

WHATEVER YOU DO IN WORD OR IN WORK DO ALL IN THE NAME OF THE LORD JESUS CHRIST

PRAYING TOGETHER FOR THE CHURCH, THE WORLD, THE PARISH & ONE ANOTHER

SICK & HOUSEBOUND: Ann Hull, Michael Griffin Snr., Titus Fernandes, Mary Malone, Margaret Cournane, Annie Phillips, Sadie & Tony Burgess, Mavis Hinton, Tom Fernandes, Cath Kervill, John Flynn, All in Copland Nursing Home, Gerard Perera, Gillian Gibb, Joe Nemeth, Ann Nemeth, Ken Fernandes, Michael Fahey, Marie Rego, Noel Gill, Antonio DiLieto Snr., Alan Woods, David Musgrave, Maria Nellie De Lima, Aaran T.

RECENTLY BAPTISED: Declan Cotter.

RECENTLY DEPARTED: James Flavius, Margaret Macdonald, Ann Naughton (Christine Cahillane's mother), Pamela Doherty, Mary Joyce.

ANNIVERSARIES OF THE DEPARTED: Anastasia Johnston, Joe Fleming, Francis Anthony Walsh.

INTENTIONS OF POPE FRANCIS FOR FEBRUARY
 Universal: Say "No" to Corruption That those who have material, political or spiritual power may resist any lure of corruption.

F	O	N	N	R	T	I	T	P	S	CAPERNAUM	SABBATH	SYNAGOGUE
Q	O	A	S	E	B	I	R	C	S	TEACH	SCRIBES	UNCLEAN
U	M	L	I	C	R	I	A	H	S	SPIRIT	DESTROY	HOLY
I	N	U	L	I	R	P	Y	T	R	QUIET	ORDERS	OBEY
Y	Q	C	P	O	E	Y	E	A	E			
O	L	S	L	R	W	A	E	B	D			
H	H	O	N	E	C	E	R	B	R			
M	N	A	H	H	A	O	R	A	O			
E	U	G	O	G	A	N	Y	S	N			
M	Y	O	R	T	S	E	D	E	O			

A Prayer for Candlemas

Lord God, you are the source of everlasting light. Your son, our beloved Lord Jesus was presented in the temple 40 days after his birth. He was recognised by Simeon and Anna, and welcomed as the promised Messiah. May we like them, behold the glory of the Lord Jesus. Grant that we may stand before you with hearts cleansed by your forgiving love. May we serve you all our days and make your name known as we worship you as our Lord. So may we come by your grace to eternal life. Amen.

SANCTUARY LAMP

has been sponsored this week for the Intentions of GRAHAM SHARP

LAMP AT THE ALTAR OF OUR LADY OF WALSHINGHAM has been sponsored this week for PRIVATE INTENTIONS



MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk
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Sunday cycle Readings Year B
 Weekday Readings Year 2 Ordinary Time Week 4
 Divine Office Week

The Catholic Parish of St George, Sudbury



Sunday 28th January 2018 FOURTH SUNDAY OF THE YEAR

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

TODAY'S MASS



After Jesus' preaching, an even more astonishing thing happens. A man possessed with an unclean spirit calls out to Jesus. The crowds see in Jesus' cure of the possessed man further affirmation of his authority. Jesus' power to heal gives greater credence to his teaching. Jesus impresses the crowds through his words, which are manifested with power in his deeds. St. Mark's Gospel tells us that because of the authority with which he healed, Jesus' fame spread throughout all of Galilee.

First Reading: Deuteronomy 18:15-20
 Moses tells the people that God will raise up for them a new prophet.

Second Reading: 1 Corinthians 7:32-35
 Saint Paul expresses his concern that those who are married are more likely to face the distractions of earthly life than those who are celibate.

Gospel Reading: Mark 1:21-28
 Jesus heals a man with an unclean spirit and his fame spreads throughout Galilee.

SPIRITUAL QUOTE OF THE WEEK
 "Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right and doing it all for love."
 St. Therese of Lisieux

Sunday Reflection

In today's Gospel St. Mark speaks to us of the beginning of Jesus' ministry. Jesus had just called Peter, In Andrew, James, and John to follow him, and the five of them continue on to Capernaum which was the home of Peter and Andrew, and most likely James and John. These four hometown men arrive with this stranger who had not yet preached, healed, expelled demons or raised the dead. Jesus arrives in town as just another stranger passing through, but he must be alright since he is with these four familiar men. We don't know how long he was in Capernaum, but he made an impression and was invited to teach in the Synagogue on the Sabbath. Mark does not tell us what Jesus said, but rather tells us the effect it had on the assembly, they "were astonished." He was seen as being a refreshing contrast to the scribes who spoke nice sermons, while Jesus spoke with authority.

Jesus' presence and teaching in the synagogue was so powerful that it stirred up an unclean spirit in one of the men there. The outburst of the unclean spirit in which he revealed himself with fear that Jesus came to destroy them, ends with the unclean spirit pointing out to all that Jesus is "the Holy one of God." Jesus responds by rebuking the unclean spirit and casting him out

A lesson for us is to be open to the presence and authority of Jesus in our lives and in the world. Jesus arrived in Capernaum as somewhat a stranger, yet the people there welcomed him and invited him to teach. Jesus should not be a stranger to us for we entered into a personal relationship with him on the day of our Baptism. Through Baptism we should

be able to recognize Jesus entering into our lives in Word and Sacrament, and he comes with authority. The Authority to teach us, guide us, and heal us, which help us to grow in holiness. He is not a stranger, but the presence of God with us: our Saviour, brother and Lord. He is someone whose presence we should be able to recognize and stand in awe before him.

We do know that it is Jesus who has authority and power to cast out demons. We should not be surprised when the Lord answers

our prayers, whether they be for deliverance, health, a job, or whatever. When we pray we should do so with trust that the Lord hears our prayer, even those that seem so insignificant that we might be tempted not to bother God with them. In the Parable of the dishonest Steward Jesus tells us that, "The person who is trustworthy in very small matters is also trustworthy in great ones; and the person who is dishonest in very small matters is also dishonest in great ones." (Luke

16:10) We can apply this to ourselves with regards to how we approach the Lord in prayer: If we can entrust to the Lord our little needs, we will be able to entrust to him our greater needs. We will learn from experience how the Lord answers our little prayers like finding something that's lost, finding us a good parking spot, or sending a good Samaritan. Yes, some of these seem rather trivial, but I know of people who claim that they always get a good parking spot when they say a prayer. When we begin to trust the everyday little needs to God we will soon have the faith to trust in him to answer our big prayers. This all begins with our welcoming Jesus into our lives and inviting him to speak to us.



CALLING BAPTISM PREPARATION CATECHISTS - Might you consider helping to prepare Parents/Carers for the Baptism of their Infants If you are interested or would like further information please speak to Fr. Tony.

SAFEGUARDING TRAINING - Would you like to help contribute to making your Parish community safer for all? Until the summer of 2018 **free online training** is available through the Diocese. To register your interest please see the poster in the Porch for further details or email: safeguardingadmin@rcdow.org.uk

CATHOLIC TRUTH SOCIETY REP - Might you consider helping the Parish manage our CTS resources? We have an abundance of excellent booklets and leaflets available from the CTS at the back of church and are looking for a volunteer to help manage this space for us. If you might consider helping or would like further information of what might be involved please let us know. Thank you!

MISSION NEEDS YOU! APF-Mill Hill Local Secretary required for this parish. Our Local Secretaries are the 'engine room' of APF-Mill Hill's work. Each parish benefits from having a dedicated lay volunteer to take care of the Red Boxes.

The Association for the Propagation of the Faith is one of the four branches of Missio, the Pope's very own mission charity. Our Holy Father has given Missio the responsibility of supporting missionaries and young parishes in developing countries. Incredibly this is 40% of our Church around the world where parishioners struggle even to feed their own families, let alone give to their church.

Local Secretaries look after the Red Box members in their parish, ensuring that boxes are emptied and organising the distribution of the free quarterly magazine Mission Today. The Red Box can be found in 200,000 homes across England and Wales and plays a vital role in the universal mission of the Church. Remember you are not alone! Our volunteers have the full support of the Missio team who will support you at every stage and answer all queries. Please make yourself known to Mgr Fairhead who will contact Missio to get you started.

BEFRIENDING SERVICE - If you know of anyone in the Parish who might like to be befriended please let us know as we have a small group of befrienders who would be only too happy to help.

VOLUNTEERS REQUIRED to help with the **CHURCH FLOWERS**. You do not have to be professional just committed to coming to help on Fridays and at major celebrations. If you can help please contact the parish team.

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office. We now have cards (akin to Mass Cards) for the sponsoring of the Sacrament lamp or Walsingham Lamp if you'd like to use these if you are sponsoring a lamp in memory of someone. They can be obtained from the parish office. PLEASE REMEMBER to book your anniversary Masses early. We are now booked up until August 2018.

CHRISTMAS CELEBRATION EVENING: One raffle prize remain uncollected. If you have a yellow ticket numbered 181-185 please call at the parish office to collect your prize.

ANNUAL MASS IN HONOUR OF OUR LADY OF LOURDES will be held at Westminster Cathedral on Saturday 10th February at 2pm. The Sacrament of the Sick will be administered during Mass. If you will be attending in a wheelchair, please let the parish office know by 28th January 2018.

BLOOD DONORS - the next session at Harrow Baptist Church will be on Tuesday 30th January at 9am-11.30am and 1.00pm-3.55pm.

SUDBURY NEIGHBOURHOOD CENTRE is having a stock clearance of clothes, bric-a-brac etc. at Sudbury Neighbourhood Centre on Saturday 3rd February 12-2pm. Come and grab a bargain! All Welcome. Light refreshments available.

WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING: (See in church porch)
BEGINNING EXPERIENCE helps separated, divorced or widowed Catholics.
SMART LOVING SEMINAR for married couples.
CATHOLIC SINGLES information
RETROUVAILLE—a lifeline for married couples.
WIDOWED YOUNG—support events.
CALIX CENTRE—A Catholic ministry to addicts.
ADULT FAITH FORMATION COURSES. —new information

VACANCIES:
ST. GEORGE'S CATHOLIC PRIMARY SCHOOL require a Clerk to the Governing Body

Latest diocesan vacancies are in the folder in the porch or please go to website.

FOLDERS in the church porch: look for pilgrimages & retreats, job opportunities, schools & colleges.

NEWS & VIEWS

NEW TO THE PARISH? If you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you.

PLEASE LEAVE THE PEW NEAT AND TIDY AS YOU DEPART CHURCH TODAY.

PARISH DIARY FOR THE WEEK

Sunday 28 January 2018:

Teas and coffees after 9.45am and 11.15am Masses

Monday 29 January:

Keep Fit 2.30pm
Confirmation Enrolment 7.30pm

Tuesday 30 January:

Over 60's Group 1.00pm
First Holy Communion 7.30pm
Ceilidh/Set dancing 8.45pm

Wednesday 31 January:

Thursday 1 February:

Church Cleaning Group A 7.00pm
Prayer Group 8.00pm

Friday 2 February

Teas Coffees after morning Mass
Friends of Jesus 5.30pm

THIS FRIDAY, 2nd February, is the Feast Day of the Presentation of the Lord or 'Candlemas'. Mass will be as usual at 9.30am but will start with the blessing of candles. Do try to make it, if you can.

LOOKING AHEAD: Lent is not so far away this year and begins on Wednesday 14th February. Masses with the imposition of Ashes will be at 9.30am, 12.30pm and 7.30pm. (For Valentine's dates, its fish only!).

CLOSURE OF REPOSITORY - The Repository will be closed until further notice for a general stocktake and reappraisal. Thank you for your understanding and patience.

THE CHRISTMAS CRIB. Will stay up this year until the Feast of the Presentation of the Lord (Candlemas) on the 2nd February. Do you remember last year the child and the manger disappeared and sadly never to be returned. During the months prior to Christmas a wood-carver and restorer recurred the child and the manger. We are sure that you will agree that he has really done an excellent job!

FUNERAL of Pamela Doherty RIP will take place on Friday 2nd February at 11.15am at Breakspear Crematorium.

HOLY BAPTISM: Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. The next baptism preparation evening will be on **Friday 23rd February 2018 at 7.30pm** in the parish centre.

CONFIRMATION ENROLMENT - The closing date for Enrolment on the Confirmation Programme 2018 is **Monday 29th January**. To avoid disappointment, please ensure you bring **ALL** the requested documentation (Passport-Size Photo, Sponsor Form signed by Priest, Confirmation Name Form, Copy of Baptism Certificate (with translation if applicable) & £30 contribution) to the **Enrolment Evening** in the Parish Centre at **7.30pm**. Thank you.

MASS TO CELEBRATE THE SACRAMENT OF MARRIAGE - There will be a Mass to celebrate the Sacrament of Marriage, with the chance to renew your marriage vows, on **Saturday 10th February** followed by refreshments in the Parish Café Bar. If you would like to help with refreshments please contact Barbara Dunn at basia.dunn@googlemail.com. Thank you.

THE LIST OF THE SICK has now been renewed. If you know someone who needs to be included please let the office know.

HELPERS AT 9.45AM FAMILY MASS - We are extremely grateful to all who help the children read at the 9.45am Family Mass. We are **urgently looking for new volunteers** to help on a monthly basis. If you might be open to help or would like further information please speak to Marcia Taylor at the 9.45am Family Mass or email bumblertaylor@btinternet.com. Thank you.

CHILDREN'S LITURGY - Might you be open to help with the Children's Liturgy at the 9.45am Family Mass? If you might consider joining our team of Catechists/Helpers please contact Una Moran on 07932 620 504. Thank you.

FRIENDS OF JESUS - The Friends of Jesus Programme take place on Fridays from 5.30-6.30pm providing a little Religious Education for children of primary-school age not attending a Catholic school. An information leaflet is available in the porch.

EXTRA-ORDINARY MINISTERS OF HOLY COMMUNION - Might you be open to serve the Parish as an Extra-Ordinary Minister of Holy Communion? We are always grateful to those people who assist the Priest with administering the Sacrament at Mass and taking Holy Communion to the sick and housebound. If you are interested and like to be considered please speak to Fr. Tony.

ABOUT CANDLEMAS

Candlemas is another name for the feast of the Presentation of the Lord. Forty days after His birth, Mary and Joseph brought Jesus to the temple for the rites of purification and dedication as prescribed by the Torah. After the 40 days, the mother and the father came to the temple for the rite of purification, which included the offering of a sacrifice — a lamb for a holocaust (burnt offering) and a pigeon or turtledove for a sin offering, or for a poor couple who could not afford a lamb, two pigeons or two turtledoves. Joseph and Mary made the offering of the poor (Lk 2:24).

St. Luke in the Gospel tells us "When the day came to purify them according to the law of Moses, the couple brought Him up to Jerusalem, so that He could be presented to the Lord, for it is written in the law of the Lord, 'Every first-born male shall be consecrated to the Lord'" (Lk 2:22-23). So the focus is on Jesus' consecration to God. Jesus is being presented as the priest who will offer Himself as the perfect sacrifice to free us from the slavery of sin, seal the new and eternal covenant with His blood, and open the gates to the true promised land of heaven.

Simeon, a just and pious man, who awaited the Messiah and looked for the consolation of Israel, was inspired to come to the temple. He held baby Jesus in his arms and blessed God, saying, "Now, Master, you can dismiss your servant in peace; you have fulfilled your word. For my eyes have witnessed your saving deed, displayed for all the peoples to see: A revealing light to the Gentiles, the glory of your people Israel" (Lk 2:29-32). Simeon, thereby, announced that the Messiah has come not just for the Jew but the gentile; not just the righteous, but the sinner.

He then blessed the Holy Family, and said in turn to Mary: "This child is destined to be the downfall and the rise of many in Israel, a sign that will be opposed— and you yourself shall be pierced with a sword — so that the thoughts of many hearts may be laid bare" (Lk 2:34-35).

So the Presentation is a proclamation of Christ — Messiah and Priest, Lord and Saviour. He is the light who came into this world to dispel sin and darkness. For this reason, traditionally at least since the seventh century, candles have been blessed at Mass this day that will be used throughout the year, hence coining the term "Candlemas."

LITURGICAL CALENDAR & MASS INTENTIONS

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLIDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm - 6.00pm. *and any time by appointment.*

DIVINE MERCY: Tuesday 10.30am.

ROSARY: Daily after Mass.

Sunday 28 Jan	4th OF THE YEAR
6.15pm (<i>Sat. Vigil</i>)	Eileen & Tom Haugh RIP
8.30am	Adelaida Exeter RIP and Susan Miller RIP
9.45am	PRO POPULO
11.15am	Anastasia Johnston RIP
5.30pm	Joe Fleming RIP
Mon 29 Jan	<i>feria</i>
9.30am	Padric & John Greash RIP
Tues 30 Jan	<i>feria</i>
9.30am	Peter Dowling RIP
Weds 31 Jan	<i>S. John Bosco</i>
9.30am	Jimmy Byrne RIP
Thur 1 Feb	<i>feria</i>
9.30am	Deverajah & Pushpam Selfaduraj RIP
Fri 2 Feb	<i>THE PRESENTATION OF THE LORD (Candlemas)</i>
9.30am	Ann Traynor RIP
Sat 3 Feb	<i>Ss. Laurence, Dunstan & Theodore, Archbishops of Canterbury</i>
9.30am	Pearlyn Tan RIP

TODAY'S MASS

Entrance Antiphon: Ps 105: 47

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

Collect

Grant us, Lord our God,
that we may honour you with all
our mind,
and love everyone in truth of heart.
Through our Lord Jesus Christ,
your Son,
who lives and reigns with you in the
unity of the Holy Spirit,
one God, for ever and ever.

First reading: Deuteronomy 18:15-20

Moses said to the people: 'The Lord your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not com-

manded him to say, or who speaks in the name of other gods, that prophet shall die.'"

Responsorial Psalm: Ps. 94(95):1-2,6-9

R/. O that today you would listen to his voice! 'Harden not your hearts.'

1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord. *R/.*

2. Come in; let us bow and bend low;
let us kneel before the God who made us:
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand. *R/.*

3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw
my work.' *R/.*

Second reading: 1 Corinthians 7:32-35

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman,

like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

Gospel Acclamation

Alleluia, alleluia!
Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.
Alleluia!

Gospel: Mark 1:21-28

Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud

cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

Prayer over the Offerings

O Lord, we bring to your altar these offerings of our service: be pleased to receive them, we pray, and transform them into the Sacrament of our redemption. Through Christ our Lord.

Communion Antiphon: Cf. Ps 30: 17-18

Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame,
for I call on you.

Prayer after Communion

Nourished by these redeeming gifts,
we pray, O Lord,
that through this help to eternal
Salvation true faith may ever increase.

Christ
Lord. Through
our

