



Sunday 26th April 2020

THIRD SUNDAY OF EASTER

Volume 1, Issue 5 'On Line'



Welcome to our Line Newsletter during this difficult time for all of us. It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion and with any streamlining Masses in which you may be watching and participating.

Sunday cycle
Readings Year A

Weekday Readings
Easter week 3

Divine Office
Easter week 3

For children,
download a weekly
sheet:

<http://www.sdc.me.uk/sundayliturgy/>

THIS WEEK

Sun 26 April **THIRD SUNDAY OF EASTER**
9.30am For the people of the parish
Donal Healy RIP

Mon 27 April **Easter feria**
9.30am Pat & Kevin Keane Ints.
Una Moran Ints

Tues 28 April **Easter feria**
9.30am Pat Donoghue RIP
Evelyn Maloney RIP

Weds 29 April **S. CATHERINE OF SIENA**
9.30am Rommel Tribiana RIP
Mary & Michael Hughes RIP

Thurs 30 April **Easter feria**
9.30am Nancy Drummond

Fri 1 May **Easter feria**
9.30am Mary Conroy Ints
Beryl Rennie RIP (Day of
Funeral)

Sat 2 May **S. Athanasius**
9.30am Esther Johnson Ints

Sun 3 May **FOURTH SUNDAY OF EASTER**
9.30am For the people of the parish
John White RIP

TODAY'S MASS



"Christ feeds us"

"Christ is our Eucharist — a day's food for a day's journey. We meet him as pilgrims and strangers and recognize him in the breaking of bread. He is our ransom and our gift."

First Reading: Acts 2:14,22-33

St. Peter and the apostles announce that Jesus has been raised from the dead.

Responsorial Psalm: Psalm 16:1-2,5,7-11

God will show us the path of life.

Second Reading: 1 Peter 1:17-21

You were saved by Christ's sacrifice.

Gospel Reading: Luke 24:13-35

Jesus appears to two disciples who are walking to Emmaus.

SPIRITUAL QUOTE OF THE WEEK

"Let us sing alleluia here on earth, while we still live in anxiety, so that we may sing it one day in heaven in full security."

St Augustine of Hippo

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk

Assistant Priest: Fr. John Warnaby johnwarnaby@rcdow.org.uk

Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk

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Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE

Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. John; 5. Catechetical Coordinator.

Charity No: 233699

Email: sudbury@rcdow.org.uk **Website:** parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Michael Fahey, Anne Hull, Catherine Keavill, Margaret O'Shea, Edith Geissler, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Germaine Duffner, Patrick McDonagh, Paul Turnbull, Tom Fernandes.

RECENTLY DEPARTED: Thomas Field, Esther Mary Sampat, Avash Javardi, Michael Sexton, John Calnan, Beryl Rennie (Mother of Marjorie Rennie)

ANNIVERSARIES OF THE DEPARTED:

WE PRAY ESPECIALLY FOR:

- ◆ ALL WHO WORK IN THE NHS AT THIS TIME.
- ◆ DOCTORS, NURSES & SUPPORT STAFF.
- ◆ ALL WHO ARE SICK IN ANY WAY.
- ◆ THE ELDERLY & VULNERABLE.
- ◆ FOR OUR POLITICIANS MAKING DIFFICULT DECISIONS.
- ◆ FOR THE RESIDENTS OF OUR CARE HOMES AND ALL WHO WORK THERE.

INTENTIONS OF POPE FRANCIS FOR APRIL/MAY

Freedom from Addiction: We pray that those suffering from addiction may be helped and accompanied.

For Deacons: We pray that deacons, faithful in their service to the Word and the poor, may be an invigorating symbol for the entire Church.

SANCTUARY LAMP

has been sponsored this week for
For the Parish

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

has been sponsored this week for
Northwick Park Hospital

"And their eyes were opened and they recognised him."

Luke 24:31



The Emmaus story has profound implications on individual Christians in their experience of the Risen Jesus. The disciples of Jesus were going back to their own village after his death and burial, as they had found no meaning in staying on in Jerusalem. Their master, whom they had followed with great hope, for three years, was no more alive. Although they thought he was the promised Saviour and that he would rise again after his death, he was still not seen anywhere. Now, the best option for the disciples would be to leave the town, that shattered all their hopes and resume their former life, forgetting about Jesus.

But the Lord, who had chosen them to be his disciples, would not leave them. As they walk away from him, he walks along with them. As their minds were downcast, and their hopes and dreams shattered, he causes their hearts to burn within and their eyes to open to the reality of the resurrection. Once they recognized the Lord in the breaking of bread, their joy was limitless. They returned to tell others that the Lord was alive indeed.

The Emmaus story reminds us of the two most important elements of our Christian faith: the 'Word of God' and the 'Breaking of the Bread'. For the disillusioned disciples, listening to the Sacred Scripture was the first step to their experience of the Risen Lord. *"Did not our hearts burn within us as he talked with us on the road and explained the Scriptures to us?"* . The Word of God continues to be active and alive in the ongoing life of individual Christians, with its powerful and life-giving force. When our dreams and hopes are shattered, when we are discouraged by the apparent absence of the Lord, it is the Word of God that refreshes, renews and comforts us. The scriptures has answers and solutions to our every problem.

The second important element of Christian faith, where we encounter the Risen Jesus is the Breaking of the Bread. *"When he was at table with them, he took the bread said the blessing; then he broke it, and handed it to them. And their eyes were opened and they recognized him..."*. Jesus gives himself to us in the Mass! It is in the Mass, which makes present for us the sacrifice of Calvary, that we are able to know, love and participate in the life of Jesus in the fullest manner. The divine power in the Blessed sacrament is the source that enables us to give ourselves entirely to God, until our last breath, as our self sacrifice for him. This is exactly while this time when the churches are closed, it s so 'spiritually painful' . This "exile" can help us, in a strange way, to understand the power and meaning of this sacrament so that when we eventually are able once more to participate in it, we cannot remain the same, but be changed, and become more and more like Jesus.

NEWS UPDATE



STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

MGR JEREMY, FR JOHN & PETER thank all those parishioners who sent Easter cards and personal offerings especially during this difficult time. It's very much appreciated.

YOU CAN FIND POSSIBILITIES FOR JOINING MASS LIVE-STREAMING

<https://parish.rcdow.org.uk/sudbury/pray-at-home/> <https://www.ealing.gov.uk/coronavirus>

WHILST THE CHURCH IS CLOSED please know we try to continue as normal behind the doors. Mass is offered every day for you, your loved ones, all the sick and the departed.

WEEKLY NEWSLETTER: We are trying to continue this "On Line" version which appears on our website. Let us know of anything that you might like to include.

SPREAD THE WORD AROUND that we are producing this "On Line" newsletter each week.

A PRACTICAL NOTE: If there is anything urgent or desperate, always phone one of us in the Presbytery.

WEEKLY ENVELOPES: these have now been posted to you. Do let us know if you have not received yours or would like to receive them for the first time. We have been advised to adhere to best practice in encouraging parishioners NOT to drop envelopes through the presbytery door. This will help you to stay safe, in not taking unnecessary excursions outside. It will also avoid the risk of the virus being transmitted on the envelopes and currency. Maybe you could simply put the envelopes aside until we all return together. **ALTERNATIVELY** visit: <https://parish.rcdow.org.uk/sudbury/donate/> on our web page which has all the details for giving on line. **Above all, thanks for whatever you can do.**

WHAT HAPPENS IF YOU GO INTO HOSPITAL?

In light of strict data protection rules it is essential that on entering hospital you indicate that your details or those of your relative are to be passed to the Roman Catholic chaplain. Chaplains visit the wards during the week and provide an on call service in case of emergencies.

MENTAL HEALTH DURING COVID-19 ISOLATION. The Catholic Bishops Conference of Eng-

land & Wales have advice and suggestions for how Catholics can protect their mental health during the challenging time we face due to Coronavirus. Please visit: <https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/what-catholics-do-to-protect-their-mental-health-during-the-coronavirus/> Support those who suffer domestic abuse during the pandemic. Following the announcement from domestic abuse charity Refuge that the National Domestic Abuse Helpline has seen a 25% increase in calls and online requests for help since the lockdown, Bishop John Sherrington, of the Bishops' Conference domestic abuse working group, commented: 'At this time of national emergency, we are being asked to stay at home to save lives, but for those who are experiencing domestic abuse, the home is far from being a place of security, self-fulfilment and health. Too often it is a place of pain, fear, degradation and isolation. There are many for whom the call to stay at home will be dangerous and potentially life-threatening.'

BISHOPS TO LIVE-STREAM THURSDAY MASSES DURING PANDEMIC:

The Catholic Bishops of England and Wales recognise that this time of the COVID-19 pandemic is affecting every person in our countries. Those who are sick, and their families, are suffering many hardships of isolation from contact with those they love. Our front-line workers in hospitals and in care homes all over our lands are giving exceptional service to those who are vulnerable at this time.

In order to show a spiritual solidarity with all those who are involved in the ways described above, each week from next Thursday, a Catholic Bishop will celebrate Mass in their Cathedral which will be live-streamed for people to join. This will take place every Thursday at 7.00pm.

- ◆ 30th April Bishop Richard Moth, Arundel Cathedral
- ◆ 7th May Bishop Marcus Stock, Leeds Cathedral
- ◆ 14th May Bishop Robert Byrne CO, Newcastle Cathedral
- ◆ 21st May Bishop Mark Davies, Shrewsbury Cathedral
- ◆ 28th May Bishop Terence Draney, Middlesbrough Cathedral

By visiting the Cathedrals' webpages, links for the live-streaming of these Masses can be found.

On the Road to Emmaus

Then their eyes were opened and they recognized him.
Luke 24:31a (NIV)
The puzzle is based on Luke 24:13-35 (NIV).

WALKED MOSES THANKS CLEOPAS	JESUS BREAD FOOLISH OPENED	SUFFER BELIEVE PROPHET VILLAGE	CRUCIFIED VISITOR EYES EMMAUS
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W X Q T T I Z H E G H W Z O R
V O D H L I F G J S E C R O E
Q P E A Y N I Q I H Y Q T G U
C E P N A B J L X D E I A T X
T N Y K D R O I E E S L Y U H
J E I S E O Z K F I L C K G R
I D S V F A L L V I G R R J X
B P K T T A H T V K U S U K E
D E R W W B R E A D N C U F I
U S L O C L E O P A S I F V E
O T D I P H F V S C M F F I A
W T I M E H I C J I O I E C D
J M S M C V E Y K J S E R Z G
E M M A U S E T Y L E D P C O
J V K V I D K H J E S U S R Z

St Vincent de Paul Society
The Catholic Parish of St George, Sudbury

Help during the Coronavirus outbreak

Do you need help with tasks such as shopping, posting letters and urgent supplies during the current Coronavirus outbreak?

Are you feeling isolated and just want to have a chat with a friendly person over the phone?

If you would like practical assistance or if you know of someone who may need some help, please contact us so that we can be ready to assist you when you need it.

If you are referring someone else, please make sure that they are happy for you to provide their details and for us to contact them.

Please contact St George's SVP
Tel. 0208 9000250 or 0775 3654154 (Theresa)
email: StGeorgeSVP@pm.me

Turning concern into action
The St Vincent de Paul Society (England & Wales) is a registered charity number 1053992

Sudbury Community Action Group

If you are self-isolating due to COVID-19, we can help.

We are a group of local residents who are coming together to help out in the community during this difficult time.

We don't ask for anything in return, we just believe in helping each other out and supporting our community.

We're here to support you for FREE!

- 🏠 Picking up shopping/medication
- ☎ A friendly phone call
- ✉ Posting mail
- 🚚 Urgent supplies
- 🔌 Help topping up Electric key/Gas key

If you would like to speak to us or help, get in touch on:

Whatsapp: [joingroupchat.com/sudburyaid](https://www.whatsapp.com/channel/00299a60000000000000/joingroupchat.com/sudburyaid)
Telephone: 07770 678714
Email: sudburymutualaid@gmail.com

SUNDAY READINGS & PRAYERS

Entrance Antiphon Cf. Ps 66 (65): 1-2

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia.

Collect

May your people exult for ever, O God,
in renewed youthfulness of spirit,
so that, rejoicing now in the restored glory
of our adoption,
we may look forward in confident hope
to the rejoicing of the day of resurrection.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity
of the Holy Spirit,
one God, for ever and ever.

First Reading: Acts 2:14, 22-28

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him:

I saw the Lord before me always,
for with him at my right hand nothing can shake me.
So my heart was glad
and my tongue cried out with joy;
my body, too, will rest in the hope
that you will not abandon my soul to Hades
nor allow your holy one to experience
corruption.
You have made known the way of life to me,
you will fill me with gladness through your presence.

Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God's right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.

Responsorial psalm: 15

R/. Show us, Lord, the path of life.

1. Preserve me, Lord, I take refuge in you.
I say to the Lord: "You are my God.
O Lord, it is you who are my portion and cup;
it is you yourself who are my prize." **R./**
2. I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm. **R./**
3. And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay. **R./**
4. You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness forever. **R./**

Second Reading: 1 Peter 1:17-21

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason - so that you would have faith and hope in God.

Gospel Acclamation:

Alleluia, Alleluia! Lord Jesus, explain the scriptures to us. Make our hearts burn within us as you talk to us. Alleluia!

Gospel: Luke 24:13-35

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself. When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?' They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

Prayer over the Offerings

Receive, O Lord, we pray,
these offerings of your exultant Church,
and, as you have given her cause for such great gladness,
grant also that the gifts we bring
may bear fruit in perpetual happiness.
Through Christ our Lord.

Communion Antiphon Lk 24: 35

The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.

Prayer after Communion

Look with kindness upon your people, O Lord,
and grant, we pray, that those you were pleased to renew by eternal mysteries
may attain in their flesh the incorruptible glory of the resurrection.
Through Christ our Lord.