



PRAYING TOGETHER FOR THE CHURCH, THE WORLD, THE PARISH & ONE ANOTHER

SICK & HOUSEBOUND: PC, Yee Wing, CPO, Gillian Gibb, Phyllis Coffey, Ann Hull, Margaret O'Hanlon, Chris, RC, Theresa Mulvaney, Jodie Clarke, Kieran Maher, Rose Knights, Mary Honey, Peggy & John Cox, Diego Campigotto, Edel Rickard, Polly Thompson, Jean McGrath, Antonio Rodrigues, Julie & Lawrence Hayes, Margaret O'Brien, Michael Rynne, Mary Geaghan, Annemarie Dax, Special Intention, Terry Highland, Colleen Thomas, Joe Nemeth, Helen Faria, Margaret Callighne, Frank Hunt, Maggie Kirrane, Vera Hylton, Monica Wisniewicz, Geraldine O'Toole, Eileen Harrison, Ian Measham, David Colville, Josephine Smullen, Edward Reilly, Betty Cain, James McHugh, Callum Stewart-Robert, Betty Hickey, Bernie Marren, Sadie Burgess, Shayanayaki Kaithampillai, Richard Howse, Mia Harrison, RK., Special Intention, Ann Nemeth, Marjorie Hoareau, Max Perera, Nick Holmes, Michael Howard, George McDermott, Josie Redmond, Michael Fahy, Victor Jude Booth, Mary E. Malone, Michael Griffin Snr., JK, Titus Fernandes, Phoebe Corbett, Maureen O'Sullivan.

RECENTLY DEPARTED: Tony Rammelt, Patrick Hughes, Noleen Bell, Ron Pengilly, Querobina Lobo.

ANNIVERSARIES OF THE DEPARTED : Egito Ricardo (4th Ann), Roy Justin.

RECENTLY BAPTISED: Michael Roy Kelly.

INTENTIONS OF POPE FRANCIS FOR JULY:

Universal: Indigenous Peoples That indigenous peoples, whose identity and very existence are threatened, will be shown due respect.

Evangelization: Latin America and the Caribbean That the Church in Latin America and the Caribbean, by means of her mission to the continent, may announce the Gospel with renewed vigour and enthusiasm.

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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4. Fr. John; 5. Pastoral Assistant. Charity No: 233699
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SALVE REGINA
Hail, holy Queen,
Mother of Mercy,
Hail, our life,
our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve;
To thee do we send up
our sighs,
Mourning and weeping
in this vale of tears.
Turn then, most gracious
advocate,
Thine eyes of mercy toward us;
And after this our exile,
Show unto us the blessed
fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

SANCTUARY LAMP
has been sponsored this week
FOR THE INTENTIONS OF JEAN SALMORIN.
LAMP AT THE ALTAR OF OUR LADY OF
WALSINGHAM has been sponsored
for **SPECIAL INTENTIONS**
from the **FERNANDES FAMILY**



Sunday cycle
readings Year C
Weekday readings
Week 16 Year 2
Divine Office
Week 4

The Catholic Parish
of St George, Sudbury



Sunday 17th July 2016 THE SIXTEENTH SUNDAY OF THE YEAR

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.



TODAY'S MASS

"Christ our welcome guest"

Christ was welcomed by Martha and Mary in different ways. Martha was anxious to prepare a meal for him while Mary kept his company listening to all that he had to say. We need to listen to Christ with love. It is love that opens our hearts to his message when he comes to share his life with ours.

First Reading: **Genesis 18:1-10a**

Three visitors appear unexpectedly before their tent. Abraham identifies them with the Lord. He and his wife, Sarah, rush around making preparations for a lavish meal to refresh their guests. Then their generous hospitality is even more generously rewarded. God, speaking through the guests, promises that the aged couple will have a son!

Second Reading: **Colossians 1:24-28**

Saint Paul suffered many hardships in preaching the Good News. In today's reading we learn that the suffering of all Christians, like the suffering of Christ, helps the Church to grow. As Christians grow in their understanding of "the mystery of Christ," they will become "complete."

Gospel: **Luke 10:38-42**

A guest shows up, probably unexpectedly, and the hostess, Martha, wears herself out trying to do everything at once. The guest, Jesus, sits down and makes himself at home. The sister of the hostess, Mary, sits with Jesus, and listens thoughtfully. When Martha complains that she is doing all the work, Jesus tells her that she has forgotten the most important thing. She has neglected to listen to Jesus, whose words are more nourishing than any meal.

Sunday reflection by Mgr. Jeremy

Jesus loved to visit the home of Martha and Mary and enjoyed their gracious hospitality. In this brief encounter we see two very different temperaments in Martha and Mary. Martha loved to serve, but in her anxious manner of waiting on Jesus, she caused unrest. Mary, in her simple and trusting manner, waited on Jesus by sitting attentively at his feet. She instinctively knew that what the Lord and Teacher most wanted at that moment was her attentive presence. Anxiety and preoccupation keep us from listening and from giving the Lord our undivided attention. The Lord bids us to give him our concerns and anxieties because he is trustworthy and able to meet any need we have. His grace frees us from needless concerns and preoccupation. The Lord desires that we make a place for him, not only in our hearts, but in our homes and in the daily circumstances of our lives as well.



We honour the Lord when we offer to him everything we have and everything we do. After all, everything we have is an outright gift from God. St. Paul writing to the Colossians urges us to give God glory in everything: *"Whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him"*. When you sit, eat, sleep and when you entertain your friends and guests, remember that the Jesus is also the guest of your home. The book of Genesis tells us that when Abraham opened his home and welcomed three unknown travellers, he welcomed the Lord who blessed him favourably for his gracious hospitality. The Lord wants us to bring him glory in the way we treat others and use the gifts he has graciously given to us. God, in turn, blesses us with his gracious presence and fills us with joy.

people within the Parish at St. George's. If you are interested in helping and have an hour or two to spare during the week please let Mgr. Jeremy or one of the Parish Team know. Thank you.

CLEANERS WANTED! We are always on the look out for new cleaners for the church. Could you lend some time just to help our great band of cleaners? Please ring Julia on 020 8904 5324 or Peter or the parish office if you are able.

EXTRAORDINARY MINISTERS OF HOLY COMMUNION: If you are interested in becoming a Extraordinary Minister Holy Communion, in particular for the 6.15pm Saturday Vigil Mass and 5.30pm Sunday Mass, please speak to Mgr. Jeremy or one of the parish team. Thank you.

MINIBUS—DRIVERS WANTED! St George provides a minibus service for those who are less able-bodied to get to Mass on Sunday. This is highly important for those who use the service. Could you help driving or even in assisting, maybe simply once a month. Please get in touch with the parish office if you are able to help in any way.

NEW CATECHISTS— to serve the Sacramental Programme at St. George's for First Holy Communion and Confirmation from 2016-17. Please contact the Parish Team if you are able to help. Full training will be provided. Thank you.

VOLUNTEERS FOR REPOSITORY AFTER 5.30PM MASS - We are still looking for volunteers to serve in the Parish Repository after the 5.30pm Sunday Mass. If you are able to help please speak to one of the Parish Team. Thank you!

CHILDREN'S ART CLASS has now finished until September.

SET/CEILI DANCING will finish on Tuesday 19th July until Tuesday 13th September.

OVER 60'S CLUB will finish on Tuesday 19th July until September.

PRAYER GROUP have now finished for the summer break and will be back on September 13th.

WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING: (See in church porch)

- ◆ **BEGINNING EXPERIENCE** helps separated, divorced or widowed Catholics.
- ◆ **SMART LOVING SEMINAR** for married couples.
- ◆ **CATHOLIC SINGLES** information
- ◆ **RETOUVAILLE**—a lifeline for married couples.
- ◆ **WIDOWED YOUNG**—support events.
- ◆ **CALIX CENTRE**—A Catholic ministry to addicts.
- ◆ **ADULT FAITH FORMATION COURSES.**—new information.
- ◆ **PILGRIMAGE TO THE HOLY LAND** with the Diocese of Westminster 4-12 November.
- ◆ **ANNUAL CONFERENCE** of the Catholic Medical Association - *"Principles and Practice of Palliative Care in the Year of Mercy"* 30th - 31st July. St. Mary's University, Twickenham TW1 4SX. www.cmq.org.uk/Miscellaneous/2016_symposium.html
- JOB VACANCIES:**
- ◆ **DIOCESAN VACANCIES.** Please see folder and website for latest details.
- FOLDERS** in the church porch: look for pilgrimages & retreats, job opportunities, schools & colleges .

At the Home of Mary and Martha

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her." Luke 10:41-42 (NIV)

The puzzle is based on Luke 10:38-42 (NIV).

G J N K K K W M Q Q E A P A I
 M Y E W M R I O Z W X E D G E
 H A L S E W N I R O I M A R Y
 Y N R T U E V P F R X P V G P
 U C S T K S E Z R K I P K T R
 I I R A H N E E D E D E R H E
 S J T D L A U P S E T Y D I P
 B D I S C I P L E S R V T N A
 E F R R V U N R E M A D E G R
 T E W H H I C H O S E N D Q A
 T A F E E T L W G E D E S L T
 E S S L Q U M L F G D C O G I
 R I L P Y C Y H A E N F O T O
 K A W O M A N T E G U X A S N
 E Z D N J S H N H Q E N F Q P

VILLAGE	THING	MARTHA	FEET	HELP
SISTER	PREPARATION	WORK	NEEDED	BETTER
WOMAN	UPSET	JESUS	TAKEN	NEEDED
DISCIPLES	WORRIED	MADE	MARY	CHOSEN

NEWS & VIEWS



WELCOME to all who have come to Mass today. Please stay on if you are able, for TEA & COFFEE after the 9.45am and 11.15am Masses, in the Parish Centre.

NEW TO THE PARISH? if you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you ASAP.

PARISH DIARY FOR THE WEEK

- Sunday 17 July:**
Teas/coffees. After 9.45am and 11.15am Masses
- Monday 18 July:**
The Big Picture 1.00pm
- Tuesday 19 July:**
Over 60's Club 1.00pm
Set/Ceili Dancing 8.30pm
- Wednesday 20 July:**
The Big Picture 7.30pm
- Thursday 21 July:**
Church Cleaning Group A 7.00pm
- Friday 22 July:**
Teas after 9.30am Mass

FUNERAL MASS of Tony Rammelt on Thursday 21st July at 11.00am. Reception into Church Wednesday 20th July at 6.30pm. May he rest in peace.

WELCOME BACK TODAY to Deacon John Warnaby. John did a placement with us two years ago as a seminarian and now he has just been ordained deacon. He will be preaching at the 11.15am Mass.

SPECIAL NEEDS MASS: Sudbury Parents Group (a support group for people with intellectual and physical disabilities and their families) would like to invite you to a special needs Mass THIS Sunday 17th July at 5.30pm. There will be light refreshments in the church hall after Mass. ALL ARE WELCOME

BECOMING A CATHOLIC: RITE OF CHRISTIAN INITIATION OF ADULTS: Have you or someone you know ever thought about being a Catholic? Or would you like to find out a bit more about what being a Catholic means. This might also be an opportunity if you

missed out on the Sacrament of Confirmation. We will soon be starting a new series of enquiry sessions (called RCIA). If interested please contact one of the parish team.

HOLY BAPTISM: Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. Please note that our next baptism preparation evening will be on **Friday 29th July 2016**. There will not be a preparation evening in August—the next one after that will be on 30th September.

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

NEW MUMS & TODDLERS GROUP - A parishioner has generously offered to start a new Mums & Toddlers Group at St. George's. It would be open to all mums and toddlers of the Parish and provide a happy informal space for mums and toddlers to meet together on a weekly basis. If you are a mum and would be interested in helping with this new initiative please contact Dorina on 07929 758 767 or dorina1@gmail.com.

THE BIG PICTURE - A Bible study course, produced by CaFE & Bible Society will be held in the parish, over a 12 week period begins next Monday 18th July – 12th October. The 12 engaging sessions taking you through Salvation History, starting at the very beginning with God the Creator right through to end times with the second coming of Christ. The sessions will be held on Mondays at 1.00pm and repeated on Wednesdays at 7.30pm. For more information please contact: Lucille – 020 8902 5204

LITTLE DREAMS CHILDREN'S ART CLUB will be exhibiting and selling some of their latest work in the hall after morning masses. Please come along to have a look. All proceeds will go towards the church and and materials for the art club.

BEFRIENDING GROUP AT ST. GEORGE'S - We are looking for volunteers to help befriend vulnerable

LITURGICAL CALENDAR & MASS INTENTIONS

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm, **WEEKDAY MASS:** Monday – Saturday 9.30am, **HOLYDAYS OF OBLIGATION:** 9.30am, 8.00pm, **EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm **RECONCILIATION/CONFESSIONS:** Saturday 5.15pm - 6.00pm and any time by appointment, **DIVINE MERCY:** Tuesday 10.30am, **PRAYER GROUP:** Thursday 8.00pm **FRIENDS OF JESUS:** Friday 5.30pm.

G	Sun	17 July	16th of the YEAR	<i>Sat. Vigil</i>	6.15pm	Roy Justin RIP (25th Ann)
					8.30am	Paul D'Cunha RIP
					9.45am	Jim Bonner RIP
					11.15am	Lenise, Bradley, Christine
						Andrado RIP
					5.30pm	PRO POPULO
G	Mon	18 July	feria		9.30am	Michael Sils Intentions
G	Tues	19 July	feria		9.30am	Cissie Kelly RIP
G	Wed	20 July	feria		9.30am	Breege Walsh Intentions
V			Reception		6.30pm	Tony Rammelt RIP
G	Thur	21 July	feria		9.30am	Holy Souls
V			FUNERAL MASS		11.00am	Tony Rammelt RIP
W	Fri	22 July	S. Mary Magdalene		9.30am	Patricia O'Sullivan RIP
W	Sat	23 July	S. BRIDGET		9.30am	Walsh Family Intentions



YOU, THE BIBLE & GOD'S BIG PLAN

Begins
18th July 2016
at
St. George's Sudbury
Parish Centre

THE BIG PICTURE

Starting this week!



AN INSPIRATIONAL BIBLE COURSE + DVD

CaFE & Bible Society
Contact Lucille - 020 8902 5204

"THE STUDY OF THE BIBLE MUST BE AN
OPEN DOOR FOR EVERYONE."
POPE FRANCIS

- Daytime Session 1: Monday 18th July (1-2.30pm)
Evening Session 1: Wednesday 20th July (7.30-9pm)
- Session 2: 25th & 27th July
Session 3: 1st & 3rd August
Session 4: 8th & 10th August
Session 5: 15th & 17th August
Session 6: 22nd & 24th August
Session 7: 5th & 7th September
Session 8: 12th & 14th September
Session 9: 19th & 21st September
Session 10: 26th & 28th September
Session 11: 3rd & 5th October
Session 12: 10th & 12th October

There is no greater joy than discovering
your place in God's big picture. This exciting new course
will help you do just that."
Archbishop Mark Coleridge

TODAY'S MASS

Entrance Antiphon: Ps 53: 6, 8

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

Collect

Show favour, O Lord, to your servants
and mercifully increase the gifts of
your grace,
that, made fervent in hope,
faith and charity,
they may be ever watchful
in keeping your commands.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you
in the unity of the Holy Spirit,
one God, for ever and ever.

First reading: Genesis 18:1-10

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is

why you have come in your servant's direction.' They replied, 'Do as you say.' Abraham hastened to the tent to find Sarah.' 'Hurry,' he said 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree. 'Where is your wife Sarah?' they asked him. 'She is in the tent' he replied. Then his guest said, 'I shall visit you again next year without fail, and your wife will then have a son.'

Responsorial Psalm: Ps. 14:2-5

R/. The just will live in the presence of the Lord.

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. *R/.*

2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord.
R/.

3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. *R/.*

Second reading: Colossians 1:24-28

It makes me happy to suffer for you, as I am suffering now, and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

Gospel Acclamation: cf. Acts 16:14

Alleluia, alleluia!

*Open our heart, O Lord,
to accept the words of your Son.
Alleluia!*

Gospel: Luke 10:38-42

Jesus came to a village, and a woman named Martha welcomed him into her

house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

Prayer over the Offerings

O God, who in the one perfect sacrifice brought to completion varied offerings of the law,
accept, we pray, this sacrifice
from your faithful servants
and make it holy,
as you blessed the gifts of Abel,
so that what each has offered to the honour of your majesty
may benefit the salvation of all.
Through Christ our Lord.

Communion Antiphon: Ps 110: 4-5

The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.

Prayer after Communion

Graciously be present to your people,
we pray, O Lord,
and lead those you have imbued
with heavenly mysteries
to pass from former ways to
newness of life.