



**PRAYING TOGETHER FOR THE CHURCH,
THE WORLD, THE PARISH & ONE ANOTHER**

SICK & HOUSEBOUND: Richeldis Paxton, Wilma Primmer, PC, Yee Wing, CPO, Gillian Gibb, Phyllis Coffey, Ann Hull, Margaret O'Hanlon, Chris, RC, Theresa Mulvaney, Jodie Clarke, Kieran Maher, Rose Knights, Mary Honey, Peggy & John Cox, Diego Campigotto, Edel Rickard, Polly Thompson, Jean McGrath, Antonio Rodrigues, Julie & Lawrence Hayes, Margaret O'Brien, Michael Rynne, Mary Geaghan, Annemarie Dax, Special Intention, Terry Highland, Colleen Thomas, Joe Nemeth, Helen Faria,, Margaret Callighne, Frank Hunt, Maggie Kirrane, Vera Hylton, Monica Wisniewicz, Geraldine O'Toole, Eileen Harrison, Billy Brennan, Ian Measham, David Colville, Josephine Smullen, Edward Reilly, , Betty Cain, James McHugh, Callum Stewart-Robert, Betty Hickey, Bernie Marren, Sadie Burgess, Shayanayaki Kaithampillai, Richard Howes, Mia Harrison, Special Intention, Ann Nemeth, Marjorie Hoareau, Max Perera, Nick Holmes, Michael Howard, George McDermott, Josie Redmond., Michael Fahy, Victor Jude Booth, Mary E. Malone, Michael Griffin Snr., Jerry Maguire.

ANNIVERSARIES OF THE DEPARTED: Patrick Marron, Laura McKim, Paddy McKim, Vincent Lucy (3rd Ann), Noel Richard Lynch (10th Ann), Matthew Rammelt, Yvonne Goodger.

**INTENTIONS OF POPE FRANCIS FOR FEBRUARY
Universal: Care for Creation**

That we may take good care of creation – a gift freely given –cultivating and protecting it for future generations.

Evangelization: Asia

That opportunities may increase for dialogue and encounter between the Christian faith and the peoples of Asia.

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
Assistant Priest: Fr. Biju John johnbiju@rcdow.org.uk
Pastoral Assistant: Peter Kingsley peterkingsley@rcdow.org.uk
Secretary: Mrs. Toni Miles sudbury@rcdow.org.uk
Director of Music: Scott Price scottprice@rcdow.org.uk
Hall Bookings: via the office or sudbury@rcdow.org.uk
Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE
Tel: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office;3. Mgr Jeremy; 4. Fr.John
5. Pastoral Assistant Charity No: 233699
Email: sudbury@rcdow.org.uk Website: parish@rcdow.org.uk/Sudbury

SALVE REGINA

**Hail, holy Queen,
Mother of Mercy,
Hail, our life,**

our sweetness and our hope.

**To thee do we cry,
Poor banished children of Eve;**

**To thee do we send up
our sighs,**

**Mourning and weeping
in this vale of tears.**

**Turn then, most gracious
advocate,**

Thine eyes of mercy toward us;

**And after this our exile,
Show unto us the blessed
fruit of thy womb, Jesus.**

**O clement, O loving,
O sweet Virgin Mary.**

**SANCTUARY LAMP THIS WEEK
Sponsored In Thanksgiving**

**LAMP AT THE ALTAR OF OUR LADY
OF WALSINGHAM is sponsored in
Memory of Margaret Nammi RIP.**



Sunday cycle
readings Year C
Weekday readings
Lent 2
Divine Office
Lent Week 2

**The Catholic Parish
of St George, Sudbury**



**Sunday 21st February 2016
THE SECOND SUNDAY OF LENT**

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.



TODAY'S MASS

**“ The Lord Jesus Christ will
transfigure us.”**

Jesus was transfigured in the presence of his apostles and they realized how wonderful it was to be with him. Jesus is always with us ready to transform our lives if through faith we can believe in his power. He is faithful to us as God was to Abraham who put his faith in the Lord.

First Reading: Genesis 15:5-12, 17-18

Despite his doubts and questions, Abram "put his faith in the Lord." He gave up everything, including his pagan gods, and accepted God's promise of countless descendants. The covenant between God and Abraham was sealed in a special ceremony of sacrifice. The smoke and flame in that ceremony represent the presence of God moving between the broken animal halves. This is a sign that neither Abram, who stays with the sacrificial animals, nor God, whose presence is signalled, will break the covenant.

Second Reading: Philippians 3:20-4:1

As Christians sharing in God's life we are already citizens of heaven. Neither our earthly homes nor our physical bodies are lasting. But one day our bodies will be transformed and become like the glorified body of the risen Jesus. This is the great and final hope of every Christian.

Gospel: Luke 9:28b-36

While Peter, James, and John are up on a mountain with Jesus, they have a splendid vision of him in his glorified body. They see him talking with Moses and Elijah, two long-dead figures from the Old Testament. Moses represents the Law, while Elijah represents the prophets. In Jesus, both find the fulfilment of God's plan of salvation.

Sunday reflection by Mgr. Jeremy

I wonder if any of us are really prepared to meet the Lord face-to-face and to see him in his glory. However we may feel, God is eager to share his glory with us! We get a glimpse of this when the disciples see Jesus transfigured on the mountain. Jesus' face changed in appearance and his clothing became dazzling white. When Moses met with God on Mount Sinai the skin of his face shone because he had been talking with God. St Paul writing in his Second letter to the Corinthians says that the Israelites could not look at Moses' face because of its brightness. In this incident Jesus appeared in glory with Moses, the great lawgiver of Israel, and with Elijah, the greatest of the prophets, in the presence of three of his beloved apostles, Peter, John, and James. So what is the significance of this mysterious appearance? Jesus went to the mountain knowing full well what awaited him in Jerusalem – his betrayal, rejection and crucifixion. Jesus very likely discussed this momentous decision to go to the cross with Moses and Elijah. God the Father also spoke with Jesus and gave his approval: This is my beloved Son; listen to him. The cloud which overshadowed Jesus and his apostles fulfilled the dream of the Jews that when the Messiah came the cloud of God's presence would fill the



temple again.

St. Luke tells us that Peter, James, and John were heavy with sleep while Jesus spoke with Moses and Elijah. Upon awakening they discovered that Jesus was transfigured in glory along with Moses and Elijah. It reminds us that we so often miss of God's glory and action because we are asleep spiritually. There are many things which can keep our minds asleep to the things of God. Mental lethargy and the "unexamined life" can keep us from thinking things through and facing our doubts and questions. The life of comfort can also hinder us from considering the challenging or disturbing demands of Christ. Prejudice can make us blind to something new the Lord may have for us. Even sorrow can be a block until we can see past it to the glory of God. This Lent we may just ask ourselves: Are we spiritually awake? Peter, James, and John were privileged witnesses of the glory of Jesus Christ. We, too, as disciples of Christ are called to be witnesses of his glory. We all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit (2 Corinthians 3:18). This Lent, the Lord wants to reveal his glory to us, his beloved disciples. So let us seek his presence with faith and reverence.

after all morning Masses in the Parish Centre. Donations of cakes most welcome. Please support your local hospice.

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

LENT LEAFLET—please take one if you have not already done so. There are a few left.

A NEW WAY TO SUPPORT ST GEORGE'S is now available to us – through text giving on your mobile phone! Just text **PARISH SUDBU to 70800** to donate £5 automatically. This amount will be added onto your phone bill. An easy way to make offerings or to top-up your regular giving, or to give if you're visiting. No more need to search your pocket or purse for loose coins either. Thank you in advance for your generosity!"

WALSINGHAM PILGRIMAGE on **Saturday 9th July**. This is a special pilgrimage for the diocese of Westminster in the Year of Mercy. A coach will be going from St George's. More news soon.

CARITAS WESTMINSTER—VOLUNTEER DAY on Saturday 5th March at Westminster Cathedral Hall, 10am-2pm. A chance for Catholics in the Diocese of Westminster to find inspiration, motivation, and opportunities to volunteer in their community.

CHURCH CAR PARK— please try to be courteous to each other and try not to double park..

CARDINAL'S MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY —Westminster Cathedral, Saturday 14th May 2016 at 3pm. The Archbishop will be inviting to this Mass all couples in the Diocese who are celebrating their 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2016. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email) by the 7th March 2016.

ST. GEORGE'S NEIGHBOURHOOD WATCH—Next meeting on Wednesday 24th April at 7.30pm in the Parish Centre.

VOCATION DISCERNMENT GROUP FOR ADULTS (18-30's) meets on Friday 26th February, 7pm in the Hinsley Room next to Westminster Cathedral. richardnesbitt@rcdow.org.uk

SUDBURY NEIGHBOURHOOD CENTRE— Table-Top Sale on Saturday 27th February at 10am. Free entry. To book a table tel. 020 8908 1220.

WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING: (See in church porch)

- ◆ **BEGINNING EXPERIENCE** helps separated, divorced or widowed Catholics.
- ◆ **SMART LOVING SEMINAR** for married couples.
- ◆ **CATHOLIC SINGLES** information
- ◆ **RETRouvaille**—a lifeline for married couples.
- ◆ **WIDOWED YOUNG**—support events.
- ◆ **CALIX CENTRE**—A Catholic ministry to addicts.
- ◆ **ADULT FAITH FORMATION COURSES**.—new information.

JOB VACANCIES:

- ◆ **CARDINAL WISEMAN CATHOLIC SCHOOL** has teaching and catering assistant vacancies.
- ◆ **ST. DOMINIC'S SIXTH FORM COLLEGE** has vacancies for a Chaplain and A-level teacher of Religious Studies.
- ◆ **FELTHAM** Community Chaplain.
- ◆ **ST. MARY'S UNIVERSITY**—Chaplaincy Admin.
- ◆ **DIOCESAN VACANCIES**. Please see folder and website for latest details.
- ◆ **PRISON ADVICE & CARE TRUST (PACT)** require two trustees.
- ◆ **SOUTH VALE PRE-SCHOOL**—Deputy leader required. Contact Margarita on 07745860794.

FOLDERS in the church porch: look for pilgrimages and retreats, job opportunities, schools and colleges Info.

T	C	E	P	S	A	H	G	I	L	PETER	JOHN	JAMES	MOUNTAIN
N	I	O	V	E	C	A	F	I	I	PRAY	ASPECT	FACE	BRIGHT
A	I	J	C	S	N	E	G	E	S	MOSES	ELIJAH	GLORY	LIGHTNING
I	Y	A	A	O	J	H	L	L	T	SLEEP	TENTS	VOICE	LISTEN
L	Y	A	T	M	T	M	O	I	E				
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R	L	N	E	C	I	O	V	H	O				
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R	E	T	E	P	E	E	L	S	E				

NEWS & VIEWS



WELCOME to all who have come to Mass today. Please stay on if you are able, for TEA & COFFEE after the 9.45am and 11.15am Masses, in the Parish Centre.

NEW TO THE PARISH? if you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you ASAP.

A BIG WELCOME to Fr. Biju John on this his first weekend. He says he likes to be known as "Fr. John" as that is easier! So, Fr. John, know you are very welcome at St George's and we look forward to your time and ministry among us.

PARISH DIARY FOR THE WEEK

Sunday 21 February:

Teas/Coffees after 9.45am and 11.15am Masses.

Monday 22 February:

Lent Group (choir sacristy) after Mass
Confirmation 8.00pm

Tuesday 23 February:

Over 60's Club 1.00pm
First Holy Communion (Children) 7.30pm

Wednesday 24 February:

St. George's Neighbourhood Watch 7.30pm

Thursday 25 February:

Church Cleaning Group D 3.00pm
Children's Art Class 5.30pm
Prayer Group 8.00pm

Friday 26 February:

Stations of the Cross 10.00am

Teas after morning Mass

Saturday 27 February

Charismatic Praise & Worship 7.15pm

CATHOLIC CHARISMATIC PRAISE AND WORSHIP will be held in the church at 7.15pm in Tamil and English (after 6.15pm Mass) on Saturdays. More details from Edward 07976 487313.

HOLY BAPTISM: Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. Please note that our next baptism preparation evening will be on THIS COMING Friday 26th February 2016.

Don't Forget!

THIS SATURDAY MORNING OF RECOLLECTION IN LENT 27th February 9.30am Mass – 1.00pm soup Lunch (Especially for all Eucharistic Ministers, readers, those involved in different ministries together with anyone from the parish)

A BIG THANK YOU to the donor of two beautiful chalices which will be used for weekday Mass.

FRIENDS OF JESUS will be back on Friday 11th March. At 5.30pm

FIRST HOLY COMMUNION ATTENDANCE CARDS - Please ensure your child's full name is clearly written on the attendance card each week to ensure your child's attendance at Mass at St. George's is registered until the end of the First Holy Communion Programme. Thank you!

FIRST HOLY COMMUNION: The next meeting will be on Tuesday 23rd February at 7.30pm (Children only)

CONFIRMATION PARISH BREAKFAST - Our confirmation candidates will be offering breakfast to all in the Parish Centre **next Sunday on 28th February** after all morning masses to raise money for Bakhita House. Please come along and give your support. Thank you!

CONFIRMATION: The next meeting will be on Monday February 22nd at 8pm.

A DAY WITH MARY is coming to St George's on **Saturday 19th March**. This day which is celebrated regularly around different parishes in the diocese will begin at 9.15am and last through until 5.45am. More news on this soon.

HOSPITALITY AFTER 9.45AM MASS - We are looking for an additional volunteer to help serve tea and coffee in the Parish Centre after the 9.45am Mass. If you are able to assist please contact our Pastoral Assistant, Peter, at peterkingsley@rcdow.org.uk

ST. LUKE'S HOSPICE SALE ON MOTHER'S DAY Sunday 6th March—with flower/plant/cake sale and raffle

LITURGICAL CALENDAR & INTENTIONS FOR THE WEEK

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15 noon (Solemn), 5.30pm,
WEEKDAY MASS: Monday – Saturday 9.30am, **HOLIDAYS OF OBLIGATION:** 9.30am, 8.00pm, **EUCHARISTIC ADORATION:** Saturday 5.15-6.00pm **RECONCILIATION/CONFESSIONS:** Saturday 5.15pm - 6.00pm and any time by appointment, **DIVINE MERCY:** Tuesday 10.30am, **PRAYER GROUP:** Thursday 8.00pm
FRIENDS OF JESUS: Friday 5.30pm.

V	Sun	21 February	THE SECOND SUNDAY OF LENT	<i>Sat. Vigil</i>	6.15pm	Patrick Marron RIP
					8.30am	Thomas & Brid Nolan Intentions
					9.45am	Noel Richard Lynch RIP (10th Ann)
					11.15am	Patrick Marron RIP
					5.30pm	PRO POPULO
W	Mon	22 February	CHAIR OF S.PETER		9.30am	Tony Hull RIP
V	Tues	23 February	Lent feria		9.30am	Michael Walsh RIP
V	Wed	24 February	Lent feria		9.30am	Vincent Lucy RIP (3rd Ann)
V	Thur	25 February	Lent feria		9.30am	John Brady RIP
V	Fri	26 February	Lent feria		9.30am	Vittorio Bruni RIP
V	Sat	27 February	Lent feria		9.30am	Peggy Doogue

And the crowds asked him, "What then should we do?" He said to them in reply, **"Whoever has two cloaks should share with the person who has none. And whoever has food should do likewise."** - Luke 3:10-11

The 7 Corporal Works of Mercy are:

- To feed the hungry;**
- to give drink to the thirsty;**
- to clothe the naked;**
- to shelter the homeless;**
- to visit the sick;**
- to visit those in prison;**
- to bury the dead**



Faith calls us to follow the 10 Commandment, to receive the Sacraments, and to pray, but it also calls us to practice charity for our neighbour's when they are in need. While we know that faith is essential for our salvation, we also know that we cannot be saved by faith alone. These works of Mercy are the more practical and visible ways to exercise our faith to those in need. The first and second of these works are closely related. In contemplating them, we ask ourselves, how often do we help provide for the needs of those who are hungry and thirsty? Our witness can be extremely powerful by giving "our daily bread" to those who so desperately need it. We are called to give clothing to the naked. This thought should compel us to consider the excess of clothing that many of us have. Is it possible for us to donate these excesses of ours in order to bring hope to those who need it?

The issue of homelessness is very prominent in our world. Imagine the pain of those who truly have nowhere to go. Are our doors open to those who are in need? Do we offer to take in the homeless? We must visit the sick. In doing so, we uphold the dignity of the

human person. Consider the feelings of those who spend so much time in hospitals and nursing homes without the comfort of those they love. How many of our elderly are permanently confined to stark building with little love or attention paid to them? We can be a great source of hope in their lives.

Now the sixth work of mercy will undoubtedly perplex many. How many captives do we know? People are not kidnapped in our presence very often. This particular act of mercy is always of some value to us, however. Consider those in places without the right to freely practice religion. The mere act of going to Mass likely brings the threat of imprisonment. Do we offer any help to these destitute faithful? Do we offer or even investigate the options available to us in providing help to them? Do we even pray for them? Consider also the possibilities of visiting the imprisoned. Let us not forget those who are imprisoned, especially those who are held captive because of their love for God.

Finally, the last of the works of the corporal works of mercy urges us to bury the dead. Fortunately, in our society, burying the dead is normally done with the necessary respect. There are situations, however, where this respect is forgotten and we treat the dead with neglect. Consider those who turn their loved ones ashes into diamonds or other types of jewellery or who scatter their ashes. Of course there is also the disrespect show to those who are aborted. They are thrown as medical waste. Let us always show due respect for the bodies of those who have gone before us.

In practicing these corporal works of mercy, just as with the spiritual works of mercy, we build up the dignity of the human person. These are opportunities for grace in our daily lives. In exercising the works of mercy, we truly follow the commands that Christ gave us.

TODAY'S MASS

Entrance Antiphon: *Cf. Ps 26: 8-9*

Of you my heart has spoken, Seek his face. It is your face, O Lord, that I seek; hide not your face from me.

Collect

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First reading: *Genesis 15:5-12,17-18*

Taking Abram outside, the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants.' Abram put his faith in the Lord, who counted this as making him justified. 'I am the Lord' he said to him 'who brought you out of Ur of the Chaldeans to make you heir to this land.' 'My Lord,' Abram replied 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off. When the sun had set and darkness had

fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms:

'To your descendants I give this land, from the wadi of Egypt to the Great River.'

Responsorial Psalm: *Ps. 26:1,7-9,13-14*

R/. The Lord is my light and my help.

1. The Lord is my light and my help; whom shall I fear?

The Lord is the stronghold of my life; before whom shall I shrink? *R/.*

2. O Lord, hear my voice when I call; have mercy and answer.

Of you my heart has spoken: 'Seek his face.' *R/.*

3. It is your face, O Lord, that I seek; hide not your face.

Dismiss not your servant in anger; you have been my help. *R/.*

4. I am sure I shall see the Lord's goodness

in the land of the living. Hope in him, hold firm and take heart. Hope in the Lord! *R/.*

Second reading: *Philippians 3:20-4:1*

For us, our homeland is in heaven, and from heaven comes the saviour we are

waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

Gospel Acclamation: *Mt17:5*

Praise to you, O Christ, King of eternal glory! From the bright cloud the Father's voice was heard: 'This is my Son, the Beloved. Listen to him.'
Praise to you, O Christ, King of eternal glory!

Gospel: *Luke 9:28-36*

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' – He did not know what he was saying. As he spoke, a cloud came and

covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him.' And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

Prayer over the Offerings

May this sacrifice, O Lord, we pray, cleanse us of our faults and sanctify your faithful in body and mind for the celebration of the paschal festivities. Through Christ our Lord.

Communion Antiphon: *Mt 17: 5*

This is my beloved Son, with whom I am well pleased; listen to him.

Prayer after Communion

As we receive these glorious mysteries, we make thanksgiving to you, O Lord, for allowing us while still on earth to be partakers even now of the things of heaven. Through Christ our Lord.

Prayer over the People

Bless your faithful, we pray, O Lord, with a blessing that endures for ever, and keep them faithful to the Gospel of your Only Begotten Son, so that they may always desire and at last attain that glory whose beauty he showed in his own Body, to the amazement of his Apostles. Through Christ our Lord.

Amen.