



**PRAYING TOGETHER FOR THE CHURCH,
THE WORLD, THE PARISH & ONE ANOTHER**

SICK & HOUSEBOUND: Michael Fahey, Anne Hull, Gillian Gibbs, Catherine Kevill, Margaret O'Shea, Lionel Stonehouse, Edith Geissler, Marie Rego, Christopher Browne, Eileen Kidd, John and Angela McCarthy, Germaine Duffner, Patrick McDonagh, Paul Turnbull.

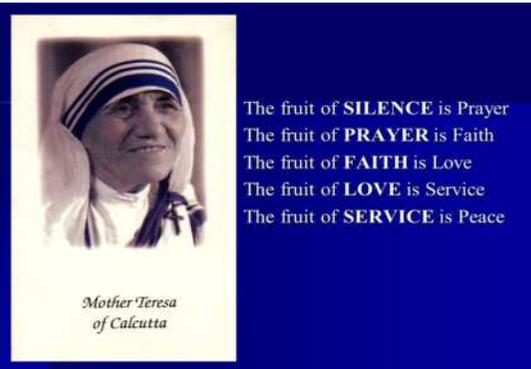
RECENTLY BAPTISED:

RECENTLY DEPARTED Joseph Scott, Frank Duffy.

ANNIVERSARIES OF THE DEPARTED: Helen Brady, Alice Cullen, Laura McKim, Paddy McKim, Eileen Nicklen, Matthew Rammelt, Michael Howard.

INTENTION OF POPE FRANCIS FOR FEBRUARY
Listen to the Migrants' Cries

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.



The fruit of **SILENCE** is Prayer
The fruit of **PRAYER** is Faith
The fruit of **FAITH** is Love
The fruit of **LOVE** is Service
The fruit of **SERVICE** is Peace

Mother Teresa
of Calcutta

MAKING CONTACT AT ST. GEORGE'S

Parish Priest:	Mgr. Jeremy Fairhead	jeremyfairhead@rcdow.org.uk
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Secretary:	Mrs. Toni Miles	sudbury@rcdow.org.uk
Director of Music:	Mr. Scott Price	scottprice@rcdow.org.uk
Hall Bookings:	via the office or	sudbury@rcdow.org.uk
Safeguarding Representative:	Mrs. Mary Kugaswaran	sudburysg2@rcdow.org.uk
Address:	The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE	
Tel:	020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office 3. Mgr Jeremy;	
	4. Fr. John; 5. Catechetical Coordinator.	Charity No: 233699
Email:	sudbury@rcdow.org.uk Website: parish.rcdow.org.uk/sudbury	

PRAYERS AFTER COMMUNION

Act of Faith

O Jesus, I believe that you have come to me in Holy Communion because you have said it and your word is true.

Act of Love

O Jesus, I love you. Make me love you even more.

Act of Thanks

O Jesus, I thank you for coming to me in Holy Communion.

SANCTUARY LAMP

has been sponsored this week
In Memory of
MAX PERERA RIP

**LAMP AT THE ALTAR OF
OUR LADY OF WALSHINGHAM**

has been sponsored this week
In Memory of
KEVIN DURCAN RIP

ROSARY AT HOME:

This week the statue of Our Lady of Fatima will be at the home of
CORAL CLASBY



**Switch mobile phones
off or to silent**



Sunday cycle
Readings Year A
Weekday Readings
Week 6 Year 2
Divine Office
Psalms Week 2

**The Catholic Parish
of St George, Sudbury**



Sunday 16th February 2020
SIXTH SUNDAY OF THE YEAR

Welcome to all at Mass today, especially to any visitors and particularly those who are here for the first time. Please take this sheet home with you which will tell you about this week's celebration and the activities during the week and also to remind you of our Liturgy today.

TODAY'S MASS



When Matthew speaks of "the Law and the prophets" he means the whole Scripture. When the Messiah brings the fullness of the kingdom none of scripture will be done away with. Instead it will be fulfilled. Matthew's Jesus does not overturn the Law of Moses, nor does he set his followers free from the Law. He requires his followers to go beyond the Law by doing more than the Law requires.

First Reading: Sirach 15:15-20

The eyes of God see all he has made.

Responsorial Psalm: Psalm 119:1-2,4-5, 17-18,33-34

Happy are those who walk in the way of the Lord.

Second Reading: 1 Corinthians 2:6-10

God has revealed this wisdom to us through the Spirit.

Gospel Reading: Matthew 5:17-37

I have not come to abolish the law and the prophets but to fulfil them.

SPIRITUAL QUOTE OF THE WEEK

*"The devil fears hearts on fire with
love of God."*

St. Catherine of Siena

SUNDAY REFLECTION

Why do people tend to view the "law of God" negatively rather than positively? Jesus' attitude towards the law of God can be summed up in the great prayer of Psalm 119: "Oh, how I love your law! It is my meditation all the day."

For the people of Israel the "law" could refer to the ten commandments or to the five Books of Moses, called the Pentateuch or Torah, which explain the commandments and ordinances of God for his people. The "law" also referred to the whole teaching or way of life which God gave to his people. The Jews in Jesus' time also used it as a description of the oral or scribal law. Needless to say, the scribes added many more things to the law than God intended. That is why Jesus often condemned the scribal law because it placed burdens on people which God had not intended.

Jesus made it very clear that the essence of God's law - his commandments and way of life, must be fulfilled. God's law is true and righteous because it flows from his love, goodness, and holiness. It is a law of grace, love, and freedom for us. That is why God commands us to love him above all else and to follow in the way of his Son, the Lord Jesus who taught us how to love by laying down our lives for one another.

Jesus taught reverence and respect for God's law - reverence for God himself, reverence for the Lord's Day, reverence or respect for parents, respect for life, for property, for another person's good name, respect for oneself and for one's neighbour lest wrong or hurtful desires master and enslave us. Reverence and respect for God's commandments teach us the way of love - love of God and love of neighbour. What is

impossible to humans is possible to God who gives generously of his gifts and the power of the Holy Spirit to those who put their faith and trust in him.

God gives us the grace, help, and strength to love as he loves, to forgive as he forgives, to think and judge as he judges, and to act as he acts with mercy, loving-kindness, and goodness. The Lord loves righteousness and hates wickedness. As his followers we must love his commandments and hate every form of sin and wrong-doing. If we want to live righteously as God desires for us, then we must know and understand the intention of God's commands for us, and decide in our heart to obey the Lord. Do you seek to understand the intention of his law and to grow in wisdom of his ways?

Jesus promised his disciples that he would give them the gift of the Holy Spirit who writes God's law of love and truth on our hearts. The Holy Spirit teaches us God's truth and gives us wisdom and understanding of God's ways. The Spirit helps us in our weakness, strengthens us in temptation, and transforms us, day by day, into the likeness of Jesus Christ, our Merciful Saviour and Humble Lord. There is great blessing and reward for those who obey God's commandments and who encourage others, especially the younger generations, to love, respect, and obey the Lord. Do you trust in God's love and allow his Holy Spirit to fill you with a thirst for holiness and righteousness in every area of your life? Ask the Holy Spirit to fill your heart with a burning desire and reverence for God's life-giving word so that you may grow day by day in the wisdom and knowledge of God's love, truth, and goodness.



THE PARISH SVP GROUP meets in the Café Bar on the 3rd Wednesday of the month at 7.30pm. Our next meeting is on Wednesday 19th February 2019. All welcome. For further information please contact Theresa Frain at fraint@pladisglobal.com

LENLEN SMALL GROUP - All are welcome to join the Lenten Small Group after Mass on Tuesdays in the Parish Café Bar commencing Tuesday 3rd March. 'A Word for Lent' includes six sessions providing stimulating insights and ways into personal prayer and commitment to Jesus. Booklets can be purchased from the Repository or on the day for £3.

GIFT AID AND PLANNED GIVING SCHEME: If you have a gift aid and contribute by planned giving envelope or bankers' order please remember to inform the parish office if you have ceased to pay tax. Thank you.

ANNUAL MASS OF THANKSGIVING FOR THE SACRAMENT OF MATRIMONY at Westminster Cathedral, Saturday 30th May 2019 at 3pm. The Cardinal will be inviting to this Mass all couples in the Diocese who are celebrating their 5th, 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60) wedding anniversary of Catholic marriage in 2020. If you are celebrating an anniversary, please give your parish clergy the following details: husband and wife's names, wedding date, full postal address and email (or telephone number, if no email).

SUNDAY COUNTERS: We are looking for new counters to join our teams, to work in groups of three, for approximately 3 hours on Sunday afternoons. This will be on a rota basis. If you are interested and think you are able to help please contact the parish team.

MASS INTENTIONS are booked to August 2020 and beyond. Remember to book your anniversary Masses early.

CHURCH LAMPS: If you would like to sponsor the blessed sacrament lamp or the lamp by the altar of Our Lady of Walsingham with a particular intention, the cost is £10 for the week. Please see Toni in the Parish Office.

CARITAS WESTMINSTER is recruiting at least one Caritas Representative from each parish, to help two-way communication between the Parish and Caritas to support and grow charitable activities. They will help to display posters, flyers, speak in Masses, learn about new tools and models for social action and share best practice between parishes. If you would like to be considered as a Caritas Representative, please contact one of the Parish Team.

THE PASSAGE— a Charity working with homeless people: St David's Day concert in aid of The Passage at Methodist Central Hall, Westminster on Friday 28 February at 7.00pm. The concert features the London Welsh Male Voice Choir with guest soloists Claire Jones (harp) and Aled Wyn Davies (tenor) and Guto Harri (Compère). Please book online through Eventbrite stdavids-day.eventbrite.co.uk. Full details to book are on the website www.passage.org.uk or telephone 020 75921856 or email info@passage.org.uk

SVP are distributing 11,500 Vinnie Packs containing cold weather essentials to the homeless this winter. Please could you consider sponsoring packs at a suggested donation of £3.50 per pack? Donations can be sent to Vinnie Packs, PO Box 72264, London SW1P 9EZ with cheques made out to SVP or by bank transfer to Nat West sort code 60-60-04, account no. 4608 8237. Thank you so much for your support."

FOLDER INFORMATION FOR THE FOLLOWING: (See in church porch)
BEGINNING EXPERIENCE helps separated, divorced or widowed Catholics.
SMART LOVING SEMINAR for married couples.
CATHOLIC SINGLES information
RETROUVAILLE—a lifeline for married couples.
WIDOWED YOUNG—support events.
CALIX CENTRE—A Catholic ministry to addicts.
ADULT FAITH FORMATION COURSES.
MARRIAGE/ENGAGED ENCOUNTER: www.wvme.org.uk

PARISH CLEANER— VACANCY IN AT SOUTH HARROW & NORTHOLT PARISH: A part-time Cleaner is required to maintain high levels of cleanliness within the parish halls and other facilities both at St Gabriel's South Harrow and St Bernard's Northolt. The successful candidate should have some previous cleaning experience, good organisation skills and possess the ability to work with complete discretion. 11 hours pw; £10.75 per hour. To be considered for the role, please complete an online application at: <https://jobs.rcdow.org.uk/> Closing date 24/2/20

ROOM TO LET: Whitton Avenue West— Tel: 07717124517.

ROOM NEEDED Nice polite young man desires a room. See Fr Jeremy if you can help.

PROBLEM WITH YOUR COMPUTER? Tomasz can fix it. Help also with setting up phones/TV'S/ home security Call: 020 8058 2826. £20 per hour. Longer projects at negotiable prices.

CAR REPAIRS: Baptist Fernandes is available to help with all mechanical and electrical body repairs, M.O.T's for any make and model of car, and picking up and scrapping if needed. Further information on 07446355757.

FOR ALL PAINTING/DECORATING—please ring David on 07904913443

DIOCESAN AND SCHOOL VACANCIES please see folder in porch or School/diocesan website.

THE CARDINAL VAUGHAN MEMORIAL SCHOOL is seeking part-time invigilators for their summer exams. Please refer to their website for details: <https://www.cvms.co.uk/Staff-Vacancies/>

ST. GEORGE'S CATHOLIC PRIMARY VOLUNTARY ACADEMY have a vacancy for an ICT & Media Technician. Please see folder in porch/school website. Closing date 25 February 12 noon.

FOLDERS in the church porch: look for pilgrimages & retreats, job opportunities, schools & colleges information.

NEWS & VIEWS

NEW TO THE PARISH? if you are, please know you are very welcome. Please fill in one of the new parishioners forms at the back of church and we'll get back to you.

PLEASE LEAVE THE PEW NEAT AND TIDY AS YOU DEPART CHURCH TODAY. This is especially true if you have children using their worksheets. Please make sure they (or you) bring all the crayons back to the basket.

PARISH DIARY FOR THIS WEEK

Sunday 16 February 2020:

Teas/Coffees after 9.45am and 11.15am Masses
Tuck Shop

Monday 17 February:

Tuesday 18 February:

Prayer Time 10.15am
Over 60's Club today
Set Dancing 8.45pm

Wednesday 19 February:

SVP 7.30pm

Thursday 20 February:

Church Cleaning Group D 3.00pm

Friday 21 February:

Teas/Coffees after morning Mass
Art Class 2.00pm

ASH WEDNESDAY and LENT is fast approaching. Ash Wednesday falls on 26th February with Masses here at 9.30am, 12.30pm and 8.00pm. There will be a Lent Leaflet available next week with all the details of opportunities for growing spiritually in Lent in and through the parish.

RETURNING YOUR PALMS FROM LAST PALM SUNDAY there is a basket at the back for these. They are traditionally burnt and the ash is used for Ash Wednesday. The last date for them to be returned is next Sunday (i.e. there's no point bring them on Ash Wednesday or after!)

THIS SUNDAY there is a Pastoral Letter from the Cardinal Archbishop. A copy is also available in the porch.

HELP WITH SEWING AND ALTERATIONS FOR SACRISTY ITEMS. One or two people said they could help with this. Can you let Fr Jeremy know if this is still possible? There are a few jobs that need to be done. **Thank you to those who have already offered.**

FUNERAL MASS of **Joseph Scott** on Friday 21st February at 11am. Cremation at Breakspear Crematorium at 1.15pm.

MASS for the intentions of **Eileen Bond RIP**, a parishioner for many years who recently died in Hampshire, will be held at St. Georges on **Monday 17th February** at 9.30am. Mass will be followed by a small reception in the parish centre.

HOLY BAPTISM: Information packs are available from the parish office. You can sign up there for the preparation course. Parents to be, i.e., before birth, are welcome to attend. **The date of the next baptism preparation course will be on Friday 28th February at 7.30pm** in the parish centre. Please let the parish office know if you are attending.

DIVINE MERCY -The **Divine Mercy Chaplet** is recited in the church every Monday after the Rosary. All are welcome!

FAITH CAFÉ - 'Faith Café' is a monthly opportunity to explore the Catholic faith. The next session, on **The Mission of the Twelve**, will be taking place in the Café Bar on **Wednesday 4th March**. Teas and coffees at **7.00pm** is followed by a video presentation and discussion at 7.30pm. All are welcome!

THE REPOSITORY continues to be open after all Masses today with a selection of gifts and cards.

RCIA (Rite of Christian Initiation of Adults) is our parish preparation for those who want to become Catholics. If you know someone who would like to join this group or you yourself, please speak to one of the parish team.

CONFIRMATION 2020 - There is a two week break for Half-Term. The next session, '**An Experience of Prayer**', begins in the regular Catechist groups on **Monday 2nd March at 7.30pm (ending at 8.45pm)**. The Parents/Carers of those candidates going on a Faith-in-Action visit on Saturday 29th February should have received an email with details of their visit last week.

FIRST HOLY COMMUNION - The Programme continues on **Tuesday 25th February at 7pm** with a session, for children only, entitled '**The Eucharist is our Family Meal**'.

PRAYER TIME A faith-sharing prayer group reflecting on the forthcoming Sunday Gospel. The group will consider how the Word of God, and the experience of those around us, challenge and inspire us. **Every Tuesday morning from 10.15 to 11.30am.** All welcome!

MEN'S BREAKFAST: The next Men's Breakfast, with a guest speaker, is on Saturday 22nd February beginning at 9.00am. All Welcome.

PARISH OFFICE: Please note the parish office will be closed next week and open again as usual on Tuesday 25th February. For emergencies please go to the Clergy Offices.

SERVING AS A CATECHIST - Do you have a little time on your hands? Might you consider helping the community as a Catechist? We are already looking for people to help with First Holy Communion and Confirmation next year. If you might consider helping, or would just like a little further information, please contact Peter, our Catechetical Coordinator, at peterkingsley@rcdow.org.uk. He will be happy to meet to talk about what would be involved and answer any questions you may have.

CHILDREN'S LITURGY AT 9.45AM FAMILY MASS—We are hugely grateful to our team of Catechists who generously provide a **Children's Liturgy at the 9.45am Family Mass**. Please, however, note that the **Children's Liturgy is ONLY for children from Reception to Year 2**. Older children are asked to remain in Church with their Parents/Carers.

READING AT 8.30AM - Sadly one of our readers, who has served the community for many years, is stepping down as a reader in March 2020. If you would consider serving as a reader (lector) at the 8.30am Mass please contact Peter, our Catechetical Coordinator, at peterkingsley@rcdow.org.uk.

WORDS FROM POPE FRANCIS

In particular, in today's Gospel, Jesus examines three aspects, three commandments [that regard] murder, adultery and swearing.

With regard to the commandment 'you shall not kill', he states that it is violated not only by murder in effect, but also by those behaviours that offend the dignity of the human person, including insulting words (cf. v. 22). Of course, these insulting words do not have the same gravity and culpability as killing, but they are set along the same line, because they are the pretext to it and they reveal the same malevolence. Jesus invites us not to establish a ranking of offences, but to consider all of them damaging, inasmuch as they are driven by the intent to do harm to one's neighbour. Jesus gives an example. Insulting: we are accustomed to insulting; it is like saying "good morning". And that is on the same line as killing. One who insults his brother, in his heart kills his brother. Please do not insult! We do not gain anything....

Another fulfilment is generated by the matrimonial law. *Adultery* was considered a violation of man's property right over the woman. Instead, Jesus goes to the root of the evil. As one comes to killing through injuries, offences and insults, in this way one reaches adultery through covetous intentions in regard to a woman other than one's own wife. Adultery, like theft, corruption and all the other sins, are first conceived in the depth of our being and, once the wrong choice is made in the heart, it is carried out in concrete behaviour. Jesus says: one who looks with a covetous spirit at a woman who is not his own is an adulterer in his heart, has set off on the path towards adultery. Let us think a little bit about this: about the wicked thoughts that go along this line. Jesus then tells his disciples *not to swear*, as swearing is a sign of the insecurity and duplicity with which human relationships unfold. God's authority is exploited so as to guarantee our human narrative. Instead, we are called to establish among ourselves, in our families and in our communities, a climate of clarity and mutual trust, so that we can be considered sincere without resorting to greater tactics in order to be believed. Mistrust and mutual suspicion always threaten

LITURGICAL CALENDAR & MASS INTENTIONS

SUNDAY MASS: 6.15pm (Saturday Vigil), 8.30am, 9.45am (Family) & 11.15am (Solemn), 5.30pm.

WEEKDAY MASS: Monday – Saturday 9.30am.

HOLYDAYS OF OBLIGATION: 9.30am, 8.00pm.

EUCCHARISTIC ADORATION: Saturday 5.15-6.00pm.

CONFESSIONS: Saturday 5.15pm - 6.00pm. *and any time by appointment.*

DIVINE MERCY: Monday 10.30am.

ROSARY: Daily after Mass.

<i>Sun 16 February</i> 6.15pm (<i>Vigil</i>)	6th SUNDAY OF THE YEAR Helen Brady RIP and Alice Cullen RIP (11th Anniversary) Kathleen Cronin RIP Wally & Dorothy Watts RIP Marita & Robbie Ledo RIP Hermosinda Toucedo RIP Matthew Rammelt RIP PRO POPULO
8.30am 9.45am	
11.15am 5.30pm	
Mon 17 February 9.30am	feria Eileen Bond RIP
Tues 18 February 9.30am	feria Nora Hunt Intention
Weds 19 February 9.30am	feria Kevin Durcan RIP
Thurs 20 February 9.30am	feria Dermod Clancy RIP
Fri 21 February 9.30am 11.00am	feria Michael Howard RIP (3rd Anniversary) FUNERAL MASS: Joseph Scott RIP
Sat 22 February 9.30am	CHAIR OF SAINT PETER Antonio De Jesus RIP
<i>Sun 23 February</i> 6.15pm (<i>Vigil</i>)	7TH SUNDAY OF THE YEAR Patrick Marron RIP (10th Anniversary) Patrick & Nora McEvoy RIP Joe Fernandes RIP Eileen Nicklen RIP (3rd Anniversary) PRO POPULO
8.30am 9.45am 11.15am 5.30pm	

TODAY'S MASS

Entrance Antiphon: Cf. Ps 30: 3-4

Be my protector, O God,
a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of
your name.

Collect

O God, who teach us that you abide
in hearts that are just and true,
grant that we may be so fashioned
by your grace as to become a
dwelling pleasing to you.
Through our Lord Jesus Christ, your
Son, who lives and reigns with you in
the unity of the Holy Spirit,
one God, for ever and ever.

First reading: Ecclesiasticus 15:16-21

If you wish, you can keep the com-
mandments,
to behave faithfully is within your
power.
He has set fire and water before you;
put out your hand to whichever you
prefer.
Man has life and death before him;
whichever a man likes better will be
given him.
For vast is the wisdom of the Lord;
he is almighty and all-seeing.
His eyes are on those who fear him,
he notes every action of man.

He never commanded anyone to be
godless,
he has given no one permission to
sin.

Responsorial Psalm: Psalm 118(119)

*R/. They are happy who follow
God's law!*

1. They are happy whose life is
blameless,
who follow God's law!
They are happy who do his will,
seeking him with all their hearts. *R/.*
2. You have laid down your precepts
to be obeyed with care.
May my footsteps be firm
to obey your statutes. *R/.*
3. Bless your servant and I shall live
and obey your word.
Open my eyes that I may see
the wonders of your law. *R/.*
4. Teach me the demands of your
statutes
and I will keep them to the end.
Train me to observe your law,
to keep it with my heart. *R/.*

Second reading: 1 Corinthians 2:6-10

We have a wisdom to offer those
who have reached maturity: not a

philosophy of our age, it is true, still
less of the masters of our age, which
are coming to their end. The hidden
wisdom of God which we teach in
our mysteries is the wisdom that
God predestined to be for our glory
before the ages began. It is a
wisdom that none of the masters of
this age have ever known, or they
would not have crucified the Lord of
Glory; we teach what scripture calls:
*the things that no eye has seen and
no ear has heard, things beyond the
mind of man, all that God has
prepared for those who love him.*
These are the very things that God
has revealed to us through the Spirit,
for the Spirit reaches the depths of
everything, even the depths of God.

Gospel Acclamation: 1s3:9, Jn6:68

Alleluia, alleluia!
*Speak, Lord, your servant is
listening: you have the message of
eternal life.*
Alleluia!

Gospel: Matthew 5:20-22, 27-28, 33-34, 37

Jesus said to his disciples: 'I tell you,
if your virtue goes no deeper than
that of the scribes and Pharisees,
you will never get into the kingdom
of heaven.

'You have learnt how it was said to

our ancestors: *You must not kill*; and
if anyone does kill he must answer
for it before the court. But I say this
to you: anyone who is angry with his
brother will answer for it before the
court.

'You have learnt how it was said:
You must not commit adultery. But I
say this to you: if a man looks at a
woman lustfully, he has already
committed adultery with her in his
heart.

'Again, you have learnt how it was
said to our ancestors: *You must not
break your oath, but must fulfil your
oaths to the Lord.* But I say this to
you: do not swear at all. All you need
say is "Yes" if you mean yes, "No" if
you mean no; anything more than
this comes from the evil one.'

Prayer over the Offerings

May this oblation, O Lord, we pray,
cleanse and renew us
and may it become for those who do
your will the source of eternal
reward. Through Christ our Lord.

Prayer after Communion

Having fed upon these heavenly
delights,
we pray, O Lord,
so that we may always long
for that food by which we truly live.
Through Christ our Lord.