



PRAYING TOGETHER FOR THE CHURCH, THE WORLD, THE PARISH & ONE ANOTHER

SICK & HOUSEBOUND: Michael Fahey, Michael Griffin, Anne Hull, Gillian Gibbs, Catherine Kevill, Margaret O'Shea, Lionel Stonehouse, Edith Geissler, Sandy McAdam, Marie Rego.

RECENTLY DEPARTED:

ANNIVERSARIES OF THE DEPARTED: Elma Collett, Edward Spencer, Pauline Spencer, Colin Mukusna, Michael Hughes, Joyce Fernandez.

RECENTLY BAPTISED: Summer Alfred.

INTENTION OF POPE FRANCIS FOR MARCH 2019
Recognition of the Right of Christian Communities That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

PRAYER FOR THE BEGINNING OF LENT

**Almighty and Everlasting God,
You have given the human race
Jesus Christ our Saviour as a model
of humility. He fulfilled Your Will
by becoming Man
and giving His life on the Cross.
Help us to bear witness to You by
following His example of
suffering and make us worthy to
share in His Resurrection.
We ask this through our Lord Jesus
Christ, Your Son Amen.**

SANCTUARY LAMP

HAS BEEN SPONSORED THIS WEEK
for a
PRIVATE INTENTION

LAMP AT THE ALTAR OF
OUR LADY OF WALSINGHAM
has been sponsored this week
for a

PRIVATE INTENTION

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**ROSARY AT HOME:** This week the statue of  
Our Lady of Fatima will be at the home of  
Mary Walsh



**Switch mobile phones  
off or to silent**

*"Our Lord does not  
look so much at the  
greatness of our  
actions, or even at  
their difficulty, as  
at the love with  
which we do them."*

ST. THÉRÈSE OF LISIEUX

Quoted in Vernon Johnson's book  
*Spiritual Childhood: The Spirituality of  
St. Thérèse of Lisieux*



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### MAKING CONTACT AT ST. GEORGE'S

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| Assistant Priest:            | Fr. Tony Thomas                                                       | tonythomas@rcdow.org.uk     |
| Catechetical Coordinator:    | Mr. Peter Kingsley                                                    | peterkingsley@rcdow.org.uk  |
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| Director of Music:           | Mr. Scott Price                                                       | scottprice@rcdow.org.uk     |
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Sunday cycle  
Readings Year C

Weekday Readings  
Ordinary Time  
Week 8 Year 1  
Ash Weds & after

Divine Office  
Week 4

**The Catholic Parish  
of St George, Sudbury**



## Sunday 3rd March 2019 THE EIGHTH SUNDAY OF THE YEAR

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

### TODAY'S MASS



The blind cannot lead the blind. And a disciple cannot be a good disciple unless he or she has learned from the teacher. Everyone who is fully trained is like the teacher who knows how to cure the blind. Before you can be a good disciple and teach others you must take care of yourself. Do not try to take a speck out of your brother's eye until you have taken the board out of your own. Finally, only when you have purified yourself can you produce the good works that the teacher requires.

Discipleship asks us to produce good deeds. But to produce them requires the integrity and purity of heart found in the teacher. When people see your good deeds they will know that this is because you have a good heart.

**First Reading: Sirach 27:4-7**

In his conversation is the test of the man.

**Responsorial Psalm: Psalm 92: 2-3,13-16**

The just shall flourish like a palm tree.

**Second Reading: 1 Corinthians 15: 54-58**

Thanks be to God who has given us the victory through our Lord Jesus Christ.

**Gospel Reading: Luke 6:39-45**

Each tree is known by its yield.

### SPIRITUAL QUOTE OF THE WEEK

**"When the stomach is full it is easy to  
talk of fasting."**

St. Jerome

# SUNDAY REFLECTION

Are you clear-sighted, especially in your perception of sin and the need for each of one of us to see ourselves correctly as God sees us - with our faults, weaknesses, and strengths? Jesus' two parables about poor vision allude to the proverb: *Without vision the people perish!* (Proverbs 29:18) What can we learn from the illustration of a blind guide and a bad eye (the *log* in the eye)? A *bad eye* left untreated and a *blind guide* can cause a lot of trouble that will only end in misery and disaster for us! We can only help and teach others what we have learned and received from wise teachers and guides. And how can we help others overcome their faults if we are blinded by our own faults and misperceptions? We are all in need of a physician who can help us overcome the blind spots and failing of our own sins, weaknesses, and ignorance.



The Lord wants to heal and restore us to wholeness, not only for our own sake alone. He also wants us to be his instruments of healing, pardon, and restoration for others as well. What can hinder us from helping others draw near to Jesus the divine Physician? The Rabbis taught: "He who judges his neighbour favourably will be judged favourably by God." How easy it is to misjudge others and how difficult it is to be impartial in giving good judgment. Our judgment of others is usually "off the mark" because we can't see inside the other person, or we don't have access to all the facts, or we are swayed by instinct and unreasoning reactions to people. It is easier to find fault in others than in oneself. A critical and judgmental spirit crushes rather than heals, oppresses rather than re-

stores, repels rather than attracts. "Thinking the best of other people" is necessary if we wish to grow in love. And kindness in judgment is nothing less than a sacred duty.

Jesus connects soundness with good fruit. Something is sound when it is free from defect, decay, or disease and is healthy. Good fruit is the result of sound living - living according to moral truth and upright character. The prophet Isaiah warned against the dangers of falsehood: *Woe to those who call evil good and good evil, who put darkness for light and light for darkness* (Isaiah 5:20). The fruits of falsehood produce an easy religion which takes the iron out of religion, the cross out of Christianity, and any teaching which eliminates the hard sayings of Jesus, and which push the judgments of God into the background and makes us think lightly of sin.

How do we avoid falsehood and bad fruit in our lives? By being true - true to God, his word, and the grace and help he gives us so we can turn away from evil and wrongdoing. Those who are true to God know that their strength lies not in themselves but in God who supplies everything we need to live as his disciples. The Lord strengthens us with the fruits and gifts of the Holy Spirit - with faith, hope and love, justice, prudence, fortitude and temperance. And we grow in godly character through exercising the gifts and strength which God supplies. Do you want to bear good fruit in your daily life? Allow the Holy Spirit to train you in godliness and the wisdom to distinguish good fruit from bad fruit (1 Timothy 4:7-8, Hebrews 5:14).

**YOUNG ADULT TRIP TO TAIZÉ 2019** — Our Deanery is planning a Trip to Taizé (France) for those aged **18 to 29** from **27th July to 5th August 2019**. The estimated cost is just **£250**. Those interested are welcome to pick-up an **Information Leaflet & Booking Form** from the porch. An **Information Evening** will be taking place here at **St. George's** on **Thursday 14th March at 7.30pm**.

**CONFIRMATION** - As part of their continuing preparation for Confirmation this Sunday the candidates are at SPEC (Pinner) on a **Day Retreat** learning, among other things, about the gifts and fruits of the Holy Spirit. This coming Monday evening **Bishop John Sherrington** will be joining the candidates at the Parish to share his story and speak to them about their chosen Confirmation Name and why they wish to be confirmed.

**FIRST HOLY COMMUNION** - We continue to search for some **generous volunteers to help our Catechists prepare the children for their First Holy Communion**. If your child is currently in Year 2 perhaps you'd like to lend a hand next year? Please speak to one of the Parish Clergy, the Catechists or our Catechetical Coordinator to find out more. Thank you.

**FRIENDS OF JESUS**—The Friends of Jesus Programme takes place on **Fridays from 5.30-6.30pm** providing a little **Religious Education** to children of Primary-School age who are not attending a Catholic school and have not yet received their First Holy Communion. An Information Leaflet can be picked up from the porch and Enrolment Forms are available from the Parish Office.

**HOLY BAPTISM:** Information packs are available from the parish office. You can sign up there for the preparation course. Parents to be, i.e. before birth, are welcome to attend. The date of the next baptism preparation is **Friday 29th March 2019 at 7.30pm** in the parish centre.

**PLANNED GIVING**—envelopes for 2019/20 will be available shortly. If you are new to the parish and wish to use these envelopes for the first time please complete an information form (orange coloured sheet) to be found at the back of the church and return it to the parish office or presbytery. **If you have a current Gift Aid and ceased to pay tax in the last year you must inform the parish office.**

**WELCOMING AT SATURDAY 6.15PM**—We would be grateful to any **new volunteers** open to help welcome

the people at the **Saturday 6.15pm Mass**. If you are able to help please let us know.

**SANCTUARY REORDERING UPDATE:** the plans have all been submitted to the Historic Churches Committee (St George's is a listed building so this is a requirement). They have tweaked the plans a little but the overall scheme remains the same. We need to liaise with them about some of the issues concerning the floor but we will be ready to begin in earnest soon. Inevitably some fundraising will need to take place so any ideas etc. are really welcome.

**CHURCH LAMPS:** If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week. There are still some weeks free in April and May. Please see Toni in the Parish Office.

**CHURCH CLEANING-** Might you consider helping to clean the Church on a monthly basis. If so, please contact the parish office.

**ST GEORGE'S PARISH COOKBOOK:** A little fun project to raise some money for the church: **Please take a flyer from the back of Church. Up to date we only have 3 responses. We do need more if our project is to be worthwhile and succeed.**

**CHARITY QUIZ NIGHT** at St. George's School on Saturday 30th March at 7.30pm. Bar & raffle. £30 for a table of four. To reserve tickets please contact Greg Birch on 07868293463.

**WHITE/YELLOW FOLDER INFORMATION FOR THE FOLLOWING:** (See in church porch)  
BEGINNING EXPERIENCE helps separated, divorced or widowed Catholics.  
SMART LOVING SEMINAR for married couples.  
CATHOLIC SINGLES information  
RETRouvaille—a lifeline for married couples.  
WIDOWED YOUNG—support events.  
CALIX CENTRE—A Catholic ministry to addicts.  
ADULT FAITH FORMATION COURSES.  
MARRIAGE/ENGAGED ENCOUNTER:  
www.wwme.org.uk

**DIOCESAN AND SCHOOL VACANCIES** please see folder in porch or School/diocesan website.

**FOLDERS in the church porch:** look for pilgrimages & retreats, job opportunities, schools & colleges information.

# NEWS & VIEWS

**NEW TO THE PARISH?** If you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you.

**PLEASE LEAVE THE PEW NEAT AND TIDY AS YOU DEPART CHURCH TODAY.** This is especially true if you have children using their worksheets. Please make sure they (or you) bring all the crayons back to the basket.

## PARISH DIARY FOR THIS WEEK

### Sunday 3 March:

Teas/Coffees after 9.45am/11.15am Masses.

### Monday 4 March:

Keep Fit 2.00pm  
Confirmation 7.30pm

### Tuesday 5 March:

Over 60's Group 1.00pm  
First Holy Communion (children only) 7.30pm  
Set/Ceilidh Dancing 8.45pm

### Wednesday 6 March:

Ladies Social Guild 2.00pm

### Thursday 7 March:

Church Cleaning Group B 10.30am

### Friday 8 March:

Teas/Coffees after Stations of the Cross  
Art Class 2.00pm  
Friends of Jesus 5.30pm

**ASH WEDNESDAY:** is this Wednesday 6th March. This day marks the **beginning of Lent**. Mass will be at 9.30am, 12.30pm and 8pm. A card with full details of all our Lenten activities is now available. Please take a copy from this weekend.

**STATIONS OF THE CROSS** after the Friday 9.30am Mass (around 10am).

**MEN'S BREAKFAST:** Our next men's breakfast will take place on **Saturday 9<sup>th</sup> March at 9.00am in the café/bar**. We will have our regular fry-up followed by a talk by St George's very own seminarian, Daniel Daley. Dan will be talking about his experiences so far as he continues his training for the priesthood. If you've not been to one of our breakfasts before, please come along and give it a try!

**OLD PALMS:** Please bring in your old palms for burning. The ashes will be used to mark our foreheads on Ash Wednesday. There is a marked box at the back of the Church.

**CARDINAL'S MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY:** Westminster Cathedral on Saturday 8th June 2019 at 3pm. The Cardinal will be inviting to this Mass all couples in the Diocese who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2019. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

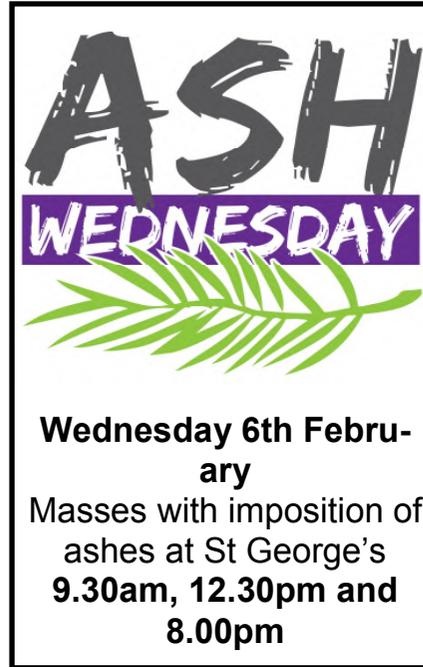
**DIVINE MERCY** -The **Divine Mercy Chaplet** is recited in the church every Monday after the Rosary. All are welcome!

**THE TUCK SHOP ON SUNDAYS** will be closed during the season of Lent.

**MOTHERING SUNDAY:** Sunday 31 March: There will be a sale, after all Masses in the parish centre, in aid of St. Luke's Hospice. If you would like a stall for your charity please contact Rosemary through the parish office leaving name and telephone number.

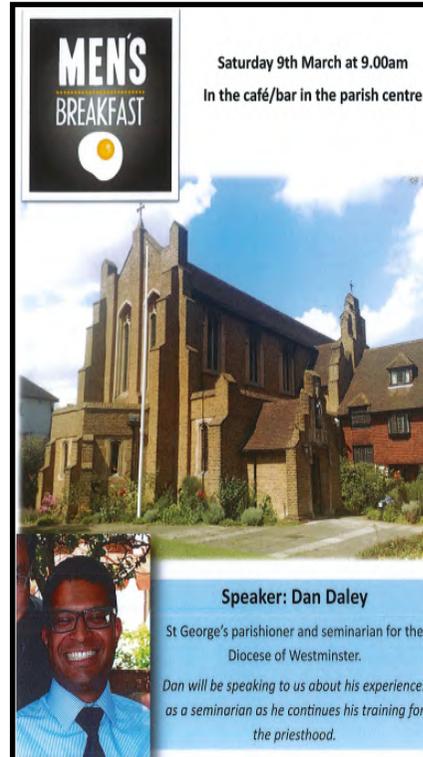
**REPOSITORY RE-OPENING:** we are just finishing the last touches to the repository stock and we plan to reopen on the First Sunday of Lent, **10th March**. For the moment we'll be opening just after the 9.45am Mass and the 11.15am Mass. If you think you could help with staffing the repository can you let one of the parish Team know.

**HEALTH & SAFETY UPDATE:** We recently had our annual inspection and we have come on in leaps and bounds as a parish complying with the health and safety regulations in order to make the place a safe environment for everyone. One thing we now need to do is to have designated "Fire Wardens" for each Mass (preferably two each). Could you offer to do this. This is only precautionary, just in case of a fire in church during a Mass. If you could help please speak to one of the Parish team. **Thanks to those who have already offered their assistance.**



**ASH WEDNESDAY**

**Wednesday 6th February**  
Masses with imposition of ashes at St George's  
**9.30am, 12.30pm and 8.00pm**



**MEN'S BREAKFAST**

Saturday 9th March at 9.00am  
In the café/bar in the parish centre



**Speaker: Dan Daley**  
St George's parishioner and seminarian for the Diocese of Westminster.  
Dan will be speaking to us about his experiences as a seminarian as he continues his training for the priesthood.

# LITURGICAL CALENDAR & MASS INTENTIONS

**SUNDAY MASS:** 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

**WEEKDAY MASS:** Monday – Saturday 9.30am.

**HOLYDAYS OF OBLIGATION:** 9.30am, 8.00pm.

**EUCCHARISTIC ADORATION:** Saturday 5.15-6.00pm.

**CONFESSIONS:** Saturday 5.15pm - 6.00pm. *and any time by appointment.*

**DIVINE MERCY:** Tuesday 10.30am.

**ROSARY:** Daily after Mass.

|                                                                        |                                                                                                                                                                                                                |
|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Sun 3 March</i><br>6.15pm ( <i>Sat. Vigil</i> )<br>8.30am<br>9.45am | <b>THE 7th SUNDAY OF THE YEAR</b><br>Dennis McNamara RIP<br>McDermott & Fee Families<br>Wally & Dorothy Watts RIP<br>Marita & Robbie Ledo RIP<br>Hermosinda Toucedo RIP<br>John & Mary Small RIP<br>PRO POPULO |
| 11.15am<br>5.30pm                                                      |                                                                                                                                                                                                                |
| Mon 4 March<br>9.30am                                                  | <b>feria</b><br>Holy Souls                                                                                                                                                                                     |
| Tues 5 March<br>9.30am                                                 | <b>feria</b><br>Edward & Pauline Spencedr RIP                                                                                                                                                                  |
| Weds 6 March<br>9.30am<br>12.30pm<br>8.00pm                            | <b>ASH WEDNESDAY</b><br>Melinda Peter RIP<br>Max Perera RIP<br>John Patrick Sydes RIP                                                                                                                          |
| Thurs 7 March<br>9.30am                                                | <b>Lent feria</b><br>Mrs Anampillai Annamma Pillai RIP                                                                                                                                                         |
| Fri 8 March<br>9.30am                                                  | <b>Lent feria</b><br>Colin Mutukisna RIP                                                                                                                                                                       |
| Sat 9 March<br>9.30am                                                  | <b>Lent feria</b><br>Ken & Joyce Fernandez RIP                                                                                                                                                                 |

# TODAY'S MASS

## Entrance Antiphon: *Cf. Ps 17: 19-20*

The Lord became my protector.  
He brought me out to a place of  
freedom; he saved me because he  
delighted in me.

## Collect

Grant us, O Lord, we pray,  
that the course of our world  
may be directed by your peaceful  
rule and that your Church may  
rejoice, untroubled in her devotion.  
Through our Lord Jesus Christ, your  
Son, who lives and reigns with you in  
the unity of the Holy Spirit,  
one God, for ever and ever.

## First reading: *Ecclesiasticus 27:5-8*

In a shaken sieve the rubbish is left  
behind,  
so too the defects of a man appear  
in his talk.  
The kiln tests the work of the potter,  
the test of a man is in his  
conversation.  
The orchard where a tree grows is  
judged on the quality of its fruit,  
similarly a man's words betray what  
he feels.  
Do not praise a man before he has  
spoken,  
since this is the test of men.

## Responsorial Psalm: *Ps. 91(92):2-3,13-16*

**R/. It is good to give you thanks, O Lord.**

1. It is good to give thanks to the  
Lord,  
to make music to your name, O Most  
High,  
to proclaim your love in the morning  
and your truth in the watches of the  
night. **R/.**

2. The just will flourish like the palm  
tree  
and grow like a Lebanon cedar. **R/.**

3. Planted in the house of the Lord  
they will flourish in the courts of our  
God,  
still bearing fruit when they are old,  
still full of sap, still green,  
to proclaim that the Lord is just.  
In him, my rock, there is no wrong.

## Second reading: *1 Corinthians 15:54-58*

When this perishable nature has put  
on imperishability, and when this  
mortal nature has put on  
immortality, then the words of  
scripture will come true: *Death is  
swallowed up in victory. Death,*

*where is your victory? Death, where  
is your sting?* Now the sting of  
death is sin, and sin gets its power  
from the Law. So let us thank God  
for giving us the victory through  
our Lord Jesus Christ.

Never give in then, my dear  
brothers, never admit defeat; keep  
on working at the Lord's work  
always, knowing that, in the Lord,  
you cannot be labouring in vain.

## Gospel Acclamation: *cf. Ac 16:14*

**Alleluia, alleluia!**

**Open our heart, O Lord,  
to accept the words of your Son.  
Alleluia!**

## Gospel: *Luke 6:39-45*

Jesus told a parable to his disciples:  
'Can one blind man guide another?  
Surely both will fall into a pit? The  
disciple is not superior to his  
teacher; the fully trained disciple  
will always be like his teacher. Why  
do you observe the splinter in your  
brother's eye and never notice the  
plank in your own? How can you  
say to your brother, "Brother, let  
me take out the splinter that is in  
your eye," when you cannot see  
the plank in your own? Hypocrite!  
Take the plank out of your own eye  
first, and then you will see clearly  
enough to take out the splinter that  
is in your brother's eye.

'There is no sound tree that  
produces rotten fruit, nor again a  
rotten tree that produces sound  
fruit. For every tree can be told by  
its own fruit: people do not pick figs  
from thorns, nor gather grapes  
from brambles. A good man draws  
what is good from the store of  
goodness in his heart; a bad man  
draws what is bad from the store of  
badness. For a man's words flow  
out of what fills his heart.'

## Prayer over the Offerings

O God, who provide gifts to be of-  
fered to your name and count our  
oblations as signs of our desire to  
serve you with devotion, we ask of  
your mercy that what you grant as  
the source of merit may also help  
us to attain merit's reward.  
Through Christ our Lord.

## Communion Antiphon: *Cf. Ps 12: 6*

I will sing to the Lord who has been  
bountiful with me, sing psalms to  
the name of the Lord Most High.

## Prayer after Communion

Nourished by your saving gifts,  
we beseech your mercy, Lord,  
that by this same Sacrament  
with which you feed us in the  
present age, you may make us  
partakers of life eternal. Through  
Christ our Lord.