



Sunday 5th April 2020

Volume 1, Issue 2 'On Line'

PALM SUNDAY



Welcome to our new On Line Newsletter during this difficult time for all of us. It should be easier to read and to download and print if you so wish. Please use the readings and reflection as part of your spiritual Communion.

Sunday cycle
Readings Year A

Weekday Readings
Holy Week

Divine Office
Holy Week

For children,
download a weekly
sheet:

[http://www.sdc.me.uk/
sundayliturgy/](http://www.sdc.me.uk/sundayliturgy/)

THIS WEEK

Sun 5 April 9.30am	PALM SUNDAY For the people of the parish George Cronk RIP
Mon 6 April 9.30am	Holy Week Lynne aitchison RIP Christy McQuinn RIP
Tues 7 April 9.30am	Holy Week Stephen Smyth RIP Mary Kiernan RIP
Weds 8 April 9.30am	Holy Week Peggy Dooce RIP Mary Tobias RIP
Thurs 9 April 6.00pm	MAUNDY THURSDAY Anastasia Johnston RIP Michael O'Connel RIP
Fri 10 April 3.00pm	GOOD FRIDAY The Liturgy
Sat 11 April 6.00pm	HOLY SATURDAY Joe Fernandes RIP Delroy Anderson RIP
Sun 12 April 9.30am	EASTER SUNDAY For the people of the parish Leo & Olga Barco RIP

TODAY'S MASS

"Jesus is King"



The triumphal entry of Jesus into Jerusalem gives way to his passion and death. Yet Jesus is king and within a week will rise triumphant from the dead. He is the firm ground of our hope that all suffering in this life are lost in the power of his resurrection.

Gospel at the Procession with Palms: Matthew 21:1-11

Jesus enters Jerusalem as the crowd waves palm branches and shouts, "Hosanna!"

First Reading: Isaiah 50:4-7

The Lord's Servant will stand firm, even when persecuted.

Responsorial Psalm

Psalm 22:8-9,17-20,23-24

A cry for help to the Lord in the face of evildoers

Second Reading: Philippians 2:6-11

Christ was obedient even to death, and God has exalted him.

Gospel Reading: Matthew 26:14—27:66

Jesus is crucified, and his body is placed in the tomb. (shorter form: Matthew 27:11-54)

SPIRITUAL QUOTE OF THE WEEK

"Apart from the cross, there is no other ladder by which we may get to heaven."

St. Rose of Lima

MAKING CONTACT AT ST. GEORGE'S

Parish Priest: Mgr. Jeremy Fairhead jeremyfairhead@rcdow.org.uk

Assistant Priest: Fr. John Warnaby johnwarnaby@rcdow.org.uk

Catechetical Coordinator: Mr. Peter Kingsley peterkingsley@rcdow.org.uk

Secretary: Mrs. Toni Miles sudbury@rcdow.org.uk

Director of Music: Mr. Scott Price scottprice@rcdow.org.uk

Hall Bookings: via the office or sudbury@rcdow.org.uk

Safeguarding Rep: Mrs. Mary Kugaswaran sudburysg2@rcdow.org.uk

Address: The Presbytery, 970 Harrow Road, Sudbury, Wembley, Middlesex, HA0 2QE

Telephone: 020 8904 2552. Phone Options: 1. Mass Times; 2. Parish Office/ SVP Information 3. Mgr Jeremy; 4. Fr. John; 5. Catechetical Coordinator.

Charity No: 233699

Email: sudbury@rcdow.org.uk

Website: parish.rcdow.org.uk/sudbury

GOSPEL REFLECTION

FOR YOUR PRAYERS

SICK & HOUSEBOUND: Michael Fahey, Anne Hull, Catherine Kevill, Margaret O'Shea, Lionel Stonehouse, Edith Geissler, Marie Rego, Eileen Kidd, Christopher Browne, John and Angela McCarthy, Germaine Duffner, Patrick McDonagh, Paul Turnbull, Tom Fernandes.

RECENTLY DEPARTED: Peter Patrick Moore, Gillian Gibbs, Juliet Grata D'Souza, Lionel Stonehouse

ANNIVERSARIES OF THE DEPARTED: Mary Kiernan, George Cronk, Brian Drake, Margaretta Leischaer, Frances Westwood (Donor of this church)

WE PRAY ESPECIALLY FOR:

- ◆ ALL WHO WORK IN THE NHS AT THIS TIME
- ◆ DOCTORS, NURSES & SUPPORT STAFF
- ◆ ALL WHO ARE SICK IN ANY WAY
- ◆ THE ELDERLY & VULNERABLE
- ◆ FOR OUR POLITICIANS MAKING DIFFICULT DECISIONS

INTENTIONS OF POPE FRANCIS FOR APRIL

Freedom from Addiction

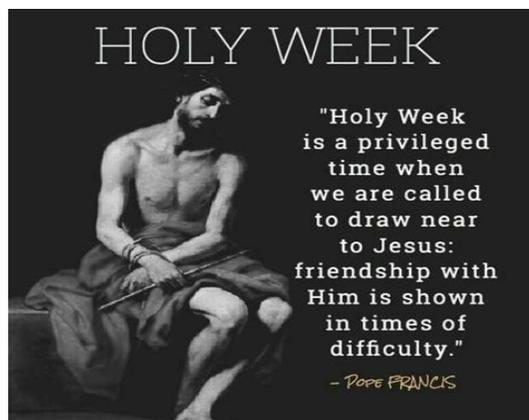
We pray that those suffering from addiction may be helped and accompanied.

SANCTUARY LAMP

has been sponsored this week for
Shanmugham Allo Pillai RIP

LAMP AT THE ALTAR OF OUR LADY OF WALSINGHAM

Neela Shanmugham RIP



Does the King of glory find a welcome entry in your home and heart? Jesus went to Jerusalem knowing full well what awaited him - betrayal, rejection, and crucifixion. The people of Jerusalem, however, were ready to hail him as their Messianic King! Little did they know what it would cost this king to usher in his kingdom. Jesus' entry into Jerusalem astride a colt was a direct fulfilment of the Messianic prophecy of Zechariah (9:9):

Rejoice greatly, O daughter of Zion. Shout aloud, O daughter of Jerusalem. Lo, your king comes to you; triumphant and victorious is he, and riding on an donkey and upon a colt the foal of a donkey.

The colt was a sign of peace. Jesus enters Jerusalem in meekness and humility, as the Messianic King who offers victory and peace to his people. That victory and peace would be secured in the cross and resurrection which would soon take place at the time of Passover.

Augustine, the great 5th century church father, comments on the significance of Jesus' entry into Jerusalem:

"The master of humility is Christ who humbled himself and became obedient even to death, even the death of the cross. Thus he does not lose his divinity when he teaches us humility... What great thing was it to the king of the ages to become the king of humanity? For Christ was not the king of Israel so that he might exact a tax or equip an army with weaponry and visibly vanquish an enemy. He was the king of Israel in that he rules minds, in that he gives counsel for eternity, in that he leads into the kingdom of heaven for those who believe, hope, and love. It is a condescension, not an advancement for one who is the Son of God, equal to the Father, the Word through whom all things were made, to become king of Israel. It is an indication of pity, not an increase in power." (Tractates on John 51.3-4)

Psalm 24 is another prophetic passage which echoes this triumphal procession of the King of glory:

Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in.

Jesus Christ came to bring us the kingdom of God. He is the true King who offers peace, joy, and everlasting life for those who accept his kingship. Does the King of glory find a welcome entry in your heart and home? Do your walls echo with the praise of his glory?

"Lord Jesus, be the King and Ruler of my heart, mind, life, and home. May my life reflect your meekness and humility that you may be honoured as the King of glory!"

NEWS UPDATE



WHAT CAN I DO AS THERE ARE NO PALMS THIS YEAR? An answer can be found from Medieval England when there were no real palms and they just took a branch from a local hedge. Even in Italy today they generally use olive tree branches. Just cut a piece down and ask that God will bless this sign at the beginning of Holy Week—even better you can join in a service of live streaming.

YOU CAN FIND POSSIBILITIES FOR JOINING MASS LIVE-STREAMING

<https://parish.rcdow.org.uk/sudbury/pray-at-home/>

WHILST THE CHURCH IS SHUT please know we try to continue as normal behind the doors. Mass is offered every day, we will veil the statues this week, palms will be put out next week and we will decorate the church for Easter. All the Easter services will be said and the paschal candle will be blessed together with the font.

HOLY WEEK POSTER CAN BE DOWNLOADED FROM THIS SITE

https://1.bp.blogspot.com/-wL1VyBcKnpM/VuxVqQLnNMI/AAAAAAAAAJgE/xoWJGmoEto2ebd_ewFKiGCoZpgiO9h4w/s1600/holyWeek_risen.jpg

NEED SHOPPING DONE OR A TRIP TO THE CHEMIST ETC. Our SVP Group will happily undertake this for you, just call Teresa on 02089000250 or 07753654154 or email: StGeorgeSVP@pm.me

WEEKLEY NEWSLETTER: We are trying to continue this “On Line “ version which appears on our website. Let us know of anything that you might like to include. You can also find attached to the website a list of parishes so that you can participate in Mass via live streaming. Alternatively you can join Pope Francis on:

<https://www.youtube.com/channel/UCxIsefyI9g9A5SGWA4FvGIA/featured>

A PRACTICAL NOTE: Toni from the office is working from home and will always pick up emails from the Parish email address. If there is anything urgent or desperate, always phone one of us in the Presbytery.

WEEKLEY ENVELOPES: at this point of

year it would have been usual to give out our weekly giving envelopes. That is now not possible. We also realise for many that they are not able to work at this difficult time so therefore church contributions are increasingly difficult. Please know the care of family and its upkeep come first and whatever you are able to give afterwards is a welcome gift. We’ll try and send out this year’s envelopes soon, but above all do what you can and if you can’t, God certainly understands.

MASS INTENTIONS: Mass is being said daily and we are honouring all the Mass intentions that have been already booked

OBLIGATION FOR EASTER DUTIES REMOVED THIS YEAR:

In these extraordinary circumstances of the Covid-19 (coronavirus) pandemic when we are unable to gather together to celebrate the great feasts of Holy Week and Easter, Cardinal Vincent explains, that the obligation to our Easter Duties to go to Confession and receive Holy Communion is removed from us. Instead, he says, we can make an Act of Perfect Contrition to express our deep sorrow at our sins against the goodness of God, and leads us in prayer.

WORDS FROM POPE FRANCIS’ SPECIAL URBI ET ORBI (The City and the World) MEDITATION

“Why are you afraid? Have you no faith?” Faith begins when we realise we are in need of salvation. We are not self-sufficient; by ourselves we flounder: we need the Lord, like ancient navigators needed the stars. Let us invite Jesus into the boats of our lives. Let us hand over our fears to him so that he can conquer them. Like the disciples, we will experience that with him on board there will be no shipwreck. Because this is God’s strength: turning to the good everything that happens to us, even the bad things. He brings serenity into our storms, because with God life never dies.

The Lord asks us and, in the midst of our tempest, invites us to reawaken and put into practice that solidarity and hope capable of giving strength, support and meaning to these hours when everything seems to be floundering. The Lord awak-

ens so as to reawaken and revive our Easter faith. We have an anchor: by his cross we have been saved. We have a rudder: by his cross we have been redeemed. We have a hope: by his cross we have been healed and embraced so that nothing and no one can separate us from his redeeming love. In the midst of isolation when we are suffering from a lack of tenderness and chances to meet up, and we experience the loss of so many things, let us once again listen to the proclamation that saves us: he is risen and is living by our side. The Lord asks us from his cross to rediscover the life that awaits us, to look towards those who look to us, to strengthen, recognize and foster the grace that lives within us. Let us not quench the wavering flame (cf. *Is* 42:3) that never falters, and let us allow hope to be rekindled.

Embracing his cross means finding the courage to embrace all the hardships of the present time, abandoning for a moment our eagerness for power and possessions in order to make room for the creativity that only the Spirit is capable of inspiring. It means finding the courage to create spaces where everyone can recognize that they are called, and to allow new forms of hospitality, fraternity and solidarity. By his cross we have been saved in order to embrace hope and let it strengthen and sustain all measures and all possible avenues for helping us protect ourselves and others. Embracing the Lord in order to embrace hope: that is the



If you are self-isolating due to COVID-19, we can help.

We are a group of local residents who are coming together to help out in the community during this difficult time.

We don't ask for anything in return, we just believe in helping each other out and supporting our community.

We're here to support you for FREE!

- Picking up shopping/medication
- A friendly phone call
- Posting mail
- Urgent supplies
- Help topping up Electric key/Gas key

If you would like to speak to us or help, get in touch on:

Whatsapp: [joingroupchat.com/sudburyaid](https://www.whatsapp.com/channel/00299a60000000000000/joingroupchat.com/sudburyaid)

Telephone: 07770 678714

Email: sudburymutualaid@gmail.com



SUNDAY READINGS & PRAYERS

Entrance Antiphon

Mt 21:9

Hosanna to the Son of David; blessed is he who comes in the name of the lord, the king of Israel. Hosanna in the Highest.

PROCLAMATION OF THE LORD'S

COMING: *St Matthew (21:1-11)*

When they drew near to Jerusalem and came to Bethphage, to the Mount of Olives, then Jesus sent two disciples, saying to them, "Go into the village opposite you, and immediately you will find an ass tied, and a colt with her; untie them and bring them to me. If any one says anything to you, you shall say, 'The Lord has need of them', and he will send them immediately." This took place to fulfil what was spoken by the prophet, saying: "Tell the daughter of Zion, Behold, your king is coming to you, humble, and mounted on an ass, and on a colt, the foal of an ass." The disciples went and did as Jesus had directed them; they brought the ass and the colt, and put their garments on them, and he sat thereon. Most of the crowd spread their garments on the road, and others cut branches from the trees and spread them on the road. And the crowds that went before him and that followed him shouted, "Hosanna to the Son of David! Blessed is he who comes in the name of the Lord! Hosanna in the highest!" And when he entered Jerusalem, all the city was stirred, saying, "Who is this?" And the crowds said, "This is the prophet Jesus from Nazareth of Galilee."

Collect

Almighty ever-living God,
who as an example of humility for the human race to follow caused our Savior to take flesh and submit to the Cross, graciously grant that we may heed his lesson of patient suffering and so merit a share in his Resurrection.
Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

First Reading: *Isaiah 50:4-7*

Theme: I did not cover my face against insult – I know I shall not be ashamed.

The Lord has given me
a disciple's tongue.
So that I may know how to reply to the wearied
he provides me with speech.
Each morning he wakes me to hear,
to listen like a disciple.
The Lord has opened my ear.
For my part, I made no resistance,
neither did I turn away.
I offered my back to those who struck me,
my cheeks to those who tore at my beard;
I did not cover my face
against insult and spittle.
The Lord comes to my help,
so that I am untouched by the insults.
So, too, I set my face like flint;
I know I shall not be shamed.

The word of the Lord.

Responsorial Psalm: 21

R/. My God, my God, why have you forsaken me?

1. All who see me deride me.
They curl their lips, they toss their heads.
"He trusted in the Lord, let him save him;
let him release him if this is his friend." **R./**

2. Many dogs have surrounded me,
a band of the wicked beset me.
They tear holes in my hands and my feet.
I can count every one of my bones. **R./**

3. They divide my clothing among them.
They cast lots for my robe.
O Lord, do not leave me alone,
my strength, make haste to help me! **R./**

4. I will tell of your name to my brethren
and praise you where they are assembled.
"You who fear the Lord give him praise;
all sons of Jacob, give him glory.
Revere him, Israel's sons." **R./**

Second Reading: *Philippians 2:6-11*

Theme: He humbled himself, but God raised him high.

Jesus Christ's state was divine,
yet he did not cling
to his equality with God
but emptied himself
to assume the condition of a slave
and became as men are;
and being as all men are,
he was humbler yet,
even to accepting death,
death on a cross.
But God raised him high
and gave him the name
which is above all other names
so that all beings
in the heavens, on earth and in the
underworld,
should bend the knee at the name of
Jesus and that every tongue should acclaim Jesus Christ as Lord,
to the glory of God the Father.

The word of the Lord.

Gospel Acclamation

*Praise to you, O Christ, king of eternal glory!
Christ was humbler yet, even to accepting death,
death on a cross. But God raised him high and gave him the name
which is above all names.
Praise to you, O Christ, king of eternal glory!*

Gospel: *Matthew 26: 14-27,6*

The Passion of Our Lord Jesus Christ.

Prayer over the Offerings

Through the Passion of your Only Begotten Son, O Lord,
may our reconciliation with you
be near at hand, so that, though we do not merit it by our own deeds,
yet by this sacrifice made once for all,
we may feel already the effects of your mercy. Through Christ our Lord.

Communion Antiphon *Mt 26: 42*

Father, if this chalice cannot pass without my drinking it, your will be done.

Prayer after Communion

Nourished with these sacred gifts,
we humbly beseech you, O Lord,
that, just as through the death of your Son you have brought us to hope for
what we believe, so by his Resurrection
you may lead us to where you call.
Through Christ our Lord.