then the
Lord himself went by. There came a
mighty wind, so strong it tore the
mountains and shattered the rocks
before the Lord. But the Lord was not
in the wind. After the wind came an
earthquake. But the Lord was not in
the earthquake. After the earthquake
came a fire. But the Lord was not in
the fire. And after the fire there came
the sound of a gentle breeze. And
when Elijah heard this, he covered his
face with his cloak and went out and
stood at the entrance of the cave.

Responsorial Psalm

Psalm 84(85):9-14

Let us see, O Lord, your mercy, and
give us your saving help.

I will hear what the Lord God has to
say,
a voice that speaks of peace.
His help is near for those who fear
him
and his glory will dwell in our land.

Let us see, O Lord, your mercy, and
give us your saving help.

Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the
earth
and justice look down from heaven.

Let us see, O Lord, your mercy, and
give us your saving help.

The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps.

Let us see, O Lord, your mercy, and
give us your saving help.

Second reading: Romans 9:1-5

What I want to say now is no pretence;
I say it in union with Christ – it is the
truth – my conscience in union with
the Holy Spirit assures me of it too.
What I want to say is this: my sorrow
is so great, my mental anguish so
endless, I would willingly be
condemned and be cut off from Christ
if it could help my brothers of Israel,
my own flesh and blood. They were
adopted as sons, they were given the
glory and the covenants; the Law and
the ritual were drawn up for them,
and the promises were made to them.
They are descended from the
patriarchs and from their flesh and

blood came Christ who is above all,
God for ever blessed! Amen.

Gospel Acclamation: cf.Lk19:38,2:14
Alleluia, alleluia!
Blessings on the King who comes,
in the name of the Lord!
Peace in heaven
and glory in the highest heavens!
Alleluia!

Gospel: Matthew 14:22-33

Jesus made the disciples get into the
boat and go on ahead to the other
side while he would send the crowds
away. After sending the crowds away
he went up into the hills by himself to
pray. When evening came, he was
there alone, while the boat, by now
far out on the lake, was battling with
a heavy sea, for there was a head-
wind. In the fourth watch of the night
he went towards them, walking on
the lake, and when the disciples saw
him walking on the lake they were
terrified. 'It is a ghost' they said, and
cried out in fear. But at once Jesus
called out to them, saying, 'Courage!
It is I! Do not be afraid.' It was Peter
who answered. 'Lord,' he said 'if it is
you, tell me to come to you across the
water.' 'Come' said Jesus. Then Peter
got out of the boat and started
walking towards Jesus across the
water, but as soon as he felt the force
of the wind, he took fright and began
to sink. 'Lord! Save me!' he cried.
Jesus put out his hand at once and
held him. 'Man of little faith,' he said
'why did you doubt?' And as they got
into the boat the wind dropped. The
men in the boat bowed down before
him and said, 'Truly, you are the Son
of God.'

Communion Antiphon: Ps 147: 12, 14
O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

AROUND THE PARISH



LAST WEEK'S COLLECTION

Planned giving £413.03, loose plate £422.54. Our parish relies entirely on your donations to pay our bills, so thank you for making a difference! Many are now switching to making a standing order with their banks to make their weekly contributions. For more information, please visit our website <https://parish.rcdow.org.uk/stonebridge/donate/> and follow the link to making a donation.

Parish festival and BBQ

Our parish festival and BBQ takes place TODAY, Sunday 13th August. After the 12pm Mass there will be a Marian procession, followed by a BBQ (for which there will be a small charge), food, drink and music in the garden. All are welcome and we pray for a joyful gathering and celebration.

Solemnity of the Assumption

Tuesday 15th August is the Solemnity of the Assumption and is a Holy Day of Obligation. There will be Masses here at 10.00am and 7.00pm.

Good news about the repository

As you know, the repository (church shop) has been closed for some time while we looked for new volunteers to run it. A couple of generous volunteers have stepped forward and the repository will soon open again on the first Sunday of each month. Are you able to help in the repository so we can extend these opening hours even further? Please speak to Fr Tony or Deacon Andrew if you can.

Meeting of catechists

On Saturday 19th August we will hold a meeting for all our parish catechists (First Holy Communion, Confirmation and RCIA) at 11am in the Hall. We will discuss the recent catechists' summer gathering, review last year's sacramental programmes, and discuss plans for the forthcoming year.

Alpha

Our parish Alpha course starts on Thursday 21st September at 6.30pm. See more details on the back page of this newsletter.

Baptism preparation

The next baptism preparation session, for parents wishing to have children baptised, will be on Tuesday 12th September at 7.30pm in the hall. Please email Fr Tony if you wish to attend. Parents wishing to have their children baptised should be attending Mass regularly. There will be another baptism preparation session on Tuesday 7th November.

Parish social events

Sunday 15th October at 1pm - Parish Sunday lunch.

Sunday 17th December at 6pm - Parish carol concert and reception.

Information about further social events will be published soon.

Volunteers needed

Our parishioner Arlene has very kindly offered to establish a rota for church cleaning. We currently rely on a very small group of people to carry out this ministry. Cleaning will most likely take place on Friday and Saturday mornings. Please call Arlene on 07817 548690 if you are able to help. Thank you.

Open House There will be an Open House this Tuesday between 5pm and 6pm in the presbytery, to see Fr Tony briefly without an appointment.

Planned giving envelopes

Planned giving envelopes for the new financial year 2023-24 are ready for collection. They can be collected at the back of the Church after Mass today. If you can remember your envelope number, it will be helpful while collecting your envelope box. If anyone would like to contribute their offertory through planned giving envelopes, please let us know. We can provide you with the new envelopes.

Mass intentions

If you would like to book a Mass intention, please do so by phoning the parish during office hours, by taking a Mass intention envelope and putting it through the door of the presbytery, or by speaking to one of our stewards at the end of a Sunday Mass.

Contactless Giving

You'll see our contactless giving machine on the right as you enter the main body of the church. Please do use it as you wish, especially if you choose to carry no cash. You can choose to gift-aid your donations if you are a UK taxpayer. Please note that DONA will also be available to make card payments in the repository.

Gift Aid

If you are currently registered for Gift Aid but are no longer eligible, please let Violet in the office know, so that we can update our records.

The Society of the Protection of Unborn

Children needs volunteers to help with labelling and packing letters and other office duties at their HQ office in Kennington, London SE11 4A. Suit all ages 16 and over. Lunch is provided and fares will be refunded. Please contact Elizabeth Foody on 020 7091 7091.

Diocesan Pilgrimage to Walsingham on

Saturday 23rd September 2023. More information is on the Notice Board.

Celebrate summer family activity pack

Download the brand new CELEBRATE online family activity pack for summer! Packed full of activities to do, pray, read and watch, this online resource will give you ideas on how to connect with God, your family and others. Why not try the CELEBRATE Summer Psalm walk in this pack at your local park or on holiday? Use this link to download the CELEBRATE SUMMER pack for free today - <https://www.celebratetrust.org/onlinefamilyactivitypacks>

Claire Fernandes

CELEBRATE Children and Family Lead

<https://www.celebratetrust.org/>

Follow us:

Instagram: @celebratetrust

Facebook: @Celebratetrust.org

Young Adults Formation

The Community of Our Lady of Walsingham (COLW) is offering an opportunity to Catholic men and women aged 18 - 35 to live alongside their community in Norfolk for a week this summer. As well as joining community prayers, meals and activities, young adults will receive formation on topics such *Prayer, Scripture, Discernment and the Spirituality of Walsingham*.

There are two choices of dates: 14th - 21st August or 30th August - 6th September. More information can be found here: [News & Events | The Community of Our Lady of Walsingham \(walsinghamcommunity.org\)](https://www.walsinghamcommunity.org/)

Diocesan Jobs

For the Job vacancies of Westminster Diocese please see the Notice Board or please visit <https://jobs.rcdow.org.uk/>

AROUND THE PARISH

HOW TO CONTACT US

Address:
Brentfield Road, London, NW10 8ER
Telephone:
0208 965 3313
Website:
<https://parish.rcdow.org.uk/stonebridge>

Parish priest:
Fr Tony Thomas
tonythomas@rcdow.org.uk
Permanent Deacon:
Rev. Andrew Safo Poku
andrewsafofoku@rcdow.org.uk
Parish administrator:
Violet D'Souza
stonebridge@rcdow.org.uk

Safeguarding representative:
Janeen Nwosu
stonebridgesg@safeguardrcdow.org.uk
Primary School
Our Lady of Lourdes Primary School
www.lourdes.brent.sch.uk

The parish office is open from 10.30-2.30pm on Tuesdays, Wednesdays and Fridays.
There is an 'Open House' each Tuesday between 5.00pm and 6.00pm to see Fr Tony briefly without an appointment.

THE ALPHA COURSE

Fr Tony writes: the Alpha Course runs over eleven weeks and is a space where anyone – believers or non-believers alike – can come together to chat about faith, life and God in a friendly, open and informal setting.
We will begin an Alpha course at Five Precious Wounds on **Thursday 21st September at 6.30pm**. All are welcome, though numbers are limited. For further information or to register for Alpha, see the leaflets in the porch, or email stonebridgealpha@rcdow.org.uk. Please also do pray for God's blessing on this new initiative; that, through it, parishioners may have a deeper experience of the Father's love and a renewed friendship with Jesus Christ.



QUOTE OF THE WEEK

Jesus belongs to you, but more than that, He longs to be in you, living and ruling in you, as the head lives and rules in the body. He wants His breath to be in your breath, His heart in your heart, and His soul in your soul.

Saint John Eudes
whose feast day falls this Saturday

CHILDREN'S CORNER

This wordsearch is inspired by today's Gospel. How many hidden words can you find?

I	S	E	L	P	I	C	S	I	D
C	D	G	G	R	S	A	V	E	N
S	I	N	K	A	S	E	I	Y	I
T	H	I	A	Y	R	F	L	D	W
B	G	N	E	H	I	U	F	I	D
U	H	E	H	R	R	L	O	R	A
O	O	V	R	T	A	E	R	C	E
D	S	E	A	K	I	N	C	E	H
E	T	O	E	O	R	A	E	F	R
O	B	H	T	R	U	O	F	E	A

DISCIPLES BOAT PRAY

LAKE HEADWIND TERRIFIED

GHOST FEAR COURAGE

SINK FAITH DOUBT

TEA AND COFFEE AFTER MASS

There are refreshments in the hall after the 12.00pm Mass on Sundays and after all weekday Masses.
Please join us for a friendly cuppa and chat!

PRAYERS, PLEASE

Please keep in your prayers our parishioners who are sick or housebound:

Anna Nicol, Kadeem Edwards, Amar Atienza, Betty O'Reily (Elizabeth), Eileen Dowd, Marcella Frawley, Valda Baptist, Omolara Ademuyiwa, Theophilus Ademuyiwa

Please give the names of any sick or housebound you would like mentioned in the newsletter to Fr Tony or Violet, our administrator.