



## PRAYING TOGETHER FOR THE CHURCH, THE WORLD, THE PARISH & ONE ANOTHER

**SICK & HOUSEBOUND:** Ann Hull, Michael Griffin Snr., Titus Fernandes, Mary Malone, Margaret Cournane, Annie Phillips, Sadie & Tony Burgess, Mavis Hinton, Tom Fernandes, Cath Kervill, John Flynn, All in Copland Nursing Home, Gerard Perera, Gillian Gibb, Joe Nemeth, Ann Nemeth, Ken Fernandes, Michael Fahey, Marie Rego, Noel Gill, Antonio DiLieto Snr., Alan Woods, David Musgrave, Maria Nellie De Lima, Aaran T., Andrea Mensitieri.

**RECENTLY BAPTISED:** Sofia Rasile, Kaya Zyskowska, Malgorzata Modrzejewska

**RECENTLY DEPARTED:** Rita Colleran, Sarah Egan, Christine Flavius.

**ANNIVERSARIES OF THE DEPARTED:** Peter Jones (20th Ann), Mary Ferrao, Micky Howard.

**INTENTIONS OF POPE FRANCIS FOR FEBRUARY**  
Universal: Say "No" to Corruption That those who have material, political or spiritual power may resist any lure of corruption.

### Word Search Puzzle

G N I R O B H G I E N  
O D E R E W S N A T W  
M I A L C O R P O H T  
A M A Y S S U W A E A  
R O F L V I N T L R H  
K C A M E S S A G E T

(Mark 1:38) He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." (NRSV)

#### Word List

NEIGHBORING PROCLAIM ANSWERED MESSAGE  
TOWNS THERE WHAT THAT NRSV MARK CAME  
ALSO OUT MAY LET FOR US ON IS GO DO

### A PRAYER FOR LIFE

*We pray, Lord, that Your people would see what love and justice demand of us regarding the sanctity of life, and the defeat of abortion in our land.*

*Protect every unborn child we pray!  
Stir Your people to lives of action and deeds of compassion.  
To that end, give us a fuller measure of Your Holy Spirit we ask.  
In all things, Lord, keep us faithful to Your Word, and in step with Your Spirit. In Jesus' name we pray,  
Amen.*

### SANCTUARY LAMP

has been sponsored this week for a PRIVATE INTENTION

### LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

has been sponsored this week  
In Memory of  
ELMO OUTSCHOORN RIP



**TURN OFF ALL MOBILE PHONES**

### MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead  
Assistant Priest: Fr. Tony Thomas  
Catechetical Coordinator: Mr. Peter Kingsley  
Secretary: Mrs. Toni Miles  
Director of Music: Mr. Scott Price  
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Tel: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office 3. Mgr Jeremy; 4. Fr. Tony; 5. Pastoral Assistant. Charity No: 233699  
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Sunday cycle  
Readings Year B  
Weekday Readings  
Year 2 Ordinary  
Time Week 5  
Divine Office Week

The Catholic Parish of St George, Sudbury



## Sunday 4th February 2018 FIFTH SUNDAY OF THE YEAR

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

### TODAY'S MASS



HE GRASPED HER HAND AND HELPED HER UP AND THE FEVER LEFT HER MK 1:31

Today's Gospel completes a picture of Jesus' ministry: preaching, curing the sick, driving out demons, and then moving on to continue this work in another place. Jesus' compassion and healing of the sick is a sign of the Kingdom of God. In today's Gospel we also notice the importance of prayer in Jesus' daily life. Jesus rose early in the morning, removed himself from the crowds, and went to a deserted place to pray. When the disciples found him, he told them that it was time to move

on. We believe that in his prayers Jesus found guidance and direction from God. We also bring our decision-making to God in prayer, asking for his guidance and direction in our lives.

**First Reading: Job 7:1-4,6-7**

Job laments his sufferings and his life.

**Second Reading: 1 Corinthians 9:16-19,22-23**

St. Paul explains the conditions under which he preaches the gospel and the reasons why he will not accept financial help from the Corinthians.

**Gospel Reading: Mark 1:29-39**

Jesus cures Simon's mother-in-law and many others as well.

### SPIRITUAL QUOTE OF THE WEEK

*"Love ought to consist of deeds more than of words."*

St. Ignatius of Loyola

# Sunday Reflection

In Mark's gospel, Jesus is presented as one who acts rather than as one who speaks. The lengthy discourses in Matthew, for example, are missing in Mark. This is in keeping with the biblical conviction that actions speak louder than words. It is the interventions of God in human history, at the Exodus of Israel and then in the definitive Exodus of the Resurrection of Jesus, that contain the essential source of biblical revelation. This reminds us also that we must personally participate in some way in those events of liberation in order to receive the salvation promised by the Bible.

In today's gospel, Mark draws our attention particularly to those who were possessed by demons. Whatever their malady may have been, it represented the sad condition that existed before God brought a light-filled, harmonious world out of the original darkness and chaos.

Jesus continues this creative work and the demons, as contemporary agents of the old chaos, instinctively recognize him as their **a d v e r s a r y**.

It is poignant to see how Jesus is already beginning to disappoint his disciples. They cannot wait for him to raise the flag of rebellion and to use his power to drive out the Roman occupiers of their land. But he goes off instead to a quiet place to commune with his heavenly Father. He has come to preach the good news of salvation through the power of love and sacrifice, rather than through the military power and domination

that they seek.

We need not look far to find the reality of chaos and dissension in our world today. The ancient Hebrews saw in the original chaos an aggressive force that was constantly trying to take back the creation that God had brought forth. Their imagery may have been primitive, but their perception was very accurate. In fact, the forces of chaos seem at times to have the upper hand today, as nations are consumed by ethnic hatred, communities are divided by strife and families are often torn apart by sibling rivalries. Sometimes the chaos enters our own psyches as we struggle to see the meaning in our lives.

God is fully aware of these troubles and he has sent Jesus to give us the wisdom, which alone can bring us peace and happiness. This is the unlikely, but only truly valid, wisdom of loving concern. Jesus not only taught this wisdom but he lived

it fully as he gave his life for us.

We, like the disciples, are all for making war to achieve our purposes, but Jesus goes away to pray. This does not mean that we should not strive to achieve legitimate objectives but it does mean that, ultimately, it is only prayerful attention to the Lord and sincere love of others that will heal the beautiful world that God has entrusted to us and bring the peace and harmony that Jesus came to offer us. For God certainly wishes, once again, to look at our world and be able to recognize, as he did at the beginning, that it is "very good" (Genesis 1: 31).



might be open to help or would like further information please speak to Marcia Taylor at the 9.45am Family Mass or email [bumbletaylor@btinternet.com](mailto:bumbletaylor@btinternet.com). Thank you.

**CHILDREN'S LITURGY** - Might you be open to help with the Children's Liturgy at the 9.45am Family Mass? If you might consider joining our team of Catechists/Helpers please contact Una Moran on 07932 620 504. Thank you.

**FRIENDS OF JESUS** - The Friends of Jesus Programme take place on Fridays from 5.30-6.30pm providing a little Religious Education for children of primary-school age not attending a Catholic school. An information leaflet is available in the porch. .

**EXTRA-ORDINARY MINISTERS OF HOLY COMMUNION** - Might you be open to serve the Parish as an Extra-Ordinary Minister of Holy Communion? We are always grateful to those people who assist the Priest with administering the Sacrament at Mass and taking Holy Communion to the sick and housebound. If you are interested and like to be considered please speak to Fr. Tony .

**CALLING BAPTISM PREPARATION CATECHISTS** - Might you consider helping to prepare Parents/Carers for the Baptism of their Infants If you are interested or would like further information please speak to Fr. Tony.

**CARDINAL'S MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY:** Westminster Cathedral, Saturday 19th May 2018 at 3pm. The Cardinal will be inviting to this Mass all couples in the Diocese who are celebrating their 5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2018. If you are celebrating an anniversary, please give the parish office the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

**SAFEGUARDING TRAINING** - Would you like to help contribute to making your Parish community safer for all? Until the summer of 2018 **free online training** is available through the Diocese. To register your interest please see the poster in the Porch for further details or email: [safeguardingadmin@rcdow.org.uk](mailto:safeguardingadmin@rcdow.org.uk)

**THE LIST OF THE SICK** has now been renewed. If

you know someone who needs to be included please let the office know.

**BEFRIENDING SERVICE** - If you know of anyone in the Parish who might like to be befriended please let us know as we have a small group of befrienders who would be only too happy to help.

**CHURCH LAMPS:** If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office. We now have cards (akin to Mass Cards) for the sponsoring of the Sacrament lamp or Walsingham Lamp if you'd like to use these if you are sponsoring a lamp in memory of someone. They can be obtained from the parish office. PLEASE REMEMBER to book your anniversary Masses early. We are now fully booked up until the middle of August 2018.

**CHRISTMAS CELEBRATION EVENING:** One raffle prize remain uncollected. If you have a yellow ticket numbered 181-185 please call at the parish office to collect your prize.

**ANNUAL MASS IN HONOUR OF OUR LADY OF LOURDES** will be held at Westminster Cathedral on Saturday 10th February at 2pm. The Sacrament of the Sick will be administered during Mass.

**WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING:** (See in church porch)  
BEGINNING EXPERIENCE helps separated, divorced or widowed Catholics.  
SMART LOVING SEMINAR for married couples.  
CATHOLIC SINGLES information  
RETOUVAILLE—a lifeline for married couples.  
WIDOWED YOUNG—support events.  
CALIX CENTRE—A Catholic ministry to addicts.  
ADULT FAITH FORMATION COURSES. —new information

**VACANCIES:**  
**ST. GEORGE'S CATHOLIC PRIMARY SCHOOL** require a Clerk to the Governing Body (C/d 19/2)

Latest diocesan vacancies are in the folder in the porch or please go to website.

**FOLDERS in the church porch:** look for pilgrimages & retreats, job opportunities, schools & colleges.

# NEWS & VIEWS

**NEW TO THE PARISH?** if you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you.

**PLEASE LEAVE THE PEW NEAT AND TIDY AS YOU DEPART CHURCH TODAY.**

## PARISH DIARY FOR THE WEEK

### Sunday 4 February 2018:

Teas and coffees after 9.45am and 11.15am Masses

### Monday 5 February:

Keep Fit 2.30pm

### Tuesday 6 February:

Over 60's Group 1.00pm

First Holy Communion 7.30pm

Ceilidh/Set dancing 8.45pm

### Wednesday 7 February:

Ladies Social Guild 2.00pm

### Thursday 8 February:

Church Cleaning Group B 10.30am

Prayer Group 8.00pm

### Friday 9 February

Teas Coffees after morning Mass

Art Class 2.00pm

Friends of Jesus 5.30pm

**WESTMINSTER RECORD** on sale today in the Church porch—20p

## AT ALL MASSES TODAY— WHITE FLOWER APPEAL:

The Society for the Protection of Unborn children (SPUC) will be holding its annual appeal next week-end 10/11 February. SPUC is currently campaigning to stop the decriminalisation of abortion, which means taking abortion outside the law. This is the most dangerous threat to unborn children and their mothers in decades. Please be as generous as you can to help us defeat this latest attack on unborn babies and their mothers, and to stop abortion getting even worse in this country by decriminalisation.

**VALENTINE'S DAY** this year falls on Ash Wednesday so in tune with this time of year we are having a **MASS TO CELEBRATE THE SACRAMENT OF MARRIAGE** with the chance to renew your marriage vows, on **Saturday 10th February** followed by refresh-

ments in the Parish Café Bar. If you would like to help with refreshments please contact Barbara Dunn at basia.dunn@googlemail.com. Thank you.

**FUNERAL MASS** of Christine Flavius RIP will be on Thursday 15th February at 11am followed by burial at Alperton Cemetery at 12.30pm.

**LOOKING AHEAD:** Lent is not so far away this year and begins on Wednesday 14<sup>th</sup> February. Masses with the imposition of Ashes will be at 9.30am, 12.30pm and 8.00pm. (For Valentine's dates, its fish only!).

**OLD PALM CROSSES**—there is a basket at the back for you to place your old palm crosses from last year. These are traditionally burnt and the Ash is used for the ash on Ash Wednesday.

**NEXT WEEK** a special leaflet detailing all our Lent activities will be available.

**CLOSURE OF REPOSITORY** - The Repository will be closed until further notice for a general stocktake and reappraisal. Thank you for your understanding and patience.

**CONFIRMATION** - Thank you to all those who have enrolled on the Confirmation Programme for 2018. Enrolment is now closed. If, for any reason, you did not pick up your **Mass Attendance Cards** at the Enrolment Evening this week please ensure you contact our Catechetical Coordinator, Mr. Peter Kingsley, at [peterkingsley@rcdow.org.uk](mailto:peterkingsley@rcdow.org.uk) to arrange collection this week. Thank you!

**HOLY BAPTISM:** Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. The next baptism preparation evening will be on **Friday 23rd February 2018 at 7.30pm** in the parish centre.

**HELPERS AT 9.45AM FAMILY MASS** - We are extremely grateful to all who help the children read at the 9.45am Family Mass. We are **urgently looking for new volunteers** to help on a monthly basis. If you

# ABOUT SPUC

The Society for the Protection of Unborn Children (SPUC), the oldest pro-life campaigning and educational organisation in the world.

Our Society was founded in January 1967 to oppose the abortion bill being debated in Parliament at the time. That bill would go on to become the 1967 Abortion Act, while we became the UK's first and largest pro-life group. Tragically, more than 8.4 million unborn children have lost their lives in Britain to this Abortion Act - Abortion is the biggest killer of children in the world today. We work to protect human lives at the national and local level, and to build a society free from abortion.

As well as fighting abortion, we also campaign against other direct threats to the lives of vulnerable individuals, such as euthanasia and embryo abuse. We recognise the need to have a consistent life ethic - to value the lives of all human beings equally - and the foundation of this must always be recognising the humanity of the child in the womb.

## Our aims

To affirm, defend and promote the existence and value of human life from the moment of conception until natural death.

To defend and protect human life generally and in particular, whether born or unborn (although principally the latter) and wheresoever situated (although principally in Great Britain and Northern Ireland, the Isle of Man, the Channel Islands, the Republic of Ireland and Europe).

To reassert the principle laid down in the United Nations' "Declaration of the Rights of the child" (1959) that "the child, by reason of his physical and mental immaturity, needs special safeguards and care, including appropriate legal protection, before as well as after birth."

To defend, assist and promote the life and welfare of mothers during pregnancy and of their children from the time of conception up to, during and after birth.

## Our principles

We base all our work on these principles of natural justice:

- \* it is wrong to kill innocent human beings
- \* everyone should be treated equally
- \* all human beings are people with rights
- \* children deserve special protection and care
- \* the weakest in society must be protected by the law

These are principles that everyone can agree on, whatever their political, religious or cultural beliefs.

# LITURGICAL CALENDAR & MASS INTENTIONS

**SUNDAY MASS:** 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

**WEEKDAY MASS:** Monday – Saturday 9.30am.

**HOLYDAYS OF OBLIGATION:** 9.30am, 8.00pm.

**EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm.

**CONFESSIONS:** Saturday 5.15pm - 6.00pm. *and any time by appointment.*

**DIVINE MERCY:** Tuesday 10.30am.

**ROSARY:** Daily after Mass.

Sunday 4 Feb	<b>5th OF THE YEAR</b>
6.15pm ( <i>Sat. Vigil</i> )	Rose Lynch RIP
8.30am	Ned McCormack RIP
9.45am	PRO POPULO
11.15am	Peter Jones RIP (20th Ann)
5.30pm	Max Perera RIP

Mon 5 Feb 9.30am	<i>S. Agatha</i> Mary Ferrao RIP
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Tues 6 Feb 9.30am	<i>S. Paul Miki &amp; Comps</i> Bridie Moran RIP
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Weds 7 Feb 9.30am	<i>feria</i> Ron & Sheila Dyer RIP
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Thur 8 Feb 9.30am	<i>S. Josephine Bakhita</i> Nellie Foley RIP
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Fri 9 Feb 9.30am	<i>feria</i> Czeslaw Dlugokecki RIP
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Sat 10 Feb 9.30am	<i>S. Scolastica</i> Jimmy Walsh RIP
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# TODAY'S MASS

## **Entrance Antiphon:** *Ps 94: 6-7*

O come, let us worship God  
and bow low before the God who made  
us, for he is the Lord our God.

## **Collect**

Keep your family safe, O Lord, with  
unfailing care,  
that, relying solely on the hope  
of heavenly grace,  
they may be defended always by your  
protection.  
Through our Lord Jesus Christ, your  
Son, who lives and reigns with you in  
the unity of the Holy Spirit,  
one God, for ever and ever.

## **First reading:** *Job 7:1-4,6-7*

Job began to speak:  
Is not man's life on earth nothing more  
than pressed service,  
his time no better than hired drudgery?  
Like the slave, sighing for the shade,  
or the workman with no thought but  
his wages,  
months of delusion I have  
assigned to me,  
nothing for my own but nights of grief.  
Lying in bed I wonder,  
'When will it be day?'  
Risen I think, 'How slowly evening  
comes!'  
Restlessly I fret till twilight falls.  
Swifter than a weaver's shuttle my days  
have passed,  
and vanished, leaving no hope behind.  
Remember that my life is but a breath,

and that my eyes will never again see  
joy.

The word of the Lord.

## **Responsorial Psalm:** *Ps 146:1-6*

**R/. Praise the Lord who heals the  
broken-hearted.**

1. Praise the Lord for he is good;  
sing to our God for he is loving:  
to him our praise is due. **R/.**
2. The Lord builds up Jerusalem  
and brings back Israel's exiles,  
he heals the broken-hearted,  
he binds up all their wounds.  
He fixes the number of the stars;  
he calls each one by its name. **R/.**
3. Our Lord is great and almighty;  
his wisdom can never be measured.  
The Lord raises the lowly;  
he humbles the wicked to the dust. **R/.**

## **Second reading:** *1 Corinthians 9:16- 19,22-23*

I do not boast of preaching the gospel,  
since it is a duty which has been laid on  
me; I should be punished if I did not  
preach it! If I had chosen this work  
myself, I might have been paid for it,  
but as I have not, it is a responsibility  
which has been put into my hands. Do  
you know what my reward is? It is this  
in my preaching, to be able to offer the  
Good News free, and not insist on the  
rights which the gospel gives me.

So though I am not a slave of any man  
I have made myself the slave of every-  
one so as to win as many as I could.  
For the weak I made myself weak. I  
made myself all things to all men in  
order to save some at any cost; and I  
still do this, for the sake of the gospel,  
to have a share in its blessings.  
The word of the Lord.

## **Gospel Acclamation:** *Jn8:12*

**Alleluia, alleluia!**  
***I am the light of the world, says the  
Lord; anyone who follows me will  
have the light of life.***  
**Alleluia!**

## **Gospel:** *Mark 1:29-39*

On leaving the synagogue, Jesus went  
with James and John straight to the  
house of Simon and Andrew. Now  
Simon's mother-in-law had gone to  
bed with fever, and they told him  
about her straightaway. He went to  
her, took her by the hand and helped  
her up. And the fever left her and she  
began to wait on them.  
That evening, after sunset, they  
brought to him all who were sick and  
those who were possessed by devils.  
The whole town came crowding round  
the door, and he cured many who  
were suffering from diseases of one  
kind or another; he also cast out many  
devils, but he would not allow them to  
speak, because they knew who he  
was.  
In the morning, long before dawn, he  
got up and left the house, and went

off to a lonely place and prayed there.  
Simon and his companions set out in  
search of him, and when they found  
him they said, 'Everybody is looking  
for you.' He answered, 'Let us go  
elsewhere, to the neighbouring  
country towns, so that I can preach  
there too, because that is why I  
came.' And he went all through  
Galilee, preaching in their synagogues  
and casting out devils.

## **Prayer over the Offerings**

O Lord, our God,  
who once established these  
created things  
to sustain us in our frailty,  
grant, we pray,  
that they may become for us now  
the Sacrament of eternal life.  
Through Christ our Lord.

## **Communion Antiphon:** *Cf. Ps 106: 8-9*

Let them thank the Lord  
for his mercy,  
his wonders for the children of men,  
for he satisfies the thirsty soul,  
and the hungry he fills with good  
things.

## **Prayer after Communion**

O God, who have willed that we  
be partakers  
in the one Bread and the one Chalice,  
grant us, we pray, so to live  
that, made one in Christ,  
we may joyfully bear fruit  
for the salvation of the world.  
Through Christ our Lord.