



**PRAYING TOGETHER FOR THE CHURCH,
THE WORLD, THE PARISH & ONE ANOTHER**

SICK & HOUSEBOUND: Richeldis Paxton, Wilma Primmer, PC, Yee Wing, CPO, Gillian Gibb, Phyllis Coffey, Ann Hull, Margaret O'Hanlon, Chris, RC, Theresa Mulvaney, Jodie Clarke, Kieran Maher, Rose Knights, Mary Honey, Peggy & John Cox, Diego Campigotto, Edel Rickard, Polly Thompson, Jean McGrath, Antonio Rodrigues, Julie & Lawrence Hayes, Margaret O'Brien, Michael Rynne, Mary Geaghan, Annemarie Dax, Special Intention, Terry Highland, Colleen Thomas, Joe Nemeth, Helen Faria,, Margaret Callighne, Frank Hunt, Maggie Kirrane, Vera Hylton, Monica Wisniewicz, Geraldine O'Toole, Eileen Harrison, Billy Brennan, Ian Measham, David Colville, Josephine Smullen, Edward Reilly, , Betty Cain, James McHugh, Callum Stewart-Robert, Betty Hickey, Bernie Marren, Sadie Burgess, Shayanayaki Kaitampillai, Richard Howes, Mia Harrison, Special Intention, Ann Nemeth, Marjorie Hoareau, Max Perera, Nick Holmes, Michael Howard, George McDermott, Josie Redmond., Michael Fahy, Victor Jude Booth, Mary E. Malone, Michael Griffin Snr., Jerry Maguire.

RECENTLY DEPARTED: Bridie Burns, Jimmy Philbin, Patrick Murphy, Liam Goddard.

ANNIVERSARIES OF THE DEPARTED: Rolando Nardone, Christina Di Luca, Helen Brady, Alice Cullen, Ann Mulvihill (1st Ann), Grace & Peter Pillai.

INTENTIONS OF POPE FRANCIS FOR FEBRUARY
Universal: Care for Creation

That we may take good care of creation – a gift freely given –cultivating and protecting it for future generations.

Evangelization: Asia

That opportunities may increase for dialogue and encounter between the Christian faith and the peoples of Asia.

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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Hall Bookings: via the office or sudbury@rcdow.org.uk

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5. Pastoral Assistant Charity No: 233699

Email: sudbury@rcdow.org.uk

Website: parish@rcdow.org.uk/Sudbury

SALVE REGINA

**Hail, holy Queen,
Mother of Mercy,
Hail, our life,**

our sweetness and our hope.

**To thee do we cry,
Poor banished children of Eve;**

**To thee do we send up
our sighs,**

**Mourning and weeping
in this vale of tears.**

**Turn then, most gracious
advocate,**

Thine eyes of mercy toward us;

**And after this our exile,
Show unto us the blessed
fruit of thy womb, Jesus.**

**O clement, O loving,
O sweet Virgin Mary.**

SANCTUARY LAMP THIS WEEK
Sponsored In Memory of
Carmelina Fernandes RIP

**LAMP AT THE ALTAR OF OUR LADY OF
WALSINGHAM is sponsored for a
Private Intention.**



Sunday cycle
readings Year C
Weekday readings
Lent 1
Divine Office
Lent Week 1

**The Catholic Parish
of St George, Sudbury**



**Sunday 14th February 2016
THE FIRST SUNDAY OF LENT**

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

TODAY'S MASS

" The Lord hears our voice."

In the midst of all our troubles God hears us and will lead us into a promised land of peace if only we are prepared to follow him. There is no temptation which cannot be overcome if we are open to the Spirit who tells us that Jesus is lord whom god raised from the dead. God, through the risen Jesus is always with us just as in the Old Testament he recused the Jews out of their bondage in Egypt.



First Reading: Deuteronomy 26:4-10

God's people celebrate a liturgy of thanksgiving and Moses retells the story of the marvellous way God guided and saved them. He reminds the people that God sees their suffering and hears their cry for help.

Second Reading: Romans 10:8-13

Just as Moses wanted the people to express their faith, St Paul calls on the Christians of Rome to "confess with their lips that Jesus is Lord." He reminds them and us that we must truly believe that Jesus rose from the dead if we hope to be saved. Through Jesus, God's great mercy embraces us and makes us "justified," or right with God.

Gospel: Luke 4:1-13

Jesus retreated to the desert for forty days to prepare for his mission. The devil tempts Jesus with promises of bread (a symbol for material comforts), of power (authority over others), and of false glory (to be gained by daring to test God). But Jesus defeats the devil by defending himself with God's word from the Old Testament. Even then the devil does not give up. He "awaits another opportunity" to tempt Jesus.

Sunday reflection by Mgr. Jeremy

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time. (Luke 4:13).

These are menacing words, don't you think? Defeated now, the devil slinks away, but not for long. He's off to bide his time, wait for a while, lurk in the shadows, never too far away, just looking for his opportunity.

But we live in an age where people struggle with the idea of the devil. We have reduced him sometimes to a figure of fun that is brought out on Halloween. And sure enough, even some Christians do not believe the devil exists.

We surround ourselves with such a comfortable notion of faith, a God of love, the Good Shepherd, the forgiving Father. Wickedness and evil seem so far from what our faith and our idea of God is all about, that it is just so difficult to understand how he could allow there even to be a Devil. And this is dangerous matter. Fighting an enemy who you don't believe exists, is wrestling with shadows. It was the writer CS Lewis,



who said that the devil's greatest achievement was convincing people that he doesn't exist. We must not fall into that trap.

It's not that we need to believe that he's red and has horns and a tail, that he lives under the earth in fire and brimstone. But if we stop believing that evil can be a power, and even have a mind and a will, if we don't recognise that the life of faith is a struggle and that obstacles often fall in our way, if we don't accept that when bad things happen it may not be God's will but might in fact be ill will, if we don't accept these - then there is no battle to be fought, no struggle to be won. We are like those without hope. He skulks in the shadows, waits in the darkness - and we may not even realise he is there.

Lent is our time in the wilderness - our time when we confront temptation and remember that there is a power of evil. Our time for recognising Satan, and all his works, and all his empty promises and then defeating him!

THE WHITE SANCTUARY LAMP by the Tabernacle has been sponsored this week In Memory of Carmelina Fernandes RIP.

THE LAMP BY THE ALTAR OF OUR LADY OF WALSINGHAM is sponsored this week for a Private Intention.

If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

CHURCH CAR PARK—the reality is that there are only a small number of spaces in our car park. These should generally be used by the elderly and disabled first. Recently we have some incidents of cars being scraped and others being blocked in for a considerable amount of time. Please avoid double parking if you can and try to be thoughtful and generous to each other and if you can walk a bit try to park a little further along.

CARDINAL'S MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY — Westminster Cathedral, Saturday 14th May 2016 at 3pm. The Archbishop will be inviting to this Mass all couples in the Diocese who are celebrating their 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2016. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email) by the 7th March 2016.

LOOKING AHEAD

MORNING OF RECOLLECTION IN LENT Saturday 27th February 9.30am Mass – 1.00pm soup Lunch (Especially for all Eucharistic Ministers, readers, those involved in different ministries together with anyone from the parish)

CHURCH CLEANERS: New volunteers are

needed now. If you are able to help please call Julia on 8904 5324 or contact the parish team.

WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING: (See in church porch)

- ◆ **BEGINNING EXPERIENCE** helps separated, divorced or widowed Catholics.
- ◆ **SMART LOVING SEMINAR** for married couples.
- ◆ **CATHOLIC SINGLES** information
- ◆ **RETOUVAILLE**—a lifeline for married couples.
- ◆ **WIDOWED YOUNG**—support events.
- ◆ **CALIX CENTRE**—A Catholic ministry to addicts.
- ◆ **ADULT FAITH FORMATION COURSES.**
- ◆ **GALA CONCERT** in aid of Corpus Christi Covent Garden Restoration Appeal — 19th February.
- ◆ **MEDJUGORJE** Pilgrimage in June.

JOB VACANCIES:

- ◆ **CARDINAL WISEMAN CATHOLIC SCHOOL** has teaching and catering assistant vacancies.
- ◆ **DIOCESAN VACANCIES.** Please see folder and website for details.
- ◆ **PRISON ADVICE & CARE TRUST (PACT)** require two trustees.
- ◆ **SOUTH VALE PRE-SCHOOL**—Deputy leader required. Contact Margarita on 07745860794.

FOLDERS in the church porch: look for pilgrimages and retreats, job opportunities, schools and colleges info.

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W	T	E	S	T	S	Y	A	D	W

- WILDERNESS
- TEMPTED
- DEVIL
- FORTY
- STONE
- BREAD
- ALONE
- GLORY
- WORSHIP
- PARAPET
- ANGELS
- EXHAUSTED

NEWS & VIEWS



WELCOME to all who have come to Mass today. Please stay on if you are able, for TEA & COFFEE after the 9.45am and 11.15am Masses, in the Parish Centre.

NEW TO THE PARISH? if you are, please know you are very welcome. Please fill in one of the new parishioners forms at

the back of church and we'll get back to you ASAP.

A HUGE WELCOME to Fr. Biju John who arrives this week and will be helping out until the summer. Fr. John has been helping in the diocese for a number of years though is originally from Kerala in India. Please make him very welcome.

LENT 2016—if you have not already done so please take our special Lent leaflet detailing all our opportunities and activities in the parish during Lent.

PARISH DIARY FOR THE WEEK

Sunday 14 February:

Barrackpore Leprosy Project/Justice & Peace Group Coffee morning/Cake Sale after all morning Masses.

Thursday 18 February:

Children's Art Class 5.30pm
Church Cleaning Group C 10.30am
Prayer Group 8.00pm

Friday 19 February:

Teas after morning Mass
Art Class 2.00pm

Saturday 20 February

Charismatic Praise & Worship 7.15pm

FUNERAL MASS of Bridie Burns on Monday 15th February at 12 noon. Reception into Church the night before at 7.00pm. May she

rest in peace.

STATIONS OF THE CROSS throughout Lent every Friday after the 9.30am Mass.

HOLY BAPTISM: Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. Please note that our next baptism preparation evening will be on Friday 26th February 2016.

A NEW WAY TO SUPPORT ST GEORGE'S is now available to us – through text giving on your mobile phone! Just text **PARISH SUDBU to 70800** to donate £5 automatically. This amount will be added onto your phone bill. An easy way to make offerings or to top-up your regular giving, or to give if you're visiting. No more need to search your pocket or purse for loose coins either. Thank you in advance for your generosity!"

CATHOLIC CHARISMATIC PRAISE AND WORSHIP will be held in the church at 7.15pm in Tamil and English (after 6.15pm Mass) on Saturdays. More details from Edward 07976 487313.

FRIENDS OF JESUS - now closed for half term break and will be back on Friday 11th March. At 5.30pm

CONFIRMATION: The next meeting will be on Monday February 22nd at 8pm.

FIRST HOLY COMMUNION: The next meeting will be on Tuesday 23rd February at 7.30pm (Children only)

HOSPITALITY AFTER 9.45AM MASS - We are looking for an additional volunteer to help serve tea and coffee in the Parish Centre after the 9.45am Mass. If you are able to assist please contact our Pastoral Assistant, Peter, at peterkingsley@rcdow.org.uk

LITURGICAL CALENDAR & INTENTIONS FOR THE WEEK

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15 noon (Solemn), 5.30pm, **WEEKDAY MASS:** Monday – Saturday 9.30am, **HOLIDAYS OF OBLIGATION:** 9.30am, 8.00pm, **EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm **RECONCILIATION/CONFESSIONS:** Saturday 5.15pm - 6.00pm and any time by appointment, **DIVINE MERCY:** Tuesday 10.30am, **PRAYER GROUP:** Thursday 8.00pm **FRIENDS OF JESUS:** Friday 5.30pm.

V	Sun	14	February	THE FIRST SUNDAY OF LENT	<i>Sat. Vigil</i>	6.15pm 8.30am 9.45am 11.15am	Helen Brady RIP & Alice Cullen RIP John Quigley RIP Fr. Eddie Hartnett Intentions Rolando & Irma Nardone RIP and Christina Di Luca RIP
V	Mon	15	February	Lent feria		5.30pm	PRO POPULO
V				FUNERAL MASS		9.30am	Kathleen Carson RIP
V	Tues	16	February	Lent feria		12 noon	Bridie Burns RIP
V	Wed	17	February	Lent feria		9.30am	John Brady RIP
V	Thur	18	February	Lent feria		9.30am	Holy Souls
V	Fri	19	February	Lent feria		9.30am	Anthony Hull RIP
V	Sat	20	February	Lent feria		9.30am	Nora Hunt Intention Tom Wickham RIP



FROM THE LETTER OF POPE FRANCIS FOR LENT 2016

For all of us, then, the season of Lent in this Jubilee Year is a favourable time to overcome our alienation by listening to God's word and by practising the works of mercy. In the corporal works of mercy we touch the flesh of Christ in our brothers and sisters who need to be fed, clothed, sheltered, visited; in the spiritual works of mercy – counsel, instruction, forgiveness, admonishment and prayer – we touch more directly our own sinfulness. The corporal and spiritual works of mercy must never be separated. By touching the flesh of the crucified Jesus in the suffering, sinners can receive the gift of realizing that they too are poor and in need. By taking this path, the "proud", the "powerful" and the "wealthy" spoken of in the *Magnificat* can also be embraced and undeservedly loved by the crucified Lord who

died and rose for them. This love alone is the answer to that yearning for infinite happiness and love that we think we can satisfy with the idols of knowledge, power and riches. Yet the danger always remains that by a constant refusal to open the doors of their hearts to Christ who knocks on them in the poor, the proud, rich and powerful will end up condemning themselves and plunging into the eternal abyss of solitude which is Hell. The pointed words of Abraham apply to them and to all of us: "They have Moses and the prophets; let them hear them" (*Lk* 16:29). Such attentive listening will best prepare us to celebrate the final victory over sin and death of the Bridegroom, now risen, who desires to purify his Betrothed in expectation of his coming. Let us not waste this season of Lent, so favourable a time for conversion! We ask this through the maternal intercession of the Virgin Mary, who, encountering the greatness of God's mercy freely bestowed upon her, was the first to acknowledge her lowliness (cf. *Lk* 1:48) and to call herself the Lord's humble servant (cf. *Lk* 1:38).

TODAY'S MASS

Entrance Antiphon: Cf. Ps 90: 15-16

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

Collect

Grant, almighty God,
through the yearly observances of
holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity
of the Holy Spirit,
one God, for ever and ever.

First reading: Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:
"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me."
'You must then lay them before the Lord

your God, and bow down in the sight of the Lord your God.'

The word of the Lord. **Thanks be to God.**

Responsorial Psalm: Psalm 90:1-2,10-15

R/. Be with me, O Lord, in my distress.

1. He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: 'My refuge,
my stronghold, my God in whom I trust!'
R/.

2. Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways. **R/.**

3. They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.
R/.

4. His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you,'
I will save him in distress and give him glory. **R/.**

Second reading: Romans 10:8-13

Scripture says: *The word* (that is the faith we proclaim) *is very near to you, it is on your lips and in your heart.* If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the

dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: *those who believe in him will have no cause for shame,* it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, *for everyone who calls on the name of the Lord will be saved.*

The word of the Lord. **Thanks be to God.**

Gospel Acclamation: M t4:4

Praise to you, O Christ, king of eternal glory!

Man does not live on bread alone, but on every word that comes from the mouth of God.

Praise to you, O Christ, king of eternal glory!

Gospel: Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you, and again:

They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

Prayer over the Offerings

Give us the right dispositions,
O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning of this venerable and sacred time.
Through Christ our Lord.

Communion Antiphon: Mt 4: 4

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

Prayer after Communion

Renewed now with heavenly bread,
by which faith is nourished,
hope increased,
and charity strengthened,
we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread,
and strive to live by every word
which proceeds from your mouth.
Through Christ our Lord.