



## PRAYING TOGETHER FOR THE CHURCH, THE WORLD, THE PARISH & ONE ANOTHER

**SICK & HOUSEBOUND:** Michael Fahey, Michael Griffin, Anne Hull, Gillian Gibbs, Catherine Kevill, Margaret O'Shea, Lionel Stonehouse, Edith Geissler, Sandy McAdam, Marie Rego.

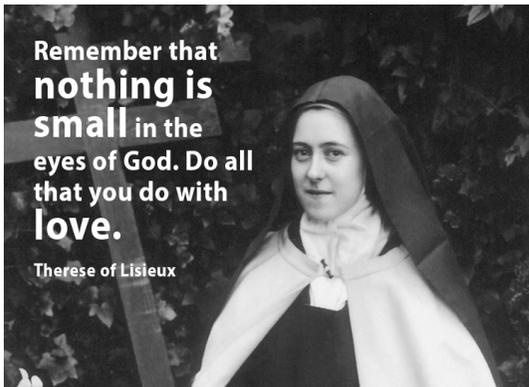
**RECENTLY DEPARTED:**

**ANNIVERSARIES OF THE DEPARTED:** Vincent Lucy, Keith Kugaswaran, Matthew Rammelt, Yvonne Goodger.

**RECENTLY BAPTISED:** Ilan Ragulahas

**INTENTION OF POPE FRANCIS FOR FEBRUARY 2019**

**Human Trafficking:** For a generous welcome of the victims of human trafficking, of enforced prostitution, and of violence.




PRAYER BEFORE COMMUNION

**O LORD JESUS CHRIST**, Son of the living God, Who by the will of the Father and with the cooperation of the Holy Spirit has by Thy death given life unto the world: Deliver me by this, Thy most sacred Body and Blood, from all my sins and from every evil. Make me always cling to Thy commandments and never permit me to be separated from Thee.

AMEN.

From the book *Adoration: Eucharistic Texts and Prayers throughout Church History* published by Ignatius Press

**SANCTUARY LAMP**  
HAS BEEN SPONSORED THIS WEEK FOR  
PRIVATE INTENTIONS

**LAMP AT THE ALTAR OF  
OUR LADY OF WALSINGHAM**  
has been sponsored this week  
in Thanksgiving  
THE BYRNE FAMILY

**ROSARY AT HOME:** This week the statue of Our Lady of Fatima will be at the home of Lucy Cornibert



**Switch mobile phones  
off or to silent**

### MAKING CONTACT AT ST. GEORGE'S

Parish Priest:	Mgr. Jeremy Fairhead	jeremyfairhead@rcdow.org.uk
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Catechetical Coordinator:	Mr. Peter Kingsley	peterkingsley@rcdow.org.uk
Secretary:	Mrs. Toni Miles	sudbury@rcdow.org.uk
Director of Music:	Mr. Scott Price	scottprice@rcdow.org.uk
Hall Bookings:	via the office or	sudbury@rcdow.org.uk
Safeguarding Representative:	Mrs. Mary Kugaswaran	sudburysg2@rcdow.org.uk
Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE		
Tel: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office 3. Mgr Jeremy;		
4. Fr. Tony; 5. Catechetical Coordinator. Charity No: 233699		
Email: sudbury@rcdow.org.uk		Website: parish.rcdow.org.uk/sudbury



Sunday cycle  
Readings Year C

Weekday Readings  
Ordinary Time  
Week 7 Year 1

Divine Office  
Week 3

The Catholic Parish  
of St George, Sudbury



# Sunday 24th February 2019 THE SEVENTH SUNDAY OF THE YEAR

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

## TODAY'S MASS



This Sunday we continue to hear Jesus' Sermon on the Plain. These words from Jesus' teaching are familiar to us. They constitute the crux and the challenge of what it means to be a disciple: Love your enemies, turn the other cheek, give to those who ask, do unto others, lend without expecting repayment, judge not lest you be judged. Jesus' words challenge those who would follow him to be more like God. God loves us beyond our expectations, beyond anything we can possibly imagine. In response to God's love, we are to love as God loves, beyond expectations and with a depth beyond imagining.

**First Reading:** *1 Samuel 26:2, 7-9,12-13,22-23*  
David does not kill Saul.

**Responsorial Psalm:** *Psalm 103:1-4,8,10,12-13*  
A song in praise of God's mercy.

**Second Reading:** *1 Corinthians 15:45-49*  
As we bear the image of Adam, so we will bear the image of the one from heaven.

**Gospel Reading:** *Luke 6:27-38*  
Jesus teaches his disciples to be merciful as God is merciful.

**SPIRITUAL QUOTE OF THE WEEK**  
*"Life with Christ is a wonderful  
adventure."*  
 Saint John Paul II

# SUNDAY REFLECTION

What makes Christians different and what makes Christianity distinct from any other religion? It is grace - treating others, not as they deserve, but as God wishes them to be treated - with loving-kindness and mercy. God is good to the unjust as well as the just. His love embraces saint and sinner alike. God seeks our highest good and teaches us to seek the greatest good of others, even those who hate and abuse us. Our love for others, even those who are ungrateful and selfish towards us, must be marked by the same kindness and mercy which God has shown to us. It is easier to show kindness and mercy when we can expect to benefit from doing so. How much harder when we can expect nothing in return.

St Augustine of Hippo (354-430 AD) describes Jesus double precept to give and forgive as two essential wings of prayer: *"Forgive and you will be forgiven. Give, and it will be given you. These are the two wings of prayer on which it flies to God. Pardon the offender what has been committed, and give to the person in need"* (Sermon 205.3). *"Let*



*us graciously and fervently perform these two types of almsgiving, that is, giving and forgiving, for we in turn pray the Lord to give us things and not to repay our evil deeds"* (Sermon 206.2).

Our prayer for those who do us ill both breaks the power of revenge and releases the power of love to do good in the face of evil. How can we possibly love those who cause us harm or ill-will? With God all things are possible. He gives power and grace to those who believe in and accept the gift of the Holy Spirit. His love conquers all, even our hurts, fears, prejudices and griefs. Only the cross of Jesus Christ can free us from the tyranny of malice,

hatred, revenge, and resentment and gives us the courage to return evil with good. Such love and grace has power to heal and to save from destruction. That is why St. Paul tells those who know the love and mercy of Jesus Christ to *"bless and not curse.. nor take revenge.. and to overcome evil with good"* (Romans 12:14,17,21). Do you know the power of God's love, mercy, and righteousness (moral goodness) for overcoming evil with good?

**CONFIRMATION** - The next Confirmation Session, offering an 'Experience of Prayer', is taking place on **Monday 25th February**. On that evening the candidates will also receive further details about the **Confirmation Retreat Day** taking place at **SPEC (Pinner) on Sunday 3rd March**.

**FIRST HOLY COMMUNION**— The next session, entitled "The Eucharist is our Family Meal", for children only, is taking place on Tuesday 22nd February at 7.30pm. We need to find some generous souls to **help our children in Year 3 prepare to receive their First Holy Communion**. If your child is currently in Year 2 might you consider lending a hand next year when they are making their First Holy Communion? If you'd like further information please speak to one of the Parish Clergy, the Catechists or our Catechetical Coordinator.

**FRIENDS OF JESUS**—The Friends of Jesus Programme takes place on **Fridays from 5.30-6.30pm** providing a little **Religious Education** to children of Primary-School age who are not attending a Catholic school and have not yet received their First Holy Communion. An Information Leaflet can be picked up from the porch and Enrolment Forms are available from the Parish Office.

**HOLY BAPTISM:** Information packs are available from the parish office. You can sign up there for the preparation course. Parents to be, i.e. before birth, are welcome to attend. The date of the next baptism preparation is **Saturday 2nd March at 10.30am** in the parish centre.

**MEN'S BREAKFAST:** Our next men's breakfast will take place on **Saturday 9<sup>th</sup> March at 9.00am in the café/bar**. We will have our regular fry-up followed by a talk by St George's very own seminarian, Daniel Daley. Dan will be talking about his experiences so far as he continues his training for the priesthood. If you've not been to one of our breakfasts before, please come along and give it a try!

**WELCOMING AT SATURDAY 6.15PM**—We would be grateful to any **new volunteers** open to help welcome the people at the **Saturday 6.15pm Mass**. If you are able to help please let us know.

**MARY'S MEALS:** Double the Love for Mary's Meals, the Government are doubling any donations until 1st March. One of our parishioners has set up a donation page. The idea is to give something up like a meal or drink or anything that comes to mind really and do-

nate the money saved to Mary's Meals. £13.90 feeds and educates one child for a whole year! The link is - <https://bit.ly/2N3HVPE>. You can also Gift Aid your donations. Thank you.

**CHURCH LAMPS:** If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week. There are still some weeks free in April and May. Please see Toni in the Parish Office.

**CHURCH CLEANING-** Might you consider helping to clean the Church on a monthly basis. If so, please contact the parish office.

**ST GEORGE'S PARISH COOKBOOK:** A little fun project to raise some money for the church: **Please take a flyer from the back of Church. Up to date we only have 3 responses. We do need more if our project is to be worthwhile and succeed.**

**MOTHERS DAY** Sunday 31 March: There will be a sale, after all Masses in the parish centre, in aid of St. Luke's Hospice. If you would like a stall for your charity please contact Rosemary through the parish office leaving name and telephone number.

**CHARITY QUIZ NIGHT** at St. George's School on Saturday 30th March at 7.30pm. Bar & raffle. £30 for a table of four. To reserve tickets please contact Greg Birch on 07868293463.

**WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING:** (See in church porch)

BEGINNING EXPERIENCE helps separated, divorced or widowed Catholics.

SMART LOVING SEMINAR for married couples.

CATHOLIC SINGLES information

RETOUVAILLE—a lifeline for married couples.

WIDOWED YOUNG—support events.

CALIX CENTRE—A Catholic ministry to addicts.

ADULT FAITH FORMATION COURSES.

MARRIAGE/ENGAGED ENCOUNTER:

[www.wmme.org.uk](http://www.wmme.org.uk)

**ROOM TO LET:** Near church/reasonable rent/ students/females only. Tel: 07427671478.

**DIOCESAN AND SCHOOL VACANCIES** please see folder in porch or School/diocesan website.

**FOLDERS in the church porch:** look for pilgrimages & retreats, job opportunities, schools & colleges information.

# NEWS & VIEWS

**NEW TO THE PARISH?** If you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you.

**PLEASE LEAVE THE PEW NEAT AND TIDY AS YOU DEPART CHURCH TODAY.** This is especially true if you have children using their worksheets. Please make sure they (or you) bring all the crayons back to the basket.

## PARISH DIARY FOR THIS WEEK

### Sunday 24 February:

Teas/Coffees after 9.45am/11.15am Masses.

Tuck Shop after 9.45am Mass

### Monday 25 February:

Keep Fit 2.00pm  
Confirmation 7.30pm

### Tuesday 26 February:

Over 60's Group 1.00pm  
First Holy Communion (children only) 7.30pm  
Set/Ceilidh Dancing 8.45pm

### Wednesday 27 February:

Discovering Christ 7.00pm

### Thursday 28 February:

Church Cleaning Group A 7.00pm

### Friday 1 March:

Friends of Jesus 5.30pm  
Ceilidh Social 8.00pm

**KEEPING THE CHURCH WARM...** please, please shut the door after you when you come in. We can't afford to heat the road as well.

**FR TONY** is away this week in the Holy Land together with all our newly ordained priests. Please pray for him and them during this time of renewal and pilgrimage. It's important we strengthen all our new priests in the early years of their ministry. Please also pray for those who are current seminarians and for more vocations to the priesthood.

**SOCIAL DANCE** on Friday 1st March in the parish Centre. Bar-Raffle-Dancing. 8 until late. Music by "Slim Attraction" Tickets will be on sale after all Masses this weekend and at the door—£7.00. All proceeds to the parish. Please take a flyer today!

**DIVINE MERCY** -The **Divine Mercy Chaplet** is recited in the church every Monday after the Rosary. All are welcome!

## CARDINAL'S MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY:

Westminster Cathedral on Saturday 8th June 2019 at 3pm. The Cardinal will be inviting to this Mass all couples in the Diocese who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2019. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

**LOOKING AHEAD... ASH WEDNESDAY** falls on Wednesday 6th March. This day marks the **beginning of Lent**. Mass will be at 9.30am, 12.30pm and 8pm. A card with full details of all our Lenten activities is now available. Please take a copy from this weekend.

**OLD PALMS:** Please bring in your old palms for recycling. There is a marked box at the back of the Church.

**REPOSITORY UPDATE:** we are currently restocking and setting out in the repository hoping for a new opening around the beginning of Lent. Gifts and cards for Easter, First Holy Communion and Confirmation will be also available.

**HEALTH & SAFETY UPDATE:** We recently had our annual inspection and we have come on in leaps and bounds as a parish complying with the health and safety regulations in order to make the place a safe environment for everyone. One thing we now need to do is to have designated "Fire Wardens" for each Mass (preferably two each). Could you offer to do this. This is only precautionary, just in case of a fire in church during a Mass. If you could help please speak to one of the Parish team.

**HARROW DEANERY YOUNG ADULT TRIP TO TAIZÉ 2019** - Our Deanery is planning a Trip to Taizé (France) for those **aged 18 to 29** from **27th July to 5th August 2019**. The estimated cost is **£250**. If you are interested in joining us please pick up an **Information Leaflet and Booking Form** from the back of church.



**MEN'S  
BREAKFAST**

Saturday 9th March at 9.00am  
In the café/bar in the parish centre





**Speaker: Dan Daley**  
St George's parishioner and seminarian for the Diocese of Westminster.  
*Dan will be speaking to us about his experiences as a seminarian as he continues his training for the priesthood.*

St George's Catholic Church, Sudbury

## SOCIAL DANCE



Friday 1st March 2019

Music by "Slim Attraction"

Bar - Raffle - Dancing  
8 until late

£7.00 at the door

970 Harrow Road, St Andrew's Avenue, Sudbury,  
Middlesex HA0 2QE  
Contact: Patsy 07533587348

# LITURGICAL CALENDAR & MASS INTENTIONS

**SUNDAY MASS:** 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

**WEEKDAY MASS:** Monday – Saturday 9.30am.

**HOLYDAYS OF OBLIGATION:** 9.30am, 8.00pm.

**EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm.

**CONFESSIONS:** Saturday 5.15pm - 6.00pm. *and any time by appointment.*

**DIVINE MERCY:** Tuesday 10.30am.

**ROSARY:** Daily after Mass.

<p><i>Sun 24 February</i> 6.15pm ( <i>Sat. Vigil</i> ) 8.30am 9.45am 11.15am 5.30pm</p>	<p><b>THE 7th SUNDAY OF THE YEAR</b> Patrick Marron RIP Thomas &amp; Catherine McCormack RIP Vincent Lucy RIP (6th Ann) Matthew Rammelt RIP PRO POPULO</p>
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<p>Mon 25 February 9.30am</p>	<p><b>feria</b> Richard Reay RIP</p>
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<p>Tues 26 February 9.30am</p>	<p><b>feria</b> Adrian Naughton Intentions</p>
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<p>Weds 27 February 9.30am</p>	<p><b>feria</b> Margaret Walsh</p>
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<p>Thurs 28 February 9.30am</p>	<p><b>feria</b> Keith Kugaswaran RIP</p>
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<p>Fri 1 March 9.30am</p>	<p><b>S. DAVID, Patron of Wales</b> Paddy &amp; Audrey Lewin RIP</p>
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<p>Sat 2 March 9.30am</p>	<p><b>Of Our Lady</b> Mr &amp; Mrs O'Connor RIP</p>
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# TODAY'S MASS

## Entrance Antiphon: Ps 12: 6

O Lord, I trust in your merciful love.  
My heart will rejoice in your salvation.  
I will sing to the Lord who has been  
bountiful with me.

## Collect

Grant, we pray, almighty God,  
that, always pondering spiritual things,  
we may carry out in both word and deed  
that which is pleasing to you.  
Through our Lord Jesus Christ,  
your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
one God, for ever and ever.

## First reading: 1 Samuel 26:2,7-9,11-13,22-23

Saul set off and went down to the wilderness of Ziph, accompanied by three thousand men chosen from Israel to search for David in the wilderness of Ziph. In the dark David and Abishai made their way towards the force, where they found Saul lying asleep inside the camp, his spear stuck in the ground beside his head, with Abner and the troops lying round him. Then Abishai said to David, 'Today God has put your enemy in your power; so now let me pin him to the ground with his own spear. Just one stroke! I will not need to strike him twice.' David answered Abishai, 'Do not kill him, for who can lift his hand against the Lord's anointed and be without guilt? The Lord forbid that I should raise my hand against the Lord's anointed! But now take the spear beside his head and the pitcher of water and let us go away.' David took the spear and the pitcher of water

from beside Saul's head, and they made off. No one saw, no one knew, no one woke up; they were all asleep, for a deep sleep from the Lord had fallen on them. David crossed to the other side and halted on the top of the mountain a long way off; there was a wide space between them. He called out, 'Here is the king's spear. Let one of the soldiers come across and take it. The Lord repays everyone for his uprightness and loyalty. Today the Lord put you in my power, but I would not raise my hand against the Lord's anointed.'

## Responsorial Psalm:

Ps. 102(103):1-4,8,10,12-13

## R/. The Lord is compassion and love.

1. My soul, give thanks to the Lord all my being, bless his holy name. My soul, give thanks to the Lord and never forget all his blessings. **R/.**
2. It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion. **R/.**
3. The Lord is compassion and love, slow to anger and rich in mercy. He does not treat us according to our sins nor repay us according to our faults. **R/.**
4. As far as the east is from the west so far does he remove our sins. As a father has compassion on his sons, the Lord has pity on those who fear him. **R/.**

## Second reading: 1 Corinthians 15:45-49

The first man, Adam, as scripture says, became a living soul; but the last Adam has become a life-giving spirit. That is, first the one with the soul, not the spirit, and after that, the one with the spirit. The first man, being from the earth, is earthly by nature; the second man is from heaven. As this earthly man was, so are we on earth; and as the heavenly man is, so are we in heaven. And we, who have been modelled on the earthly man, will be modelled on the heavenly man.

## Gospel Acclamation: cf. Ac16:14

**Alleluia, alleluia!**

**Open our heart, O Lord,  
to accept the words of your Son.  
Alleluia!**

## Gospel: Luke 6:27-38

Jesus said to his disciples: 'I say this to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back

the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked.

'Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and running over, will be poured into your lap; because the amount you measure out is the amount you will be given back.'

## Prayer over the Offerings

As we celebrate your mysteries, O Lord,  
with the observance that is your due,  
we humbly ask you,  
that what we offer to the honour of your  
majesty  
may profit us for salvation.  
Through Christ our Lord.

## Communion Antiphon: Ps 9: 2-3

I will recount all your wonders,  
I will rejoice in you and be glad,  
and sing psalms to your name, O Most  
High.

## Prayer after Communion

Grant, we pray, almighty God,  
that we may experience the effects  
of the salvation  
which is pledged to us by these mysteries.  
Through Christ our Lord.