



## PRAYING TOGETHER FOR THE CHURCH, THE WORLD, THE PARISH & ONE ANOTHER

**SICK & HOUSEBOUND:** Ann Hull, Michael Griffin Snr., Titus Fernandes, Mary Malone, Margaret Cournane, Annie Phillips, Sadie & Tony Burgess, Mavis Hinton, Tom Fernandes, Cath Kevil, John Flynn, All in Copland Nursing Home, Gerard Perera, Gillian Gibb, Joe Nemeth, Ann Nemeth, Ken Fernandes, Michael Fahey, Marie Rego, Alan Woods, David Musgrave, Maria Nellie De Lima, Aaran T., Mrs Evans.

**RECENTLY BAPTISED:** Miguel Diaz, Toni Afolabi, Nathan Seniviratne, Amelia Fassioms.

**RECENTLY DEPARTED:** Marguerite Rogers.

**ANNIVERSARIES OF THE DEPARTED:** William O'Brien Rita Collins (1st Ann), Charles Kennedy (4/5 2nd Ann).

**INTENTIONS OF POPE FRANCIS FOR MAY: Evangelization – The Mission of Laity:** That the lay faithful may fulfil their specific mission, by responding with creativity to the challenges that face the world today.



**PRAYER TO THE HOLY SPIRIT**  
*By Saint Augustine of Hippo*

**Breathe in me,  
O Holy Spirit, that my thoughts may  
all be holy.**

**Act in me, O Holy Spirit, that my  
work, too, may be holy.**

**Draw my heart,  
O Holy Spirit, that I love  
but what is holy.**

**Strengthen me, O Holy Spirit, to  
defend all that is holy.**

**Guard me, then, O Holy Spirit, that I  
always  
may be holy. Amen.**

**SANCTUARY LAMP**  
HAS BEEN SPONSORED THIS WEEK  
IN MEMORY OF  
CHRISTINE KILKER RIP  
✠ ✠

**LAMP AT THE ALTAR OF  
OUR LADY OF WALSINGHAM**  
has been sponsored this week  
IN MEMORY OF  
CHRISTINE KILKER RIP

 **SWITCH off your phone  
and SWITCH ON your heart  
and mind to the Lord.**

**MAKING CONTACT AT ST. GEORGE'S**

Parish Priest:	Mgr. Jeremy Fairhead	jeremyfairhead@rcdow.org.uk
Assistant Priest:	Fr. Tony Thomas	tonythomas@rcdow.org.uk
Catechetical Coordinator:	Mr. Peter Kingsley	peterkingsley@rcdow.org.uk
Secretary:	Mrs. Toni Miles	sudbury@rcdow.org.uk
Director of Music:	Mr. Scott Price	scottprice@rcdow.org.uk
Hall Bookings:	via the office or	sudbury@rcdow.org.uk

Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE  
Tel: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office 3. Mgr Jeremy;  
4. Fr. Tony; 5. Pastoral Assistant. Charity No: 233699  
Email: sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury



Sunday cycle  
Readings Year B  
Weekday Readings  
Year 2, Week 7  
Divine Office  
Week 3

**The Catholic Parish  
of St George, Sudbury**



# Sunday 20th May 2018 PENTECOST

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

## TODAY'S MASS



The season of Easter concludes with today's celebration, the feast of Pentecost. On Pentecost we celebrate the descent of the Holy Spirit upon the apostles gathered in the upper room in Jerusalem; this event marks the beginning of the Church. The gospel today reminds us about the integral connection between the gifts of peace and forgiveness and the action of the Holy Spirit. Jesus greets his disciples with

the gift of peace. Jesus then commissions his disciples to continue the work that he has begun: "As the Father has sent me, so I send you." He breathes the Holy Spirit upon the disciples and sends them to continue his work of reconciliation through the forgiveness of sins.

**First Reading: Acts of the Apostles 2:1-11**  
The Holy Spirit descends upon the apostles gathered in Jerusalem.

**Second Reading: 1 Corinthians 12:3b-7,12-13**  
We are all one in Christ Jesus.

**Gospel Reading: John 20:19-23**  
Jesus appears to his disciples and gives them the gift of the Holy Spirit.

**SPIRITUAL QUOTE OF THE WEEK**  
*"As the soul is the life of the body, so the Holy Spirit is the life of our souls"*  
St. Peter Damian

# Sunday Reflection

On Pentecost Sunday we celebrate the wonderful good news that the risen Lord has poured out his Spirit upon us, first of all to convince us of his victory over sin and death, and then to enable us to continue his work of salvation by our own love and

As fragile human beings, we know the experience of living in fear and of being anxious and worried about many things, some of which exist only in our imagination. Jesus, having absorbed the ultimate violence, offers us his peace and thereby enables us to be confident and joyful in the face of even severe uncertainty and threat. This represents a real experience of liberation from the paralysis of fear—a paralysis that often prevents us from doing beautiful and risky things, like giving cut flowers!

With this peace and joy comes the obligation to share our blessings with others. It was once thought that the command of Jesus to forgive or retain sins was addressed only to priests and referred only to the Sacrament of Reconciliation. Now it is clear that this charge is addressed to all the followers of Jesus. We must all accept the wonderful and awesome responsibility

of offering or withholding forgiveness. In this case, the sin of omission looms large and should make us all examine our consciences in regard to the many times that we may have persisted in nursing old injuries or have refused to make allowance for extenuating circumstances in the lives of those we call sinners.

In this regard, we should recall the very strong words of Jesus in the Sermon on the Mount: *“Stop judging, that you may not be judged. For as you judge, so will you be judged, and the measure with which you measure will be measured out to you.”* (Matthew 7: 1–2) When we face the final judgment, we all hope to have a merciful judge and now we know how to assure that happy outcome.

It is, of course, very difficult to achieve such an ideal of forgiveness. And that is why Jesus offers us the Holy Spirit who, if given half a chance, will empower us to become the kind of gentle, caring, and compassionate persons that can make a real difference in a world that desperately needs the witness of love and forgiveness.

Let us all rejoice in this wonderful gift of the Spirit.



as **Extra-Ordinary Ministers of Holy Communion**. Please let us know if you might consider serving your community through one of these ministries. Thank you.

**ALTAR SERVERS:** Those Altar Servers who have not yet completed an **Altar Servers Form**, providing **Full Contact Details (and Parental Consent for those under 16)**, must pick up a letter marked for their attention from the Sacristy this week-end. Unfortunately, those servers who do not complete this Form will not be included on the new rota which is currently being prepared and will not be able to serve in the future until this form has been completed. This is in line with **Diocesan Safeguarding Policy**. Thank you for your understanding and collaboration.

**HOLY BAPTISM:** Information packs are available from the parish office. You can sign up there for the preparation evening. Parents to be, i.e. before birth, are welcome to attend. The next baptism preparation evening will be on **Friday 25th May** at 7.30pm in the parish centre.

**EXTRA-ORDINARY MINISTERS OF HOLY COMMUNION** - Might you be open to serve the Parish as an Extra-Ordinary Minister of Holy Communion? We are always grateful to those people who assist the Priest with administering the Sacrament at Mass and taking Holy Communion to the sick and housebound. If you are interested and like to be considered please speak to Fr. Tony .

**MINIBUS ESCORTS:** In order to maintain this important parish service we urgently need more volunteer escorts to help bring the elderly and housebound to 11.15am Mass each Sunday. When we have enough escorts it is an occasional duty but at the moment we only have one regular escort. Please can you help? If you are interested and want to find out more please contact the parish team.

**BEFRIENDING SERVICE** - If you know of anyone in the Parish who might like to be befriended please let us know as we have a small group of befrienders who would be only too happy to help.

**CHURCH LAMPS:** If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week - Please see Toni in the Parish Office.

**ST. JOHN BOSCO CHILDREN'S SUMMER HOLIDAY CAMP** in Aldham Essex from 21st July-4th August for boys and 4th-11th August for girls. Please see notice in porch folder. Copy of booking form available from parish office.

**ANNUAL CHARITY GOLF DAY** in aid of Sudbury Neighbourhood Centre. Friday 15th June 2018. see Poster in porch for more details.

**PAID ROLE FOR A MINIBUS DRIVER:** for **SUBURY NEIGHBOURHOOD CENTRE** Immediate appointment offered. Minibus Driver required to work shifts, 9am – 11am, and 3 - 5pm, Monday to Friday, with permanent contract and pension. £9.00 per hour. Please call us on 0208 908 1220 or drop -in to the Centre to enquire.

**THE SISTINE CHAPEL CHOIR**, Holy Father's personal choir, performs a sacred choral music concert from the repertoire they sing in the Vatican on Saturday 26<sup>th</sup> May 2018 at 8pm in

Westminster Cathedral. The concert will last an hour, and is free of charge (no tickets required). Come and experience this world-famous choir singing in the beautiful setting of Westminster Cathedral. All are welcome.

**IRISH REFERENDUM ON THE EIGHTH AMENDMENT, 25 MAY 2018** In their Spring Statement, the Irish Bishops wrote, "Article 40.3.3 is a declaration of equality and respect for human life. It represents, at the very foundations and sub-structure of our laws, a conviction that all human life is worth cherishing equally. To repeal this Article would leave unborn children at the mercy of whatever permissive abortion laws might be introduced in Ireland in the future. We invite people of faith to pray earnestly that Ireland will "choose life" and that the lives of all women and their unborn children will always be loved, valued, welcomed and respected in this country."

**Prayer of intercession:** Let us pray that the Holy Spirit will guide the people of Ireland with wisdom and courage in the forthcoming referendum. In all circumstances may they show love and care for children and their mothers. Lord, hear us.

**VOLUNTEERS NEEDED:** the Police have asked for volunteers to attend a Community Road Watch (CRW) event on Greenford road. on the following dates -09/06/2018, 30/06/2018. More details can be obtained from [http://www.harrow.gov.uk/info/100011/transport\\_and\\_streets/1877/community\\_roadwatch](http://www.harrow.gov.uk/info/100011/transport_and_streets/1877/community_roadwatch). Ideally, the Police need volunteers (not living on Greenford road) to be willing to participate in such an event. The Police officers (copied in) will then get in touch with them and arrange times etc. Participation in such an event would mean the volunteer will stand with the Police along the side of Greenford road with a speed gun. Interested volunteers should get in touch by contacting - [Laurente.Mascarenhas@met.pnn.police.uk](mailto:Laurente.Mascarenhas@met.pnn.police.uk)

**WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING:** (See in church porch)

BEGINNING EXPERIENCE helps separated, divorced or widowed Catholics. Healing weekend 20/22 April. See folder in porch for details.

SMART LOVING SEMINAR for married couples.

CATHOLIC SINGLES information

RETOUVAILLE—a lifeline for married couples.

WIDOWED YOUNG—support events.

CALIX CENTRE—A Catholic ministry to addicts.

ADULT FAITH FORMATION COURSES.

MARRIAGE/ENGAGED ENCOUNTER: [www.wvme.org.uk](http://www.wvme.org.uk)

**HOLY LAND PILGRIMAGE:** 8<sup>th</sup> Diocesan Pilgrimage to The Holy Land from 21<sup>st</sup> to 29<sup>th</sup> November 2018 led by Bishop John Wilson. Please see folder for details.

**VACANCIES:**

ST. RICHARD REYNOLDS CATHOLIC COLLEGE require: Primary Teacher (C/d Mon 21/5); English Teacher (C/d Mon 21/5); Subject Lead in Physics (C/d Mond 4/6). <http://www.strichardreynolds.org.uk/recruitment>

**DIOCESAN VACANCIES:** See folder in porch or website.

**FOLDERS in the church porch:** look for pilgrimages & retreats, job opportunities, schools & colleges information.

# NEWS & VIEWS

**NEW TO THE PARISH?** If you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you.

**PLEASE LEAVE THE PEW NEAT AND TIDY AS YOU DEPART CHURCH TODAY.**

## PARISH DIARY FOR THE WEEK

### Sunday 20 May:

Teas/coffees after 9.45am and 11.15am Masses  
Tuck Shop after 9.45am Mass

### Monday 21 May:

Keep fit 2.30pm  
Confirmation 7.30pm

### Tuesday 22 May:

Over 60's Group 1.00pm  
Set Dancing 8.45pm

### Wednesday 23 May:

"Let it be me" Group 10.15am  
"Let it be me" Group 7.00pm

### Thursday 24 May:

Church Cleaning Group A 7.00pm  
Prayer Group 8.00pm

### Friday 25 May:

Teas after morning Mass  
Friends of Jesus 5.30pm  
Baptism Preparation 7.30pm

**THE ROSARY** will be recited most days Monday-Friday in Church at 7.30pm during this Month of May, dedicated to Mary. Sign up on the list to lead it and even better, come and join in praying!

**OUR FORTY HOURS DEVOTION** before the Blessed Sacrament takes place before the feast of Corpus Christi. This begins on **THURSDAY 31st MAY at 9.30am** and lasts until **SATURDAY 2nd JUNE at 9.30am**. Please sign up today.

**KSC MIDSUMMER MYSTERY TOUR:** Takes place on Saturday 23<sup>rd</sup> June. Please contact Paddy Duffy on 0208 868 9373 to book a place. Cost: £16 per person.

## DATES FOR YOUR DIARY

TRINITY SUNDAY	27 May
SACRAMENT OF CONFIRMATION	27May (2pm)
CORPUS CHRISTI	3 June
SACRED HEART OF JESUS	8 June
NATIVITY OF JOHN THE BAPTIST	24 June
SS. PETER & PAUL	29 June

**TAKING EXAMS?** There are some prayer cards at the back of the Church. Just help yourself!

**NEXT SUNDAY** is the celebration of our parish **Confirmation** when we welcome Bishop John Sherrington. Please pray for all our young adult who will receive this sacrament.

**WORK GOING ON IN THE PARISH:** We have just had all our gutters cleaned and hosed out (this is now an insurance requirement) and all the metal ones, together with the down pipes

have been given a fresh coat of paint. Work has also begun on the ever going leaks in the hallway of the parish centre. It looks like after investigation that the external roof felt will also need to be replaced. This is the first stage of a summer project when the whole hallway will be refurbished – new doors, flooring and lighting giving it all a welcoming and up to date look. Lastly, the noticeboards in the porch are also under a refurbishment.

**FR ANTONIO'S ORDINATION. UPDATE.** As you know one of our parishioners, Antonio Pineda, who is at present studying in Rome, will be Ordained by Cardinal Vincent Nichols here at St George's on Saturday 27<sup>th</sup> July at 12 noon. We will be hosting, as a Parish, this event. We will be asking as June begins for all sorts of help. If you feel you have some gift or expertise to offer ahead of time, please let us know. We'll need all sorts of help from getting the church ready to the smooth running of the liturgy itself to the reception afterwards. In the meantime, please pray for Antonio as his big day gets closer.

**DATA PROTECTION:** Many of you will be aware that a new law comes into force very soon regarding data protection and the keeping of records. This applies to parishes also so please be aware if you sign up for anything in future you will also be asked for permission for us to keep whatever information you have given on our records, if appropriate.

**BELL UPDATE:** we had hoped to have our new angelus bell up and working by now but there's been a bit of a delay on the mechanism which needs to be specially made for us. We are onto the firm trying to speed things up, so let's hope we are up and running – or ringing, very soon!

**FIRST HOLY COMMUNION** - The Evaluation Session for **Parents/Carers only** is taking place in the Parish Centre on **Tuesday 5th June at 7.30pm**. Thank you for making the necessary childcare arrangements in good time so that a parent/carer can attend without the distractions of their 'little ones'. Thank you.

**CONFIRMATION** - The **Confirmation Rehearsal** is taken place in the Church this coming **Monday 21st May at 7.30pm**. **Candidates, Parents/Carers & Sponsors** are requested to attend and arrive promptly. Thank you.

**50% off World Youth Day** - The Diocese of Westminster is offering some scholarships to World Youth Day in Panama 2019. If you are a young adult interesting in attending WYD next year please contact Rebekah (Westminster Youth Ministry) at rebekahcurran@rcdow.org.uk.

**FRIENDS OF JESUS:** The Friends of Jesus Programme takes place on Fridays from 5.30-6.30pm providing a little Religious Education to children of Primary-School age who are not attending a Catholic School. An Information Leaflet is available in the Porch.

**EXTRAORDINARY MINISTERS OF HOLY COMMUNION**— a new rota is ready. Please check your emails.

**HELPING AT THE 5.30PM MASS:** We are urgently seeking volunteers to help at the 5.30pm Mass with **Welcoming, Reading &**



PLEASE PRAY TODAY  
FOR

Being Baptised and Confirmed  
**PETER BARJ**  
**KATLEEN MARIE**

Being received and Confirmed  
**SAMANTHA WALLACE**  
**LYNNE HAMILTON FONSECA**

Being confirmed  
**TAMARA SYSOJEVA**

## How is the Holy Spirit symbolized in the events of the day of Pentecost?

Acts 2 records: When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance.

This contains two notable symbols of the Holy Spirit and his activity: the elements of wind and fire. Wind is a basic symbol of the Holy Spirit, as the Greek word for "Spirit" (Pneuma) also means "wind" and "breath.". The reader is meant to understand the connection between the mighty wind and the Holy Spirit.

Concerning the symbol of fire, the Catechism notes: While water signifies birth and the fruitfulness of life given in the Holy Spirit, fire symbolizes the transforming energy of the Holy Spirit's actions.

The prayer of the prophet Elijah, who "arose like fire" and whose "word burned like a torch," brought down fire from heaven on the sacrifice on Mount Carmel.

This event was a "figure" of the fire of the Holy Spirit, who transforms what he touches. John the Baptist, who goes "before [the Lord] in the spirit and power of Elijah," proclaims Christ as the one who "will baptize you with the Holy Spirit and with fire." Jesus will say of the Spirit: "I came to cast fire upon the earth; and would that it were already kindled!"

In the form of tongues "as of fire," the Holy Spirit rests on the disciples on the morning of Pentecost and fills them with himself. The spiritual tradition has retained this symbolism of fire as one of the most expressive images of the Holy Spirit's actions. "Do not quench

# LITURGICAL CALENDAR & MASS INTENTIONS

**SUNDAY MASS:** 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

**WEEKDAY MASS:** Monday – Saturday 9.30am.

**HOLYDAYS OF OBLIGATION:** 9.30am, 8.00pm.

**EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm.

**CONFESSIONS:** Saturday 5.15pm - 6.00pm. *and any time by appointment.*

**DIVINE MERCY:** Tuesday 10.30am.

**ROSARY:** Daily after Mass.

<i>Sunday 20 May</i>	<b>PENTECOST</b>
6.15pm ( <i>Vigil</i> )	Carroll Family Intentions
8.30am	PRO POPULO
9.45am	John O'Doherty RIP
11.15am	Fr. Michael Johnston RIP
5.30pm	William O'Brien RIP
Mon 21 May	<b>Mary Mother of the Church</b>
9.30am	Martin Donegan RIP
Tues 22 May	<b>Of the Holy Spirit</b>
9.30am	Daniel Harrington RIP
Weds 23 May	<b>feria</b>
9.30am	Nan Harty RIP
Thur 24 May	<b>JESUS CHRIST THE ETERNAL HIGH PRIEST</b>
9.30am	Margaret Nunn RIP
Fri 25 May	<b>S. Bede the Venerable</b>
9.30am	Frank Hunt RIP
Sat 26 May	<b>S. Philip Neri</b>
9.30am	Marie Long RIP.

# TODAY'S MASS

## Antiphon Wisdom 1: 7

The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

## Collect

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

## Reading: Acts 2:1-11

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native

language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

## Responsorial psalm: 103

**R/. Send forth your Spirit, O Lord, and renew the face of the earth.**

1. Bless the Lord, my soul!  
Lord God, how great you are.  
How many are your works, O Lord!  
The earth is full of your riches. **R./**
2. You take back your Spirit, they die, returning to the dust from which they came.  
You send forth your Spirit, they are created;  
and you renew the face of the earth. **R./**
3. May the glory of the Lord last for ever!  
May the Lord rejoice in his works!  
May my thoughts be pleasing to him.  
I find my joy in the Lord. **R./**

## Second Reading: 1 Corinthians 12:3-7, 12-13

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit. There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is

working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

## Pentecost Sequence

*Holy Spirit, Lord of Light,  
From the clear celestial height.  
Thy pure beaming radiance give.*

*Come, thou Father of the poor,  
Come, with treasures which endure;  
Come, thou Light of all that live!*

*Thou, of all consolers best,  
Thou, the soul's delightful guest,  
Dost refreshing peace bestow.*

*Thou in toil art comfort sweet;  
Pleasant coolness in the heat;  
Solace in the midst of woe.*

*Light immortal, Light divine,  
Visit thou these hearts of thine,  
And our inmost being fill.*

*If thou take thy grace away,  
Nothing pure in man will stay;  
All his good is turned to ill.*

*Heal our wounds, our strength renew;  
On our dryness pour thy dew,  
Wash the stains of guilt away.*

*Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
Guide the steps that go astray.*

*Thou, on us who evermore  
Thee confess and thee adore,  
With thy sevenfold gifts descend.*

*Give us comfort when we die;  
Give us life with thee on high;  
Give us joys that never end.  
Amen. Alleluia.*

## Gospel Acclamation

**Alleluia, Alleluia!**

**Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love. Alleluia!**

## Gospel: John 20:19-23

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. 'As the Father sent me, so am I sending you.' After saying this he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.'

## Prayer over the Offerings

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly the hidden mystery of this sacrifice and graciously lead us into all truth. Through Christ our Lord.

## Communion Antiphon Acts 2: 4, 11

They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

## Prayer after Communion

O God, who bestow heavenly gifts upon your Church, safeguard, we pray, the grace you have given, that the gift of the Holy Spirit poured out upon her may retain all its force and that this spiritual food may gain her abundance of eternal redemption. Through Christ our Lord.