

**PRAYING TOGETHER FOR THE CHURCH,  
THE WORLD, THE PARISH & ONE ANOTHER**

**SICK & HOUSEBOUND:** Wilma Primmer, PC, Yee Wing, CPO, Gillian Gibb, Phyllis Coffey, Ann Hull, Margaret O'Hanlon, Chris, RC, Theresa Mulvaney, Jodie Clarke, Kieran Maher, Rose Knights, Mary Honey, Peggy & John Cox, Diego Campigotto, Edel Rickard, Polly Thompson, Jean McGrath, Antonio Rodrigues, Julie & Lawrence Hayes, Margaret O'Brien, Michael Rynne, Mary Geaghan, Annemarie Dax, Special Intention, Terry Highland, Colleen Thomas, Joe Nemeth, Helen Faria., Margaret Callighne, Frank Hunt, Maggie Kirrane, Vera Hylton, Monica Wisniewicz, Geraldine O'Toole, Eileen Harrison, Ian Measham, David Colville, Josephine Smullen, Edward Reilly, , Betty Cain, James McHugh, Callum Stewart-Robert, Betty Hickey, Bernie Marren, Sadie Burgess, Shayanayaki Kaithampillai, Richard Howes, Mia Harrison, RK., Special Intention, Ann Nemeth, Marjorie Hoareau, Max Perera, Nick Holmes, Michael Howard, George McDermott, Josie Redmond., Michael Fahy, Victor Jude Booth, Mary E. Malone, Michael Griffin Snr., Jerry Maguire, Titus Fernandes, Phoebe Corbett. Patrick "Eric" Hughes., Maureen O'Sullivan, Noel Gill

**RECENTLY DEPARTED:** Charles Kennedy

**ANNIVERSARIES OF THE DEPARTED:** Mike Doran, Raymond Fontaine, Delia & Martin Mannion, Fr. Ralph Paliakara Sdb., Fr. Andreas Shino Sdb, Bro. Shino Joseph Sdb.

**RECENTLY BAPTISED:** Dilshan Shanrothayan.

**INTENTIONS OF POPE FRANCIS FOR MAY:**

**Universal:** That, rejecting the culture of indifference, we may care for our neighbours who suffer, especially the sick and the poor.

**Evangelization:** That Mary's intercession may help Christians in secularized cultures be ready to proclaim Jesus.

**MAKING CONTACT AT ST. GEORGE'S**

Parish Priest:	Mgr. Jeremy Fairhead	jeremyfairhead@rcdow.org.uk
Assistant Priest:	Fr. Biju John	johnbiju@rcdow.org.uk
Pastoral Assistant:	Peter Kingsley	peterkingsley@rcdow.org.uk
Secretary:	Mrs. Toni Miles	sudbury@rcdow.org.uk
Director of Music:	Scott Price	scottprice@rcdow.org.uk

Hall Bookings: via the office or sudbury@rcdow.org.uk  
 Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE  
 Tel: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office 3. Mgr Jeremy;  
 4. Fr. John; 5. Pastoral Assistant. Charity No: 233699  
 Email: sudbury@rcdow.org.uk Website: parish@rcdow.org.uk/Sudbury

**SALVE REGINA**  
**Hail, holy Queen,  
 Mother of Mercy,  
 Hail, our life,  
 our sweetness and our hope.  
 To thee do we cry,  
 Poor banished children of Eve;  
 To thee do we send up  
 our sighs,  
 Mourning and weeping  
 in this vale of tears.  
 Turn then, most gracious  
 advocate,  
 Thine eyes of mercy toward us;  
 And after this our exile,  
 Show unto us the blessed  
 fruit of thy womb, Jesus.  
 O clement, O loving,  
 O sweet Virgin Mary.**

**SANCTUARY LAMP**  
 has been sponsored this week  
 in memory of  
**Mick Gorman RIP**  
 and the  
**LAMP AT THE ALTAR OF OUR LADY OF  
 WALSINGHAM** has been  
 sponsored in memory of  
**Clare Curran RIP**



Sunday cycle  
 readings Year C  
 Weekday readings  
 Week 7 Year 2  
 Divine Office  
 Week 3

**The Catholic Parish  
 of St George, Sudbury**



**Sunday 15th May 2016  
 PENTECOST**

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.



**TODAY'S MASS**  
**"The coming of the Holy Spirit on the Church"**

The message 'Jesus is Lord' must be preached to every corner of the earth. We cannot do this unless we receive the Holy Spirit. Today we pray that we may be open to the power of the Spirit and that he will come and fill the hearts of the faithful.

**First Reading; Acts 2:1-11**

Today we celebrate the day when the Holy Spirit came upon the disciples of Jesus. They were "filled with the Holy Spirit" and never again would be content to keep their faith to themselves. Now they were all fired up by the Spirit to share the Good News with everyone.

**Second Reading: 1 Corinthians 12:3b-7, 12-13**

St Paul's letter today gives us two "proofs" that show we are cooperating with the Holy Spirit. First, we as a community can truly say, "Jesus is Lord." Second, each of us uses his or her gifts for the good of the community. We pull together to help bring about the reign of God among all people.

**Gospel: John 20:19-23**

Once again we are reliving Easter night with Jesus and the disciples. He breathes on them, communicating the gift of the Holy Spirit. They gladly receive Jesus' Spirit and his ministry of forgiving sins. At Pentecost the Spirit will send them forth as living signs that Jesus has overcome sin and death.

**CONGRATULATIONS TO ALL OUR CHILDREN MAKING THEIR FIRST HOLY COMMUNION THIS WEEKEND**

# Sunday reflection by Mgr. Jeremy

After his death and resurrection Jesus promised to give his disciples the gift of the Holy Spirit. He said to them, *Receive the Holy Spirit! (John 20:22)* Jesus knew that his disciples would need the power of the Holy Spirit to carry out the mission entrusted to them. The gift of the Holy Spirit was conditional upon the ascension of Jesus to the right hand of the Father. That is why Jesus instructed the apostles to *wait in Jerusalem until you are clothed*

*with power from on high. Why did they need power from on high? The Gospels tell us that Jesus was filled with the Holy Spirit when he was baptized at the Jordan River: "And John bore witness, 'I saw the Spirit descend as a dove from heaven, and it remained on him...this is he who baptizes with the Holy Spirit'" ..."And Jesus, full of the Holy Spirit, returned from the Jordan, and was led by the Spirit for forty days in the wilderness... and Jesus returned in the power of the Spirit into Galilee".*

Just as Jesus was anointed with the Spirit at the beginning of his ministry, so the disciples needed the anointing of the Holy Spirit to carry out the mission entrusted to them by Jesus. The Holy Spirit is given to all who are baptized into Jesus Christ to enable us to live a new way of life – a life of love, peace, joy, and righteousness. The Holy Spirit fills our hearts with the love of God, and he gives us the

strength and courage we need in order to live as faith-filled disciples of the Lord Jesus. The Spirit helps us in our weakness, and enables us to grow in spiritual freedom – freedom from doubt, fear, and from slavery to our unruly desires. The Spirit instructs us in the ways of God, and guides us in living according to God's will. The Spirit is the source and giver of all holiness. Isaiah foretold the seven-fold gifts that the Spirit would give: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

The gift of Pentecost – the outpouring of the Holy Spirit, and the spiritual gifts and blessings of God – are made possible through the death, resurrection, and ascension of the Lord Jesus. After his resurrection Jesus "breathed" on his disciples and gave them the Holy Spirit. Just as God breathed life into Adam, so the gift of the Holy Spirit is an impartation of "new life" for his people. With the gift of the Holy Spirit a new creation begins. God recreates us for his glory. Jesus' gift of peace to his disciples was more than an absence of trouble. His peace included the forgiveness of sins and the fullness of everything good. Do you want power to live a faith-filled life as a disciple of Jesus? Ask the Father to fill you with the power of his Holy Spirit.



Ordinary Ministers who are happy to come and bring the Sacrament to people who are not well enough to attend Mass and provide a listening ear to those in need so please just let Mgr. Jeremy or one of the Parish Team know of any need. Thank you.

**NEW CATECHISTS**— to serve the Sacramental Programme at St. George's for First Holy Communion and Confirmation from 2016-17. Please contact the Parish Team if you are able to help. Full training will be provided. Thank you.

**YEAR OF MERCY WALSHINGHAM PILGRIMAGE** on **Saturday 9th July**. This is a special pilgrimage for the Diocese of Westminster in the Year of Mercy. A coach will be going from St George's. The cost is £30.00 **all inclusive of the coach, coffee stop in the morning and a two course dinner on the way home**. You will need to bring your own packed lunch. Places are first come first served. To reserve a place please call Paddy Duffy on: 020 8868 9373.

**VOLUNTEERS FOR REPOSITORY AFTER 5.30PM MASS** - We are still looking for volunteers to serve in the Parish Repository after the 5.30pm Sunday Mass. If you are able to help please speak to one of the Parish Team. Thank you!

**SET DANCING/CEILI DANCING** will begin here at St. George's on Tuesday 31<sup>st</sup> May and every Tuesday at 8.30pm-10.30pm. £4 entry. All are welcome – dancing partner not essential. Further information if required from Patsy 07533587348. . Any profit made goes to charity.

**PERMANENT DEACON COME AND SEE** at **St Augustines, Hoddesdon 21st May** from 10am to 12. No booking needed. Wives welcome. Contact details Deacon Adrian Cullen 07961 594725 or Deacon Anthony Clark 07545 373548.

**SEASIDE DAY TRIPS** from Sudbury Neighbourhood Centre to Brighton on 15th June, Southend on 20th July and Eastbourne on 14th September. £15 per person paid two weeks before departure. Pick up at 9am from Sudbury Neighbourhood Centre. Leaving destination at 4.30pm. More details from the Centre on 8908 1220/email [office@sudburyneighbourhoodcentre.co.uk](mailto:office@sudburyneighbourhoodcentre.co.uk)

**WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING:** (See in church porch)

- ◆ **BEGINNING EXPERIENCE** helps separated, divorced or widowed Catholics.
- ◆ **SMART LOVING SEMINAR** for married couples.
- ◆ **CATHOLIC SINGLES** information
- ◆ **RETOUVAILLE**—a lifeline for married couples.
- ◆ **WIDOWED YOUNG**—support events.
- ◆ **CALIX CENTRE**—A Catholic ministry to addicts.

◆ **ADULT FAITH FORMATION COURSES**—new information.

◆ **PILGRIMAGE TO THE HOLY LAND** with the Diocese of Westminster 4-12 November.

◆ **FAMILIAS Friends Event 2016** 16th May 10am-3pm.— **Raising awareness of Domestic Abuse**. Please see folder for details.

◆ **MARCH FOR LIFE UK—14 May**. **WANTED**—Single room, to rent, in local area for young man currently working in Harrow. Please telephone 01494 786 846.

**ST. JOHN BOSCO—Summer Camp 2016**. Boys 23 July—6 August. Girls' Camp 6—13 August.. See folder for details.

**JOB VACANCIES:**

◆ **LIVE IN COMPANION WANTED:** retired lady looking for a female companion to live in, should be willing to do light domestic chores, general cooking and assisting with going out etc. Please contact Cheryl on 07941002161

◆ **DIOCESAN VACANCIES**. Please see folder and website for latest details.

◆ **EARLY YEARS CLASS TEACHER**, at St. George's Catholic Primary School, required for Reception Class, full time, from September 2016.

◆ **LEARNING SUPPORT ASSISTANT** at The Cardinal Vaughan Memorial School.

◆ **CHAPLAIN** required at the Convent of Jesus & Mary, Harlesden. More details from [www.cjmlc.co.uk](http://www.cjmlc.co.uk).

◆ **VOLUNTEER BOOKKEEPER** at Westminster Justice & Peace Commission.

**FOLDERS** in the church porch: look for pilgrimages &

## DID YOU KNOW?:

The Easter season lasts for 50 days – ending with Pentecost Sunday. The word Pentecost comes from the Greek word Pentecost – which means fiftieth. The colours for Easter are white - while for Pentecost they are red symbolizing the intense fire of the Holy Spirit. The Church was born on that special day almost 2000 years ago – because of the outpouring of the Holy Spirit. Pentecost closes out the season of Easter and celebrates the experience of God that pours out the Holy Spirit upon that first Christian community.

R	E	H	T	A	F	D	E	I	S	EVENING	FIRST	DAY
D	D	G	N	I	N	E	V	E	R	DOORS	CLOSED	DISCIPLES
Y	I	E	F	I	T	R	Y	J	O	PEACE	SIDE	FATHER
O	S	E	H	I	N	I	S	A	O	BREATHED	FORGIVE	RETAIN
J	C	V	R	T	I	E	T	A	D			
D	I	I	P	E	A	C	E	V	E			
I	P	G	E	Y	T	E	O	D	S			
S	L	R	J	O	E	R	R	O	O			
C	E	O	T	S	R	I	F	B	L			
E	S	F	O	J	Y	O	D	A	C			

# NEWS & VIEWS



**WELCOME** to all who have come to Mass today. Please stay on if you are able, for TEA & COFFEE after the 9.45am and 11.15am Masses, in the Parish Centre.

**NEW TO THE PARISH?** if you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you ASAP.

## PARISH DIARY FOR THE WEEK

<b>Sunday 15 May:</b>	
First Holy Communion Mass	9.45am
Teas/coffees. After 9.45am and 11.15am Masses	
<b>Monday 16 May:</b>	
Confirmation Group	8.00pm
<b>Tuesday 17 May:</b>	
Over 60's Group	1.00pm
First Holy Communion Rehearsal in church	6.30pm
<b>Wednesday 18 May:</b>	
First Holy Communion Rehearsal in church	6.30pm
<b>Thursday 19 May:</b>	
Church Cleaning Group D	3.00pm
Children's Art Class	5.30pm
Prayer Group	8.00pm
<b>Friday 20 May:</b>	
Teas after 9.30am Mass	
Friends of Jesus	5.30pm
<b>Saturday 21 May:</b>	
First Communion Mass	11.00am
<b>Sunday 22 May:</b>	
First Holy Communion Mass	9.45am

**MONTH OF MAY** is also the MONTH DEDICATED TO MARY. The rosary will be prayed Mon-Fri during this month at 8.00pm in Church. Please come and join this prayer and if you can lead the devotions please sign the list at the back of Church.

**WORK CONTINUES** on the bar which should be finished by the end of next week. Work continues on the path on the corner of the church grounds and installing some drainage to stop it flooding.

**LOOKING AHEAD**  
 Trinity Sunday: Sunday 22nd May  
 Corpus Christi: Sunday 29 May  
 Sacred Heart of Jesus: Friday 3 June  
 Ss. Peter and Paul: Wednesday 29th June

**CORPUS CHRISTI PROCESSION** will take place after the 11.15am Mass on Sunday 29th May

**40 HOURS WATCH BEFORE THE BLESSED SACRAMENT** Begins on Thursday 26th May: Mass of exposition at 9.30am. Ends on Saturday 28th May at 9.00 with benediction followed by Mass of reposition at 9.30am.

**CONGRATULATIONS to the children who have made their First Holy Communion this weekend.**

**FIRST HOLY COMMUNION** - Please remember that the rehearsals for your child's First Holy Communion take place in the Church at 6.30pm (NOT 7.30pm). If your child is to receive their First Holy Communion on Saturday the rehearsal is on the Tuesday beforehand. If your child is to receive their First Holy Communion on Sunday the rehearsal is on the Wednesday beforehand. Thank you!

**FIRST HOLY COMMUNION PHOTOGRAPHS** - Proofs of the photographs taken at the First Holy Communion Masses will be on display at the First Holy Communion Evaluation Evening on Tuesday 7th June at 7.30pm in the Parish Centre where you will be welcome to order any photos you may wish to acquire. For further information please contact Patricia on 07939 722 198.

**CONFIRMATION** is on Sunday 5th June at 2.30pm.

**HOLY BAPTISM:** Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. Please note that our next baptism preparation evening will be on **Friday 27th May 2016**.

**LENT BOXES:** Please return them now. Thanks to all who have already done so.

**CHURCH LAMPS:** If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

**UPDATE ON MASS INTENTIONS:** we are now almost fully-booked until January 2017. If you wish to book an anniversary Mass please make sure you do so in good time.

**EXTRA-ORDINARY MINISTERS OF HOLY COMMUNION** - We are searching for Extra-Ordinary Ministers of Holy Communion who have a little time free to take Holy Communion to people in the Parish who are unwell and unable to attend Mass. If you are able to help please speak to Mgr. Jeremy or one of the Parish Team. Thank you.

**BEFRIENDING AT ST. GEORGE'S** - If you know of anyone in the Parish who is unwell or in need of pastoral support please let us know so we can do what we can to support them. We have two Priests and a wonderful team of Extra-

# LITURGICAL CALENDAR & MASS INTENTIONS

**SUNDAY MASS:** 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15 noon (Solemn), 5.30pm, **WEEKDAY MASS:** Monday – Saturday 9.30am, **HOLYDAYS OF OBLIGATION:** 9.30am, 8.00pm, **EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm **RECONCILIATION/CONFESSIONS:** Saturday 5.15pm - 6.00pm and any time by appointment, **DIVINE MERCY:** Tuesday 10.30am, **PRAYER GROUP:** Thursday 8.00pm **FRIENDS OF JESUS:** Friday 5.30pm.

R	Sun	15 MAY	<b>PENTECOST</b> <i>Sat.Vigil</i>	6.15pm	Delia & Martin Mannion RIP
				8.30am	Mike Doran RIP
			FIRST HOLY COMMUNION	9.45am	PRO POPULO)
				11.15am	Pearly Agnes Hendrick RIP
				5.30pm	Roy Foster RIP
G	Mon	16 May	feria	9.30am	Holy Souls
G	Tues	17 May	feria	9.30am	Mr. S. Manuel Pillai RIP
G	Wed	18 May	feria	9.30am	Patrick Rice
G	Thur	19 May	feria	9.30am	Jacqueline Waddington RIP
G	Fri	20 May	feria	9.30am	Patrick Lynchehan RIP
G/W	Sat	21 May	feria (Of Our Lady)	9.30am	Rose Devenny RIP
			FIRST HOLY COMMUNION	11.00am	Private Intention

## A PROJECT FOR OUR PARISH CENTRE HALL

Can you help us raise some money? We already have £2,000 so we need to collect now just over half again.

	<a href="#">Contour Table 915x685mm</a>	4	<b>£73.12</b> each (ex VAT)	<b>Checkout Summary</b> <input type="checkbox"/> 4 x Contour Table 915x685mm <b>£292.48</b> <input type="checkbox"/> 10 x Contour Table 1830x685mm <b>£1,038.70</b> <input type="checkbox"/> 1 x High Hanging Trolley - 2 Row <b>£409.50</b> <input type="checkbox"/> 136 x Comfort Poly Folding Chair <b>£1,897.20</b> <input type="checkbox"/> 1 x Large Table Trolley <b>£276.23</b> Discount <b>£-160.74</b> VAT <b>£750.67</b> Delivery <b>FREE (UK Mainland only)</b> <hr/> <b>Total <b>£4504.64</b></b>
	Colour : GP16 Saxon Oak Height : 698mm			
	<a href="#">Contour Table 1830x685mm</a>	10	<b>£103.87</b> each (ex VAT)	
	Colour : GP16 Saxon Oak Height : 698mm			
	<a href="#">High Hanging Trolley - 2 Row</a>	1	<b>£409.50</b> each (ex VAT)	
	<a href="#">Comfort Poly Folding Chair</a>	136	<b>£13.95</b> each (ex VAT)	
	Colour : Burgundy			
	<a href="#">Large Table Trolley</a>	1	<b>£276.23</b> each (ex VAT)	

**New chairs & tables that stack neatly away**

# TODAY'S MASS

## Entrance Antiphon: *Wis 1: 7*

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

## Collect

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

## First reading; *Acts 2:1-11*

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech. Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native

language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

## Responsorial Psalm: *Ps. 103:1,24,29-31,34*

*R/. Send forth your spirit, O Lord, and renew the face of the earth.*

1. Bless the Lord, my soul!  
Lord God, how great you are,  
How many are your works, O Lord!  
The earth is full of your riches. *R/.*
2. You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. *R/.*
3. May the glory of the Lord last for ever!  
May the Lord rejoice in his works!  
May my thoughts be pleasing to him.  
I find my joy in the Lord. *R/.*

## Second reading: *1 Corinthians 12:3-7,12-13*

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit. There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up

of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

## Pentecost Sequence

Holy Spirit, Lord of Light,  
From the clear celestial height  
Thy pure beaming radiance give.

If thou take thy grace away,  
Nothing pure in man will stay  
All his good is turned to ill.

Come, thou Father of the poor,  
Come with treasures which endure  
Come, thou light of all that live!

Heal our wounds, our strength renew  
On our dryness pour thy dew  
Wash the stains of guilt away:

Thou, of all consolers best,  
Thou, the soul's delightful guest,  
Dost refreshing peace bestow.

Bend the stubborn heart and will  
Melt the frozen, warm the chill  
Guide the steps that go astray.

Thou in toil art comfort sweet  
Pleasant coolness in the heat  
Solace in the midst of woe.

Thou, on us who evermore  
Thee confess and thee adore,  
With thy sevenfold gifts descend:

Light immortal, light divine,  
Visit thou these hearts of thine,  
And our inmost being fill:

Give us comfort when we die  
Give us life with thee on high  
Give us joys that never end.

## Gospel Acclamation

*Alleluia, alleluia!*  
*Come, Holy Spirit, fill the hearts of your faithful*  
*and kindle in them the fire of your love.*  
*Alleluia!*

## Gospel: *John 20:19-23*

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews.

Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

'As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.  
For those whose sins you forgive, they are forgiven;  
for those whose sins you retain, they are retained.'

## Prayer over the Offerings

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly the hidden mystery of this sacrifice and graciously lead us into all truth. Through Christ our Lord.

## Communion Antiphon: *Acts 2: 4, 11*

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

## Prayer after Communion

O God, who bestow heavenly gifts upon your Church, safeguard, we pray, the grace you have given, that the gift of the Holy Spirit poured out upon her may retain all its force and that this spiritual food may gain her abundance of eternal redemption. Through Christ our Lord.